

THE HAMBLE SCHOOL

NEWSLETTER 2023-24 – ISSUE 2: 20TH DECEMBER 2023



I do hope you enjoy reading our latest newsletter – there has been lots going on this term and it is wonderful to share this with parents/carers.

There have been several highlights for me over the last few months:

- Collaborative Music Concert with local primary schools
- Drama productions
- Year 12 Presentation Evening
- Visits to primary schools to start our Transition Events
- Parent Forum
- Parent/Carer Coffee Mornings
- Charity events
- Community initiatives

...and a lot more!

I would like to thank our team of dedicated staff for making these events happen.

In my end of term letter, I explained that we have been working with a new data management company and they would be sending your child's reports this week. These will all be emailed by midday on Wednesday 20 December. I would ask that you complete the form detailed in the letter, so that we can address any questions and issues individually. We are committed to ensuring that every child leaves the school as 'lifelong learners' and achieves the very best outcomes. The Progress Report will give you an indication of how your child is performing academically.

Thank you for your continued support, I would like to wish you all a wonderful Christmas and a happy and healthy 2024.

A reminder that if you would like to meet with me or a member of the Senior Leadership Team you can arrange an appointment via headteacher@thehambleschool.co.uk

Miss L Cambridge ~ Headteacher

REWARD UPDATE

The Autumn term has seen a large number of students collecting enough positive points to receive their recognition rewards. This is impressive – well done to everyone.

We have given out:

BRONZE AWARD

250 Points
1031 Students

SILVER AWARD

500 Points
732 Students

GOLD AWARD

750 Points
243 Students

RUBY AWARD

1000 Points
37 Students

SCOPAY Purchasing Items

A reminder that any items purchased on SCOPAY can be collected by students from the Main Office (behind Reception). We can accept cash for sales on site.

Please note: we are unable to give change for the Cafeteria top up machines.



MERRY CHRISTMAS & A HAPPY NEW YEAR

KEY DATES FOR YOUR DIARY

Tuesday 2 January – Students return to school at 8:30am – it will be Week 2.

Thursday 4 January – Year 11 Parents'/Carers' Evening.

Monday 15 January – Saints Foundation Men's Mental Health session.

w/b 15 January – Year 9 Review Assessment Week.

Wednesday 17 January – Year 7 and 11 Group Photographs.

Wednesday 17 January – GCSE Drama Mock Performance.

w/b 29 January – Year 8 Review Assessment Week.

Wednesday 31 January – Dance Live!

Please view the Weekly Message (on the Latest News section of the homepage) for further dates and events: www.thehambleschool.co.uk

STUDENTS SUCCESS

We are always delighted to celebrate students success outside of school.

Congratulations to Douglas M in Year 9 (pictured right) who has achieved a Gold in his first Ju-jitsu competition.

Congratulations to Caleb W in Year 11 and Nathaniel W in Year 8 who took part in a interclub Taekwondo competition last month.

Nathaniel received silver in his category in Poomsae's (fighting patterns) and Caleb received gold for sparring. Their club, Waterside Taekwondo, ranked 3rd for medals in the whole competition.

It was an exciting day, with all who took part demonstrating skill for this sport.

Well done to you all!



SHARE YOUR STORIES

We love to feature achievements outside of school in our newsletter.

It is really important to celebrate success and share news with the community. Please email communication@thehambleschool.co.uk if you would like to share any stories.

CHRISTMAS LUNCHES 2023



'Thank you' to Ms Elliott and her team from HC3S for providing such wonderful Christmas Lunches on the 5 & 6 December 2023.





HC3S PRICE LIST – AS OF MONDAY 5 JUNE 2023

Freshly prepared

Breakfast Items

Bacon roll	£1.50
Hash brown (x2)	£0.90
Sausage baguette	£1.50
Breakfast Muffin - sausage & egg	£1.80
Breakfast Muffin - vegetarian	£1.80
Breakfast Muffin - bacon & egg	£1.80
Croissant with butter & jam	£1.10
Porridge	£1.10
Fresh fruit & yoghurt	£1.35
Pancakes with syrup or fruit (x2)	£1.10
Waffles & syrup	£1.10
Fruit pots	£1.00
Yoghurt & granola	£0.90

Hydration Station

Radnor fruit juice 200ml	£0.80
Radnor Splash - sugar free sparkling flavoured water 330ml	£0.95
Radnor flavoured water 330ml	£0.95
Radnor flavoured water 500ml	£1.15
Bottled mineral water 330ml	£0.60
Bottled mineral water 500ml	£0.95
Flavoured milk 200ml	£0.80

Savoury Snacks

Crisps	£0.80
Popcorn	£0.90
Snowballs	£0.85
Metcalfe Rice Cakes	£1.35
YoYo	£1.10

Bakery & Fresh Fruit

Homemade biscuits & cakes	£0.60
Fresh Fruit from	£0.50

Mains

Classics main courses	£3.00
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Lighter Choices

Jacket potato (with a choice of toppings from 50p each) Toppings include: cheese, beans, coleslaw etc	£0.90
Topped nachos	£2.30
Falafel with Moroccan style cous cous	£2.30
Loaded fries or sweet potato fries	£1.75
Pasta pot selection	£1.75
Rice or noodle bowl	£2.30

Streets

Snack boxes	£1.75
Pizza twists	£2.45
Pazzini	£2.05
Pizza slice	£1.75
Filled bagels	£1.75
Loaded hot dog	£2.30
Chicken burger	£2.30
Hamburger	£2.30
Vegetarian burger	£2.30
Pastry slice	£1.75
Piri Piri chicken pastry slice	£2.05
Pork or vegan sausage roll	£1.35
Bacon and cheese turnover	£2.00
Sausage turnover	£2.00



Deli Filled Wraps

Vegan hoisin duck	£2.20
BBQ chicken	£2.20
Pulled pork	£2.20

Real Wrap Co. Deli

Sandwiches

Just cheese	£2.10
Just ham	£2.10
Just tuna mayo	£2.10
Just free range egg mayo	£2.10
Just chicken mayo	£2.10
BLT (Bacon, Lettuce, Tomato)	£2.30
Chicken & Bacon	£2.30
Tuna & Sweetcorn	£2.30
Chicken Tikka	£2.30
Ploughmans	£2.30
Coronation Chickpea	£2.30
Vegan Sausage	£2.30

Gluten Free Deli

Summer Chicken roll	£2.30
Egg and slow roasted tomato roll	£2.30



TASTE it

Hot Drinks

Cappuccino
Latte
Flat White
Mocha
Americano
Expresso
Hot Chocolate

£1.30 each

Deli Toasties

Ham & cheese	£1.65
Cheese	£1.65
Cheese & baked beans	£1.65

Deli Baguettes

Ham & salad	£2.40
Coronation chicken	£2.40
Chicken & sweetcorn	£2.40
Cheese & cucumber	£2.40

Wraps

Chicken fajita in a tomato wrap	£2.60
BBQ pulled pork	£2.60
Southern fried chicken	£2.60
Chicken and sweetcorn mayo	£2.60
The big Bombay bhaji in a tomato wrap	£2.60
Sweet potato pakora in a spinach wrap	£2.60










Pasta Pots










Cheese & tomato pasta pot	£2.30
Tuna & sweetcorn pasta pot	£2.30
Chicken & bacon pasta pot	£2.30








PLEASE NOTE: the daily limit for students is **£6** (unless otherwise stated)


HC3S MAIN MEAL MENUS – WEEK 1 & 2


Freshly prepared		MAINS WEEK ONE			TASTE 
Monday	Tuesday	Wednesday	Thursday	Friday	
 All Day Vegetarian Breakfast with vegetarian sausages, hash brown, tomato, mushrooms & baked beans	 Macaroni Cheese with garlic bread	 Vegetarian Roast of the Day served with roast potatoes, seasonal vegetables & gravy	 Sweet Potato & Lentil Curry served with a blend of brown & white rice & Naan	 Vegan Sausage Roll served with chips and garden peas or baked beans	
All Day Breakfast with a pork sausage, bacon, hash brown, omelette muffin, tomato, mushrooms & baked beans	Meatball Mariana with garlic bread	Roast of the Day served with roast potatoes, seasonal vegetables & gravy	Chicken Curry served with a blend of brown & white rice & Naan	Battered Fish & Chips served with garden peas or baked beans	
 Vegetarian  Vegan All menu items are subject to change, based upon availability in the event of unforeseen circumstances.					






Freshly prepared		MAINS WEEK TWO			TASTE 
Monday	Tuesday	Wednesday	Thursday	Friday	
 All Day Vegetarian Breakfast with vegetarian sausages, hash brown, tomato, mushrooms & baked beans	 Five Bean Chilli served with a blend of brown and white rice & nachos	 Vegetable Sausage & Mash served with beans	 Vegetable Curry served with a blend of brown & white rice & Naan	 Veggie Goujons served with chips & baked beans or garden peas	
All Day Breakfast with a pork sausage, bacon, hash brown, omelette muffin, tomato, mushrooms & baked beans	Chilli Beef Quesadilla served with a blend of brown and white rice & nachos	Sausage & Mash served with beans	Chicken Curry served with a blend of brown & white rice & Naan	Fish & Chips served with baked beans or garden peas	
 Vegetarian  Vegan All menu items are subject to change, based upon availability in the event of unforeseen circumstances.					


HC3S DAILY OPTIONS – WEEK 1 & 2


Mid-Morning		WEEK 1			TASTE 	
		Monday	Tuesday	Wednesday	Thursday	Friday
Grab 'n' Go		Crinkle Cut Wedges 8" Pork Sausage Roll Buttermilk Chicken in a floured bap	 Cheese Pizzini Ham & Cheese Bagel Steak Slice	 Vegan Sausage Roll Frankfurter Hot Dog Cheese & Bacon Turnover	Pizza Twist Spicy Potato Wedges Meatball Sub	 Cheese Pizzini  Hash Brown Tatties Cheeseburger
	Lighter Choice	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings
Real Wrap Co.		Hot & Cold Deli Selection	Hot & Cold Deli Selection	Hot & Cold Deli Selection	Hot & Cold Deli Selection	Hot & Cold Deli Selection
						Freshly prepared

 Hampshire County Council



Mid-Morning		WEEK 2			TASTE 	
		Monday	Tuesday	Wednesday	Thursday	Friday
Grab 'n' Go		 Spicy Potato Wedges 8" Pork Sausage Roll Chicken Burger	 Cheesy Nachos Chicken Wrap Chicken Pastry Slice	 Vegan Sausage Roll Frankfurter Hot Dog Buttermilk Chicken in a floured bap	 Pizzini Sausage Roll Chicken Goujon Snack Box	Pizza Twist Cheese & Ham Bagel 8" Pork Sausage Roll
	Lighter Choice	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings
Real Wrap Co.		Hot & Cold Deli Selection	Hot & Cold Deli Selection	Hot & Cold Deli Selection	Hot & Cold Deli Selection	Hot & Cold Deli Selection
						Freshly prepared

 Hampshire County Council



WELLBEING SUPPORT

If you or your child would like support with wellbeing, please check out the links on our website:
<https://www.thehambleschool.co.uk/student-wellbeing-support/>

You can also email staysafe@thehambleschool.co.uk or use our 'Report a Concern' link on the school homepage.

THIS DECEMBER REMEMBER...



get plenty
of rest



your family
doesn't need to
be blood-related



wrap up
warm



don't go into
debt buying
gifts



be present in
the moments

@toyoufromsteph



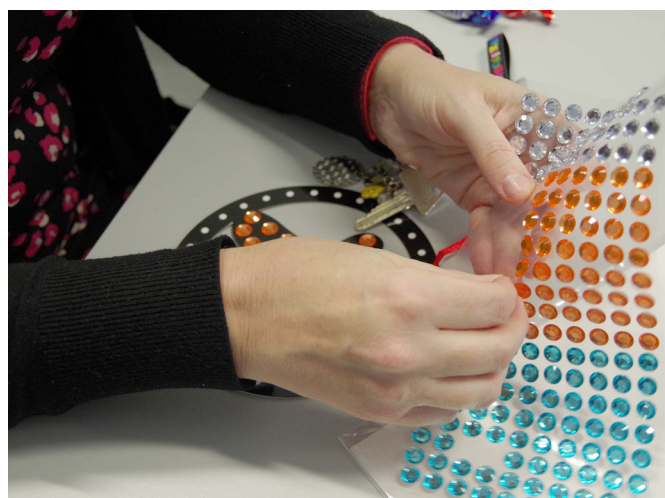
you can say
no to plans

GRANDPARENTS CHRISTMAS CELEBRATIONS



It was lovely to see lots of Year 7 Grandparents and other relatives at our Christmas event on Tuesday 12 December.

Thank you to our Year 10 Prefects for hosting the event, the Choir and String group for your wonderful performances and Mrs Jenvey for organising the craft activities.





DISCOVER MORE AT OUR OPEN EVENTS

Eastleigh College

4:30 – 7pm | Monday 4th March

City College

5 – 7pm | Thursday 21st March

Fareham College

4 – 7pm | Wednesday 28th Feb

shcg.ac.uk

#CreatingBetterFutures



PROGRESS LEADER UPDATES

YEAR 7 UPDATE

Year 7 have had another fantastic term and are now really starting to settle into life at The Hamble School. The year group have achieved over 100,000 positive points in total this term. It has been wonderful to see so many students achieve their bronze, silver, gold and even ruby reward points already this year- a huge congratulations to all of those students.

The year group have been getting involved in so many wider aspects of school life, including football on the astro at lunch time, table tennis, badminton, a visit from the NHS, music concerts and preparing for Dance LIVE which is getting closer and closer and lots more!

I am looking forward to what the next half term has in store for the year group. Keep up all the hard work Year 7- you are doing amazingly well!

Mrs Clarkson – Year 7 Progress Leader

YEAR 8 UPDATE

Congratulations Year 8 on another successful term at the Hamble School. Thank you to all those who have taken part in our school community events and for your kind donations, including Remembrance Day, Children in Need and Christmas Jumper Day. This term we have focussed on your Ambition and Careers and you engaged brilliantly in our recent assembly led by Wimpey Construction. There has been lots of positive feedback from your PSHCRE teachers and tutors about your attitude to learning when studying this topic in class. I hope you have been given some inspiration for your future selves.

Lastly, a huge well done to all students who have reached a new level on our Reward System. Keep up the great effort in receiving these positive points and working towards that Diamond award. I hope you all have a Merry Christmas and a Happy New Year.

Mrs Kinahan – Year 8 Assistant Progress Leader

YEAR 9 UPDATE

Well done to the amazing Year 9 students who have had such a fantastic half term! You have received some of the most reward points in the school and have been earning some amazing certificates and rewards each Friday!

So many of you have been involved in extra events such as 'Your Brain Explained', as well as NHS 'Let's Talk' and a visit from BBC Bitesize; all of these events have supported your wider curriculum and we hope you have enjoyed being a part of them. We also hope that those of you involved in the school choir have had a wonderful time spreading Christmas Cheer! Well done all of you and thank you for getting involved to support our wider community.

Enjoy the Christmas break everyone and let's look forward to celebrating and getting involved with even more exciting opportunities again in the New Year!

Mrs Emmett-Callaghan – Year 9 Progress Leader

YEAR 10 UPDATE

Year 10 have had a fantastic term embarking on their GCSE courses. Initial feedback, from the first round of progress reports, demonstrate a fantastic attitude to learning, commitment and hard work shown by the students.

During the autumn term, the year group have been actively involved in a wide range of activities. This has included Fit4Life personal development, the start of specialist careers events, notable visits from the NHS and BBC Bitesize.

In early November, around one hundred Year 10 students ventured into Southampton to collect data and gained valuable fieldwork experience, as part of their GCSE Geography curriculum.

More recently, it was wonderful to see so many of our year group participating in festive musical performances and Christmas Dinners.

Mr James – Year 10 Progress Leader

YEAR 11 UPDATE

What a fantastic first term Year 11!

The Year 11 team are so proud of how the students have approached the new school year with enthusiasm and motivation. We introduced intervention early on in the year, which was embraced by the students, with some even asking for more. Intervention has been phenomenally well attended with most sessions having a 98% attendance.

We introduced study skills sessions for some students where they were helped with how to revise, creating a revision timetable or just independent revision. Again, this was well received and some students have said they would not have started their revision so early without it.

Mock exams were a testament to how amazing this year group is, invigilators could not praise them enough for their attitude to the exams, their effort in the exams and the exemplary behaviour during the exams. Please do remind your child, these are practice exams and they should use the results as a springboard to inform their revision going forward.

Lots of students have been awarded their Bronze, Silver and Gold awards for achieving the required reward points. Students were awarded exam points for the mock exams and double reward points for attitude to learning to boost their Prom points. Well done to all of the students reaching these targets.

We have lots to look forward to...

- A New Year with a renewed focus on the final stretch – more mock exams means more opportunities to practice for the real thing
- Prom committee – look out for an email
- New intervention groups
- More opportunities to boost reward points

Have a great Christmas and a Happy New Year.

Mrs Barkshire – Year 11 Progress Leader

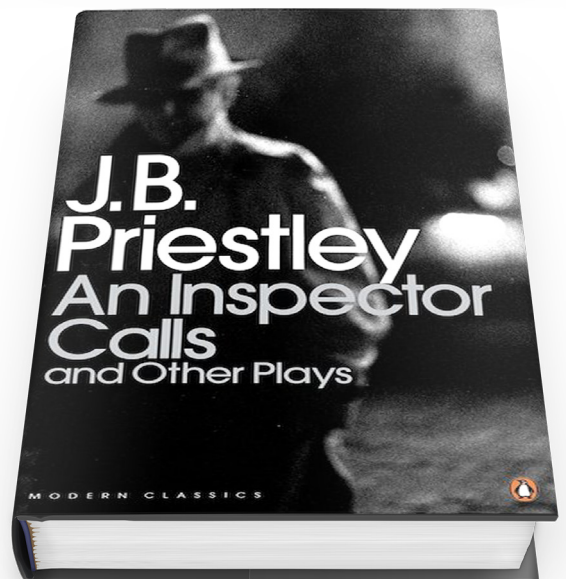
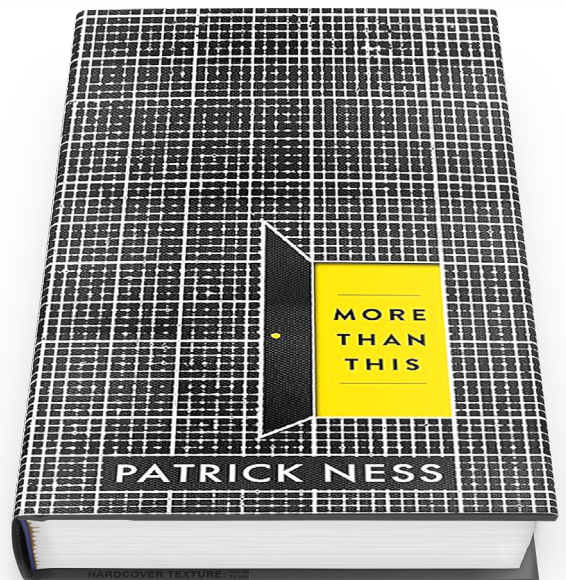
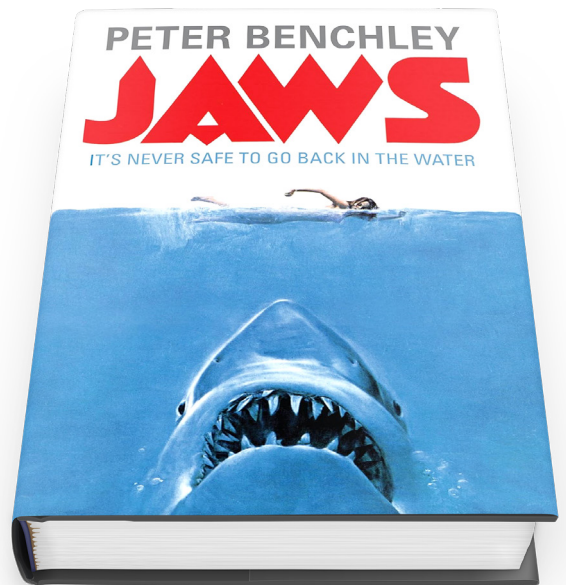
KEY STAGE 4 ENGLISH

This term, students in Year 10 have continued to explore ideas about 'The Power of Nature', reading and writing about a wide variety of texts. Through poetry comparison, students compared William Wordsworth's, 'Extract from, The Prelude' with Seamus Heaney's more contemporary poem, 'Storm on the Island' in which both poets present nature as a powerful, unpredictable and unstoppable force. Students also enjoyed reading extracts from 'Jaws' by Peter Benchley and 'More than this' by Patrick Ness, analysing how writers' craft their writing for impact and the clever way in which they create tension and suspense. Students used these texts to inspire their own stories, using the title 'The Hunted!' as their starting point. We've been so impressed with students' engagement and passion for writing, and we're so proud to have so many excellent writers in the year group.

Well done Year 10 and keep up the fantastic work you are doing!

In Year 11, students have had a busy half-term in English! All students sat their English Language mock exams and worked hard to prepare for these in class, and as part of their revision. Students also re-visited some of the set texts for English Literature, with a particular focus on 'Power and Conflict' poetry. We explored the reality of conflict in 'Bayonet Charge' written by Ted Hughes and compared this with 'Exposure' by Wilfred Owen - a war poet and soldier who served in the first world war. We also re-visited other poems such as John Agard's 'Checking out me History' and 'The Emigree', written by Carol Rumens, focusing on the individual experiences of two different speakers who struggle to find their identity. As well as this, students also re-visited the morality play, 'An Inspector Calls', focusing on how Priestley uses setting to convey his message about social class in 1912 and the differences between the lives of the upper and lower classes in Edwardian Britain. Students are continuing to become more confident in their essay writing skills, and we're incredibly proud of the progress they have made this term.

Well done Year 11 for all of your hard work, resilience and determination!



DRAMA DEPARTMENT UPDATE

DANCE LIVE!

Students have been working hard to create this year's entry, every Thursday and Friday after school and choreography has now been completed by Miss Clucas. We are very excited for the performance at Portsmouth Guildhall and are now focussing on characterisation and performance skills

You can purchase tickets to watch the performance directly via Dance Live! You will need to select our date (Wednesday 31 January 2024 - Portsmouth Guildhall) on the Dance Live! website <https://dancelive.co.uk/tickets/>

'IN YOUR SHOES'

We were incredibly proud of the students who represented the school, alongside five other schools and colleges, in the 'In Your Shoes' project at The Point in Eastleigh in November. This was an original devised piece, which explored some of the emotions experienced by people who have been forcibly displaced from their homes. Kylie Perry, from the Paperbirds Theatre Company, commented on the creativity of the work and how it suited the Paperbirds style of performance. It was an enriching experience for all involved and we hope to take part again next year.

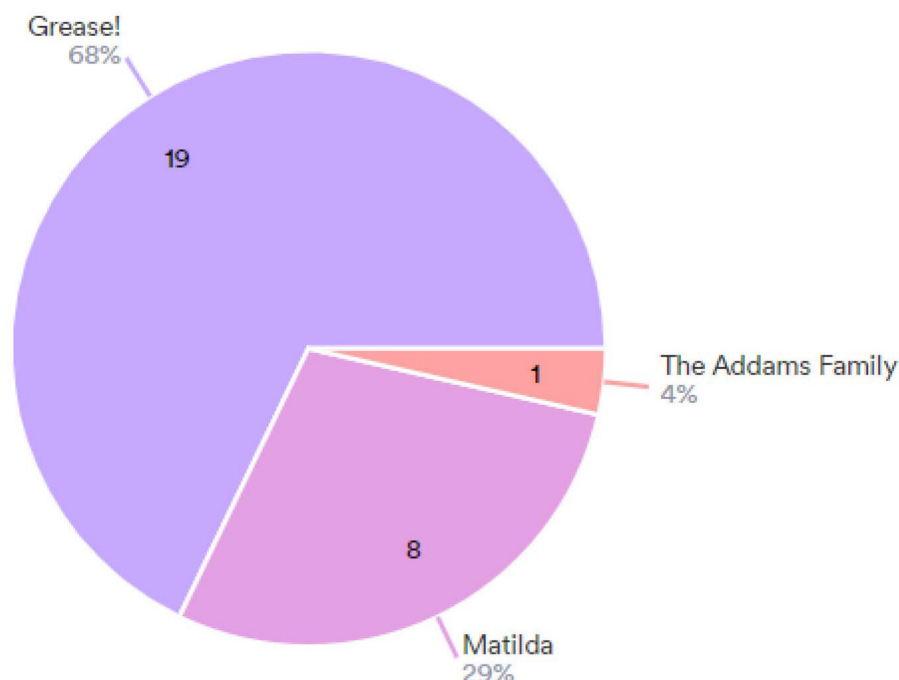


The Paper Birds

PRODUCTION 2024

Students have been voting for this year's choice of whole school musical production and the winner, with 68% of the votes was '**Grease!**' The show will take place in June 2024 and audition information for performers is on the next page. For students who wish to be part of the stage and technical crew, a sign-up list will be put on the Creative Arts noticeboard in February. We would like to see lots of students taking this opportunity to do something both rewarding and exciting!

Which show should be the whole school production in summer 2024?





PERFORMER AUDITIONS:

WEDNESDAY 10TH JANUARY

3:00-4:30PM

A4 - DRAMA STUDIO

YEAR 7 - 10 ONLY



TECHNOLOGY UPDATE

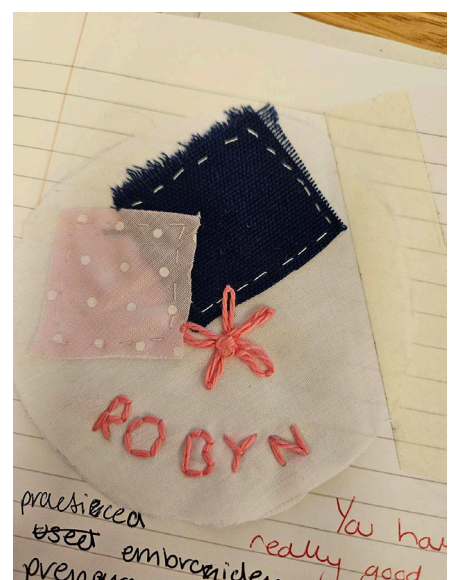
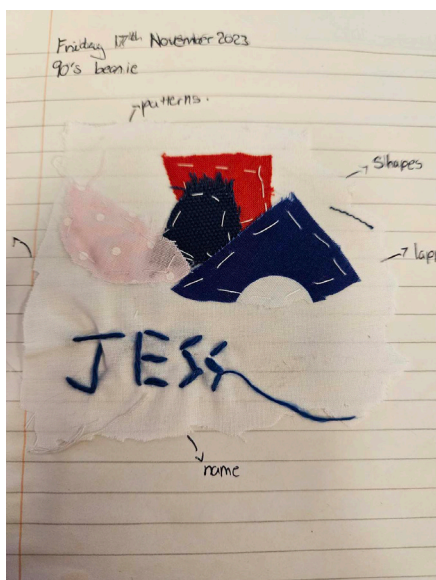
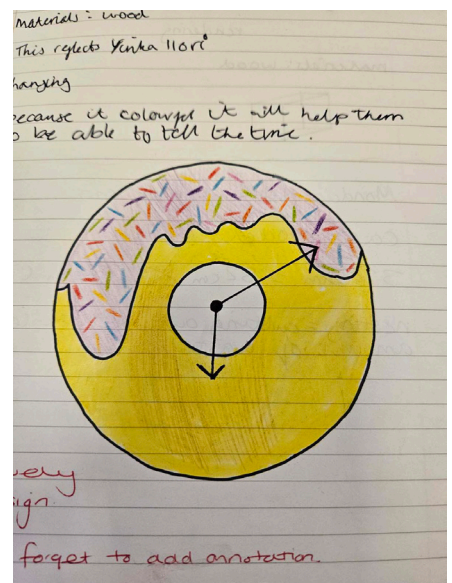
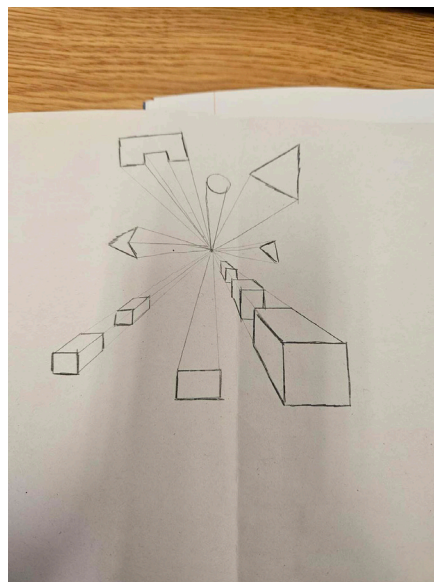
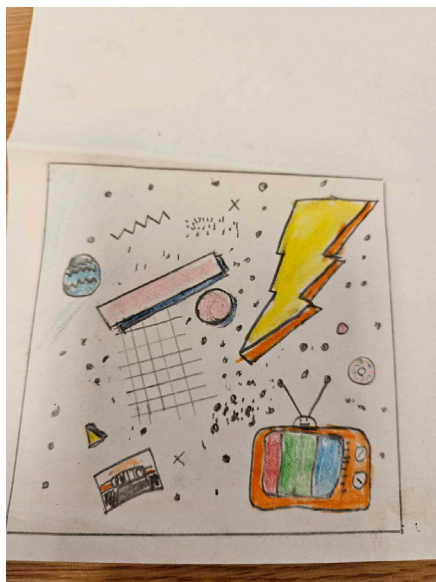
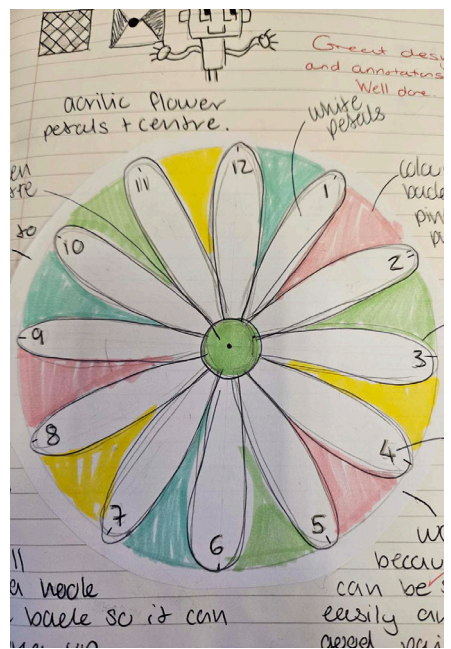
In Technology, we have had a productive term with students in Years 7 and 8 rotating to their new project areas.

Students in Year 9 have been finishing their clocks, some have been practising their one-point perspective drawings and others have been working on creating 90s style beanie hats and experimenting with stitching techniques.

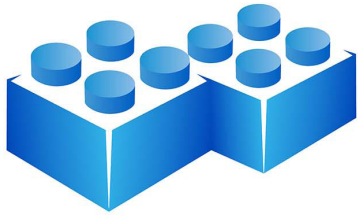
We have had some fantastic work with high outcomes as you can see in the pictures.

Students in Year 10 have been working on a modelling project, where they have been able to practise skills needed to develop design, which will help them in their NEA later on in the year.

Year 11 have also had a good term with progress in their NEA, leading to some excellent designs. We are now looking forward to seeing the final outcomes of their projects next term.



STUDENT SUCCESS – ETHAN H



Brick By Design

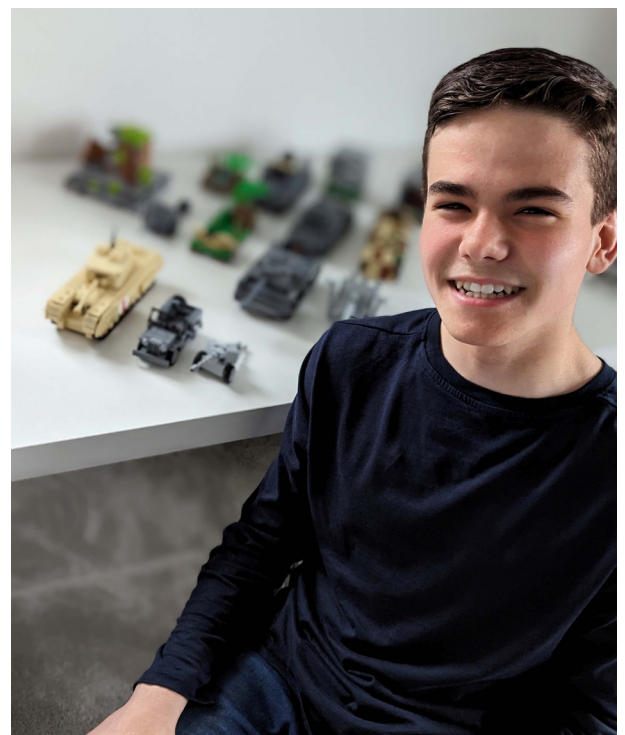
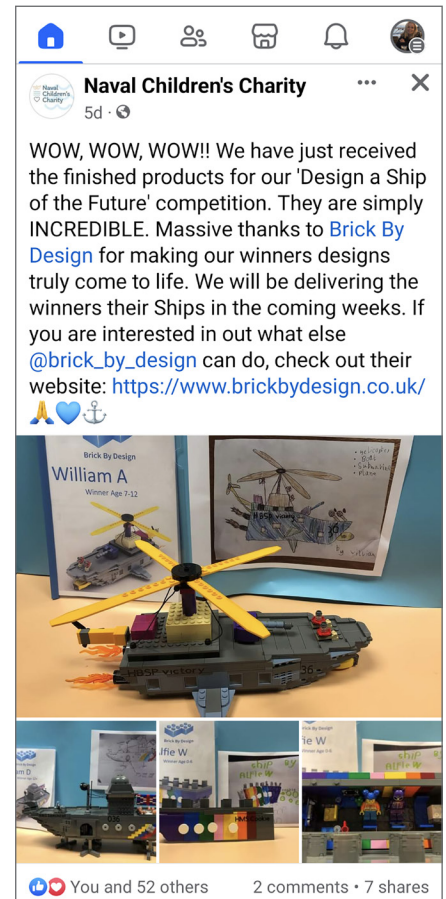
In February Ethan H in Year 10 asked his parents if he could set up his own business which would combine his two hobbies – Lego and World War II. He creates MOCs (My Own Creation) of World War II vehicles and tanks. He went about creating a website to start selling them called www.brickbydesign.co.uk

After a bit of a slow start in April the Naval Children's Charity contacted him and asked if he could create Lego models from winning designs that children had drawn of a future boat.

He gladly accepted this challenge... it is fairly hard to make a rounded ship's hull out of square Lego bricks!

Over the summer, children who are involved with the charity from all over the country, submitted their designs. Ethan was allowed to choose the winners of two categories and then set to work making the children's designs. In October, the finalists received their models and were over the moon with how accurate Ethan had made them to their drawings. Ethan has now gone on to take regular orders on his website and only this week has set this up as a limited company as he is doing so well.

Well done Ethan – keep up the amazing work!



THE COLLABORATIVE MUSIC CONCERT 2023



This year The Hamble School teamed up with Hampshire Music Service and together we put on a Collaborative Music Concert, which included performances from a range of our local primary schools and students from here at Hamble. The evening included performances from: Hamble Primary School, Netley Abbey Junior School, Bursledon Junior School and our Hamble School choir. There were a range of solo performances from our Hamble students, performances from The Hamble School choir, individual performances from each of the Primary/Junior schools as well as a collaborative performance where all schools came together to perform as part of one large choir. The evening was a huge success and we are very proud of all the students involved in the evening.

Following on from the Collaborative Music Concert, we also hosted our annual Hamble School Music Concert which featured performances from all year groups. We had a range of soloists as well as group performances. Again, another successful concert which included some real musical talent!



PROUD TO BE A MUSIC MARK SCHOOL

The Hamble School has been awarded as a Music Mark school by Hampshire Music Services in recognition of the value we place on Music and the opportunities we provide our students.



PROUD TO BE A
MUSIC MARK
SCHOOL
2023 - 2024



Are you looking for a
Christmas Quiz to enjoy
over the festive season?

LOOK NO FURTHER....

*Test yourself individually or
take part with family, friends,
colleagues or other groups,
with questions aimed at a
range of ages and interests.*

Money raised will help support
our work in local care homes.

EMBRACING AGE
Later life in all its fullness

A FESTIVE FIVER



The Embracing Age
BIG Christmas Quiz

For £5 you can buy our
BIG Christmas Quiz.

With over 100 questions, it will keep
you entertained as individuals or in
groups over this Christmas season

Plus a chance to win a £25
Costa voucher

All money raised goes to support the
work of Embracing Age.

Quiz sheets available to download from our website
www.embracingage.org.uk/christmas-quiz

BOOKBUZZ READING INITIATIVE

Bookbuzz is a reading initiative which enables schools to purchase books from a list of specially selected titles chosen by BookTrust.

The books are all carefully selected by a panel of experts to ensure quality, suitability and to encourage reading for pleasure. We take part in this scheme every year and were very pleased to be able to offer our current Year 7 students their favourite book from the list.

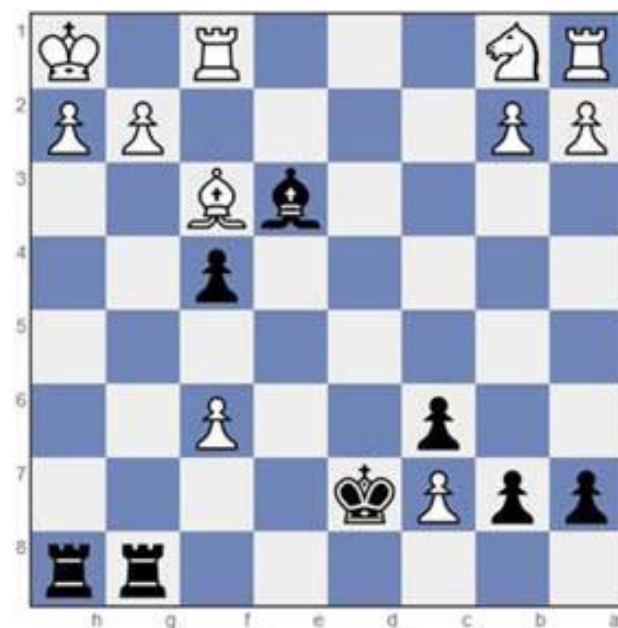


CHESS PUZZLE

Can you solve this chess puzzle supplied by Mr Richard?

Answer on the back page. Good luck!

White has taken a knight on f6, and thinks they are a full knight up. What nasty surprise did I spring on them?





**IF YOU LIKE
COLOURING AND PAINTING
AND ARE FREE
LUNCH TIME
MONDAY TUESDAY THURSDAY
PLEASE JOIN US
IN THE
LIBRARY
TO MAKE
WIZARD OF OZ CRAFTS**



THE HAMBLE SCHOOL
ACHIEVING EXCELLENCE TOGETHER

YEAR 11 ROAD MAP 2023-24

- Intervention tutor groups created
- After school interventions begins
- Review assessments – 25th September
- Post-16 provider drop-ins – The Hub
- College assemblies

Sept
2023

- Prom points review (every 2 weeks)
- Mock Exams begin – 6th November
- Careers focus PSHRE
- Tutor sessions on applying for post-16

Nov
2023

- Parents' Evening – 4th January
- Change of intervention tutor groups
- Change of after school intervention groups
- Aiming High Session (parents/students) – January
- Intended destination data collection
- Tutor Target Session

Jan
2024

Mar
2024

- PR3 emailed home
- Change of intervention tutor groups
- Change of after school intervention groups
- Parents' Evening – 27th March
- Revision packs issued
- Tutor Target Session

Apr
2024

- Easter intervention

Jun
2024

- GCSE Exams continue
- Leavers Assembly

Jul
2024

- Last day of GCSE exams
- Prom - 4th July

Aug
2024

- GCSE Results Day
- 22nd August

EASTER
29 Mar - 12 Apr



HALF TERM
27-29 May

- GCSE Exams begin

HALF TERM
12-16 Feb

- Revision booklets launched
- February half term intervention
- Mock Exams – 19th February

XMAS
18 Dec - 1 Jan

All year:

- Careers interviews
- Careers drop-in – Tuesday lunchtime (The Hub)
- www.thehambleschool.co.uk/careers/

**'WE CARE, WE AIM HIGH,
WE LEARN AND ACHIEVE TOGETHER'**

YEAR 12 PRESENTATION EVENING



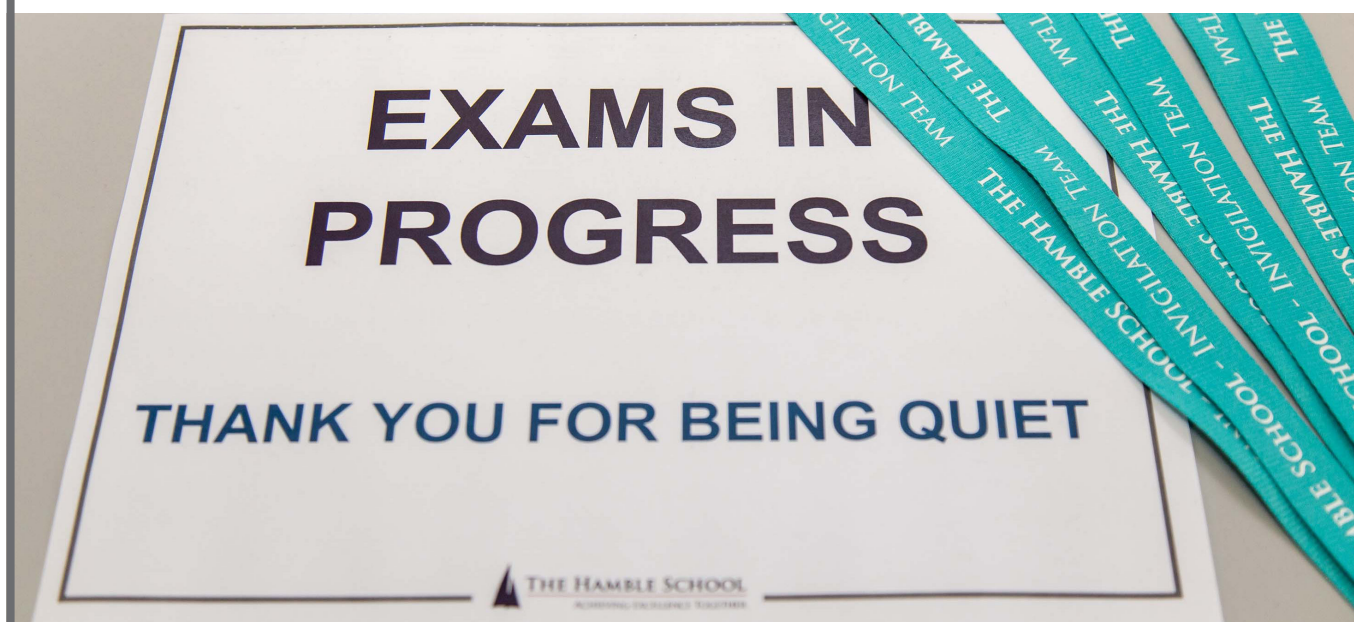
On the 6 December we welcomed back the Year 12 students and their guests to the presentation of GCSE certificates and special awards evening. Our special guest speaker was James Menday.

It was wonderful seeing our past students receiving their certificates and awards. The atmosphere was delightful and it was a pleasure to hear how well the students are continuing to do on their own individual learning paths now they have left The Hamble School.



RECRUITING NOW FOR THE ACADEMIC YEAR 2023/24

Are you looking for flexible work? Could you support our Exams Department?



We would like to appoint some more Exam Invigilators to join our Examination Team.

The Exams Department is an integral part of school life. Our aim is to ensure that all students are treated fairly within the examination environment and that the rules and regulations of the JCQ and Awarding Bodies are upheld. This is an exciting opportunity to assist with the Pre Public (Mock) Examinations and GCSE examinations at the school.

Invigilating is a vital role in supporting the Exams Officer to run busy exam periods in the school calendar. We are seeking individuals who can promote a supportive and calm atmosphere so that our students are able to fulfil or exceed their potential during the examination period. In addition to Exam Invigilator duties, you may also act as a reader or a scribe for students who require access arrangements to support them in their examinations. Therefore, applicants must be confident in their literacy skills.

We would like successful candidates to work during the Pre Public exams (November and February / March each year) and the GCSE Summer Series external examinations (May to June each year). Availability during these time periods is essential.

This position is suitable for individuals from all backgrounds with a variety of skillsets, regardless of your stage of career. If you are looking for a flexible position that requires working only a couple of weeks a year then this is the role for you.

For more information, please email our HR Manager, Karen Chilcott
hr@thehambleschool.co.uk or visit our website:
www.thehambleschool.co.uk/current-vacancies



Our next open events are:

Monday 4 March 2024
5.30pm – 7.30pm

Tuesday 18 June 2024
5.30pm – 7.30pm

How Can I Apply?

Visit our website and fill in one of our
online application forms

www.totton.ac.uk

Contact us
@Totton College
info@totton.ac.uk
apprenticeships@totton.ac.uk
02380 874 874



TOTTON
COLLEGE



FOOD PREPARATION & NUTRITION UPDATE

We've arrived. Christmas and all that delicious, tasty food. In Food Preparation and Nutrition this term, students have been learning all about milk, cheese and yoghurt. We have learned about the cost and impact on milk prices for farmers livelihood, explored the science behind pasteurisation and homogenisation and considered the dietary importance of dairy.

With that in mind, students were asked to create a dish low in saturated fat, suitable for a person with osteoporosis. Well done to Emma and Annabel who cooked up this lovely pasta carbonara. They used low fat cheese, cut off some of the fat from the bacon to reduce the saturated fat content, supplied vitamin D from the eggs and pasta, and calcium from the cheese. Well done!



If you tire of the festive food on offer over the coming weeks, maybe you'd like to have a go?

Recipe adapted from

<https://www.bbcgoodfood.com/recipes/ultimate-makeover-spaghetti-carbonara>

SPAGHETTI CARBONARA RECIPE

INGREDIENTS

- 85g parmesan
- 2 eggs
- 200g frozen peas
- 350g spaghetti
- 1 tbsp olive oil
- 100g lean back bacon, fat removed, bacon chopped into small pieces
- 2 plump garlic cloves, finely chopped
- Handful snipped chives

METHOD

1. Bring a large saucepan of water to a boil with a pinch of salt. Then get everything ready. Grate the cheese and beat the eggs in a bowl with a little pepper. Cook the peas in boiling water for 2-3 mins, drain and set aside.
2. Cook the spaghetti to al dente following pack instructions. While the spaghetti is cooking, heat the oil in a large, deep frying or sauté pan. Fry the bacon for several mins until it starts to go crisp. Stir in the garlic and cook briefly until pale brown. Tip in the peas and if the spaghetti isn't quite ready, keep warm over a very low heat.
3. When the pasta is done, take the pan with the bacon in off the heat. Lift the spaghetti out of its pan with a pair of tongs and drop it into the frying pan with the garlic, bacon and peas. Mix most of the cheese into the eggs, keeping back a handful of cheese for sprinkling over each serving. Quickly pour in the eggs and cheese, lifting and stirring with the tongs so everything mixes well and the spaghetti gets coated. Ladle in some more of the pasta water, enough to coat the spaghetti and create a bit of sauce in the pan.
4. Spoon or twirl the pasta into shallow serving bowls using a long pronged fork. Serve immediately with a sprinkling of the reserved cheese, some snipped chives and a grating of black pepper.

THEME OF THE WEEK

SUSTAINABILITY

In the last week of November, Mr Knight (Assistant Head of Science), Mrs Gaskin (Head of Geography) and the Eco Ambassadors delivered assemblies on sustainability and the environment.

They encouraged families to 'Cut Your Carbon' by completing challenges (see below). As you are aware, emissions of carbon dioxide are one of the leading causes of the enhanced greenhouse effect and global warming that is affecting our planet. By taking part in at least one of the challenges, you will not only have done your bit to cut some of those carbon emissions but also learn about the changes you could make to reduce your carbon footprint in the future, and often save yourself some money too. Look at the nine challenges below to see what challenges you could attempt.

The Eco Ambassadors would love to hear about which challenges you have completed so we can add them all up across the school and send off how many times the different challenges have been completed - you can message Mr Knight or Mrs Gaskin on Class Charts.

- 1. Make at least one journey more sustainable.** Transport is responsible for around 20% of global CO₂ emissions. So how about turning a car-ride to school into a bus-ride to school? Or perhaps a bus to the shops could become a bike to the shops?
- 2. Go meat-free for a day.** Farmed animals are responsible for around 14% of the world's greenhouse gas emissions, so choose a day to go meat-free and discover how delicious cutting carbon can be. As an extra challenge, try going entirely plant-based for the day (meaning no dairy or eggs either) or attempt a meat-free day each week.
- 3. Have a no food-waste weekend.** Prepare only what is needed, eat everything edible on your plate and ensure any leftovers are saved for another time or used to create a new meal. Growing, processing and transporting food releases greenhouse gases into the atmosphere, and even more gases are released if this food is binned and sent to landfill.
- 4. Turn down the heating by 1°C for a week.** Heating is the biggest source of CO₂ emissions in many homes. Dropping your heating 1° below your usual temperature for a week can reduce your carbon footprint and save your family money. You could even go further and commit to 18° for a week, as recommended by the World Health Organization.
- 5. Design a flight free holiday.** Flying is bad for our planet, so for this challenge, we're asking you to appreciate exciting destinations closer to home – sit with your family and decide on a future trip you'd like to take that does not involve flying. This might be to visit Stonehenge in Wiltshire, try surfing in Cornwall or go hiking in the Lake District.
- 6. Say 'no' to a new item.** Write a list of every non-essential item you bought, or that was bought for you last month and categorise each – e.g., clothing, toys, cosmetics. Choose a category and commit to not purchasing any items in this category for a month because every item you buy has a carbon footprint.
- 7. Donate something you no longer need.** Manufacturing new items releases carbon into the atmosphere. For example, producing a book releases about 1kg CO₂, a t-shirt 7kg and an iPhone a whopping 60kg! Passing on things you no longer need is a great way to prevent

emissions, so, swap a book with a friend, donate clothing that does not fit to charity or pass on an unused device to a relative.

8. Substitute 4 baths for 4 showers and limit them to 4 minutes. Swapping a bath for a 4-minute shower can use up to 44 litres less water, saving the energy required to clean, transport and heat this water. We recommend using a 4-minute song as a timer that you can sing-along to!

9. Share carbon-cutting advice with someone. To conquer climate change, we all need to work together, so share three pieces of carbon cutting advice with people you know. You might remind a brother or sister not to waste food, challenge a grandparent to time their shower or share a plant-based recipe on social media. Don't forget to add #CutYourCarbon to your posts.

In tutor time students focussed on a different aspect of sustainability:

- Year 7 – Litter • Year 8 – Transport • Year 9 – Energy Usage • Year 10 – Consumer Choice





**SAINTS
FOUNDATION**

SAINTS

BY YOUR SIDE

OFF YOUR GAME? WE'RE IN YOUR CORNER.

LET'S KICKSTART THE CONVERSATION ABOUT MENTAL HEALTH

Monday 15th January at 6pm at The Hamble School

**Saints By Your Side aims to
give local men the tools they
need to better manage their
mental health.**



FIND OUT MORE



NHS
Hampshire and Isle of Wight

SUPPORTED BY

We are grateful for the support of the IMP Trust in funding this project



THE HAMBLE SCHOOL
ACHIEVING EXCELLENCE TOGETHER

Sign up using the QR Code above or visit <https://forms.office.com/e/3TnwVcnDwM>



PLACES WHERE KIDS EAT FREE (OR FOR £1) CHRISTMAS HALF TERM 2023

moneysavingcentral.co.uk/kids-eat-free



MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

THE REAL GREEK

Free Kids Meal for every £10 spent by an adult from Friday 22nd December 2023 until Sunday 7th January 2024.

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' buy any adult meal (Via App)

HUNGRY HORSE

Kids eat for £1 on Mondays

IKEA

Kids get a meal from 95p daily from 11am

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

PRETO

Kids up to age 10 eat free all day on weekends and from 4pm weekdays with paying adults at Preto in Half Terms

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

FUTURE INNS

Under 5s eat for free with any adult meal.

NOT ANNOUNCED...

M&S, Tesco, YO! Sushi & Bills

Copyright of MONEY SAVING CENTRAL

For more information visit: moneysavingcentral.co.uk/kids-eat-free

CONGRATULATIONS OLIVIA L

Congratulations to Olivia L in Year 9 for achieving first place in M&M in-hand champion, 1st in prettiest mare fun class champion and overall supreme champion at Shedfield Riding School on Sunday 10th December. Olivia prepared for this competition the night before by giving the horse a bath and topping her mane and tail up. Olivia had to make sure her mare was nice and warm and was wearing her travel boots to keep her feet clean and legs warm. Well done Olivia!



GOOD NEWS

ELLA S - YEAR 7

Congratulations to Ella S in Year 7 for getting on the British dive team following Talent Games. She also took two gold medals representing The Hamble School at the English Schools finals in Manchester. So she is now national schools champion in both individual and synchro events.

Well done Ella!



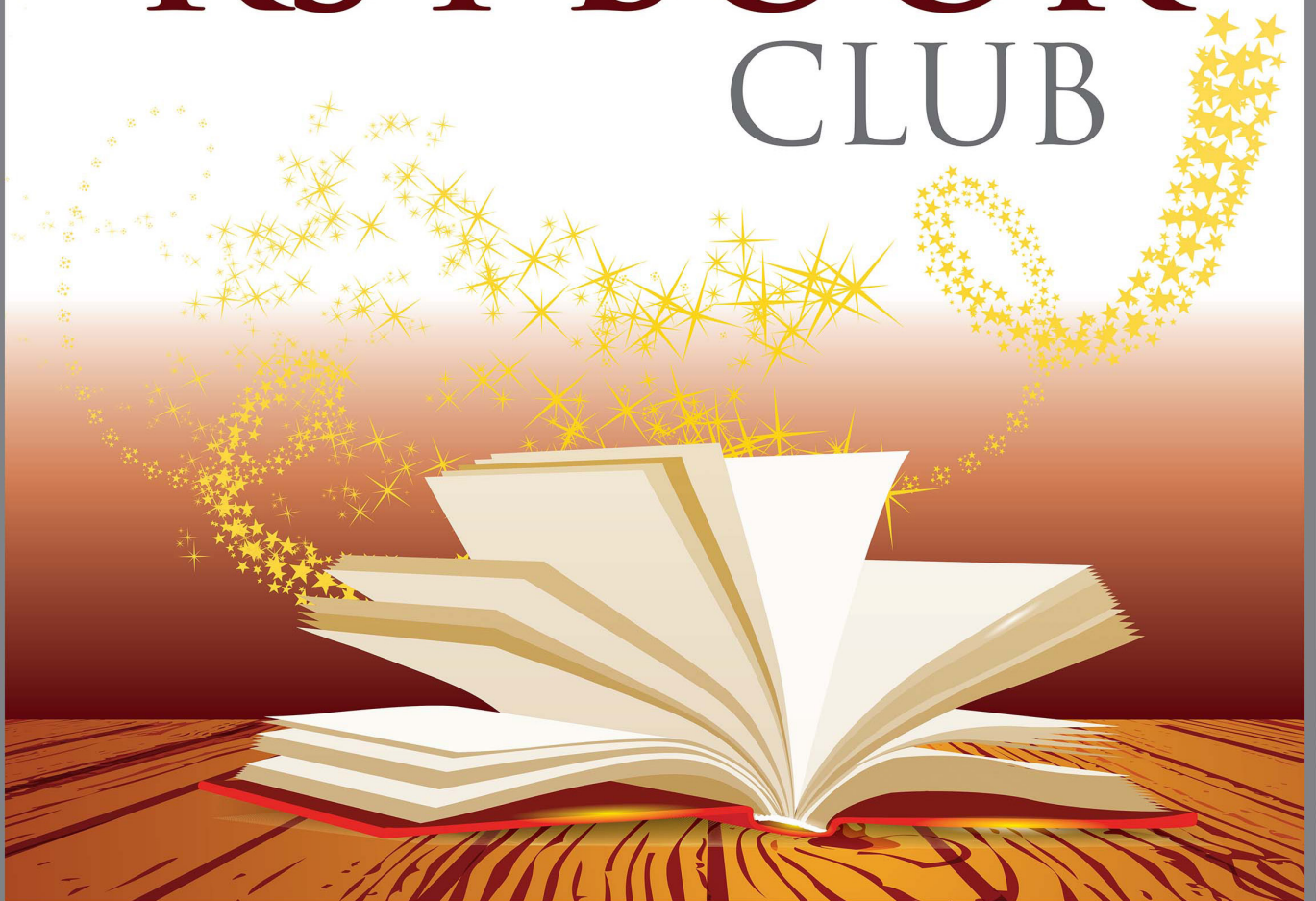
SHARE YOUR STORIES

We love to feature achievements outside of school in our newsletter.

It is really important to celebrate success and share news with the community. Please email communication@thehambleschool.co.uk if you would like to share any stories.

LUNCHTIME CLUB

KS4 BOOK CLUB



Wednesday (Week 1) in the Library

LUNCHTIME

1:20PM~1:55PM

YOU CAN BRING YOUR LUNCH!



THE HAMBLE SCHOOL

ACHIEVING EXCELLENCE TOGETHER

THE EASTLEIGH WELLBEING YOUTH CONFERENCE

On Thursday 16 November 2023 a group of students visited Deer Park School. They represented The Hamble School at The Eastleigh Wellbeing Youth Conference

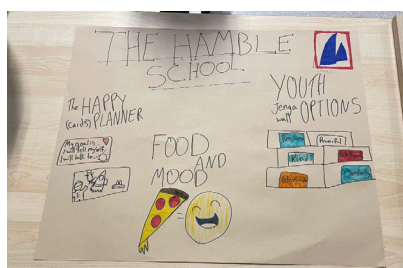
Students attended three workshops and as you can see we had a packed agenda.

The day was hosted by Stacey Miller who visits our school regularly for PSHCRE days. We even got to meet the Mayor.



Part of the day was spent discussing and presenting our views to the other schools. All agreed it was a positive and worthwhile event.

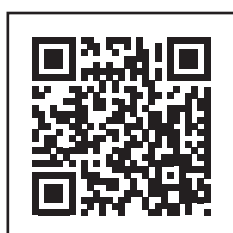
We are looking forward to developing some of these ideas within school.



DUOLINGO CHRISTMAS COMPETITION

Why not improve your French/Spanish skills during Christmas? Between the 15 December and 15 January, we will run a Duolingo competition! Students from all year groups are invited to participate and learn as much French/Spanish as they possibly can!

Please join the French group by scanning the QR code or with the link below:



www.duolingo.com/classroom/zkymkj

Please join the Spanish group by scanning the QR code or with the link below:



www.duolingo.com/classroom/gsdqrm

REMEMBRANCE DAY 2023

On Friday 10 November students and staff took part in our Remembrance Day commemorations. The History department delivered an assembly and the Art department produced a beautiful Poppy installation. Well done to all the students who took part in the Remembrance service.



YEAR 11 MATHEMATICIANS

Twenty of our most promising Year 11 mathematicians have been challenging themselves by studying for a Further Maths qualification during after-school intervention with Mr Tweedle. They have learnt about topics such as trigonometric identities, logarithms, binomial probability and have enjoyed solving a number of higher-level problems. We are really proud of how they have taken to it so far!

31/10/23

1. $(x+2)^4$
 $4C_0 x^4 + 4C_1 x^3 \cdot 2 + 4C_2 x^2 \cdot 2^2 + 4C_3 x \cdot 2^3 + 4C_4 2^4$
 $x^4 + 8x^3 + 24x^2 + 32x + 16$

$\tan \theta = \frac{\sin \theta}{\cos \theta}$

$\sin \theta = \frac{O}{H}$ $\cos \theta = \frac{A}{H}$

$\frac{\sin \theta}{\cos \theta} = \frac{O}{H} \div \frac{A}{H} = \frac{O}{H} \times \frac{H}{A} = \frac{O}{A} = \tan \theta$

$\sin^2 \theta + \cos^2 \theta = 1$

$\sin^2 \theta = \left(\frac{O}{H}\right)^2 = \frac{O^2}{H^2}$

$\cos^2 \theta = \frac{A^2}{H^2}$

$\sin^2 \theta + \cos^2 \theta = \frac{O^2}{H^2} + \frac{A^2}{H^2} = \frac{O^2 + A^2}{H^2} = 1$

$O^2 + A^2 = H^2$

DOOGEE S51 AI CAMERA

23/11/23

1. $\tan \theta \cos \theta = \sin \theta$
 $\frac{\sin \theta}{\cos \theta} \cos \theta = \sin \theta$
 $\sin \theta = \sin \theta$

2. $2 - 2\cos^2 x = 2\sin^2 x$
 $2(1 - \cos^2 x) = 2\sin^2 x$
 $1 - \cos^2 x = \sin^2 x$
 $1 = \sin^2 x + \cos^2 x$

31/10/23

Trigonometric identities.

1) $(x+2)^4$

2) $(x+2)^5$

$5(x^5 + 5x^4 + 10x^3 + 10x^2 + 5x + 2)$

$5x^5 + 25x^4 + 50x^3 + 50x^2 + 25x + 10$

1) $(x+2)^5$

$4(x^4 + 5x^3 + 10x^2 + 10x + 4)$

$4x^4 + 20x^3 + 40x^2 + 40x + 16$

$\tan \theta = \frac{\sin \theta}{\cos \theta}$

$\frac{\sin \theta}{\cos \theta} = \frac{O}{H} \div \frac{A}{H} = \frac{O}{H} \times \frac{H}{A} = \frac{O}{A} = \tan \theta$

$\frac{O}{A} = \tan \theta$

$\sin^2 \theta + \cos^2 \theta = 1$

$\frac{O^2}{H^2} + \frac{A^2}{H^2} = \frac{O^2 + A^2}{H^2} = 1$

$O^2 + A^2 = H^2$

$1 - \tan \theta \sin \theta \cos \theta = 1 - \left(\frac{\sin \theta}{\cos \theta}\right) \sin \theta \cos \theta$

$1 - \sin^2 \theta$

$\tan \theta \cos \theta = \sin \theta$

$\tan \theta = \frac{\sin \theta}{\cos \theta}$

$\cos \theta \times \cos \theta = \sin \theta$

$\tan \theta = \frac{O}{A} \sin \theta = \frac{O}{A} \times \frac{A}{H} = \frac{O}{H} = \cos \theta$

$\frac{\sin \theta}{\cos \theta} = \frac{O}{H} = \frac{O}{H} = \cos \theta$

DOOGEE S51 AI CAMERA

logarithms

$\log A + \log B = \log AB$

\rightarrow bases must be the same

$\log A + \log B = \log \frac{A}{B}$

\rightarrow bases must be the same

$\log A^k = k \log A$

$\log_3(36) = \log_3(8) + \log_3(6)$

19/11/23

laws of logarithm

a. $\log_5(25) = 2$ ✓

b. $\log_3(81) = 4$ ✓

c. $\log_2(32) = 5$ ✓

d. $\log_{10}(1000) = 3$ ✓

e. $\log_4(1) = 0$ ✓

f. $\log_4(4) = 1$ ✓

g. $\log_2(\frac{1}{2}) = -1$ ✓

h. $\log_3(\frac{1}{27}) = -3$ ✓

a. $\log_3(6) + \log_3(7) = \log_3(42)$

b. $\log_2(15) - \log_2(3) = \log_2(\frac{15}{3}) = \log_2(5)$

c. $2 \log_5(3) + 3 \log_5(2) = \log_5(9) + \log_5(8) = \log_5(72)$

d. $\log_{10}(3) - 4 \log_{10}(\frac{1}{10}) = \log_{10}(3) - \log_{10}(\frac{1}{10^4}) = \log_{10}(\frac{3}{10^4}) = \log_{10}(\frac{3}{10000})$

DOOGEE S51 AI CAMERA

Factor theorem & algebraic long division

1. $x^3 + 5x^2 + 6x$
 $(x+3)(x+2)$

2. $3x^3 + 7x^2 - 20x$
 $3x^3 + 12x^2 - 5x - 20$
 $3x(x+4) - 5(x+4)$
 $(3x-5)(x+4)$

Factor theorem:
 $(2x^2 + x^2 - 25x + 12) \div (x+4)$
 $2(-4)^2 + (-4) - 25(-4) + 12 = 0$

put the inverted version of the divisible number into the long equation to equal 0, if it does, it is a factor

19/11/23

$3x^2 + x - 14$ r=16

$3x^2 - 5x^2 - 16x + 12$

$3x^2 - 6x^2$

$x^2 - 16x$

$x^2 - 2x$

$-14x + 12$

$-14x + 28$

-16

r=16 meaning it is not a factor

Factor theorem:
 $(2x^2 + x^2 - 25x + 12) \div (x+4)$
 $2x^2 + 7x + 3$
 $2x^2 + 8x^2 - 25x + 12$
 $-7x^2 - 25x$
 $-7x^2 - 28x$
 $3x + 12$
 $3x + 12$
 0

No remainder so it is a factor

DOOGEE S51 AI CAMERA

CHILDREN IN NEED

FRIDAY 17 NOVEMBER 2023

Our Year 11 Prefects organised an excellent event to raise money for Children in Need.

Well done for all the fabulous activities they organised on the day.



In total, we raised **£211.06** for Children in Need.

Well done to everyone for getting involved
and showing that 'We Care'.

P.A.C.E.

2024

PARENT, CARER & PROFESSIONAL EVENTS

A free health & wellbeing event
for all parents, carers & professionals
who support or work with young people.

WHAT CAN I EXPECT?

PACE events consist of two main components:

1. A number of specialist workshops on young people's emotional health and wellbeing.
2. Information stands from local and national organisations.

Attendees can choose which sessions they would like to attend; select as many or as few as you would like to attend.

FRIDAY 26TH JANUARY 2024

ST VINCENT COLLEGE,
MILL LANE, GOSPORT, PO12 4QA

WORKSHOPS:

NEW Obsessive Compulsive Disorder (OCD), Tourette's Syndrome and Tics, Supporting your Autistic Child to Thrive, and Disability, Difficulty, SEND & Mental Health.

BOOK YOUR WORKSHOP SPACE AT:

hampshirecamhs.nhs.uk/events

Brought to you by Hampshire CAMHS

2024 PACE Events

Free health & wellbeing events for all parents, carers & professionals who support or work with young people

DATE	LOCATION
Friday 26 th January 2024	Gosport St Vincent College, Mill Lane, Gosport, PO12 4QA
Thursday 22 nd February 2024	Basingstoke Queen Mary's College, Cliddesden Rd, Basingstoke, RG21 3HF
Monday 11 th March 2024	Andover Testbourne School, Micheldever Rd, Whitchurch, RG28 7JF
Friday 19 th July 2024	Waterlooville Oaklands Catholic School, Stakes Hill Rd, Waterlooville, PO7 7BW
Wednesday 25 th September 2024	Winchester Winchester United Reform Church, Jewry ST, Winchester, SO23 8RZ
Monday 7 th October 2024	Havant Trosnant Infant School, Stockheath Lane, Havant, Hampshire, PO9 3BD
Thursday 21 st November 2024	New Forest Lyndhurst Community Centre, Main Car Park, Lyndhurst, S043 7NY

BOOK YOUR WORKSHOP SPACE AT: hampshirecamhs.nhs.uk/events

TIME	WORKSHOP 1	WORKSHOP 2
9:30 - 10:30	Supporting a child with eating difficulties including ARFID This workshop solely focuses on eating disorders as a mental health disorder for young people. This will cover Avoidant Restrictive Food Intake Disorder is a feeding and eating disorder. People with ARFID find it hard to eat enough for healthy growth, development and functioning.	Supporting trauma recovery Understanding the Impact of trauma on children and young people and how together we can help them to recover.
10:45 - 11:45	Introduction to managing ADHD - ADHD Team What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	Supporting a young person in crisis & managing self-harm Supporting a young person in crisis & managing self-harm.
12:00 - 13:00	Coping and resilience strategies to support children & young people Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	Introduction to autism What is Autistic Spectrum Condition? Spotting the signs and symptoms Diagnosis: the process and things to know about the diagnostic assessment How to support a young person with ASC.
13:30 - 14:30	New Understanding and supporting a young person with Obsessive Compulsive Disorder (OCD) This workshop aims to give an introduction for parents and carers supporting a young person with Obsessive Compulsive Disorder (OCD). It will provide information regarding what OCD is, how this develops and what keeps it going. It will give an overview of the treatment options for OCD and ways family members can support a young person at home.	Looking after yourself to support your child This workshop will focus on the needs and challenges for parents and carers, as well as provide a range of practical advice and strategies around how to look after yourself in order to better support the wellbeing of your child.
14:45 - 15:45	New Disability, difficulty, SEND & mental health An awareness session to offer a space for Q&A around Learning needs and how Mental Health issues can present; difficulty with language used when children and young people have varying learning needs with or without formal diagnosis.	Understanding & managing anxiety What anxiety is and how to spot the signs and symptoms of anxiety in children and young people. How to support a child and young person who experiences anxiety with practical strategies.
16:00 - 17:00	Coping and resilience strategies to support children & young people Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	Supporting a young person in crisis & managing self-harm How to recognise crisis and how crisis develops. How emotional regulation difficulties can lead to mental health crises such as becoming suicidal or self-harming.
17:15 - 18:15	New Introduction to managing & supporting a young person with Tics and Tourette's This workshop aims to give an introduction for parents and carers supporting a young person with Tics & Tourette's. It will provide information regarding what Tourette's is, how this develops and what keeps it going. It will give an overview of the treatment options and ways family members can support a young person at home.	New Supporting your autistic child to thrive This two-hour workshop will consider what areas of life can be challenging for autistic young people. We will think about how we can adapt our communication and the environment around the young person to make life easier and more suited to their needs. We will discuss practical changes that can be made in all the areas and give example of what these look like in real life. We will support you to think about the specific needs of your child and develop the beginnings of an individualised plan, providing the opportunity for discussion with other group members and the facilitators.
18:30 - 19:30	Introduction to managing ADHD What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	

STUDENT LEADERSHIP TEAM

QUARRY PROPOSAL

On Friday 8 December our Student Leadership Team went to Hamble Primary School to work with their Eco Committee to write objection letters against the proposed quarry.



We would also like to thank Mr Paul Holmes MP for visiting our Student Leadership Team. They found his advice and guidance regarding our campaign against the quarry proposal very useful. We really do appreciate your support.



THEATRE FOR LIFE 'YOUR BRAIN EXPLAINED'

The Drama Studio was taken over by an inflatable brain on Monday 11th December! Theatre company 'Theatre for Life' brought their fascinating show 'Your Brain Explained' to The Hamble School, complete with lights, music and a giant inflatable brain as part of the set. Students found out more about neuroscience and watched a compelling story unfold as they did so, through the journey of the character of Charlie.



GEOGRAPHY UPDATE GETTING OUT AND ABOUT IN GEOGRAPHY!

This term has seen our hard-working Year 10 Geographers entering the field to study the Social, Economic and Environmental opportunities in Southampton City Centre. Students spent the morning collecting primary data in and around Westquay South and Above Bar Street, before stopping for a snack and returning back to school to analyse the data. Students have fed back they enjoyed the experience and are really looking forward to their next fieldwork trip in the summer term.



Retrack has had a busy term with 24 students accessing the support that we are proud to offer.

Students follow their individual lessons in Retrack with the support of a qualified teacher and a Behaviour Coach. Students also participate in bespoke intervention to support them with their learning and behaviour.

We also have cook and eat sessions where students learn about the benefits of healthy eating, they then have the opportunity to learn basic cooking skills. We have made oven baked wedges and homemade chicken nuggets, seasonal soup, pancakes and bacon (and egg) rolls.

We look forward to continuing to support our students in Retrack when we return in 2024.



Art in the style of Georgina Luck



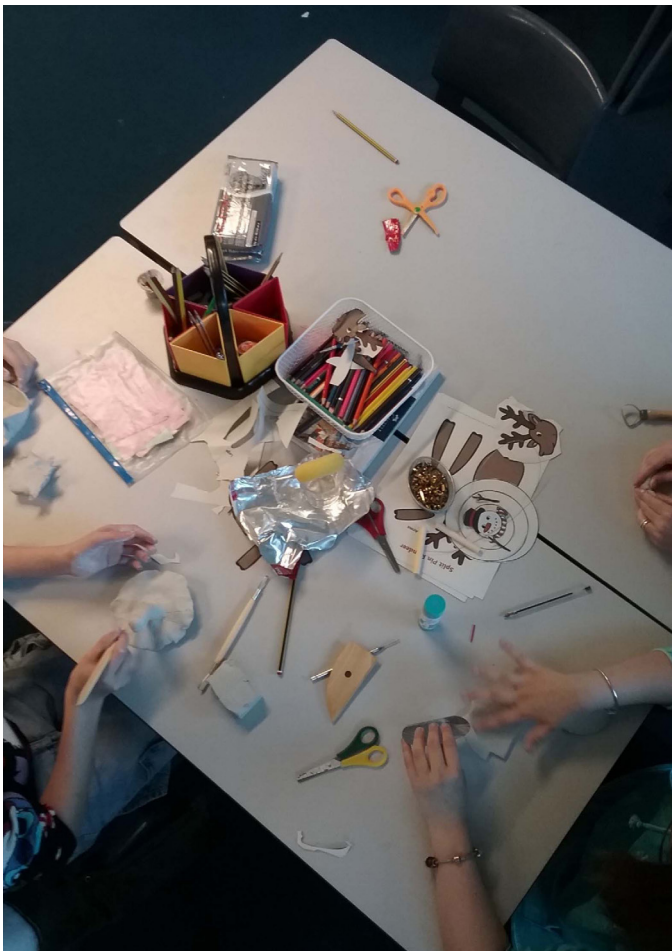


INCLUSION DEPARTMENT ENGAGE UPDATE

Engage is one of our Inclusion rooms that focuses on students who find coming to school extremely challenging by providing a bespoke programme of academic work and focused mental health and wellbeing sessions.

One of our many activities this term was producing amazing clay models to give to their family and friends for Christmas. Working with clay can provide a calming and meditative experience and prompt lots of conversation and laughter.

Our students have enjoyed spending time outside of the classroom gardening in the Bereavement Garden. We all benefitted from the fresh air, improving our mood and physical health, giving us a sense of achievement, improved confidence and self-esteem.



MERRY CHRISTMAS
FROM THE ENGAGE TEAM



MRS PHIPPS, MRS CRICK & MRS BRYANT

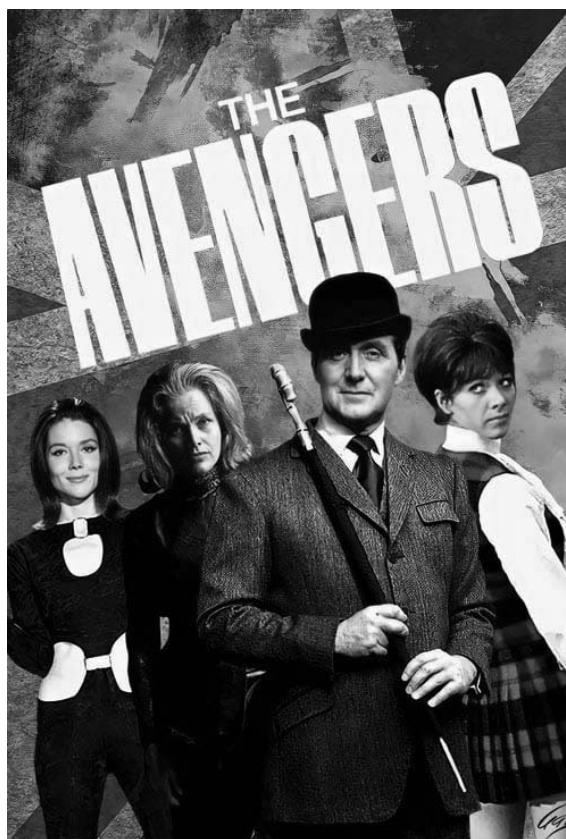
MEDIA STUDIES UPDATE

YEAR 9:

This term in Media Studies, students have learned key theories through film posters. They have explored representation theory and discussed stereotypes. Worked on genre theory and communicated how typography, colour and genre conventions characterise genre, dived into the male gaze theory and how female characters are portrayed on film posters. Moving on from this, students will be tasked with a film poster brief whereby they will be shown how to use the tools and skills in Photoshop in order to design their own film poster. We cannot wait to see what Year 9 produce.

YEAR 10:

Year 10 students have worked exceptionally hard this term analysing key scenes from their two set TV Programmes: Vigil and The Avengers. Students have been tasked with completing three GCSE questions for each TV programme, to start to build on their understanding of key media language and to apply this to exam technique. We are very proud of how well they have risen to this task. Moving forward, students will then have a break from scene analysis and will move on to explore the tools and skills in Photoshop. Year 10 have been briefed with producing a new film poster from their set episode on The Avengers: The Gravediggers. We cannot wait to see how well they have interpreted that episode and how they are going to design their film poster. Well done Year 10.

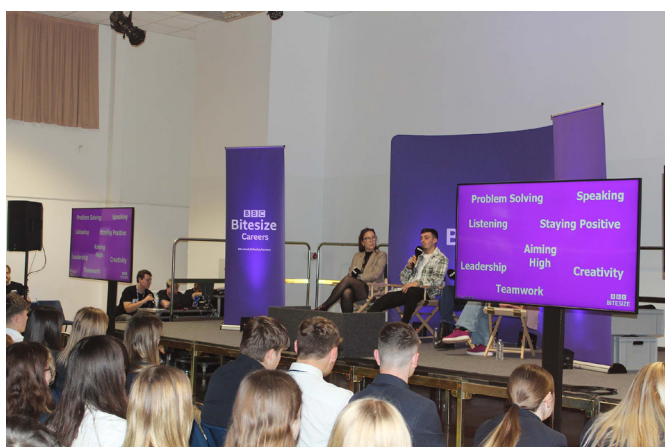


YEAR 11:

Year 11 students are in full swing of applying their knowledge and understanding of the music and newspaper unit by walking through a past exam paper. Moving on, we will continue to work on exam technique in preparation for upcoming mocks in February. Well done year 11, you are working so well – keep up the hard work!

BBC BITESIZE CAREERS ROADSHOW

We welcomed the BBC Bitesize Careers Roadshow to school on Friday 3 November. Students in Year 9, 10 and 11 enjoyed an interactive show, combining short films, real life interviews and a Q&A session for students to take part in, all focused on careers.





CHRISTMAS COMMUNITY CAROLS

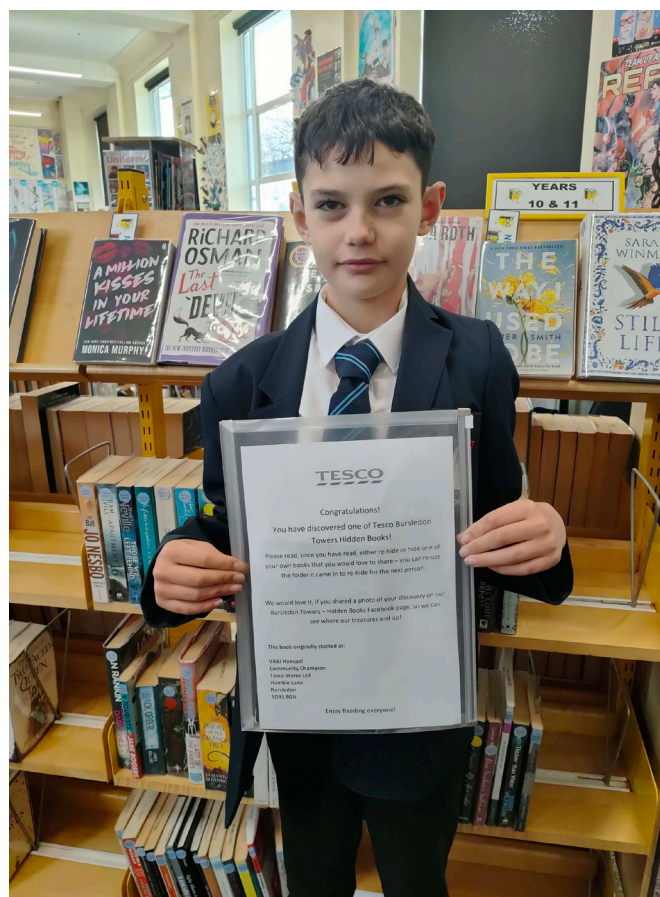
THURSDAY 14 DECEMBER 2023

We had a fabulous time joining together as a community to celebrate Christmas.
Thank you to our musicians for your wonderful singing and string playing.



TESCO BURSLEDON TOWERS HIDDEN BOOKS

CONGRATULATIONS to our Year 7 students, George B and Joshua M, for finding two of the Tesco Bursledon Towers hidden books.



CHESS PUZZLE ANSWER

Answer: 1....Rhx2+!!; 2.Kxh2 (forced because the bishop guards g1) Rh8+; 3.Bh5 Rxh5 checkmate. The pawn and bishop guard g3 and g1, and the rook attacks the king. Game over.

TOP REWARD POINTS

Well done to the following students who achieved the most reward points last half term.

YEAR 7

Edward A (7-5)
Bohdan B (7-3)
Emmanuella O (7-5)
Harriet S (7-1)
Elizabeth S (7-8)

YEAR 8

Bella J (8-4)
David B (8-5)
Ethan L (8-1)
Nathan S (8-3)
William W (8-8)

YEAR 9

Caroline M (9-9)
Evie M (9-6)
Perran G (9-2)
Rhiannon B (9-9)
Peyton H (9-5)

YEAR 10

May H (10-3)
Wiktor B (10-8)
Phoebe D (10-4)
Becky J (10-8)
Nate M (10-2)

YEAR 11

Natasha O (11-3)
Victor K-W (11-5)
Tamara D (11-3)
Frederick F (11-4)
Darcie B (11-9)