



The Hamble School
Cyber Café



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Aims

As technology has moved into more areas of children's lives the potential for problems has increase. Physical safety of children is paramount but so to is their mental and emotional safety. This evening aims to raise some issues around young people use of technology.



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Florida students have turned social media into a weapon for good

Teenagers' use of Twitter, Snapchat and Instagram is social media at its best - a cudgel against political discourse that desperately needs to change



It is important to remember the power and good things that social media can do and the benefits it can bring to young people's lives. The majority of young people have a good, safe experience online.



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At the same time we must recognise that the potential harms are growing. Traditional “Stranger Danger” issues are still prevalent but so too are the psychological issues. More and more young people are escaping to social media as their “happy place” and are increasingly finding it difficult to function “in real life”.

Heavy social media use linked to teenage blues



The professor behind the study suggested teenagers should read more and socialise in person instead
ROB STOTHARD/GETTY IMAGES

Teenagers who use social media and the internet the most are twice as likely to be unhappy, according to a survey of 1.1 million of them in the US.

The scientist behind the study, which was the largest of its kind, suggested that parents should try to limit their children's screen time to no more than two



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General Safety Guidance

This is the general guidance that is given by the school. Students are taught this to help them to stay safe and informed online.

Prevent

- Profiles on Private
- Don't share identifying information
- Never Agree to meet anyone

Caution

- Watch out for violent or sexualised content
- Watch out for bullying or intimidation
- Watch out for requests for anything

Report

- Parents
- Siblings
- Friends
- Teachers
- CEOP
- Police



Most important message

Talk to your children about their online and social media activities.

Young people need guidance to say what is wrong and what is right. However they also need room to be themselves and not be judged. This is done through open conversation and attitudes but also clear rules.



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