

THE HAMBLE SCHOOL

EASTER NEWSLETTER – ISSUE 4: 5TH APRIL 2023



HEADTEACHER UPDATE

It has been a busy and productive half term with many highlights. The Year 11s have worked hard preparing for their final GCSE exams which start soon after Easter – I attended the Mock Exam Results Day and was pleased to see many happy faces when students realised that all their revision was starting to pay off. There is still time to make a difference and I know that the next two weeks will be a crucial period for more intervention.

The new Rewards and Recognition System has been working very well and it has been wonderful to see so many students getting awards. A particular highlight has been presenting Headteacher Commendations and our Hot Chocolate Friday – it is good to hear what the students think is going well at school and areas for improvement.

We have had two monitoring visits this half term – one from Hampshire Inspection and Advisory Service (HIAS) and one from our own Governing Body. I have included some quotes from the feedback meetings below and hope that this shows you how the school is moving forward.

HIAS:

'It is clear there has been real change and impact since January'

'The school seems more positive and the reward system has helped with this'

'There are clear plans for SEND and Inclusion'.

Governing Body:

'Behaviour is better in all areas'

'The School Council has been rejuvenated and students say they enjoy coming to school'

'There is lots of support and intervention for Year 11 – They are being encouraged to work hard and be more resilient'.

As always, partnerships with parents/ carers are very important to me and I have met with many of you over the last 12 weeks. We have hosted a number of events since January to provide

continued on the next page >



INSED DAYS 2023/24

We have now agreed the INSED Days for the next academic year (2023/24).

- **Friday 1 September 2023.**
All students will return on Monday 4 September 2023
- **Friday 20 October 2023**
- **Monday 27 November 2023**
- **Friday 15 March 2024**
- **Monday 1 July 2024.**

SCOPAY Purchasing Items

A reminder that any items purchased on SCOPAY can be collected by students from the Main Office (behind Reception). We can accept cash for sales on site.

Please note: we are unable to give change for the Cafeteria top up machines.



opportunities for parents/ carers to come into school – Raising Achievement Evenings, Parents’/ Carers’ Evenings, Meet the SENDCo and Parent Forums. Our motto ‘Achieving Excellence Together’ encapsulates my belief that if all stakeholders (students, teachers, parents/ carers and members of the community) work together we really will ensure that our children have an excellent experience of school and leave with the very best outcomes.

I look forward to meeting with more of you next term and please do book an appointment with me headteacher@thehambleschool.co.uk if you would like to discuss any whole school questions/ concerns.

I hope you manage to have a relaxing few days over the Easter weekend and I look forward to seeing your children at 08:30am on Monday 17 April.

Best wishes,

Miss L Cambridge

Headteacher – The Hamble School



SHARE YOUR **STORIES**

We love to feature achievements outside of school in our newsletter.

It is really important to celebrate success and share news with the community. Please email communication@thehambleschool.co.uk if you would like to share any stories.



TESTLANDS HOLIDAY CLUBS

SPRING HALF TERM
3-6 APRIL 11-14 APRIL

PAID & HAF FUNDED SPACES AVAILABLE

- LONG AND SHORT DAYS
- MULTIPLE SITES
- OFSTED REGISTERED
- KEY WORKER DISCOUNT

ACTIVITIES INCLUDE

FOOTBALL - NETBALL - SWIMMING - BASKETBALL
CAPTURE THE FLAG - DODGEBALL - ARTS & CRAFTS
INFLATABLES - DANCE & MORE!

*ACTIVITIES DEPEND ON CLUB SITE

WWW.TESTLANDS.COM/HOLIDAYCLUB
WWW.FACEBOOK.COM/TESTLANDSCYPF






THE FRIENDS OF THE HAMBLE SCHOOL

The Friends of The Hamble School (our equivalent of a PTA) work extremely hard to raise funds for the school so that we are able to provide additional resources for students. They organise the Fireworks at Royal Victoria Country Park each year and other smaller events to support us.

If you would like to find out more about The Friends of The Hamble School and can give up some time to help the group, please visit their website: <https://friends.thehambleschool.co.uk> or email Mr Andrews (Assistant Headteacher and The Friends link SLT member) candrews@thehambleschool.co.uk

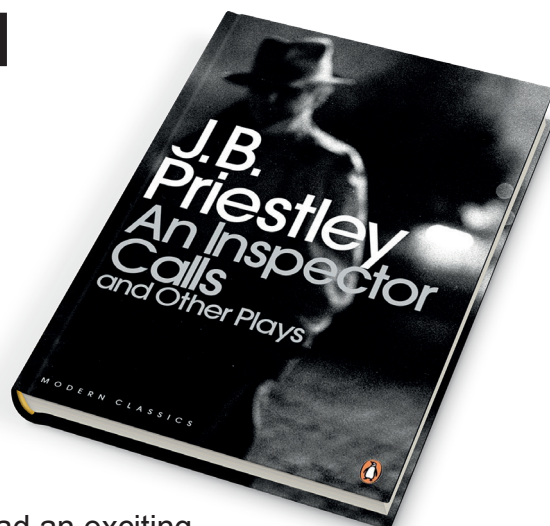



**The Friends of
THE HAMBLE SCHOOL**
 ACHIEVING EXCELLENCE TOGETHER

ENGLISH DEPARTMENT

KEY STAGE 3 ENGLISH

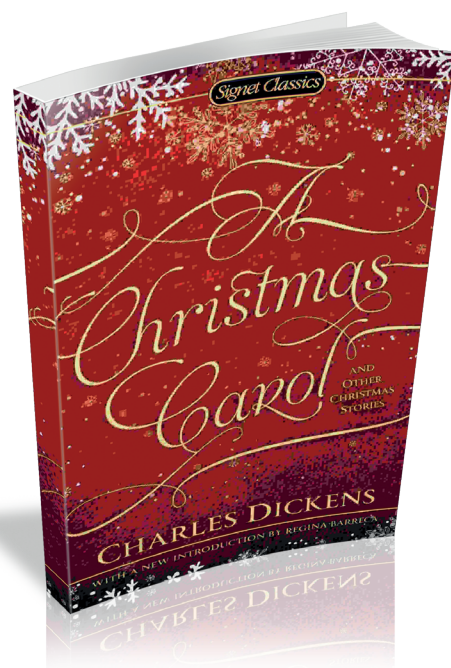
Next term Year 7 and 8 will be diving into Shakespeare. Year 7 will be exploring how Shakespeare uses the play *Twelfth Night* to rebel against Elizabethan social norms. Year 8 we will be studying 'how power corrupts' through the play *Macbeth*. In Year 9 we will begin studying their final set text '*An Inspector Calls*'. We will be reading the play throughout the term and exploring the themes, characters and writers' intentions. We will also be dipping into our 'Power and Conflict' poetry to study two more poems from the cluster.



Our creative writing club '**Spilling Ink**' has had an exciting term. Many members have become published writers through the 'Young Writers' competition 'Integer'. For this they had to write stories inspired by numbers. Our budding authors have also tried their hand at some detective writing this term. We have explored how writers use red herrings, character and plot to write a good detective novel.

KEY STAGE 4 ENGLISH

In Year 10, students have been exploring ideas about the theme of 'Education'; thinking about the ways in which writers use their texts to express their attitudes towards the society in which they live. Students enjoyed re-visiting '*A Christmas Carol*', focusing on how Dickens uses the ghosts to teach Scrooge about his own morality with a Victorian Society, as well as '*An Inspector Calls*' in which students explored the way in which Inspector Goole is used as a mouthpiece for Priestley's post-war views. More recently, students have been reading a range of non-fiction texts around the theme of 'Education', particularly the style of journalistic writing. This has inspired students as they prepare to write a Broadsheet newspaper article about their own views and opinions. We look forward to reading your articles, Year 10!



Students in Year 11 have been working incredibly hard in their English lessons this term. As well as preparing for mock exams, students have been exploring how the 'Power of Nature' is presented in poems such as 'Kamikaze', 'Storm on the Island', 'Ozymandias' and 'The Charge of the Light Brigade' from the AQA Poetry Anthology. Students have also been developing their independence when approaching unseen poetry, making interpretations about how poets present ideas about the way we live and work in the modern world, and particularly enjoyed the poem 'How to leave the world that worships should' by Ros Barber. Students have also been revising their 'Quality Quotes' in preparation for their English Literature exams. We've been really impressed with the way students have responded to this revision strategy and their ability to retain key quotations and ideas. Well done Year 11- you are doing a fantastic job and we are really proud of the progress you are making.

Sholing Valleys Study Centre

SPRING FAYRE

Saturday 13th May 2023

11am – 3.30pm

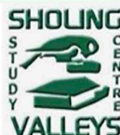
Bouncy Castle – Games – Refreshments

Craft Stalls – Raffle – BBQ – Music

Wildlife and Nature Information

.....plus lots more

Location – Station Road, Sholing, Southampton SO19 8FP



To find out more about Sholing Valleys Study Centre please visit:

www.sholingvalleys.org.uk

www.facebook.com/sholingvalleysSC • twitter.com/sholingvalleys

THE GREAT HAMBLE RED NOSE DAY BAKE OFF

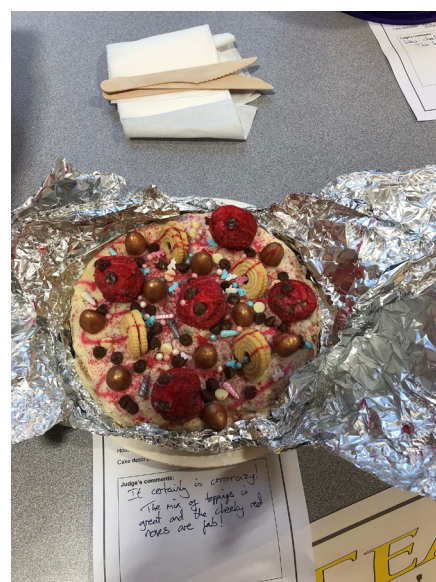
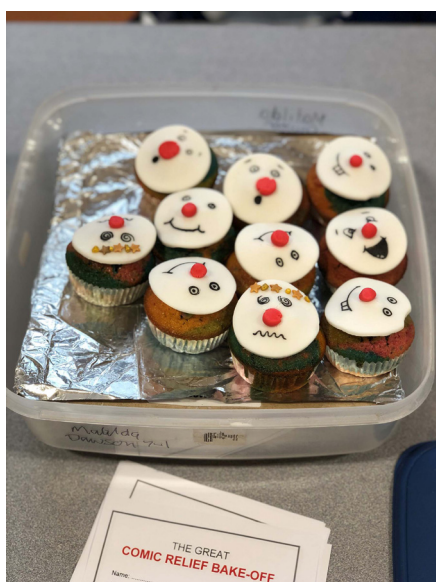


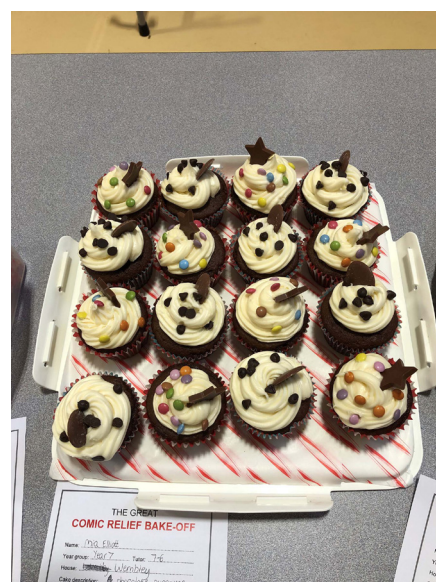
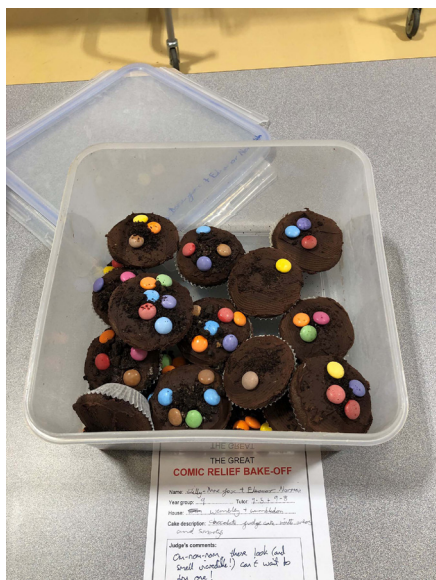
The Great Hamble Red Nose Day Bake Off 2023 was an amazing success. There was an abundance of fabulous cakes in all different shapes and sizes.

Everyone was enthusiastic to get involved and support the efforts to raise as much money as we could for Red Nose Day. The cakes were judged and each House table competed to raise the most amount of money. We would like to thank everyone for making, buying and selling cakes and the staff who organised such a fantastic event.

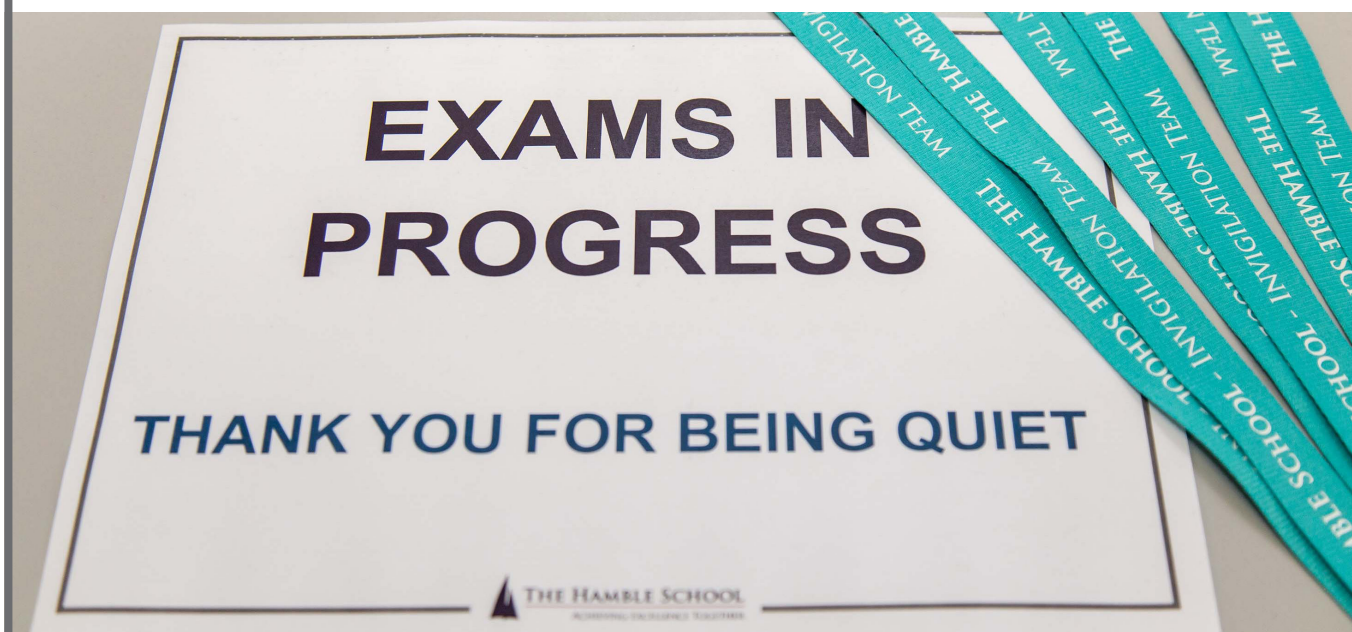
**THE GREAT
COMIC
RELIEF
BAKE OFF**







Are you looking for flexible work? Could you support our Exams Department?



We would like to appoint some more Exam Invigilators to join our Examination Team.

The Exams Department is an integral part of school life. Our aim is to ensure that all students are treated fairly within the examination environment and that the rules and regulations of the JCQ and Awarding Bodies are upheld. This is an exciting opportunity to assist with the Pre Public (Mock) Examinations and GCSE examinations at the school.

Invigilating is a vital role in supporting the Exams Officer to run busy exam periods in the school calendar. We are seeking individuals who can promote a supportive and calm atmosphere so that our students are able to fulfil or exceed their potential during the examination period. In addition to Exam Invigilator duties, you may also act as a reader or a scribe for students who require access arrangements to support them in their examinations. Therefore, applicants must be confident in their literacy skills.

We would like successful candidates to work during the Pre Public exams (November and February / March each year) and the GCSE Summer Series external examinations (May to June each year). Availability during these time periods is essential.

This position is suitable for individuals from all backgrounds with a variety of skillsets, regardless of your stage of career. If you are looking for a flexible position that requires working only a couple of weeks a year then this is the role for you.

For more information, please email our HR Manager, Karen Chilcott
hr@thehambleschool.co.uk or visit our website:
www.thehambleschool.co.uk/current-vacancies

MEDIA STUDIES UPDATE

YEAR 9 – MEDIA

This term in Media Year 9 students have been exploring the advertising campaign of The Lego Movie. This has involved various methods of advertising such as a theatrical poster, individual posters, an ad break, film trailer as well as a video game trailer. Students have extensively explored a range of genre codes and conventions, representation and stereotypes of gender as well as audience theory. Moving forward, students are now about to embark on a practical project where they have been briefed to design a video game magazine front cover. We are looking forward to seeing their end designs.

YEAR 10 – MEDIA GCSE

This term Year 10 GCSE students have made excellent progress learning about the music unit. We have analysed two music videos in detail, explored BBC Radio 1 Live Lounge as well as MOJO magazine. Students are continuing to apply a vast range of media language and theory to their understanding. Moving forward, students are now about to embark on a practical project where they will recreate an existing MOJO magazine front cover. This project is an excellent stepping stone, allowing them to expand on their Photoshop skills which will become valuable for when they start their GCSE coursework in the Summer Term.

YEAR 10 – MEDIA BTEC

BTEC students have expanded their Photoshop skills this term by designing a mock-up of a double-page spread. They have completed a mini-mock where they had to create three media products which was designed to inspire a teenage audience. We are really pleased with the overall design of these products. Moving forward, students have started their first unit of work which contributes toward their component two qualification and are in the pre-production stages of their designs. We are excited to see their final products.

YEAR 10 – PHOTOGRAPHY

This term, Photography students have experimented with different techniques of Photography and digital illustrations centred around the theme of 'Still Life'. They have made an excellent start and are enjoying applying a range of practical skills to their work. Check out some of their work – it's very impressive!

MEDIA STUDIES STUDENTS WORK



YEAR 11 – PHOTOGRAPHY

Photography students are currently finishing off their coursework portfolio and we are really impressed with the outstanding work that students have produced. They have also moved onto their exam piece and making good progress with the planning and experimentation stages of their final outcome. We wish you all the best and look forward to seeing their final pieces later in the year.


YEAR 11 – MEDIA

Congratulations to our Media Studies students who have completed their mock exams. We are about to embark on the final leg of our journey and all lesson time will be dedicated to final revision to prepare our students for their Media exams in the Summer. We would like to take this time to wish our students all the very best – good luck Year 11.

2023's guide to success

benefits to self care

There are a lot of benefits to self-care. Some reasons are its clinically proven to reduce or eliminate anxiety and depression, reduce stress, increase happiness, and more. It could really improve your 2023. Self-care improves your physical health, mental health. There are a lot of ways people improve their self-care here are some I've recently done. I went on a walk and saw a sunset this helped me take some time for myself I also did skin care whilst improving your skin it's been proven to improve your mental health. I have also stayed connected with friends and family. One way I did that was by having a coffee with my mum.




statistics

46% reduction in depression and a 31% reduction in anxiety.

<https://www.headspace.com/meditation/benefits>


It can help with mental health and can improve your mindfulness and get you grounded more.



2 empire feb 2023

best things to do to improve your mindfulness

one thing you could do is skincare this would be a good time to improve your mental health, you could even do it with a friend's another thing you could do is to start a new book. This could help keep your mind off things if you are finding it overwhelming and hard to deal with some say this could help you see from a different perspective. Socializing is said to be one of the best ways to have a good mindset. It really can really help to keep up with friends as talking can be very important. You have problems they may also face so talking to them to get advice can be really affective.



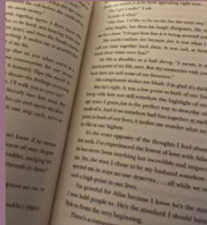
upcoming events you should see in 2023

The 2023 lunar calendar has some treats in store for stargazers, as the year includes four big, bright supermoons and a rare blue moon,

Lyrid Meteor Shower, April 22-23

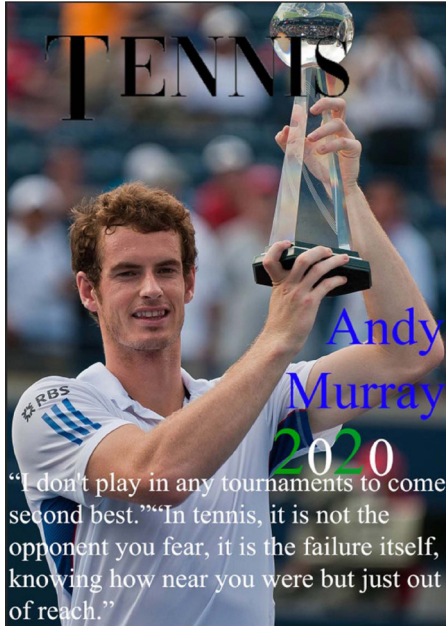
Throughout the entire month of June, Venus and Mars will hang in the sky like Venus and Jupiter in March

The 2023 lunar calendar has some treats in store for stargazers, as the year includes four big, bright



feb 2023 empire

TENNIS



Andy Murray

2020

"I don't play in any tournaments to come second best." "In tennis, it is not the opponent you fear, it is the failure itself, knowing how near you were but just out of reach."

GRADE 8\9 CHALLENGE

A super challenging GCSE question.

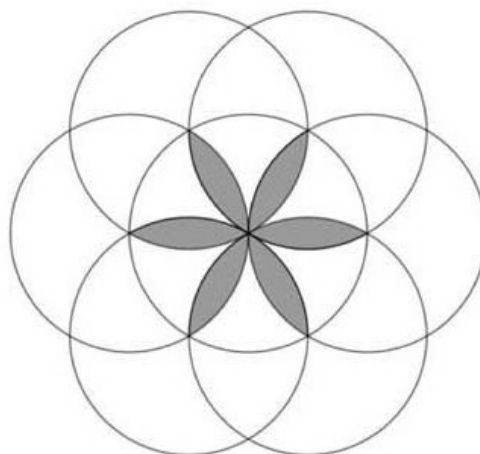
Hand answers to Mr Wallace or send solutions by email to rwallace@thehambleschool.co.uk.

Correct entries will get a shout-out in the next newsletter.

QUESTION

The area of each circle is $4\pi \text{ cm}^2$.

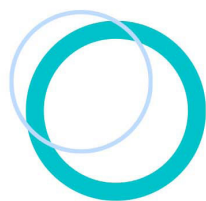
What area is shaded?



WEEKEND MATHS SESSIONS

On Saturday 25 March, a number of our Year 11 students came in for a morning of maths ahead of their GCSE examinations. All students worked really well in small groups with their maths teacher and it was fantastic to see great progress on key topics being made.

We celebrated with pizza for lunch after all their hard work – well done!



HAMPSHIRE

Teen Project

11 - 16 year olds

3rd - 6th & 11th - 14th April

10:00 - 15:00

Free Hot lunch included

Free for young people eligible for benefits-related free school meals



Department
for Education



Hampshire
County Council



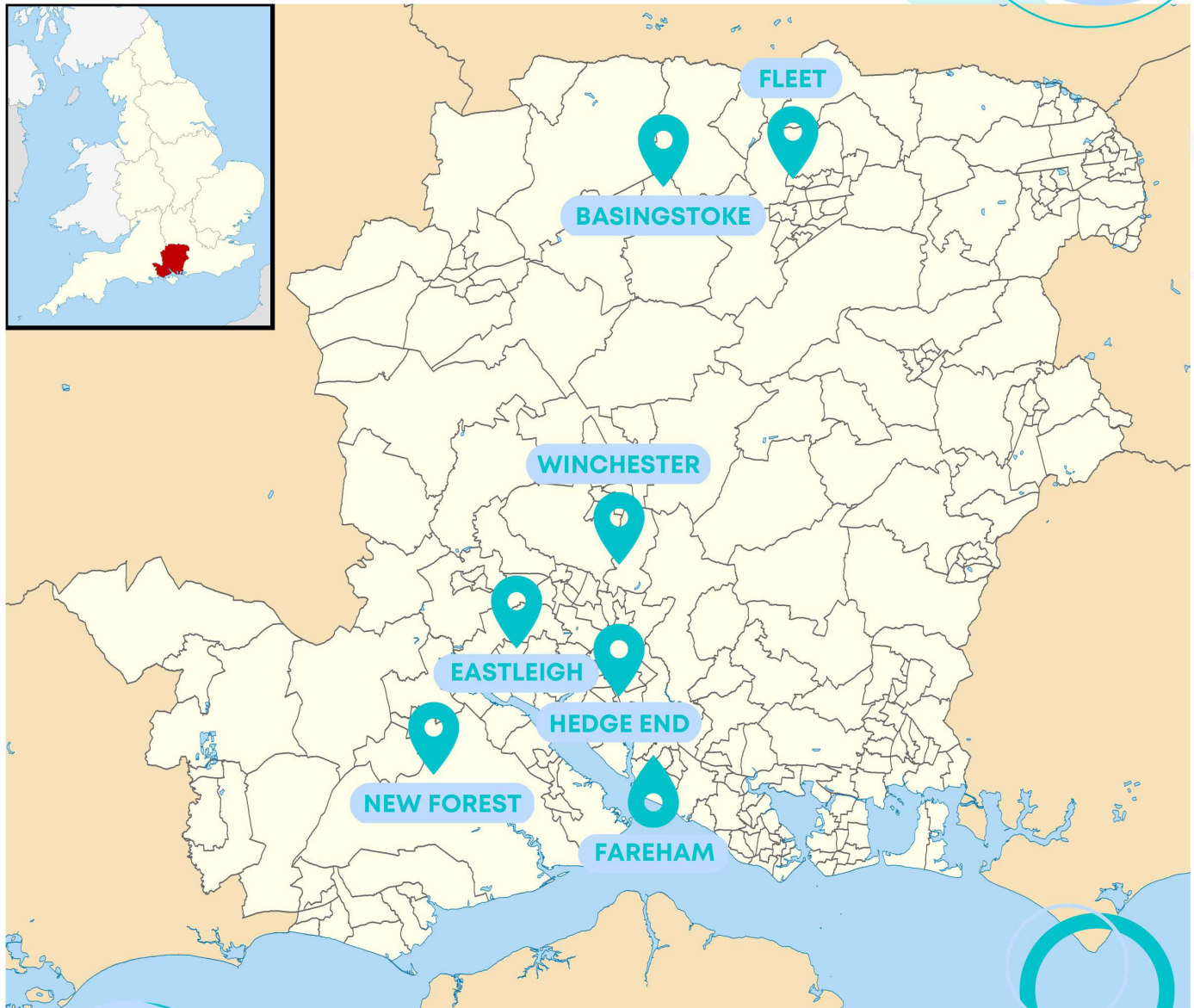
connect4
communities



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TEEN PROJECT LOCATIONS



BOOK NOW

Please complete the registration form found on our website:

www.personalbesteducation.com/teens/teen-projects/

www.personalbesteducation.com
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MUSIC CONCERT 2023



On Wednesday 22 March the annual music concert took place in the school hall. The evening consisted of performances from a range of year groups and genres of music – from Classical, Traditional through to Popular music.

We had performances from soloists as well as group performances. This year's concert featured a DJ set where Frankie M showed off his skills on the decks and mixed some Drum 'n Bass music live in front of the audience.

It was a really enjoyable evening which involved so much talent. The students who took part should be really proud of themselves.



MY VOICE; OUR SONG!



The Hamble School Choir were involved in a prestigious performance at The Anvil in Basingstoke on Tuesday 7 March which explored the connection between singing and mental health. The choir were joined onstage by choirs from four other schools who all performed a wide variety of songs together – from Louis Armstrong’s classic *What a Wonderful World* and Stevie Wonder’s soulful *Sir Duke*, all the way up to Katy Perry’s pop hit *Roar*.

Across the two shows the choir performed to over 1000 people including parents, friends and junior school pupils from across Hampshire schools. Their performances were energetic, enjoyable and full of fun. This was a brilliant opportunity for our choir to perform with a live band in a professional theatre in front of a large audience as part of a 100-strong choir.

They were a credit to the school and we are really proud of them.

THE SOUND OF THE HAMBLE SCHOOL

As part of their coursework, the BTEC Music class in Year 11 have designed, created and produced an album of music by Hamble School students.

The brief was to create an album of 4-6 tracks which showcased music by Hamble students. The BTEC Music class had full creative control of the process and decided on the theme and track list. They chose to feature the work of current Year 11 students and included a piano performance as well as five original pieces of music written specifically for this project.

As well as deciding on the content of the album, the BTEC Music students also had to make all the tracks for the album itself. They had to organise and lead all the rehearsals, recording sessions, mixing and mastering for each track as well as design the webpage on which all the tracks are published.

The album is available to stream and download from The Hamble School website. It is an excellent showcase of the talent and creativity of our Year 11 students.

www.thehambleschool.co.uk/btec-music-ep

HEAD OF YEAR UPDATES

YEAR 7 UPDATE

Year 7 have had a fantastic term. I am very proud of the students who participated in recent school events. Congratulations to 7.1 who won the Year 7 Tutor Group football competition and well done to all participants and those who came to support the event afterschool.

Thank to all the Year 7s who were involved in the organisation of World Book Day and to those who dressed up for the event, I loved seeing all your creative costumes.

This term Year 7 have received over 45,000 positive points, giving us a 94% positive ratio. I am so proud of all Year 7 students for their excellent attitude to learning, positive contributions and fantastic homework.

Mrs Kinahan – Head of Year 7

YEAR 8 UPDATE

Well done to the amazing Year 8 students – You have had such a busy term!

You have received SO many reward points and certificates, shared your work at Proud Friday, celebrated with the Headteacher(s) at 'Hot Chocolate Friday' and participated in 'Dance Live' and the music event. In sport Year 8 have won a football match against Oasis Mayfield and jointly played in matches with the Year 7s. Other highlights have included student voice activities for HIAS and Governors visits, the PHSCRE talk from an external speaker and starting to select preferences for Year 9 – what a fabulous half term!

Enjoy the Easter break everyone and let's look forward to celebrating and getting involved with even more exciting opportunities again in the Summer term!

Mrs Emmett-Callaghan – Head of Year 8

YEAR 9 UPDATE

Year 9 have had a tremendous Spring Term, the vast majority of students are working hard, remain incredibly polite and approach school with positive enthusiasm. This is reflected in the 96,000 positive point they have accumulated since September and the lowest negative points of any Year Group.

There have been lots of exciting things that have happened over the last term with lots of students representing the school in various events and trips including Dance Live, Learn with us, Raise the bar, Fit4Life and many more.

Over the last few weeks students in Year 9 have been selecting the subjects they wish to take into Year 10. Whilst this is of course an exciting time, it can also be a nerve-wracking decision to make for our students, but we are so proud of how well they have conducted themselves through this time.

We look forward to the Summer term and starting GCSE's just over the horizon.

Mr James – Head of Year 9

YEAR 10 UPDATE

Year 10 Prefects have been phenomenal!

This term has seen the Year 10 Prefects support the school in a number of ways:

- Parents evenings
- Governor visits
- Parent tours
- Preparing revision resources for Year 11

They have been ready to help even at short notice and have put their all into everything they have done; I am incredibly proud of the team and thank each and every one of the prefects for all their ongoing help.

International Women's Day – eight Year 10 girls got a STEM experience with Coopervision

Eight girls from Year 10 were give a VIP day at Coopervision which included:

- Meeting women in industry and their finding out about journeys into STEM careers
- Lunch in the boardroom
- A full tour of the manufacturing and production areas of Coopervision
- A good understanding of women's roles in STEM careers
- A big box of goodies to come away with

WELL DONE TO:

- | | | | |
|--------------|---------------|-------------|-------------|
| • Natasha O | • Chloe C | • Jessica B | • Chloe K-H |
| • Maisie W-S | • Magdalena W | • Laila T | • Sophie W |

They certainly look the part in this picture!



Mrs Barkshire – Head of Year 10

YEAR 11 UPDATE

CLASS OF 2023 – what a busy 6 weeks we have had! Over 52,000 reward points have been awarded to students, that equates to a great deal of hard work. Mock exams have been a major feature of this half term and I am incredibly proud of all the students who have shown such maturity and resilience in the way they have approached their exams.

I would also like to acknowledge the support from staff, parents, carers and extended family members who have been there for and encouraged our Year 11 students through the mock exam period.

Next term will not be easy but I know how determined so many of our students are to succeed and I look forward to being with them through their final months at Hamble, revision, exams and the highlight of the 2023 Prom. Have a wonderful Easter break.

Mrs Bone – Head of Year 11

ROTARY YOUNG PHOTOGRAPHER COMPETITION WINNER

Last term Miss Petty helped run the Rotary Young Photographer Competition at The Hamble School. Miss Petty would like to congratulate, William L (Year 11) who has won the district young photographer competition in the senior category.

William will be invited to an awards ceremony at The Novatel Hotel in Southampton where he will be congratulated by the judges from this year's competition and discuss all this year's photographs and why they were picked to go forward to the District Final.



WILLIAM L – SENIOR CATEGORY
DISTRICT YOUNG PHOTOGRAPHER COMPETITION WINNER

WORLD BOOK DAY 2023



Our theme this year was Alice in Wonderland and it was one of our best years yet. Staff and students looked wonderful in their costumes and there was a real buzz around the school.

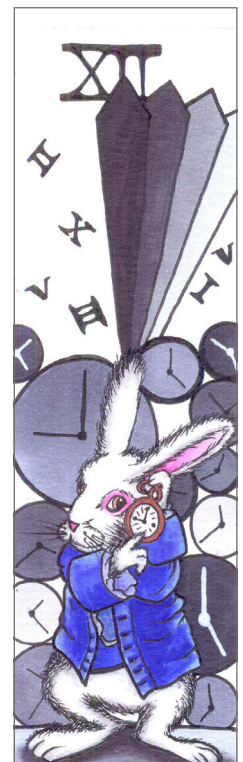
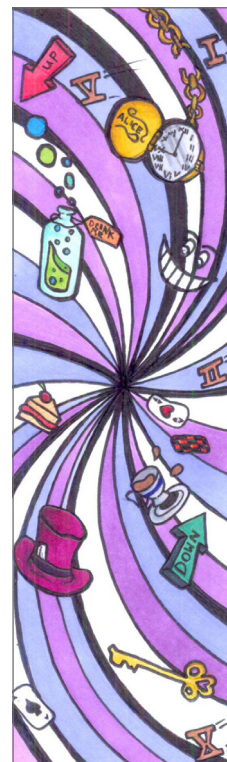
Well done to our overall costume winners, Lily F, Eva P, Mary A, Frederick F, Elizabeth B, Connor B, Sarah P, Kate K, Kris K and Dulcie T. We also have five very worthy runners up, Elizabeth W, Benjamin W, Skye T, Edith McC and Freya W. All 15 students attended a Mad Hatter's tea party to celebrate.

As part of our World Book Day celebrations we also had 'Find Me' tickets that staff and students needed to find in order to win prizes – a firm favourite particularly amongst staff.

Years 7 and 8 are currently making bookmarks as part of a competition. A big thank you to Jack F in Year 11 for creating two themed bookmarks for us this year. Every year the students look forward to seeing Jack's creations and this year they were incredible.



JACK F – YEAR 11 THEMED BOOKMARKS





MFL BLOOKET CHALLENGE WINNERS



Congratulations to our Blooket challenge winners! It has been great to see such a great participation from all our students. Well done everyone and keep up the good work everyone!

FRENCH:

Year 7: Amelia D
Year 8: Amélie D
Year 9: Jono G
Year 10: Victor K-W
Year 11: Mitchell P

SPANISH:

Year 7: Isabel M
Year 8: Daisy A
Year 9: Andras S
Year 10: Henry H
Year 11: Ashton C

Duolingo CHALLENGE



After the great success of the Blooket challenge last month, we are launching a new MFL challenge:

Duolingo Challenge

Join your group (you can see this on Classcharts) and start getting as many XP point as possible. **Once you have a strike, don't break it!**

There will be prizes for the students with the most XP points at the end of half term.

KEY STAGE 3 – GEOGRAPHY UPDATE

YEAR 7: Our Year 7 Geographers have continued to learn about coastlines. In recent lessons they have learned about coastal management and storm surges and even came up with their own scheme to protect East Head Spit. Next they will be learning about Global Issues including coral bleaching, their carbon footprint and urban sprawl.



YEAR 8: Lots of exciting Geography happening in Year 8 with students learning about why the world population reached 8 billion people in November and the impact that this has had on megacities like Lagos. Next term they will be comparing and contrasting the issues faced by Lago and Southampton.

YEAR 9: This half term Year 9s have been learning about globalisation and superpowers. They have learned what makes a country a superpower, how countries influence each other and about the impact of TNCs including Apple and McDonald's. After the holidays they will be starting a new unit called 'The Living World' all about ecosystems, rainforests and hot deserts.

HC3S PRICE LIST – AS OF MONDAY 17 APRIL 2023

Freshly prepared

Hydration Station

Radnor fruits can	£1.05
Radnor Splash - sugar free sparkling flavoured water	£0.85
Radnor flavoured water 330ml	£0.85
Radnor flavoured water 500ml	£1.05
Bottled mineral water 330ml	£0.55
Bottled mineral water 500ml	£0.85
Flavoured milk	£0.70



Savoury Snacks

Crisps	£0.70
Doritos	£0.95
Popcorn	£0.80

Bakery

Homemade biscuits	£0.55
Homemade cakes	£0.55

Fresh Fruit

Fresh Fruit from	£0.45
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Mains

Classics main courses	£2.80
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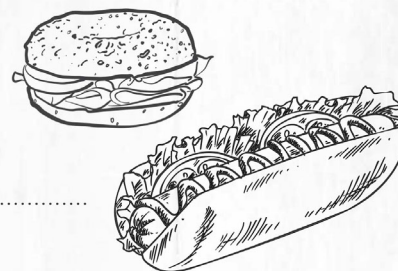
Lighter Choices

Jacket potato topped with a filling of your choice served with side salad	£2.10
Topped nachos	£2.10
Falafel with Moroccan style cous cous	£2.10
Loaded fries	£1.60
Pasta pot selection	£1.60

Streets

Snack boxes	£1.60
Pizza twists	£2.25
Pizzini	£1.85
Pizza slice	£1.60
Filled bagels	£1.60
Loaded hot dog	£2.10
Chicken burger	£2.10
Hamburger	£2.10
Vegetarian burger	£2.10

Filled English muffin	£1.60
Pastry slice	£1.60
Piri Piri chicken pastry slice	£1.85



Deli *Real Wrap Co.*

Sandwiches

Just cheese	£1.85
Just ham	£1.85
Just tuna mayo	£1.85
Just free range egg mayo	£1.85
Just chicken mayo	£1.85

Gluten Free Deli

Chicken and bacon salad sandwich	£2.10
Double cheese and spring onion salad sandwich	£2.10
Egg with slow roasted tomato and cress roll	£2.10
Bombay aloo tortilla wrap	£2.10

Wraps

Chicken fajita in a tomato wrap	£2.35
BBQ pulled pork	£2.35
Southern fried chicken	£2.35
Chicken and sweetcorn mayo	£2.35
The big Bombay bhaji in a tomato wrap	£2.35
Sweet potato pakora in a spinach wrap	£2.35
BBQ Rockstar in a beetroot wrap	£2.35

Hot Deli

Tuna melt ciabatta	£2.30
Cheese and pizza sauce ciabatta	£2.30
Veggie marinara ciabatta	£2.30
Cheese and tomato toastie	£2.10
Ham and cheese toastie	£2.10
Ham and Emmental cheese panini	£2.65
BBQ chicken feast panini	£2.65
Spicy meatball melt panini	£2.65
Tuna and red onion panini	£2.65
Double cheese and onion panini	£2.65

Rolls & Baguettes

Just cheese soft roll	£1.60
Just Ham soft roll	£1.60
Ham and cheese sub roll	£1.85
Chicken mayo sub roll	£1.85
Chicken, bacon and lettuce wholemeal baguette	£2.10
Tuna, sweetcorn and lettuce wholemeal baguette	£2.10
Cheese, onion and lettuce seeded baguette	£2.10



Salads & Hummus Pots



Moroccan mezze salad bowl	£2.90
Chicken tikka bowl	£2.90
Ham hock, egg and honey mustard potato salad bowl	£2.90
Tuna Niçoise salad bowl	£2.90
Cheese and tomato pasta pot	£2.10
Tuna and sweetcorn pasta pot	£2.10
Chicken and bacon pasta pot	£2.10
Carrot and harissa hummus Pot	£1.35
Falafel and beetroot hummus pot	£1.35



HC3S

HC3S MAIN MEAL MENUS – WEEK 1 & 2

Freshly prepared		MAINS WEEK ONE			TASTE 
Monday	Tuesday	Wednesday	Thursday	Friday	
V All Day Vegetarian Breakfast with vegetarian sausages, hash brown, tomato, mushrooms & baked beans	V Macaroni Cheese with garlic bread & vegetable of the day	V Vegetarian Roast of the Day served with roast potatoes, seasonal vegetables & gravy	V Vegetable Curry served with rice & Naan	Vg Vegan Sausage Roll served with chips and garden peas or baked beans	
All Day Breakfast with a pork sausage, bacon, hash brown, omelette muffin, tomato, mushrooms & baked beans	Meatball Mariana with garlic bread	Roast of the Day served with roast potatoes, seasonal vegetables & gravy	Chicken Curry served with rice & Naan	Fish & Chips served with garden peas or baked beans	
<small> V Vegetarian Vg Vegan All menu items are subject to change, based upon availability in the event of unforeseen circumstances. </small>					

Freshly prepared		MAINS WEEK TWO			TASTE 
Monday	Tuesday	Wednesday	Thursday	Friday	
V Vegetarian Parmigiana with new potatoes & vegetables	V Quorn Quesadilla served with diced potatoes	V Cauliflower & Broccoli Bake served with a Yorkshire pudding, roast potatoes, seasonal vegetables & gravy	V Vegetable Curry served with rice & Naan	Vg Spicy Bean Burger served with chips & baked beans or garden peas	
Chicken Parmigiana with new potatoes & vegetables	Chilli Beef Quesadilla with diced potatoes	Roast of the Day served with roast potatoes seasonal vegetables & gravy	Chicken Curry served with rice & Naan	Fish & Chips served with baked beans or garden peas	
<small> V Vegetarian Vg Vegan All menu items are subject to change, based upon availability in the event of unforeseen circumstances. </small>					

YEAR 11 ROAD MAP 2022-23

- Intervention tutor groups created
- After school interventions begins
- Review assessments
- Post-16 provider drop-ins – The Hub
- College assemblies

Sept
2022

- Prom points review (every 2 weeks)
- Mock Exams begin – 7th November
- Careers focus PSHRE
- Tutor sessions on applying for post-16

Oct
2022

- PR1 emailed home
- PHSCRE Day and Mr Beezy – 6th October
- Post-16 provider drop-ins – The Hub
- College assemblies
- Raising Achievement Evening – 20th October
- Revision packs distributed

Nov
2022

- Parents' Evening – 5th January
- Change of intervention tutor groups
- Change of after school intervention groups
- Aiming High Session (parents/students) – 26th January
- Intended destination data collection
- Tutor Target Session

Jan
2023

Dec
2022

- PR2 emailed home
- Careers focus PSHRE

Feb
2023

- Revision booklets launched
- February half term intervention
- Mock Exams – 20th February

HALF TERM
13-17 Feb

Mar
2023

- PR3 emailed home
- Change of intervention tutor groups
- Change of after school intervention groups
- Parents' Evening – 30th March
- Revision packs issued
- Tutor Target Session

Apr
2023

- Easter intervention

EASTER
3-14 Apr

Jun
2023

- GCSE Exams continue
- Leavers Assembly

Jul
2023

- Last day of GCSE exams
- Prom!

Aug
2023

- GCSE Results Day
- 24th August

HALF TERM
29 May – 2 Jun

- GCSE Exams begin

- All year:
- Careers interviews
 - Careers drop-in – Tuesday lunchtime (The Hub)
 - www.thehambleschool.co.uk/careers/

**'WE CARE, WE AIM HIGH,
WE LEARN AND ACHIEVE TOGETHER'**

YEAR 7/8 GIRLS FOOTBALL TEAM

The Year 7/8 girls football team have won the Southampton Schools FA Junior Girls Division One after an unbeaten season beating Bitterne Park, Oasis Mayfield, Redbridge and Weston as well as drawing with St Georges.

Their only defeat this season was in the cup semi final – narrowly losing to St Georges. For our current Year 8s that is already their second league title since they have been at Hamble, having won Division Two whilst they were in Year 7.

The girls have represented the school in a really positive way and we want to say congratulations to you all.

Below is a list of all the girls that have represented the team throughout the academic year.

YEAR 7

- Matilda D
- Kate K
- Eva P
- Remy W H
- Charlotte W
- Jess W

YEAR 8

- Daisy A
- Toni B
- Leoni B
- Amelie D
- Sophie J
- Annabelle L B

- Eloise M
- Phoebe N
- Emma R
- Neve T

YEAR 9/10 GIRLS FOOTBALL TEAM

The Year 9/10 girls team enjoyed an unbeaten season. They won the Southampton Schools FA Senior Girls Division Two beating Redbridge, Regents Park, Woodlands, Cantell and The Gregg School.

The girls involved were:

YEAR 9

- Poppy A
- Sophie E
- Lily H
- Evie L
- Isabel McL
- Sasha S
- Scarlett W
- Ella W-E

YEAR 10

- Lexie E
- Poppy F
- Isla M
- Molly S
- Olivia W
- Laila W

SOPHIE J CROSS COUNTRY



Hampshire Schools' Under 14 (Year 8) Girls Cross-Country Championships 2023

7 March, Down Grange,
Basingstoke

On a bitterly cold Thursday afternoon Sophie J represented the Eastleigh & Winchester District in the Hampshire Schools Cross Championship.

A field of 94 Year 8 girls took to the very open and undulating Down Grange, Basingstoke course which saw Sophie finish in an amazing 38th place.

Well done Sophie.



THOMAS J CROSS COUNTRY

UK's Inter-County Championships at Prestwold Hall, Loughborough



Having been selected by Hampshire Athletics Thomas J was one of eight boys in Hampshire invited to represent the county at the UK's inter-county event on the 11 March 2023.

Top athletes from around the United Kingdom came together on a beautiful, very muddy, brutal cross country course in Loughborough. The U15 boys boasted the largest field with 310 boys taking to the start line.

The start was a frenzy of legs all vying for the best position with the first 1 km of the 4.5 km course run in just three mins. The course then turned to what seemed to be mainly up hill sections of the Prestwold Hall estate. With all athletes completing the tough course, we would like to congratulate Thomas on finishing in 135th position.

Well done Thomas.



ROTARY TECHNOLOGY TOURNAMENT 2023

Students took part in the Rotary Technology Tournament in March. Students had the impossible challenge of creating a coin sorter using just a few materials. It was a great day and the students did very well and really enjoyed it.



WINDOW WANDERLAND COMMUNITY PROJECT

Back in February, a group of our Year 9 art students participated in an art workshop for the 'Window Wanderland' community project in school. This was run by some visiting artists who work for The Point Theatre in Eastleigh. Participating students' window displays were exhibited in the Sports Complex as part of the community trail for the public to view during the event and the public had the opportunity to vote for their favourite artwork!

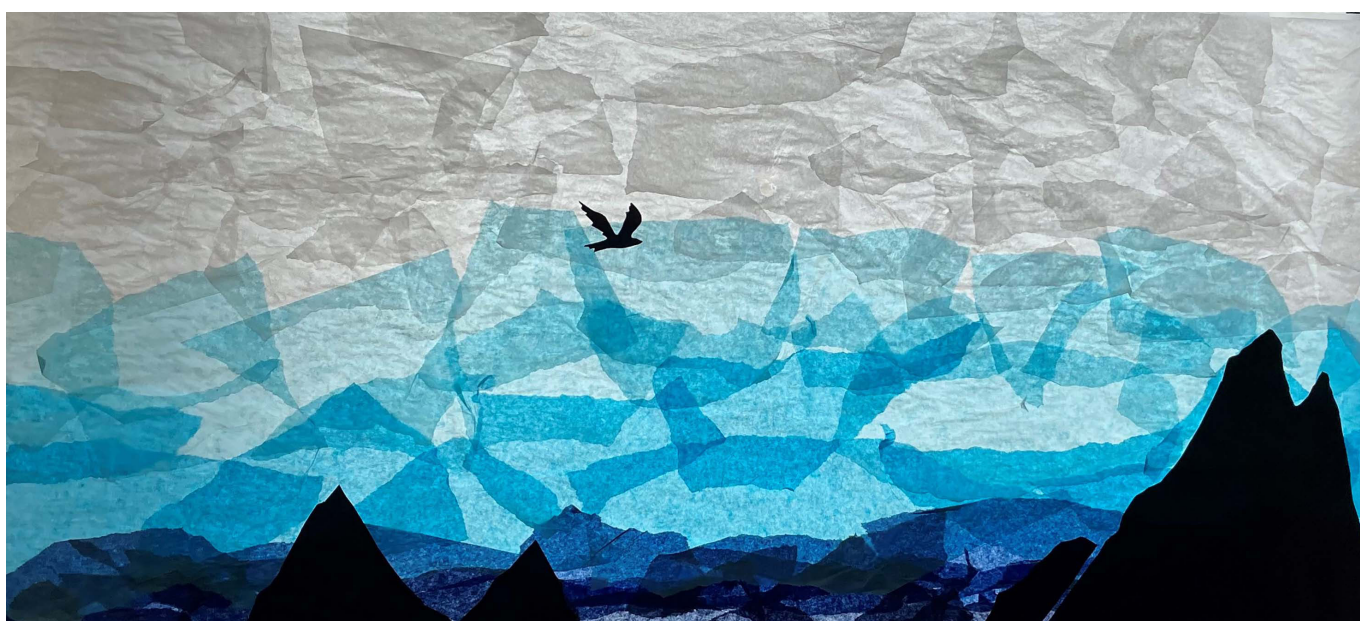
I am delighted that two of our students were selected as winners for their work – Lilly-Anne F was the winner of 'The Point's Pick' category, and Emilia P won the public vote.

Congratulations to both students for their efforts!

Lilly-Anne F – WINNER – 'The Point's Pick' category



Emilia P – WINNER – public vote



FOOD PREPARATION & NUTRITION UPDATE

With Easter approaching, Food Preparation and Nutrition students have been hard at work: Year 9 have been learning about Meat, Poultry, Fish and Eggs whilst Year 10 have just started their Cereal module.

On the topic of Easter, this term I thought I'd share a recipe: **White Chocolate Easter Cake**. I tried it for the first time last year and thoroughly enjoyed it. Our students in Years 7 through 11 will be able to tell you all about how it doesn't fit with the Eatwell Guide or the 8 Tips for Healthy Eating but I hope you enjoy nonetheless. Everything in moderation!

You can find the recipe on the Waitrose & Partners website:

www.waitrose.com/ecom/recipe/white-chocolate-easter-cake

EASTER SHORTBREAD



INGREDIENTS

- 150g Plain flour
- 100g Butter (cold)
- 50g Caster sugar

METHOD

1. Preheat oven to Gas 5 or 180°C.
2. In a large bowl put in all the ingredients.
3. Use your finger tips to run the fat into the flour and sugar.
4. Keep rubbing in until your mixture forms a dough.
5. Roll the dough lightly to form a circle (or you can roll it out and cut out shapes).
6. Place on a baking tray.
7. Lightly prick the circle of dough with a fork and mark it into 8 pieces.
8. Bake for 15-20 minutes until the shortbread is golden.
9. When cooled, sprinkle with a little caster sugar.

SCIENCE UPDATE

A very busy, yet exciting term within the Science Department at The Hamble School. Year 8's visited the Winchester Science Centre, allowing students to deepen their understanding of the world around them outside of the classroom.

We also took part in British Science Week which is a ten-day celebration of science, technology, engineering and maths. Students engaged in several exciting activities around the key theme 'Connections' which encompassed our Big Ideas – Cells, Forces, Energy, Particles and Interdependence. Students had fun learning about the forces of flight whilst designing their very own paper gliders; others learnt how the impact of our food choices contribute to climate change.

World Book Day allowed students to step into the life of a forensic scientist and learn how Science is used to problem solve – **'Who murdered Mr Boddy again?'**.

Finally, a huge well done to all our STEM club students. They have worked extremely hard this Spring, working on their Net Zero projects which will be submitted into a national competition next week. Hopefully we will be celebrating with them later on this year at the Science Museum in London. **We wish them the best of luck!**

WHAT HAS BEEN HAPPENING IN RELIGIOUS EDUCATION?

YEAR 7 have moved on to studying Islam this term – they have only briefly touched on the subject but there has been a lot of positivity about studying a new religion, looking at new stories and uncovering new information.

YEAR 8 have begun a new unit called 'Religion and Suffering' looking at big questions such as 'Why do we suffer?' and 'Why does God allow suffering?' Mr Spencer and Mr Vine look forward to hearing all your responses in the coming weeks.

YEAR 9 are heading towards the end of their 'Religion, Human Rights and Social Justice' unit. They have all worked incredibly hard since we began this unit at the start of January and it has been fantastic to see how much effort the classes have put in to their studies. Our favourite lesson to teach was definitely on the charity 'Send a Cow' (now called Ripple Effect!). In fact, we'd even go as far as to say the lessons were very a-moo-sing!

YEAR 10 are continuing with their studies of Christianity and are beginning to touch upon different ways Christians have influenced the world. They had a special guest visitor come in on the 13th March from 'Good News for Everyone' (Formally 'The Gideons') who spoke to them about Christianity and how it influences his life. We are excited to announce that we have also booked another guest on the 24th April from the Street Pastors organisation. Students, this is definitely something to put in your calendars as you won't want to miss it!

YEAR 11 have just completed their 2nd set of mock exams. Over the next few weeks we will be giving feedback on the different exam papers, analysing our strengths and weaknesses in preparation to our first exam on the 15th May – just under 2 months away. While we are aware how anxious and nervous a lot of our students can get during this time, we remain committed to helping our Year 11s wherever we can and are actively encouraging them to send in work for us to mark!

CHESS PUZZLE

Can you solve this chess puzzle supplied by Mr Richard?

Answer on the next page. Good luck!

White to play and win in four white moves. Forced checkmate sequence.





PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING EASTER HALF TERM 2023

COURTESY OF MONEY SAVING CENTRAL



ASDA CAFE

Kids eat for £1 all day, every day with no adult spend until the end of Easter 2023

HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

THE REAL GREEK

Kids eat FREE every Sunday for every £10 spent by an adult

PREMIER INN & TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

BILLS

2 kids eat FREE all day, every day from Monday 3rd until Friday 14th April 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

YO! SUSHI

Kids eat free all day at YO! Sushi with any adult £10 spend from April 3rd 2023

SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

FUTURE INNS

Under 12's eat for free with any adult meal. During the school holidays

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

TO BE CONFIRMED...

M&S, Tesco and Farmhouse Inns

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CHESS PUZZLE ANSWER

Answer: 1.Nf7+ Kg8; 2.Nh6+! ...;

2....Kf8; 3.Qf7 checkmate

OR

2....Kh8; 3.Qg8+!! Rxd8; 4. Nf7 checkmate



YEAR 8 ONLINE SAFETY WITH SHANNON REDDIN



We welcomed our Relationships and Sexual Health Advisor Shannon Reddin from @EnrichRSE to speak to Year 8 about internet safety and pornography this term.

Shannon is a brilliant speaker and engages really well with students. She gave them lots of useful information about how to stay safe online and answered their questions in a helpful and age appropriate way. We know these subjects can be difficult or awkward to raise at home, so why not ask your child what they remember about the session as a way to start a conversation?

Shannon also recommended the following websites for students which will provide more information and support for young people:

www.iwf.org.uk/report

www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety

TOP REWARD POINTS

Well done to the following students who achieved the most reward points last half term.

YEAR 7

Eva P (7-9)
William W (7-8)
Matilda D (7-7)
Ethan L (7-1)
Bella J (7-4)

YEAR 8

Freya A (8-3)
Luna B (8-1)
Lily S (8-1)
Caroline M (8-9)
Dominik L (8-6)

YEAR 9

Reese C (9-3)
Elizabeth W (9-1)
Matilda D (9-1)
Jessica H (9-2)
Riley H (9-4)

YEAR 10

Melody P (10-1)
Olivia S (10-8)
Ashton M (10-6)
Brooke E (10-7)
Jaime-Leigh F (10-6)

YEAR 11

Lauren A (11-8)
Molly T (11-8)
Hannah N (11-5)
Elysia W (11-2)
Mitchell P (11-3)