



# TOP TIPS

With the outbreak of COVID-19, the government has ordered the closure of schools from Monday 23<sup>rd</sup> March. Parents/carers across the UK now face educating their children at home. At the Hamble School, we have produced this booklet to help support you. We know that as teachers, students and parents/carers get more used to this way of working we will develop and change our strategies. We will, therefore, produce a Home Learning Newsletter each week which will be distributed to you via email and our website. In the meantime, we hope you find this useful and please stay in touch.

## 1. Maintain a routine:

It can be really hard to maintain a routine for both adults trying to work from home and children completing Home Learning, when you are faced with an entire day spent in the house – things can quickly become unstructured. Teachers will set work on Show My Homework in line with student's normal timetables, but this can be adapted to meet family needs. Look at the learning which needs to be completed each day and work out a schedule which suits you. The timetable in this pack will help you with this. If you can, spend time at the end of the day reflecting on what has been achieved as a family too; use our wellbeing workpad template to support with this.

## 2. Exercise and activity:

Everyone knows that exercise improves health, but perhaps what is less known is the impact it can have on our mental health – this is especially true for children. Aim for an average of at least 60 minutes of moderate-intensity physical activity a day across a week. The PE Department will be putting practical resources on Show My Homework, but the body coach Joe Wicks is providing free online PE lessons everyday at 9am free of charge.

<https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ> Allow students to spend time outside between their studies either for a 'socially distanced' walk or just getting some air in the garden. They can also break up the online learning with other activities to stimulate the mind, such as reading a good book or playing a family game.

## 3. Learning space:

Set up a quiet space in the home where your child can keep all their resources organised and concentrate on what they have to get done for school. This maybe difficult if a number of family members are trying to work from home, however, aim to create the space where you can keep an eye on what they are doing and support them if they need help.

## 4. Resources:

Students will need some basic resources to support their learning at home. Show My Homework works most effectively when you access this on a desktop or



laptop. You can also view it via an iPad or on a mobile phone. Students will need normal writing equipment, lined paper and plain paper. If you need any resources we will have some available for collection at Reception.

## **5. Unplug:**

It is really important that students are still in contact with their peers but not during study time. When they are working on tasks from Show My Homework, ensure their phones and other digital communication devices are away. Save these for scheduled points in the day when they can contact their friends.

## **6. Socialise with friends and classmates:**

Children will undoubtedly miss their classmates and crave the social aspect provided by the classroom. Allocate time that students can spend contacting their friends digitally, but remind them about usual internet safety rules. Teenagers will want to meet up with friends in parks/public spaces in large groups. Please do not allow this as it is not in line with the Government's rules on 'social distancing'.

## **7. Marking and feedback:**

We are looking to develop marking and feedback in different subjects over the next few weeks. Some departments use online platforms which mark/assess work automatically. If this is not the case, please ask your child to save work on your computer in a file for each subject or put paper copies in a book/file. We will let you know soon how we would like it submitted.

## **8. Contacting teachers:**

We want our students to get as much support as possible with Home Learning, so our teachers will respond to any questions on Show My Homework. Encourage your child to contact their teacher if they are not sure what to do. Alternatively we have published Head of Department and Head of Year email addresses in this booklet, if you need to get in touch with staff.

## **9. Try other online education resources:**

There are a number of other online resources available to support students in addition to the work listed on Show My Homework. Some of these links are in this booklet and we will add new ideas to our Newsletter each week.

## **10. Look out for hints and tips on Home Learning:**

Some teachers have been sharing their Home Learning schedules online, written to support their own children. Examples can be found here: <https://www.teachertoolkit.co.uk/2020/03/21/home-learning/> Also follow us on Twitter and we will share hints, tips and resources with you as we develop them or find them online. <https://twitter.com/TheHambleSchool>



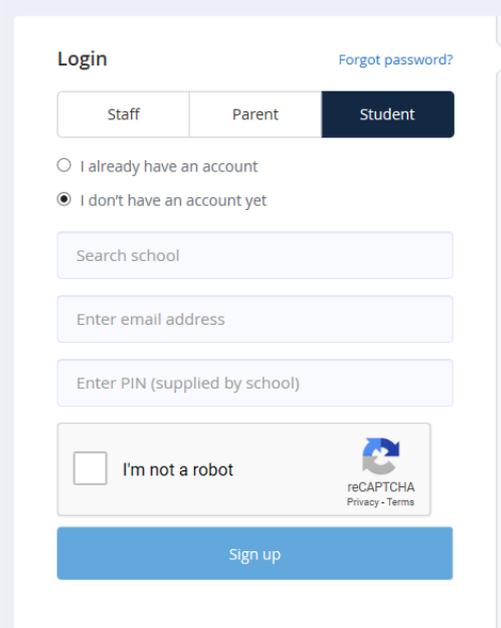
# ONLINE HELP AND SUPPORT

## Show My Homework:

We made sure each student was able to log into Show My Homework last week and demonstrated this in tutor time, however, the guide below will help if they are having problems logging in. If you are still not able to access this, please email [general@thehambleschool.co.uk](mailto:general@thehambleschool.co.uk)

### 1) First login

- Click on the student tab on the login page
- Click on 'I don't have an account yet'
- Insert school name
- Add your email address
- Enter the pin number (from the SMHW registration letter)
- Click 'I'm not a robot'
- Click 'Sign up'
- On the next screen confirm your email address and choose and confirm a password
- **Please remember both the email address and password as you cannot use the pin number again.**

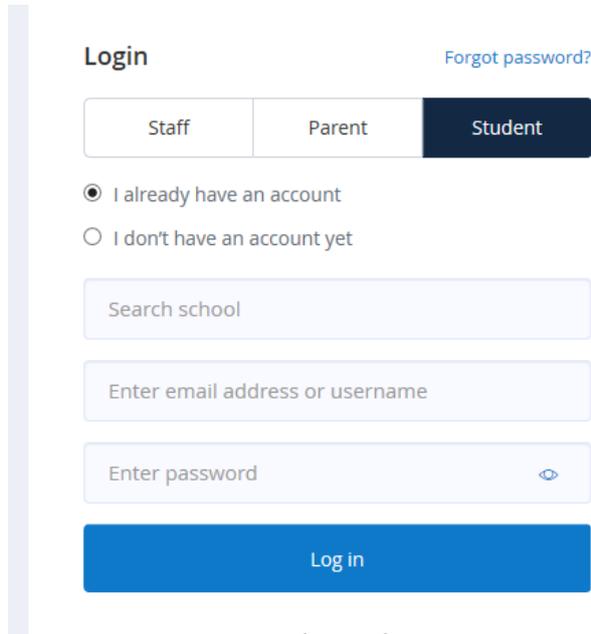


The screenshot shows the 'Login' page for 'Show My Homework'. At the top left is the word 'Login' and at the top right is a link for 'Forgot password?'. Below this are three tabs: 'Staff', 'Parent', and 'Student', with 'Student' selected. There are two radio buttons: 'I already have an account' (unselected) and 'I don't have an account yet' (selected). Below these are three input fields: 'Search school', 'Enter email address', and 'Enter PIN (supplied by school)'. At the bottom left is a checkbox for 'I'm not a robot' and at the bottom right is the reCAPTCHA logo with links for 'Privacy - Terms'. A large blue 'Sign up' button is at the very bottom.



## 2) Forgotten Password

- Click on the student tab on the login page
- Click on 'I already have an account'
- Insert school name
- Enter your email address
- Click 'Forgot password' at the top right
- A password reset will be sent to you email address.



The screenshot shows a login interface with the following elements:

- Login** header and a [Forgot password?](#) link.
- Three tabs: **Staff**, **Parent**, and **Student** (which is selected).
- Two radio buttons:  I already have an account and  I don't have an account yet.
- Input fields: "Search school", "Enter email address or username", and "Enter password" (with a visibility toggle icon).
- A blue **Log in** button.

## 3) Forgotten email address and password

- Click on the student tab on the login page
- Click on 'I don't have an account' (see screen shot above)
- Insert school name
- Enter a new email address
- Enter the pin number
- Click 'I'm not a robot'
- This will take you to a screen where you will need to enter a password, twice
- **Please remember both your email address and password as you will not be able to use the pin number again.**

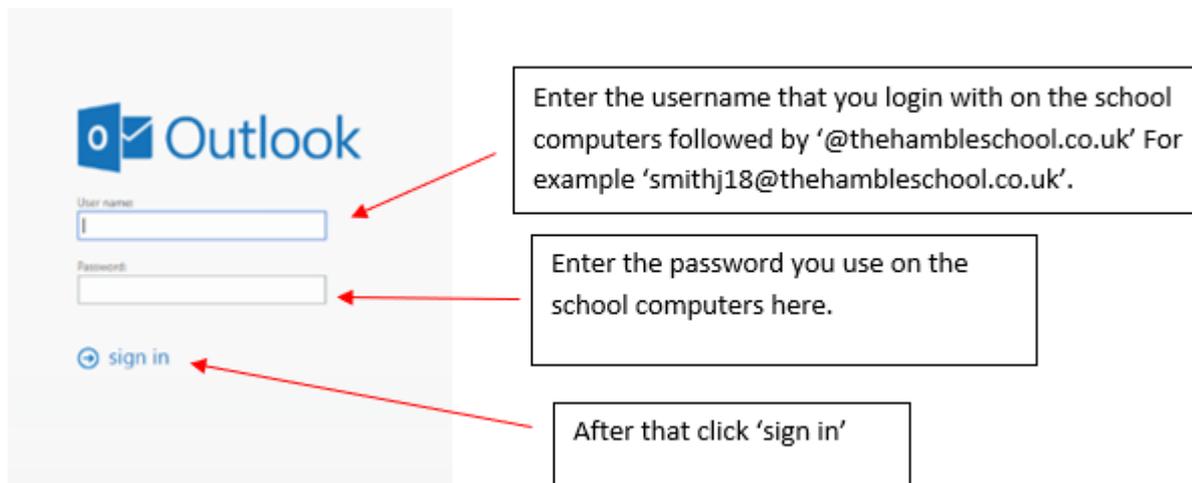


## Student School Email Account:

We would encourage students to contact staff via Show My Homework, however, all students also have a school email account which may be useful during Home Learning. This can be accessed using the instructions below.

Firstly, use this link to go to the email login page <https://mail.thehambleschool.co.uk/>

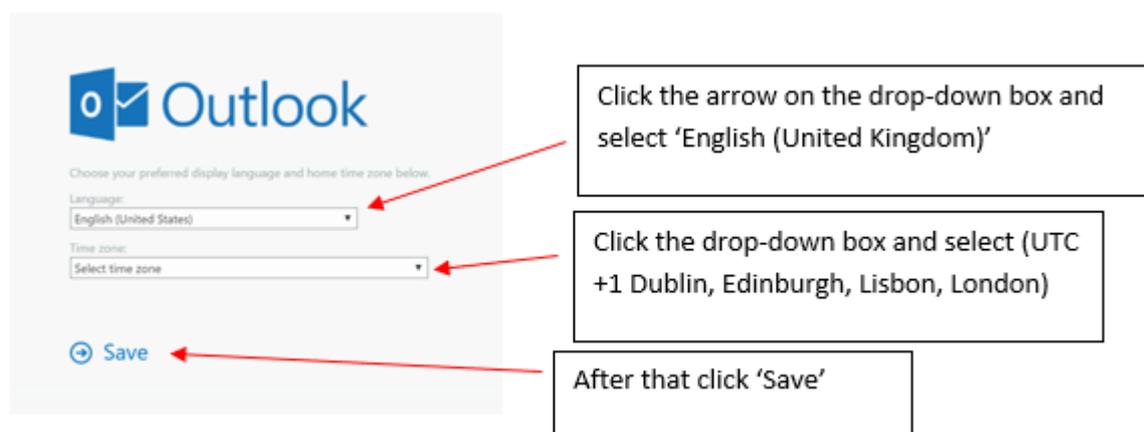
Secondly, enter your username and password in these two text fields below:



The screenshot shows the Outlook login interface. It features the Outlook logo at the top left. Below it are two text input fields: 'User name' and 'Password'. At the bottom left is a 'sign in' button with a right-pointing arrow. Three red arrows point from callout boxes to these elements:

- The first callout box points to the 'User name' field and contains the text: "Enter the username that you login with on the school computers followed by '@thehambleschool.co.uk' For example 'smithj18@thehambleschool.co.uk'."
- The second callout box points to the 'Password' field and contains the text: "Enter the password you use on the school computers here."
- The third callout box points to the 'sign in' button and contains the text: "After that click 'sign in'".

Finally, it may ask to select a language and time zone (especially if it's a first-time setup).



The screenshot shows the Outlook language and time zone selection page. It features the Outlook logo at the top left. Below it is the text: "Choose your preferred display language and home time zone below." There are two drop-down menus: 'Language' (currently set to 'English (United States)') and 'Time zone' (currently set to 'Select time zone'). At the bottom left is a 'Save' button with a right-pointing arrow. Three red arrows point from callout boxes to these elements:

- The first callout box points to the 'Language' drop-down menu and contains the text: "Click the arrow on the drop-down box and select 'English (United Kingdom)'".
- The second callout box points to the 'Time zone' drop-down menu and contains the text: "Click the drop-down box and select (UTC +1 Dublin, Edinburgh, Lisbon, London)".
- The third callout box points to the 'Save' button and contains the text: "After that click 'Save'".

You are now ready to use Outlook. If you have any problems, please email [general@thehambleschool.co.uk](mailto:general@thehambleschool.co.uk)



## Accessing MS Office through Office 365:

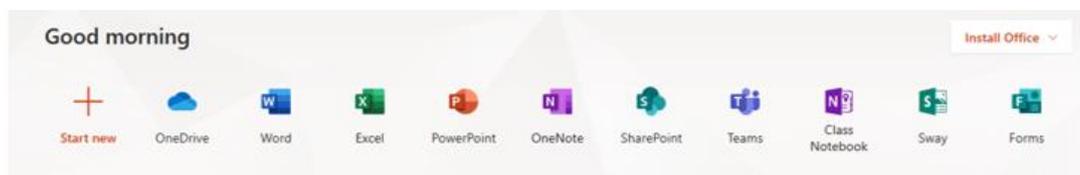
All students have access to MS Word, Excel and PowerPoint through their Office 365 accounts. To access this student's need to go to: <https://www.office.com/>

And click sign in:

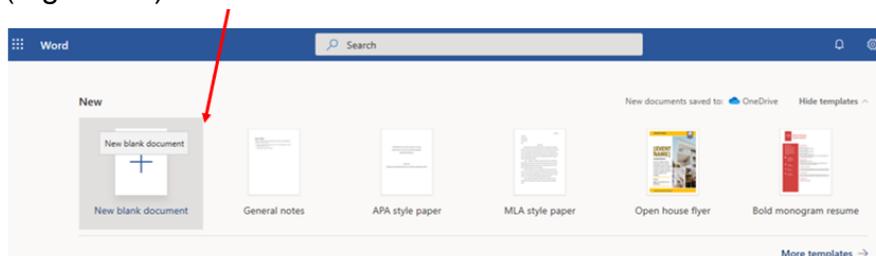


The login details are **the same** as students use to log into the network in school. For example; usernames will be in the format **SurnameFirstnameInitialYearofEntry** (BloggsJ18) but with the extension **@thehambleschool.co.uk** on the end (**for example BloggsJ18@thehambleschool.co.uk**). Passwords are the same as they use to log onto the school network.

Once logged in students can access the main office applications using the tabbed icons along the top:



To create a new Office document students can click on the icon for the Office Application (e.g. Word) and then select **New Blank Document**



To open an existing file (one saved on their device from SMHW or similar) students should click on the **One Drive** icon and then click on the **Upload** arrow.



The select **Files**. The file explorer will then load and students can upload a file saved on their own device. If any students have problems with this please email [general@thehambleschool.co.uk](mailto:general@thehambleschool.co.uk)



THE HAMBLE SCHOOL

ACHIEVING EXCELLENCE TOGETHER

## GCSEPod (Key Stage 4 Students):

We checked that all students in Years 9-11 were able to access GCSEPod last week, however, if anyone does have a problem, please email [lbarkshire@thehambleschool.co.uk](mailto:lbarkshire@thehambleschool.co.uk)

# Quick Start Guide



## How does your child get it?

Your child has already been registered by the school and simply needs to activate their account. To help your child activate their account, follow these simple steps:

- 1) Go to [www.gcsepod.com](http://www.gcsepod.com) and click 'login'
- 2) Click NEW HERE? GET STARTED! Select 'Pupil'
- 3) Enter your child's name, date of birth and type in the name of their school. The school's name should appear in the dropdown list, click on it to confirm.
- 4) Create a username and password.

*\*If you're having trouble finding the school, double check that you've entered the correct date of birth and full name as it appears on the school's register. Some schools are known by a shorter version of their name, make sure you're typing the full, official school name.*

## Key Features



### Playlists

Your child can create their very own bespoke playlist by selecting Pods that they feel they need to focus on. They can then watch the playlist to brush up on their knowledge and download it to take it everywhere they go.



### My Courses

Your child can keep organised by viewing a list of all their exams in subject or date order. They can view an exam playlist to see all the Pods relevant to that exam.



### Assignments

View homework set by your child's teacher. Your child should watch the Pods selected by their teacher and complete the questions to help test their knowledge.



### Downloads

You can download all our Pods to your child's mobile device so they can learn on the go, anywhere they are. There are 3 GCSEPod apps which are free to download from the app stores for free.



# WEBSITES AND OTHER RESOURCES

There are so many websites and resources available at the moment to support Home Learning, however, we have compiled some of the best as recommended by our Heads of Department.

Subject	Year Group	Website/App
Geography	Y9, 10 & 11	<a href="https://geographyapp.pixl.org.uk/">https://geographyapp.pixl.org.uk/</a>
Geography	KS3	<a href="https://www.geographyinthenews.org.uk/">https://www.geographyinthenews.org.uk/</a>
Geography	KS4	<a href="https://www.bbc.co.uk/bitesize/examspecs/zy3ptyc">https://www.bbc.co.uk/bitesize/examspecs/zy3ptyc</a>
Geography	KS3	<a href="https://www.bbc.co.uk/bitesize/subjects/zrw76sg">https://www.bbc.co.uk/bitesize/subjects/zrw76sg</a>
PSHCRE	KS3 & KS4	<a href="https://www.bbc.co.uk/newsround">https://www.bbc.co.uk/newsround</a>
PSHCRE	KS3	<a href="https://www.bbc.co.uk/bitesize/subjects/ztv9j6">https://www.bbc.co.uk/bitesize/subjects/ztv9j6</a>
PSHCRE (Careers)	KS4	<a href="https://www.bbc.co.uk/bitesize/careers">https://www.bbc.co.uk/bitesize/careers</a>
PSHCRE	KS4	<a href="https://www.bbc.co.uk/bitesize/subjects/z3ckjxs">https://www.bbc.co.uk/bitesize/subjects/z3ckjxs</a>
Science	Y7 & 8	<a href="https://www.kerboodle.com/app">https://www.kerboodle.com/app</a>
Computer Science	Y7 & 8	<a href="https://www.idea.org.uk">https://www.idea.org.uk</a>
Computer Science	Y10 & 11	<a href="https://www.senecalearning.com/">https://www.senecalearning.com/</a>
Computer Science	Y10 & 11	<a href="http://www.gcsecs.com/">http://www.gcsecs.com/</a>
Computer Science	Y9, 10 & 11	<a href="https://www.youtube.com/watch?v=wDoPDSgX6zc&amp;list=PLQz6jqVN8m5gWKcs_gdcwYcULJQmA0gy5R">https://www.youtube.com/watch?v=wDoPDSgX6zc&amp;list=PLQz6jqVN8m5gWKcs_gdcwYcULJQmA0gy5R</a>
History	Y9, 10, 11	<a href="https://www.bbc.co.uk/bitesize/examspecs/zw4bv4j">https://www.bbc.co.uk/bitesize/examspecs/zw4bv4j</a>
History	Y7 & 8	<a href="https://www.bbc.co.uk/bitesize/subjects/zk26n39">https://www.bbc.co.uk/bitesize/subjects/zk26n39</a>
History	Y7 & 8	<a href="https://spartacus-educational.com">https://spartacus-educational.com</a>
History	Y7 & 8	<a href="https://www.historylearningsite.co.uk/">https://www.historylearningsite.co.uk/</a>
History		<a href="http://www.bbc.co.uk/schools/websites/11_16/topic/history.shtml">http://www.bbc.co.uk/schools/websites/11_16/topic/history.shtml</a>
All MFL	All years	<a href="https://www.linguascope.com">https://www.linguascope.com</a>
All MFL	All years	<a href="https://www.duolingo.com">https://www.duolingo.com</a>
All MFL	all years	<a href="https://new.edmodo.com">https://new.edmodo.com</a>
French & Spanish	Y8, 9, 10, 11	<a href="https://www.pearsonactivelearn.com/app/Home">https://www.pearsonactivelearn.com/app/Home</a>
Italian	Y10	<a href="https://www.pronouncelive.com">https://www.pronouncelive.com</a>
All MFL	Y8, 9, 10, 11	<a href="https://www.thisislanguage.com/">https://www.thisislanguage.com/</a>
All MFL	All years	<a href="https://languagesonline.org.uk/Hotpotatoes/index.html">https://languagesonline.org.uk/Hotpotatoes/index.html</a>
All MFL	All years	<a href="https://app.wizer.me">https://app.wizer.me</a>
RE	Y9, 10, 11	<a href="https://www.bbc.co.uk/bitesize/examspecs/zjgx47h">https://www.bbc.co.uk/bitesize/examspecs/zjgx47h</a>
Technology Engineering	Y9, 10, 11	<a href="https://www.youtube.com/watch?v=02sh7h-zzZU&amp;list=PLbAtNX-0kaFkbREj1rwaN63jOtiLMgSFy">https://www.youtube.com/watch?v=02sh7h-zzZU&amp;list=PLbAtNX-0kaFkbREj1rwaN63jOtiLMgSFy</a>
Design Technology	Y9, 10, 11	<a href="https://www.bbc.co.uk/bitesize/examspecs/zby2bdm">https://www.bbc.co.uk/bitesize/examspecs/zby2bdm</a>



Design Technology	Y7 & 8	<a href="https://www.bbc.co.uk/teach/teach/ks3-design-and-technology/z6y96v4">https://www.bbc.co.uk/teach/teach/ks3-design-and-technology/z6y96v4</a>
Food Preparation and Nutrition	10+11	<a href="https://www.bbc.co.uk/teach/class-clips-video/design-and-technology-gcse-food-preparation-and-nutrition/zvjh8xs">https://www.bbc.co.uk/teach/class-clips-video/design-and-technology-gcse-food-preparation-and-nutrition/zvjh8xs</a>
Mathematics	All years	<a href="https://corbettmaths.com/">https://corbettmaths.com/</a>
Mathematics	All years	<a href="https://vle.mathswatch.co.uk/vle/">https://vle.mathswatch.co.uk/vle/</a>
Mathematics	All years	<a href="https://mathsapp.pixl.org.uk/">https://mathsapp.pixl.org.uk/</a>
Mathematics	KS3	<a href="http://www.mymaths.co.uk">www.mymaths.co.uk</a>
Mathematics	KS4	<a href="http://www.onmaths.com">www.onmaths.com</a>
Mathematics	All years	<a href="https://www.mathsgenie.co.uk/">https://www.mathsgenie.co.uk/</a>

Heads of Department have/will provide usernames/passwords for the websites above either on Show My Homework or to the students directly. If you need further information, please email the relevant Head of Department.

## SUBJECT SPECIFIC ADVICE

If you need any subject specific advice and your child has contacted their teacher on Show My Homework, please email the Head of Department below. They will be on hand to support you.

SUBJECT LEADERS			
Subjects	Staff Member(s)	Title	Contact Details
Art Subject specific enquires	Miss M Kerry	Head of Department	02380452105 <a href="mailto:mkerry@thehambleschool.co.uk">mkerry@thehambleschool.co.uk</a>
Design Technology Subject specific enquires	Mr S Homewood	Head of Department	023 8045 2105 <a href="mailto:shomewood@thehambleschool.co.uk">shomewood@thehambleschool.co.uk</a>
Drama Subject Specific Enquires	Mrs A Bowman	Head of Department	023 8045 2105 <a href="mailto:abowman@thehambleschool.co.uk">abowman@thehambleschool.co.uk</a>
English Subject specific enquires	Mrs R Loveridge	Head of Department	023 8045 2105 <a href="mailto:rloveridge@thehambleschool.co.uk">rloveridge@thehambleschool.co.uk</a>
Geography Subject specific enquires	Mrs M Sargent	Head of Department	023 8045 2105 <a href="mailto:msargent@thehambleschool.co.uk">msargent@thehambleschool.co.uk</a>
History Subject specific enquires	Mr N Wood	Head of Department	023 8045 2105 <a href="mailto:nwood@thehambleschool.co.uk">nwood@thehambleschool.co.uk</a>
ICT & Computer Science Subject specific enquires	Mrs L Holborow	Head of Department	023 8045 2105 <a href="mailto:lhoborow@thehambleschool.co.uk">lhoborow@thehambleschool.co.uk</a>
Mathematics Subject specific enquires	Mr L Wood	Head of Department	023 8045 2105 <a href="mailto:lwood@thehambleschool.co.uk">lwood@thehambleschool.co.uk</a>
Media Studies Subject specific enquires	Mrs S Vincent	Head of Department	023 8045 2105 <a href="mailto:svincent@thehambleschool.co.uk">svincent@thehambleschool.co.uk</a>
Modern Foreign Languages Subject specific enquires	Miss L Fusano	Head of Department	023 8045 2105 <a href="mailto:lfusano@thehambleschool.co.uk">lfusano@thehambleschool.co.uk</a>
Music Subject specific enquires	Mrs L Holden	Head of Department	023 8045 2105 <a href="mailto:lholden@thehambleschool.co.uk">lholden@thehambleschool.co.uk</a>
Physical Education Subject specific enquires	Mr D Needham	Head of Department	023 8045 2105 <a href="mailto:dneedham@thehambleschool.co.uk">dneedham@thehambleschool.co.uk</a>
PSHCRE Subject specific enquires	Mrs M Sargent	Head of Department	023 8045 2105 <a href="mailto:msargent@thehambleschool.co.uk">msargent@thehambleschool.co.uk</a>
Religious Studies Subject specific enquires	Mrs J Spencer	Head of Department	023 8045 2105 <a href="mailto:jspencer@thehambleschool.co.uk">jspencer@thehambleschool.co.uk</a>
Science Subject specific enquires	Miss S Niblock Mrs E Smith	Head of Department	023 8045 2105 <a href="mailto:sniblock@thehambleschool.co.uk">sniblock@thehambleschool.co.uk</a> <a href="mailto:esmith@thehambleschool.co.uk">esmith@thehambleschool.co.uk</a>



# SEND SUPPORT

If you have any specific SEND questions, please email [eandrews@thehambleschool.co.uk](mailto:eandrews@thehambleschool.co.uk) however the links below may be useful to support learning during this time.

## **Autism + Speech Language and Communication Needs (SLCN) friendly resources:**

### **Corona Virus Social Stories:**

<https://www.flipsnack.com/KeshetChicago/coronavirus-social-story/full-view.html>

<https://littlepuddins.ie/coronavirus-social-story/>

<https://carolgraysocialstories.com/wp-content/uploads/2020/03/Pandemics-and-the-Coronavirus.pdf>

<http://nebula.wsimg.com/438514d864d2d7decad3083254de2b35?AccessKeyId=5861B1733117182DC99B&disposition=0&alloworigin=1>

### **Picture Resources:**

<https://www.senteacher.org/printables/freeworksheets/45/PECS..html>

<https://www.senteacher.org/printables/popular/>

<https://www.york.gov.uk/special-educational-needs-disabilities/visual-resources-download-people-autism/1>

**'Pictello' app £18.99** - This can be used to make Social Stories, share news, make a visual schedule etc. by taking and using photographs.

### **Learning Resources:**

For those with lower reading ability, spelling ability or dyslexia, gaps in phonics knowledge

'Nessy' is an intervention programme we use in school that are currently offering free access: <https://www.nessy.com/uk/>

<https://www.phonicsplay.co.uk/> Are giving a free subscription using Username: march20 and Password: home



'Twinkl' has lots of resources for home-learning, including SEND with current free access for a month: <https://www.twinkl.co.uk/>

### **Vocabulary Activities:**

<https://www.humber.nhs.uk/Downloads/Services/Childrens%20therapies/SLT/Language/Pack%20for%20Word%20Finding%20Vocabulary%20and%20Categories.pdf>

**'Heads Up' a useful app, 99p:** This app is a fun game to play in a group – One person holds the phone/tablet up, and the others have to describe the word that is being held up. If the person guessing gets it right, then they can move on and try and guess as many as they can within a minute.

### **Speech and language:**

<https://www.pinterest.co.uk/cypslt/> A guide developed by paediatric speech and language therapists giving hints and tips for parents, school staff, SLT staff, students and other professionals.

### **Language Activities**

<https://www.humber.nhs.uk/services/childrens-language-resources.htm>

### **Touch Typing:**

For those children who may need to develop their touch-typing skills (this can be supportive for those with hypermobility, dyspraxia, lower quality handwriting who may find recording through ICT supportive for extended writing.

'BBC dance mat' <https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr>

'Typing attack' Spaceships appear on the screen, you shoot by typing words until the enemies explode at the last keystroke: <https://www.typinggames.zone/typingattack>



# PASTORAL SUPPORT

If you have any Pastoral concerns or would like to get in touch with someone to discuss your child's wellbeing, please contact their Head of Year.

PASTORAL CARE TEAM			
	Staff Member(s)	Title	Contact Details
Tutor	Please ask for the required tutor by name or address them in the subject of your email.		023 8045 2105 <a href="mailto:tutor@thehambleschool.co.uk">tutor@thehambleschool.co.uk</a>
Pastoral Support For Year 7 Pastoral support for student issues	Mrs S Ballanger	Head of Year 7	023 8045 2105 <a href="mailto:hoy7@thehambleschool.co.uk">hoy7@thehambleschool.co.uk</a>
Pastoral Support For Year 8 Pastoral support for student issues	Mrs S Bone	Head of Year 8	023 8045 2105 <a href="mailto:hoy8@thehambleschool.co.uk">hoy8@thehambleschool.co.uk</a>
Pastoral Support For Year 9 Pastoral support for student issues	Mrs N Emmett-Callaghan	Head of Year 9	023 8045 2105 <a href="mailto:hoy9@thehambleschool.co.uk">hoy9@thehambleschool.co.uk</a>
Pastoral Support For Year 10 Pastoral support for student issues	Mrs S Roome	Head of Year 10	023 8045 2105 <a href="mailto:hoy10@thehambleschool.co.uk">hoy10@thehambleschool.co.uk</a>
Pastoral Support For Year 11 Pastoral support for student issues	Mrs L Barkshire	Head of Year 11	023 8045 2105 <a href="mailto:hoy11@thehambleschool.co.uk">hoy11@thehambleschool.co.uk</a>

## SAFEGUARDING ADVICE

### Advice for students:

During the closure, we want to support you to feel safe. If you have any worries, email [staysafe@thehambleschool.co.uk](mailto:staysafe@thehambleschool.co.uk). This email will be checked during the week day by the safeguarding team and they will email you back.

If you have any concerns and you need to talk to someone, contact ChildLine <https://www.childline.org.uk/> or phone them on 0800 1111. If you are in danger or need immediate help, please phone 999.

Don't forget also that the ThinkNinja App is available to download on your phones and tablets and provides support for students with their mental health and emotional wellbeing. Take care and stay safe.

### Advice for parents:

During the closure, we want to support you and your family. If you have any worries, email [staysafe@thehambleschool.co.uk](mailto:staysafe@thehambleschool.co.uk). This email will be checked during the week day by the safeguarding team and they will email you back.

If you have any concerns and you want to talk to someone you should contact Children's Services: Phone 0300 555 1384 during office hours 8.30am to 5pm Monday to Thursday, 8.30am to 4.30pm on Friday. Phone 0300 555 1373 at all other times to contact the Out of Hours service. For all emergency situations call 999.



# GENERAL TEMPLATES

Term:----- Week beginning:-----



## Timetable

Time			Break			Lunch		
Monday								
Tuesday								
Wednesday								
Thursday								
Friday								

Please visit [www.twinkl.co.uk](http://www.twinkl.co.uk) for lots of different styles of timetable. Access is currently free.





# Daily Wellbeing Workpad

Ideas, Messages, Doodles, To-Do List

Goals

Today's 'LOL'

Random Act of Kindness

What am I doing for me today?

Today's moment of pride...

Is my glass half full or half empty today?

Three things I am thankful for...

Check-up

Have I drunk enough water?

Have I had some fruit?

Have I eaten enough vegetables?

Did I get enough sleep?



BEYOND



THE HAMBLE SCHOOL

ACHIEVING EXCELLENCE TOGETHER