

THE HAMBLE SCHOOL

NEWSLETTER 2023-24 – ISSUE 4: 29TH MARCH 2024



We have five whole school priorities which guide our work every day:

1. A broad and balanced curriculum delivered through high quality adaptive teaching which creates a love of learning.
2. Promote high aspirations, positivity and student leadership so that all achievements are recognised and celebrated both inside and outside of the classroom.
3. Develop an inclusive environment where students enjoy coming to school, attend regularly, are well-behaved, self regulating, tolerant and respectful.
4. Support the wellbeing and mental health of all staff and students.
5. Embed a culture of outward facing collaboration, positive communication and strong community links.

This half term we have had a focus on delivering high-quality inclusive teaching inside classroom and wider curriculum opportunities. Over the last month Heads of Department have been reviewing the curriculum at Key Stage 3, as well as quality assuring GCSE lessons. You will know from the Headteacher Update that we have been focussing on Student Voice and it is wonderful to talk to so many students about their learning. We have also had our improvement journey validated by a number of external organisations and have received so much positive feedback.

There has been an increase in the number of clubs, trips/visits, speakers, performances and other extra-curricular activities across the school – we hope this newsletter gives you a flavour of what has been happening over the last six weeks. Thank you to everyone who has supported the school this half term – working together as **#TeamHamble** really does have a positive impact on the academic outcomes and wellbeing of all our students. On behalf of everyone at the school, we would like to wish you all a Happy Easter and we look forward to seeing children back at school on Monday 15 April at 8:30am.

Best wishes

Miss L Cambridge

Headteacher – The Hamble School

REWARD UPDATE

Spring term 2 has seen a large number of students collecting enough positive points to receive their recognition rewards.

This is impressive – well done to everyone.

So far this year we have given out:

BRONZE AWARD

250 Points

1059 Students

SILVER AWARD

500 Points

1000 Students

GOLD AWARD

750 Points

864 Students

RUBY AWARD

1000 Points

598 Students

PLATINUM AWARD

1250 Points

322 Students

DIAMOND AWARD

1500 Points

149 Students



KEY DATES FOR YOUR DIARY

Tuesday 2 April to Friday 12 April – Year 11 Easter intervention
(see personalised timetables)

Monday 15 April – All students return to school at 8:30am

Monday 15 April – Year 7 Exams start

Monday 15 April – Arts Week

Tuesday 16 April – Year 6 to 7 Transition Evening

Thursday 18 April – Year 8 PSHCRE Day

Thursday 18 April – Year 11 Achieving Excellence Evening

Monday 22 April – Year 8 Exams start

Tuesday 23 April – Parent Forum

Wednesday 24 April – Year 9 and 10 Careers Fair

Thursday 25 April – Year 10 Parent's Evening

Monday 29 April – Year 9 Exams start

Please view the Weekly Message (on the Latest News section of the homepage) for further dates and events: www.thehambleschool.co.uk



**'WE CARE,
WE AIM HIGH,
WE LEARN
AND ACHIEVE
TOGETHER'**



THE HAMBLE SCHOOL
ACHIEVING EXCELLENCE TOGETHER



SCOPAY

Purchasing Items

A reminder that any items purchased on SCOPAY can be collected by students from the Main Office (behind Reception). We can accept cash for sales on site.

Please note: we are unable to give change for the Cafeteria top up machines.

SHARE YOUR **STORIES**

We love to feature achievements outside of school in our newsletter.

It is really important to celebrate success and share news with the community. Please email communication@thehambleschool.co.uk if you would like to share any stories.

WORLD BOOK DAY 2024



World Book Day is always a highlight in the school calendar and this year we chose Wizard of Oz as our theme. It was fantastic to see so many students and staff dressed up, there were themed lessons and lots of competitions to enter.

We held a tea party for the best dressed students and from those we chose the following very worthy winners – Zach W, Eva P, Amari O, Skye T, Dulcie T, Jamie S, Bella C, Sahira N, Jensen O and Seb R.

Congratulations to our Creative Arts team who won best dressed department and Mrs Bone and Mr Lewis who won best dressed members of staff.

We held a signed book competition and the following students won a prize – Ruben B, Louis H, Eva P, Natasha O, Lilly F and Jamie S.







SIGNED BOOK COMPETITION WINNERS



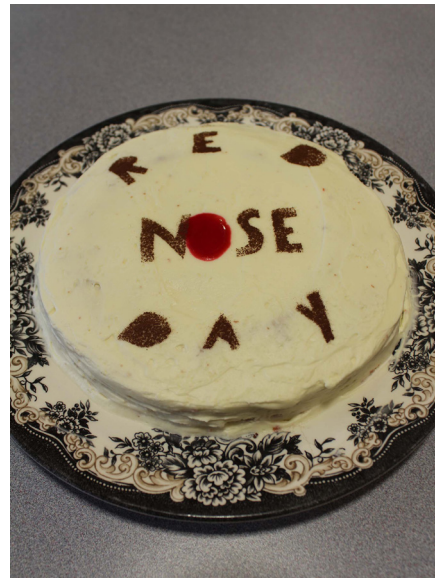
THE GREAT HAMBLE COMIC RELIEF BAKE OFF



On Thursday 14 March 2024 students and staff took part in the Red Nose Day Bake Off and there were some fantastic cakes available to buy at break time.

Thank you to everyone who baked and all the students who donated money to Comic Relief by buying cakes.





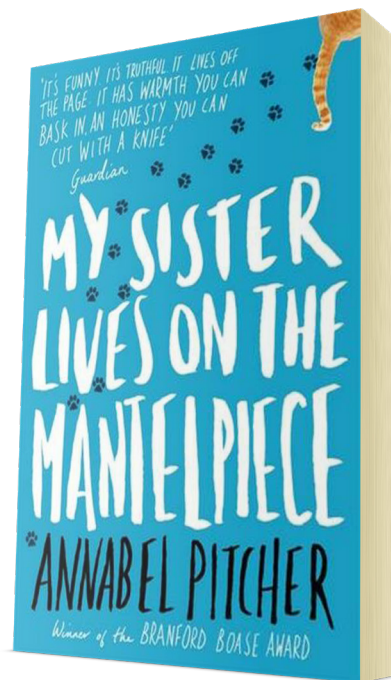


KEY STAGE 3 ENGLISH

Next term, Year 7 will continue reading *My Sister Lives on the Mantelpiece* and preparing for their English exam. Year 8 will also continue reading *Noughts & Crosses*; this term they are focusing on dramatic monologues and we look forward to students performing these as part of their spoken language assessment.

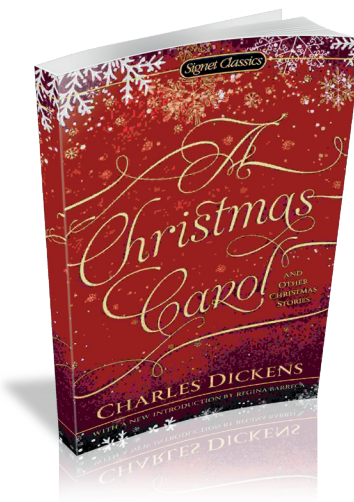
Next term, Year 9 will be moving on to the play *An Inspector Calls* by JB Priestley. They will study the play in depth focusing on the theme of social responsibility. We will also be dipping into our 'Power and Conflict' poetry to study some more poems from the cluster.

Our creative writing club 'Spilling Ink' has had an exciting term. Many members have become published writers through the 'Young Writers' competition 'Mission Catastrophe'. For this they had to write stories inspired by catastrophic events. Our bidding authors have all been picked to be published in 'Glitch'; the competition they entered last term and we are excited for the copies of this to be delivered.



KEY STAGE 4 ENGLISH

In Year 10, students have been exploring ideas about the theme of 'Education'; thinking about the ways in which writers use their texts to educate their readers about the society in which they live. Students enjoyed re-visiting 'A Christmas Carol', focusing on how Dickens uses the ghosts to teach Scrooge about his own morality within a Victorian Society, as well as 'An Inspector Calls' in which students explored the way in which Inspector Goole is used as a mouthpiece for Priestley's post-war views. More recently, students have been reading a range of non-fiction texts around the theme of 'Education'. This has inspired students as they prepare to write a Broadsheet newspaper article about their own views and opinions. We look forward to reading your articles, Year 10!



Students in Year 11 have been working incredibly hard in their English lessons this term. As well as preparing for mock exams, students have been exploring how the 'Power of Nature' is presented in poems such as 'Kamikaze', 'Storm on the Island', 'Ozymandias' and 'The Charge of the Light Brigade' from the AQA Poetry Anthology. Students have also been developing their independence when approaching unseen poetry, making interpretations about how poets present ideas about the way we live and work in the modern world, and particularly enjoyed the poem 'How to leave the world that worships should' by Ros Barber. Students have also been revising the 'Magic Moments' in the set texts they study, in preparation for their English Literature exams. We've been really impressed with the way students have responded to this revision strategy and their ability to retain key quotations and ideas.

Well done Year 11 – you are doing a fantastic job and we are really proud of the progress you are making.

Spilling



Ink



Creative Writing Club

Every Tuesday in L5
with Miss Harris



THE HAMBLE SCHOOL
ACHIEVING EXCELLENCE TOGETHER

HC3S PRICE LIST – AS OF MONDAY 5 JUNE 2023

Freshly prepared

Breakfast Items

Bacon roll	£1.50
Hash brown (x2)	£0.90
Sausage baguette	£1.50
Breakfast Muffin - sausage & egg	£1.80
Breakfast Muffin - vegetarian	£1.80
Breakfast Muffin - bacon & egg	£1.80
Croissant with butter & jam	£1.10
Porridge	£1.10
Fresh fruit & yoghurt	£1.35
Pancakes with syrup or fruit (x2)	£1.10
Waffles & syrup	£1.10
Fruit pots	£1.00
Yoghurt & granola	£0.90

Hydration Station

Radnor fruit juice 200ml	£0.80
Radnor Splash - sugar free sparkling flavoured water 330ml	£0.95
Radnor flavoured water 330ml	£0.95
Radnor flavoured water 500ml	£1.15
Bottled mineral water 330ml	£0.60
Bottled mineral water 500ml	£0.95
Flavoured milk 200ml	£0.80

Savoury Snacks

Crisps	£0.80
Popcorn	£0.90
Snowballs	£0.85
Metcalfe Rice Cakes	£1.35
YoYo	£1.10

Bakery & Fresh Fruit

Homemade biscuits & cakes	£0.60
Fresh Fruit from	£0.50

Mains

Classics main courses	£3.00
-----------------------	-------

Lighter Choices

Jacket potato (with a choice of toppings from 50p each) Toppings include: cheese, beans, coleslaw etc	£0.90
Topped nachos	£2.30
Falafel with Moroccan style cous cous	£2.30
Loaded fries or sweet potato fries	£1.75
Pasta pot selection	£1.75
Rice or noodle bowl	£2.30

Streets

Snack boxes	£1.75
Pizza twists	£2.45
Pazzini	£2.05
Pizza slice	£1.75
Filled bagels	£1.75
Loaded hot dog	£2.30
Chicken burger	£2.30
Hamburger	£2.30
Vegetarian burger	£2.30
Pastry slice	£1.75
Piri Piri chicken pastry slice	£2.05
Pork or vegan sausage roll	£1.35
Bacon and cheese turnover	£2.00
Sausage turnover	£2.00



Deli Filled Wraps

Vegan hoisin duck	£2.20
BBQ chicken	£2.20
Pulled pork	£2.20

Real Wrap Co. Deli

Sandwiches

Just cheese	£2.10
Just ham	£2.10
Just tuna mayo	£2.10
Just free range egg mayo	£2.10
Just chicken mayo	£2.10
BLT (Bacon, Lettuce, Tomato)	£2.30
Chicken & Bacon	£2.30
Tuna & Sweetcorn	£2.30
Chicken Tikka	£2.30
Ploughmans	£2.30
Coronation Chickpea	£2.30
Vegan Sausage	£2.30

Gluten Free Deli

Summer Chicken roll	£2.30
Egg and slow roasted tomato roll	£2.30



TASTE it

Hot Drinks

Cappuccino
Latte
Flat White
Mocha
Americano
Expresso
Hot Chocolate

£1.30 each

Deli Toasties

Ham & cheese	£1.65
Cheese	£1.65
Cheese & baked beans	£1.65

Deli Baguettes

Ham & salad	£2.40
Coronation chicken	£2.40
Chicken & sweetcorn	£2.40
Cheese & cucumber	£2.40

Wraps

Chicken fajita in a tomato wrap	£2.60
BBQ pulled pork	£2.60
Southern fried chicken	£2.60
Chicken and sweetcorn mayo	£2.60
The big Bombay bhaji in a tomato wrap	£2.60
Sweet potato pakora in a spinach wrap	£2.60

Pasta Pots

Cheese & tomato pasta pot	£2.30
Tuna & sweetcorn pasta pot	£2.30
Chicken & bacon pasta pot	£2.30



PLEASE NOTE: the daily limit for students is £6 (unless otherwise stated)


HC3S MAIN MEAL MENUS – WEEK 1 & 2

Freshly prepared

MAINS


WEEK ONE

TASTE



Monday	Tuesday	Wednesday	Thursday	Friday
<p>v All Day Vegetarian Breakfast with vegetarian sausages, hash brown, tomato, mushrooms & baked beans</p>	<p>vb Vegetable Sausage & Chips served with beans</p>	<p>v Vegetarian Roast of the Day served with roast potatoes, seasonal vegetables & gravy</p>	<p>v Sweet Potato & Lentil Curry served with a blend of brown & white rice & Naan</p>	<p>vb Vegan Sausage Roll served with chips and garden peas or baked beans</p>
<p>All Day Breakfast with a pork sausage, bacon, hash brown, omelette muffin, tomato, mushrooms & baked beans</p>	<p>Sausage & Chips served with beans</p>	<p>Roast of the Day served with roast potatoes, seasonal vegetables & gravy</p>	<p>Chicken Curry served with a blend of brown & white rice & Naan</p>	<p>Battered Fish & Chips served with garden peas or baked beans</p>

v Vegetarian vb Vegan All menu items are subject to change, based upon availability in the event of unforeseen circumstances.




Freshly prepared

MAINS


WEEK TWO

TASTE

















Monday	Tuesday	Wednesday	Thursday	Friday
<p>v All Day Vegetarian Breakfast with vegetarian sausages, hash brown, tomato, mushrooms & baked beans</p>	<p>v Macaroni Cheese with garlic bread</p>	<p>vb Vegetable Sausage & Mash served with beans</p>	<p>v Vegetable Curry served with a blend of brown & white rice & Naan</p>	<p>vb Veggie Goujons served with chips & baked beans or garden peas</p>
<p>All Day Breakfast with a pork sausage, bacon, hash brown, omelette muffin, tomato, mushrooms & baked beans</p>	<p>Meatball Mariana with garlic bread</p>	<p>Sausage & Mash served with beans</p>	<p>Chicken Curry served with a blend of brown & white rice & Naan</p>	<p>Fish & Chips served with baked beans or garden peas</p>

v Vegetarian vb Vegan All menu items are subject to change, based upon availability in the event of unforeseen circumstances.



HC3S DAILY OPTIONS – WEEK 1 & 2

Mid-Morning		WEEK 1			TASTE 	
	Monday	Tuesday	Wednesday	Thursday	Friday	
Grab 'n' Go	Crinkle Cut Wedges 8" Pork Sausage Roll Buttermilk Chicken in a floured bap	 Cheese Pizzini Ham & Cheese Bagel Steak Slice	 Vegan Sausage Roll Frankfurter Hot Dog Cheese & Bacon Turnover	Pizza Twist Spicy Potato Wedges Meatball Sub	 Cheese Pizzini  Hash Brown Tatties Cheeseburger	
Lighter Choice	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings	
Real Wrap Co.	Hot & Cold Deli Selection	Hot & Cold Deli Selection	Hot & Cold Deli Selection	Hot & Cold Deli Selection	Hot & Cold Deli Selection	
						Freshly prepared
						

Mid-Morning		WEEK 2			TASTE 	
	Monday	Tuesday	Wednesday	Thursday	Friday	
Grab 'n' Go	 Spicy Potato Wedges 8" Pork Sausage Roll Chicken Burger	 Cheesy Nachos Chicken Wrap Chicken Pastry Slice	 Vegan Sausage Roll Frankfurter Hot Dog Chicken Goujon Snack Box	 Pizzini Sausage Roll Buttermilk Chicken in a floured bap	Pizza Twist Cheese & Ham Bagel 8" Pork Sausage Roll	
Lighter Choice	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings	Jacket Potato with choice of toppings	
Real Wrap Co.	Hot & Cold Deli Selection	Hot & Cold Deli Selection	Hot & Cold Deli Selection	Hot & Cold Deli Selection	Hot & Cold Deli Selection	
						Freshly prepared
						

PROGRESS LEADER UPDATES

YEAR 7 UPDATE

Year 7 have had yet another fantastic half term and are a real credit to the school. They have achieved the most positive points of all year groups and are really showing a team spirit to help each other *Achieve Excellence Together*. It has been wonderful to see so many students achieving their rewards with well over half the year group achieving the ruby award and above – a huge congratulations to all of those students. The year group have continued to get involved in so many wider aspects of school life, such as after school clubs like football, table tennis and badminton, as well as the huge amount who have auditioned and got parts in the school production. Next term we will sit the first end of year exams in the hall which is a really exciting opportunity for Year 7 to show off the amazing work they have been doing. I am looking forward to what the next half term has in store for the year group. Keep up all the hard work Year 7 – you are doing amazingly well!

Mr Webber – Year 7 Progress Leader

YEAR 8 UPDATE

Year 8 have been busy choosing their preferences ready for Year 9. This is a really exciting time for students as they look towards GCSEs in the coming years. Confirmation of choices will be sent by letter to parents the week beginning Monday 3 June.

This half term, students were lucky enough to have a guest speaker, Hannah Baker from the Arts University, Bournemouth, in to talk to them about careers in creative arts and university life. This was very well received by the students.

Oliver B in Year 8 had one of his photographs entered into The Young Photographer Rotary Competition. He won within his age category which was fantastic. Oliver is also the winner of the Intermediate level of the District competition and will now be entered into the RGBI National level final of the competition. This is such an amazing achievement and the first time one of our students have got this far in the competition. Oliver has also been selected by the Rotary Club to take photographs at the Easter egg giveaway in Southampton. Thank you so much to Miss Petty who organised all of this and took the time to complete the entry. She is very proud of Oliver and has shared his photo on page 25. The theme was 'Rebuilding' – Oliver's idea is based around mould rebuilding itself.

On Thursday 28 March, we ended the term with a celebration assembly. Well done to all students and especially those who have won awards. I am particularly proud of all of those students who were awarded positives for being kind to others within the school community.

After Easter, we will be participating in Arts Week (15-19 April). The students have had an assembly around the activities available for this and we are looking forward to a fabulous week.

On 18 April 2024, Year 8 will have a PSHRE Day. Guests coming to run workshops include:

- British Transport Police - health and safety
- Mybnk - financial awareness
- Hampshire Fire and Rescue - Arson Awareness
- First responder sessions

A reminder about uniform for the return to school after Easter. All students must have a clip on tie and black shoes, not trainers.

The Year 8 team would like to wish you a very happy Easter and hope that you have a restful break.

Mrs Rogers – Year 8 Progress Leader

YEAR 9 UPDATE

It's been another busy half term for Year 9! The Year group have embarked upon the next phase of their preferences process brilliantly, with many mature and reflective conversations being had. We will continue the process into the next phase after Easter but for now, I am really proud of you all for the way in which you have started. We have had fantastic results for our football team too; it was a joy to see you play a few weeks ago and then hear about your away match. You have such a strong team that even your injured players have been able to give valued off-pitch contributions; well done! Year 9 students have also auditioned and are now rehearsing for the next drama extravaganza – Grease! Not only do we have Year 9 students performing in lead roles and more, we also have their talents being used in wider tech roles too – watch out the West End! I was also privileged to take a group of Year 9s to Fareham for a careers quiz against local schools; the students did The Hamble School proud and celebrated with a 3rd place victory! Year 9s have also been integral to key discussions with external visitors and touring new staff; the feedback for you all has been wonderful to hear and you are a credit to the school. What a busy few weeks it's been! We hope you all have a fantastic Easter break Year 9.

Mrs Emmett-Callaghan – Year 9 Progress Leader

YEAR 10 UPDATE

Year 10 have had an eventful Spring Term! During assembly time students have already started to receive information regarding Sixth Form choices and recently enjoyed a presentation by Barton Peveril College. In addition, a small number of students took part in aspirational visits to CooperVision and Southampton University, as part of the 'Learn With Us' initiative.

It has been fantastic to see the success that the Year Group continue to enjoy accumulating over 11,000 positive points on Class Charts this month alone. As part of celebrating this success, many students received subject specific certificates in assembly and some were invited to have hot chocolate with the Headteacher.

Next term we look forward to the challenge of the Year 10 exams and a number of field trips, including Geography.

Mr James – Year 10 Progress Leader

YEAR 11 UPDATE

I am so proud to be the progress leader for Year 11, they continue to amaze me with their resilience and hard work. We have had a phenomenal term with over 130,000 reward points, interventions after school, twilight intervention sessions and some weekend sessions too.

I look forward to seeing this wonderful group of students show how great they are during their GCSEs and work for the grades they need to take the next steps into their future.

Year 11, you are so nearly there, 5 years of hard work, you think it is ending but it has only just begun, your whole life is right in front of you. Life is a story that is all twists and turns, all that matters is the lessons we learn. Take everything you have learnt, no matter how big or small and show those examiners what a fantastic bunch you are.

Good luck in the exams, we are with you every step of the way, we know you have got this!

Mrs Barkshire – Year 11 Progress Leader

HOUSE SYSTEM

We have been very excited to re-launch our House System at The Hamble School. This term, the students in Years 7 to 10 were involved in nominating their new House Captains! We are therefore very proud to announce that after nominations and voting across each House and Year Team, the successful House Captains can be announced:

LORDS	TWICKENHAM	WEMBLEY	WIMBLEDON
Year 7 – Louis H	Year 7 – Layla C	Year 7 – Ty H	Year 7 – Riley M
Year 8 – Isabel M	Year 8 – Oliver B	Year 8 – Kiaron H	Year 8 – Emmanuel O
Year 9 – George E	Year 9 – Kristian G-R	Year 9 – Alfie B	Year 9 – Kris K
Year 10 – Max J	Year 10 – Tyler S	Year 10 – Evie L	Year 10 – Dougie B-N

Each House Captain will now have the duty of ensuring that their House is represented at House Events, alongside sharing important House information and event news with their House tutor groups. The students have been awarded their Certificates and House Captain badges in their celebration assembly, ahead of their first meeting together after the Easter break – well done all of you and to everyone who put themselves forward! There will be more opportunities again in the next Academic Year.

We have also held successful House Events – British Science Week, House Chess Competition and The Great Hamble Comic Relief Bake Off, all of which will see participants and winners receive House Points for their participation and winning positions. With more events due to take place next term, the competition could get fierce by the time the grand finale of Sports Day arrives!

Currently our House Event totals following the British Science Week House Event are:

House Event Points



House Points and House Event Points are updated regularly on our website home page

www.thehambleschool.co.uk

These will be combined with all of our House Event points and our Positive Behaviour points towards the end of the Summer term, to allow us to offer a special celebration for the winning House – best of luck everyone and remember to keep taking part in the House Events!

Mrs Emmett-Callaghan & Mrs Cooper

YEAR 11 ROAD MAP 2023-24

- Intervention tutor groups created
- After school interventions begins
- Review assessments – 25th September
- Post-16 provider drop-ins – The Hub
- College assemblies

Sept 2023

- Prom points review (every 2 weeks)
- Mock Exams begin – 6th November
- Careers focus PSHRE
- Tutor sessions on applying for post-16

Nov 2023

- Parents' Evening – 4th January
- Change of intervention tutor groups
- Change of after school intervention groups
- Aiming High Session (parents/students) – January
- Intended destination data collection
- Tutor Target Session

Mar 2024

- PR3 emailed home
- Change of intervention tutor groups
- Change of after school intervention groups
- Parents' Evening – 27th March
- Revision packs issued
- Tutor Target Session

Apr 2024

- Easter intervention

Jun 2024

- GCSE Exams continue
- Leavers Assembly

Jul 2024

- Last day of GCSE exams
- Prom - 4th July

Aug 2024

- GCSE Results Day 22nd August

Dec 2023

- PR2 emailed home
- Careers focus PSHRE

XMAS
18 Dec – 1 Jan

- Revision booklets launched
- February half term intervention
- Mock Exams – 19th February

Feb 2024

May 2024

- GCSE Exams begin

HALF TERM
27-29 May

HALF TERM
12-16 Feb

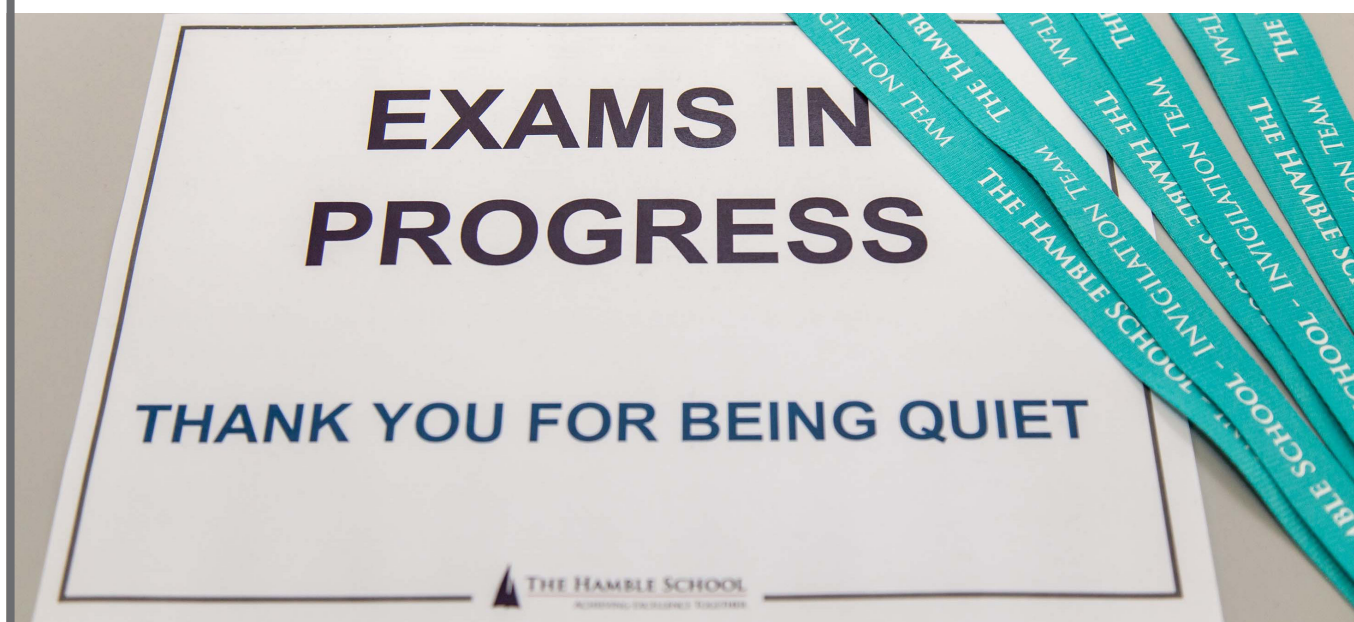
- All year:
- Careers interviews
 - Careers drop-in – Tuesday lunchtime (The Hub)
 - www.thehambleschool.co.uk/careers/

'WE CARE, WE AIM HIGH, WE LEARN AND ACHIEVE TOGETHER'



RECRUITING NOW FOR THE ACADEMIC YEAR 2023/24

Are you looking for flexible work? Could you support our Exams Department?



We would like to appoint some more Exam Invigilators to join our Examination Team.

The Exams Department is an integral part of school life. Our aim is to ensure that all students are treated fairly within the examination environment and that the rules and regulations of the JCQ and Awarding Bodies are upheld. This is an exciting opportunity to assist with the Pre Public (Mock) Examinations and GCSE examinations at the school.

Invigilating is a vital role in supporting the Exams Officer to run busy exam periods in the school calendar. We are seeking individuals who can promote a supportive and calm atmosphere so that our students are able to fulfil or exceed their potential during the examination period. In addition to Exam Invigilator duties, you may also act as a reader or a scribe for students who require access arrangements to support them in their examinations. Therefore, applicants must be confident in their literacy skills.

We would like successful candidates to work during the Pre Public exams (November and February / March each year) and the GCSE Summer Series external examinations (May to June each year). Availability during these time periods is essential.

This position is suitable for individuals from all backgrounds with a variety of skillsets, regardless of your stage of career. If you are looking for a flexible position that requires working only a couple of weeks a year then this is the role for you.

For more information, please email our HR Manager, Karen Chilcott
hr@thehambleschool.co.uk or visit our website:
www.thehambleschool.co.uk/current-vacancies

DEALING WITH EXAM STRESS

Don't let the stress of exams overwhelm you. Stay in control with these top tips.

EXAM SUCCESS



gcsepod
education on demand



BELIEVE IN YOURSELF

If you work hard and stay focused with positive energy, stress will be reduced. Believe in yourself and have the confidence to succeed.



GET ORGANISED

You'll feel more confident and in control if you make a list of everything you need to study and create a schedule.



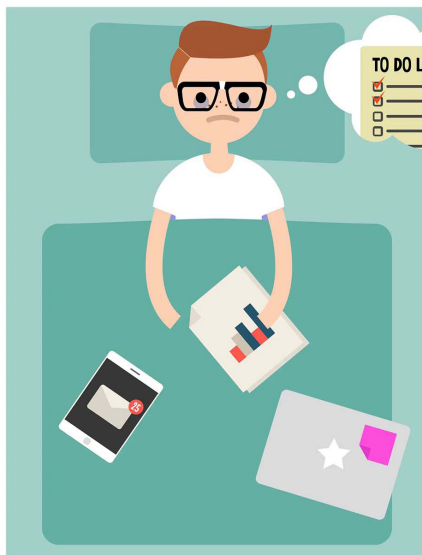
MAKE SLEEP A PRIORITY

Without getting the proper rest it will be even harder to retain information. A good sleep of between 7-9 hours every night helps you have a relaxed and well-rested mind and body.



OVERCOME PROBLEMS

If you find you don't understand some of your material, getting stressed out won't help. Instead, take action to address the problem directly by seeing your teacher or revising on GCSEPod.



EXERCISE

A healthy body = a healthy mind. Encourage your child to do at least 20 minutes of physical activity a day to help improve their focus and keep them relaxed.



EAT RIGHT

Ensure your child is eating three healthy meals a day and limit their caffeine and sugar intake. Power foods for your brain include blueberries, salmon and nuts!



TALK ABOUT YOUR NERVES

Nervousness is a natural reaction to exams but bottling it up will only make it worse. Talk to your child about how they're feeling, it will help them to relieve any stress and worrying they maybe experiencing.



KEEP THINGS IN PERSPECTIVE

Exams will seem like the most crucial thing, but in the grander scheme of things it's only a small part. Remind your child of this and tell them, they can only do their best and that's enough!



gcsepod.com



info@gcsepod.com



0191 338 7830



Monday 15 – Friday 19 April 2024

Between the 15-19 April, teachers will be making connections between their own subjects and Arts and Cultural learning to ensure we meet our 4 main aims.

1. Striving for excellence and innovation
2. Being exciting, inspiring and engaging
3. Ensuring a positive and inclusive experience
4. Develop an appreciation of, and participation in, arts and cultural activities.

WE LOOK FORWARD TO A FANTASTIC WEEK



**BE WHO
YOU WANT
TO BE**

Our next open events are:

Tuesday 18 June 2024
5.30pm – 7.30pm

How Can I Apply?

Visit our website and fill in one of our
online application forms

www.totton.ac.uk

Contact us
@Totton College
info@totton.ac.uk
apprenticeships@totton.ac.uk
02380 874 874



**TOTTON
COLLEGE**



FOOD PREPARATION & NUTRITION UPDATE

Happy Easter everyone. The Easter break is around the corner, and I'm once again looking forward to some well-deserved time off. In Food Preparation and Nutrition this term, students have been learning all about Meat, Fish, Poultry and Eggs. They're a great source of protein, needed for muscle growth, maintenance and repair. However, they can also be especially high in saturated fat. Try and aim for reduced fat options, cook without adding fat or use the grill to let excess fat drip away. You could even remove the tasty visible pieces of fat you can see. As a general rule of thumb, if its solid at room temperature, the advise is that we eat less of it. Think butter, lard, animal fats etc.

This half-term, students were tasked with creating a dish that was suitable for an elderly Muslim with heart disease, who was also on a budget! Keelan decided to go for tuna and sweetcorn fish cakes; this was a perfect choice as it was easy to eat, suitable for an elderly person. It contained nothing Haram and contained virtually no saturated fat. Tinned fish and sweetcorn are a lifesaver when you need to rustle up some simple potato patties for a healthy, budget-friendly supper. **Want to have a go?**



Recipe adapted from

<https://www.bbcgoodfood.com/recipes/raid-cupboard-tuna-sweetcorn-cakes>

TUNA & SWEETCORN FISH CAKES

INGREDIENTS

- 450g potato, quartered
- 2 tbsp mayonnaise, plus extra to serve
- 2 x 185g cans tuna, drained
- 198g can sweetcorn, drained
- Small bunch chives, snipped, or 1 tsp dried parsley
- 2 eggs, beaten
- 100g dried breadcrumb
- Sunflower oil, for frying
- Salad and your favourite dressing, to serve

METHOD

1. Cook the potatoes in boiling salted water until really tender. Drain and allow to steam-dry in a colander. Tip into a bowl, season and mash. Stir in the mayonnaise, tuna, sweetcorn and chives or parsley. Shape into 4 cakes and chill until cold and firm.
2. Dip each cake into the egg, letting the excess drip off, then coat in the breadcrumbs. Chill for 15 mins.
3. Heat a little of the oil in a pan and gently fry the cakes for 2-3 mins on each side until golden. You may need to do this in batches – keep warm in a low oven. Serve with extra mayonnaise and salad leaves.



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING EASTER HOLIDAYS 2024

moneysavingcentral.co.uk/kids-eat-free



ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from From Mon - Fri in Half Terms 2024

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase an adult's main meal (App needed)

PUREZZA

Children under the age of 10 get free pizza at Purezza with every adult meal purchased

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

COCONUT TREE

One child (10 & Under) eats free per paying adult. Valid from 23/03/2024 - 14/04/2024

MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

BILLS

Two kids can eat free ALL DAY (Weekdays) from Monday 25th March - Friday 12th April 2024, with one adult main dish.

DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

IKEA

Kids get a meal from 95p daily from 11am

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.

Copyright of MONEY SAVING CENTRAL

For more information visit: moneysavingcentral.co.uk/kids-eat-free

ARE YOUR CHILD'S VACCINATIONS UP TO DATE?

The School Aged Immunisation Nurses working within the South West Immunisation Team regularly come into school to vaccinate students.

You will receive emails from school nearer to the time of each vaccination to sign the consent for your child.

If your child has not yet had their vaccinations as per the guidance below then you can sign the consent on the link below or by scanning the QR code. You will need the school code to log-in which is **SH116413**. Your child will then be added to the catch up vaccinations in school.

The banner features the School Age Immunisations logo on the left, the NHS Southern Health NHS Foundation Trust logo on the right, and the title 'School Age Immunisation Service'. Below the title, it asks 'Are your child's vaccinations up to date?' and provides a brief description of the service. A section titled 'Vaccinations include:' lists five types of vaccines with their corresponding start years. At the bottom, there are two images: a child receiving a nasal spray and a child receiving a shot, with a 'Giving consent' section explaining that parents will receive an email with information and a code.

School Age Immunisations
Today's Health. Tomorrow's Future.

NHS
Southern Health
NHS Foundation Trust

School Age Immunisation Service

Are your child's vaccinations up to date?

The School Age Immunisation Service offers vaccinations to children and young people (aged 4-16) across Hampshire schools, including those who are electively home educated.

Vaccinations include:

- Flu (Live Attenuated Influenza Vaccine-Nasal Spray) -----> from Year R
- Human Papillomavirus (known as HPV) -----> from Year 8
- Tetanus, Diphtheria, Polio (known as Td/IPV) -----> from Year 9
- Meningococcal groups A,C,W,Y (known as MenACWY) -----> from Year 9
- Measles, Mumps, Rubella (known as MMR) if incomplete by Year R

Giving consent ✓

You will receive information and a code via an email in advance, explaining how to give consent.

Please visit: www.southernhealthimmunisations.co.uk

MEDICAL REMINDER TO STUDENTS & PARENTS

If a student is feeling unwell they should report to medical room after obtaining permission from their teacher.

The best place for students is in their lessons and they will miss vital learning time if they come to medical for minor ailments.

Please remind your child that the school rules state they are not allowed to use their mobile phone during the school day; this includes phone calls home to say they are feeling ill. Students need to attend medical and a member of staff will contact home if deemed necessary.

If parents turn up at school because the child has called then this will go down as an unauthorised absence and the student will acquire negative points for using their phone in school time.

Following the correct school procedures also helps to safeguard students.

STUDENT WELLBEING RESOURCES

If you or your child would like support with wellbeing, please check out the links of our website...

www.thehambleschool.co.uk/student-wellbeing-resources

We are always adding information about a number of free parent/carer courses or events to this section of our website.

~ ART CLUB ~

'LITTLE LIGHT' SCULPTURE

The Hamble School's very own Little Light has arrived!

Art Club students have begun working on the sculpture, painting patterns and designs in preparation for Southampton's 'Light the South' trail to begin in July.

Sneak peeks will be shown as progress is made on the sculpture – we are very excited to eventually share our design in full!



KEY STAGE 3 HUMANITIES

This term Key Stage 3 students have been looking into family and local history for their homework, which has allowed students to speak to family about what they remember. It has been wonderful to see family photos and family histories from Southampton and further afield.

Ava O (7-2) loved looking at old family photos and learning about her family's back story. She is looking forward to finding out more about Southampton and Scotland's history, and is excited to visit Glasgow's Transport Museum.

Bailey L (7-2) found out all about his Great Nans life during WWII and discovered that she was in a building that had a bomb dropped on it.

Charlie M (7-2) learnt about his Grandad's life as a 17 year old and is looking forward to finding out and seeing the Sea Planes that his Grandad had built.

Cohen S (7-2) enjoyed seeing his Great Grandma get excited about him wanting to learn about her history and he is looking forward to finding out more about bomb shelters that his Grandad told him about.

~ STUDENT SUCCESS ~

OLIVER B – WINNER OF 'REBUILDING' PHOTOGRAPHY COMPETITION

Oliver B is the winner of the Intermediate level of the District Competition for the 'Rebuilding' photography competition run by The Rotary Club. Oliver will be automatically entered into the RGBI National level final of this competition. Southampton Magna would like to take the opportunity to congratulate Oliver on winning the District final in his category. We would also like to wish him all the very best in the national final. Well done Oliver.



SHARE YOUR **STORIES**

We love to feature achievements outside of school in our newsletter.

It is really important to celebrate success and share news with the community. Please email communication@thehambleschool.co.uk if you would like to share any stories.



Hampshire Child and Adolescent
Mental Health Services

HOW TO COPE WHEN YOUR CHILD CANT

A one-day event focused on parents/carers understanding their own needs and learning strategies to look after themselves as they support a child struggling with their own mental health.

Keynote speakers, Professor Roz Sharan, Dr Alice Welham and Ursula Saunders authors of "How to cope when your child cant"

An afternoon session of Gentle somatic movement, stretching, embodied meditation & mindfulness, deep relaxation & community connection. Led by Chameleon Coaching

For more information and to book a place go to:
www.hampshirecamhs.nhs.uk/events/

Thursday 25th April 2024, St Peters Church,
Jewry St, Winchester SO23 8RY

First 20 bookings get a free parent
manual worth £10

TICKETS £25
includes tea,
coffee and
lunch

SCIENCE UPDATE

It's been a busy but exciting half term in Science!

The department dressed up as fictional characters for World Book Day – and students looked at forensic techniques used to identify criminals.

We live-streamed some little chicks! To introduce British Science Week's theme of 'Time' – students observed the lifecycle of chicks hatching from initial pipping inside the egg to hatched chirping chicks. As well as engaging students in the biology of these animals, it also informed students on the egg industry too. To celebrate British Science week the KS3 students all took part in STEM activities through the week; and had the chance to take part in a visiting explosive STEM show.



Finally, Eco-Ambassadors have developed a native wildflower area with 25 tree saplings planted and wildflower seeds sown. We are all looking forward to see how it develops over the Summer.



GEOGRAPHY UPDATE

In Geography this term we have been learning about people and where they live, as well as the Geography of Water which has included investigating our water cycle, rivers and coastlines.

Isobel (Year 8):

I have learned about the hydrological cycle, populations and rivers.

We have gone into detail about different types of erosion, impacts of population. I have a range of knowledge on this topic now.

I have found this very interesting and has made me want to learn more about geography. I think my favourite part has been learning the hydrological cycle as I found it really interesting how water moves around the world.

Edith (Year 8):

I have enjoyed learning about river courses and oxbow lakes.

I find it interesting how the shape of rivers can change over time.

I really enjoyed watching a sped up video of an oxbow lake forming. I also enjoyed learning how waterfalls form and flood defences.

RELIGIOUS EDUCATION UPDATE

This term Key Stage 3 students have been looking into Islam for Year 7, Suffering in Year 8, and Year 9's have been completing a study on Human rights. Year 7's are continuing their study on the religion of Islam whilst Year 8 and 9 have been looking at different thematic studies going on in the world. This has allowed students to think about the world around them and how different religions respond to these areas of study.

Edith (Year 8) – This term we have been looking closely at suffering and how different religions deal with suffering. I have particularly enjoyed learning about Buddhism, Buddhist statues and how Buddhist's deal with suffering. I feel like having an understanding of different ways of dealing with suffering can be useful for myself if I am ever struggling in life I can think about different topics we have covered in school.

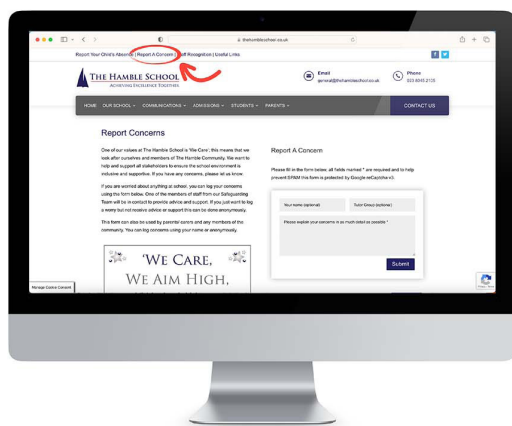
Isobel (Year 8) – During this term we have covered the topic of suffering and looked at what different religious views are on suffering and authority. For example, we looked at Christian, Islamic and Buddhist responses to suffering. For example, how Buddhists tackle suffering using the four noble truths. I really enjoy RE and have massively enjoyed the topic this term. I think my favourite lesson was when we learned about Sikh's and the five K's – it was interesting learning about what Sikh's carry with them and the symbolism behind them. I find it fun to learn about lots of different religions around the world.

Nathaniel (Year 9) – This term in RE we have learned about human rights and explored different issues such as human trafficking, discrimination and exploitation. This has given us a wider perspective on what RE normally is and of the world around us. We have looked at different rights people have and how this works around the world. I have enjoyed looking at modern issues and understanding these better than I did before.

The poster is framed by a border of colorful Easter eggs in various patterns and colors. In the center, a white motorboat with 'wetwheels HAMBLE' and 'SUZUKI' branding is shown on the water. To the left, a QR code is displayed with a 'SCAN ME' button below it. Text on the poster includes 'wetwheels HAMBLE' in large blue letters, '30TH MARCH TO 8TH APRIL 2024' in green and blue circles, 'BOOK NOW!' in a pink circle, and 'EASTER FUN AFLOAT' in large pink and blue letters. At the bottom, it lists 'TRIPS: 10.00, 11.30 13.30 & 15.00'. A small white rabbit is visible in a blue circle on the left side.

WHERE CAN I GET SUPPORT?

If you are worried about anything at school and need some support, here is how you can access it.



REPORT CONCERNS ~ you can use the Report A Concern form on our website:
www.thehambleschool.co.uk/report-concerns



WORRY BOX ~ write your worry on a piece of paper and pop it in the worry box outside the **ELSA** room in **Tokyo** block (opposite **T1**). Please remember to include your name and tutor group.

You can also get support by emailing
staysafe@thehambleschool.co.uk
or talk to an adult in school.



THE HAMBLE SCHOOL
ACHIEVING EXCELLENCE TOGETHER

P.A.C.E.

2024
PARENT, CARER & PROFESSIONAL EVENTS



Hampshire Child and Adolescent
Mental Health Services

2024 PACE Events

Free health & wellbeing events for all parents, carers & professionals who support or work with young people

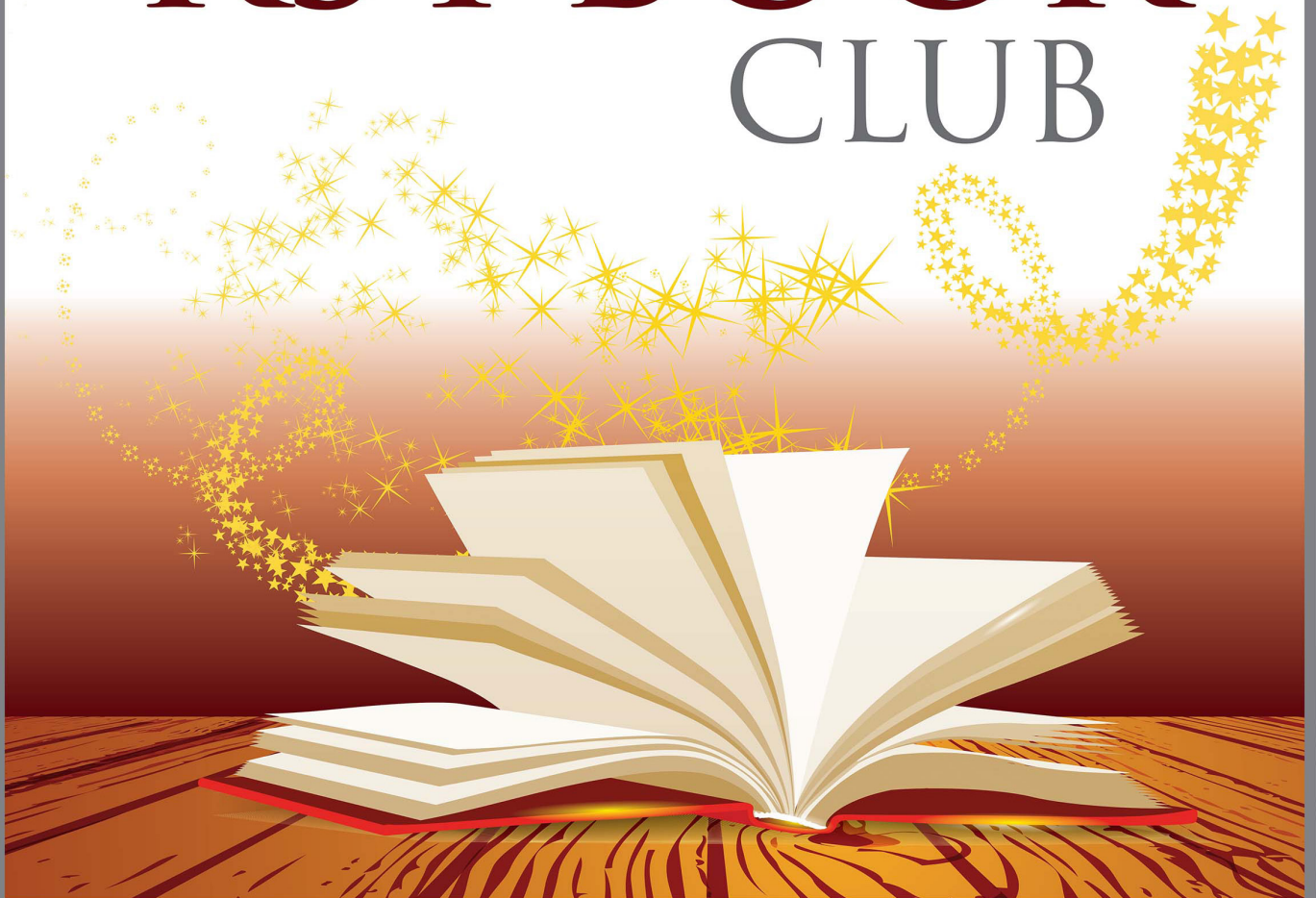
DATE	LOCATION
Friday 26 th January 2024	Gosport St Vincent College, Mill Lane, Gosport, PO12 4QA
Thursday 22 nd February 2024	Basingstoke Queen Mary's College, Cliddesden Rd, Basingstoke, RG21 3HF
Monday 11 th March 2024	Andover Testbourne School, Micheldever Rd, Whitchurch, RG28 7JF
Friday 19 th July 2024	Waterlooville Oaklands Catholic School, Stakes Hill Rd, Waterlooville, PO7 7BW
Wednesday 25 th September 2024	Winchester Winchester United Reform Church, Jewry ST, Winchester, SO23 8RZ
Monday 7 th October 2024	Havant Trosnant Infant School, Stockheath Lane, Havant, Hampshire, PO9 3BD
Thursday 21 st November 2024	New Forest Lyndhurst Community Centre, Main Car Park, Lyndhurst, S043 7NY

BOOK YOUR WORKSHOP SPACE AT: hampshirecamhs.nhs.uk/events

TIME	WORKSHOP 1	WORKSHOP 2
9:30 - 10:30	<p>Supporting a child with eating difficulties including AFRID</p> <p>This workshop solely focuses on eating disorders as a mental health disorder for young people. This will cover Avoidant Restrictive Food Intake Disorder is a feeding and eating disorder. People with ARFID find it hard to eat enough for healthy growth, development and functioning.</p>	<p>Supporting trauma recovery</p> <p>Understanding the Impact of trauma on children and young people and how together we can help them to recover.</p>
10:45 - 11:45	<p>Introduction to managing ADHD - ADHD Team</p> <p>What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.</p>	<p>Supporting a young person in crisis & managing self-harm</p> <p>Supporting a young person in crisis & managing self-harm.</p>
12:00 - 13:00	<p>Coping and resilience strategies to support children & young people</p> <p>Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.</p>	<p>Introduction to autism</p> <p>What is Autistic Spectrum Condition? Spotting the signs and symptoms Diagnosis: the process and things to know about the diagnostic assessment How to support a young person with ASC.</p>
13:30 - 14:30	<p>New Understanding and supporting a young person with Obsessive Compulsive Disorder (OCD)</p> <p>This workshop aims to give an introduction for parents and carers supporting a young person with Obsessive Compulsive Disorder (OCD). It will provide information regarding what OCD is, how this develops and what keeps it going. It will give an overview of the treatment options for OCD and ways family members can support a young person at home.</p>	<p>Looking after yourself to support your child</p> <p>This workshop will focus on the needs and challenges for parents and carers, as well as provide a range of practical advice and strategies around how to look after yourself in order to better support the wellbeing of your child.</p>
14:45 - 15:45	<p>New Disability, difficulty, SEND & mental health</p> <p>An awareness session to offer a space for Q&A around Learning needs and how Mental Health issues can present; difficulty with language used when children and young people have varying learning needs with or without formal diagnosis.</p>	<p>Understanding & managing anxiety</p> <p>What anxiety is and how to spot the signs and symptoms of anxiety in children and young people. How to support a child and young person who experiences anxiety with practical strategies.</p>
16:00 - 17:00	<p>Coping and resilience strategies to support children & young people</p> <p>Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.</p>	<p>Supporting a young person in crisis & managing self-harm</p> <p>How to recognise crisis and how crisis develops. How emotional regulation difficulties can lead to mental health crises such as becoming suicidal or self-harming.</p>
17:15 - 18:15	<p>New Introduction to managing & supporting a young person with Tics and Tourette's</p> <p>This workshop aims to give an introduction for parents and carers supporting a young person with Tics & Tourette's. It will provide information regarding what Tourette's is, how this develops and what keeps it going. It will give an overview of the treatment options and ways family members can support a young person at home.</p>	<p>New Supporting your autistic child to thrive</p> <p>This two-hour workshop will consider what areas of life can be challenging for autistic young people. We will think about how we can adapt our communication and the environment around the young person to make life easier and more suited to their needs. We will discuss practical changes that can be made in all the areas and give example of what these look like in real life. We will support you to think about the specific needs of your child and develop the beginnings of an individualised plan, providing the opportunity for discussion with other group members and the facilitators.</p>
18:30 - 19:30	<p>Introduction to managing ADHD</p> <p>What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.</p>	

LUNCHTIME CLUB

KS4 BOOK CLUB



Wednesday (Week 1) in the Library

LUNCHTIME

1:20PM~1:55PM

YOU CAN BRING YOUR LUNCH!



THE HAMBLE SCHOOL

ACHIEVING EXCELLENCE TOGETHER



OPEN EVENTS

OPEN EVENING: Wednesday 1st May 2024 5.30pm – 7.30pm

YEAR 11 WELCOME DAY: Monday 1st July 2024

YEAR 10 TASTER DAY: Thursday 4th July 2024 &
Wednesday 10th July 2024

Itchen Sixth Form College
Middle Road, Bitterne, Southampton
Hampshire SO19 7TB

023 8043 5636
info@itchen.ac.uk
itchen.ac.uk

f ItchenSixthFormCollege
@ItchenCollege
ItchenCollege

YEAR 11 DRAMA UPDATE

Year 11 Drama students have had a busy term! They have performed their Component 3: Texts in Practice mocks to parents and an external AQA examiner, watched and reviewed 'Small Island' (National Theatre), studied and watched 'Blood Brothers' at the Mayflower Theatre and continue to prepare for their written exam in early May.

The group have done extremely well and have remained focused and motivated, despite finishing their practical modules in February. Miss Clucas & Mrs Bowman have seen a vast improvement in students written description skills and knowing their writing structures for the written exam. We are now making our finishing touches on their use of evaluative language, completing responses in timed conditions to help with written stamina and emphasising the demands of each question. We are extremely proud of them and their resilience – it's now the final countdown!

GREASE! THE MUSICAL UPDATE

The Performing arts department are so proud of the hard work of students taking part in their years' school production! The whole cast have now had a chance to come together and show off their acting, singing and dancing and it is set to be an amazing show!

To avoid disappointment, remember to save our two performance dates in your diary, Wednesday 12 and Thursday 13 June. Tickets will go on sale in May via ScoPay.

We look forward to seeing you there, it's going to be electrifying!

CHOREOGRAPHY

Miss Clucas has really enjoyed the start of Grease rehearsals, particularly taking the lead on choreography and challenging students with movement. We have completed the choreography for some real classics so far, including: "Summer Nights", "Freddie My Love", "Grease is the Word" and "Greased Lightning" (which has a whole tap routine involved!). We would like to say a big thank you to Evie M, Becky J, Jessica N and Matilda D for bringing Miss Clucas' tap vision to life and going away and practising those Suzie Q's!



The Hamble School

presents:



SHOW DATES

Wednesday 12th June

Thursday 13th June

Main Hall, Athens Block at 7:00pm

TICKETS

Adult £8 and £5* concessions

(*Concessions: children 16 years and younger and OAPs.)

**Tickets available on ScoPay
in May 2024**

GREASE Young@Part
Book, Music, and Lyrics by Jim Jacobs and Warren Casey
"Grease", "Sandy", "Hopelessly Devoted to You" & "You're The One That I Want" used by arrangement with Robert Stigwood
Young@Part Edition originally workshopped at the British Theatre Academy, London UK, Matthew Chandler Garcia, CEO/Founder



THE HAMBLE SCHOOL

ACHIEVING EXCELLENCE TOGETHER



BARTON PEVERIL | SCHOOLS COMPETITION 2024

Barton Peveril College is excited to invite all year 7, 8, 9, 10 & 11 students to enter our prestigious annual art competition! To celebrate our new up and coming specialist art building we are introducing a competition theme:

METAMORPHOSIS

We encourage you to enter art & design work using any medium! Simply submit ONE image that explores our theme of metamorphosis. Work must be suitable, age appropriate and respectful of people's views and beliefs. All entries must be created for the sole purpose of the competition; we cannot accept any GCSE coursework, artist copies, existing characters or AI generated work!

YEARS 7 & 8

1st Place
£100 AMAZON GIFTCARD

2 Runners up
£25 AMAZON GIFTCARD

Menaal Fayyaz



YEARS 9, 10 & 11

1st Place
£100 AMAZON GIFTCARD

2 Runners up
£25 AMAZON GIFTCARD

Leila Ahmed



Esmée McConnell

HOW TO PHOTOGRAPH

Use clear backgrounds, bright lighting and a high quality image:
JPEG, PNG or PDF format

Digital work can be submitted without the need of photographing

HOW TO ENTER

Remember you can only enter ONE PIECE, show us your skills and creativity!

Upload your image or video to <https://barton-peveril.ac.uk/art/>

All entries will be exhibited digitally at the end of the competition, keep an eye on your emails for a digital invitation! For any help or extra information please email: artcompetition@barton.ac.uk

CLOSING DATE - 19TH APRIL 2024

PE KIT POLICY

As we approach the summer term, I feel it is appropriate to remind parents and carers of The Hamble School PE kit policy; particularly around shorts.

Students are able to wear navy blue or black shorts, leggings or tracksuit bottoms (that contain a small logo). We do not have a prescribed branded shorts, leggings and tracksuit bottoms to help reduce the cost of uniform. However we are seeing an increasing number of inappropriate items being worn. Any shorts that are worn, need to be black or navy and be at least mid-thigh length. Students without these items will be asked to change into the correct attire; and a sanction will be set for those that do not comply.

We also expect all students to be in their Hamble School PE kit for every single lesson; even if they are unable to take part in the physical aspects of the lesson. Exemptions will be made to those who are physically unable to do so; this will need to be supported with medical evidence and a school risk assessment. Students who do not have PE kit, are expected to borrow.

THE HAMBLE SCHOOL PE KIT

TOP

MANDATORY

- The Hamble School PE top

OPTIONAL

- Plain **navy blue** jumper
- Not the school jumper
 - No zips
 - No logos
- Base layer to be worn under Hamble School PE top

BOTTOMS

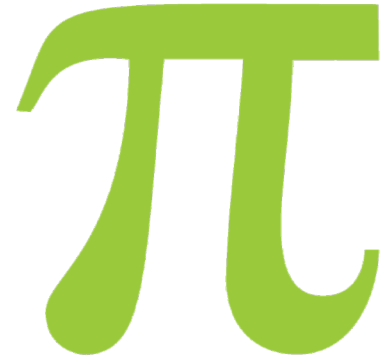
Must be **navy blue** or **black** and can contain a small logo; they can include:

- Shorts – must be at least mid thigh length
 - Tracksuit bottoms
 - Leggings

SHOES

Trainers must be brought for every lesson.

MATHEMATICS
PI DAY



On Thursday 14 March, our Maths Department dazzled Year groups 7-10 with an engaging assembly in honour of Pi Day! Students were treated to an exploration of the fascinating history and practical applications of pi, the mathematical constant representing the ratio of a circle's circumference to its diameter.

Adding to the excitement, students participated in a thrilling staff number search and calculation competition, vying for valuable house points. The competition not only tested their mathematical prowess but also fostered teamwork and camaraderie.

Congratulations to all participants for their enthusiasm and eagerness to celebrate the beauty of mathematics! Let's continue to embrace the wonders of numbers and explore the boundless possibilities they offer.

GIRLS FOOTBALL UPDATE



It has been another successful year for the girls footballers at The Hamble School. We are still awaiting final league standings for both the Junior Girls (Year 7 & 8) and the Senior Girls (Year 9 & 10) following the completion of all their fixtures. Both teams compete in the Southampton Schools FA Division One in their respective age groups.

This year has seen many girls get their first experiences of playing in a football team. It has been brilliant to see the development from the afterschool training sessions to many girls getting the opportunity to represent the school in competitive fixtures. In total 35 girls have featured in matches across the school year. Some of our Year 10 players have been coaching the younger players on Fridays as well as helping with warm ups and officiating games which has been amazing to see.

The Juniors picked up wins against Oasis Mayfield, Deer Park and Wildern as well as a draw with Bitterne Park. Defeats to St Georges and The Gregg School mean that we are set to finish in second place. We also took part in a regional qualifying tournament at Wyvern School in which we played in 7v7 games against Deer Park, Wildern and Wyvern, unfortunately we were not able to qualify for the county finals!

The Senior Girls have enjoyed a very successful year in their first season in the Southampton Schools FA Division One following their Division Two title last year. Wins against St Georges, Wildern, Deer Park, Bitterne Park and Oasis Mayfield have put the team at the top of the league and they must now await other results going their way to see if they can secure the title.

The Senior Girls recently took part in a 7 aside tournament alongside eight other schools organised by Barton Peveril College. After finishing top of the group in the round robin stage, the girls went all the way to the final and won in a dramatic penalty shootout against Brookfield School.



TECHNOLOGY UPDATE

What a fantastic term for trips and competitions we have had. We were fortunate enough to be invited to take part in the Winchester College Design Technology competition again. Students were given a set list of tools and materials and had to use their problem solving skills to create a water tower which would allow water to travel at least 1 metre and have a controlled flow.



We also had the pleasure of taking part in the annual Rotary Design Technology competition. This involved students working as a team to solve a problem, with limited materials, as well as creating a portfolio of their thinking.

It was great to see the students working hard, putting the practical and cognitive skills into practise for a real world problem.

CELEBRATING NEURODIVERSITY

A day that focuses on skills and strategies, for parents and carers, and professionals supporting an autistic young person. Hampshire CAMHS Colleagues will be leading this day in co-production with HPCN.

The Kids Coach will focus on
School based anxiety &
Advocating with schools

Wednesday 19th June 2024,
United Reform Church, Jewry St,
Winchester SO23 8RZ



TICKETS £25
includes tea
and coffee

For more information and to book a place go to
www.hampshirecamhs.nhs.uk/campaigns/

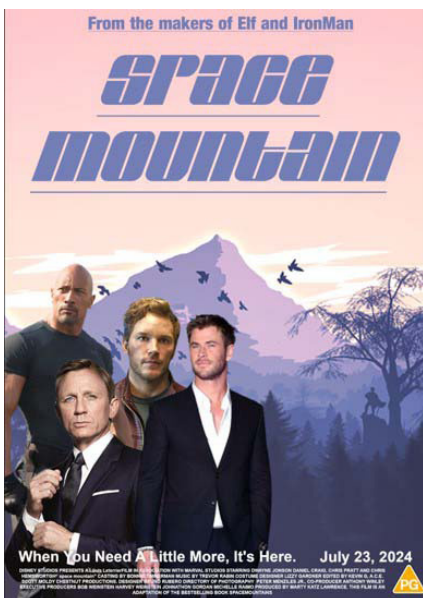
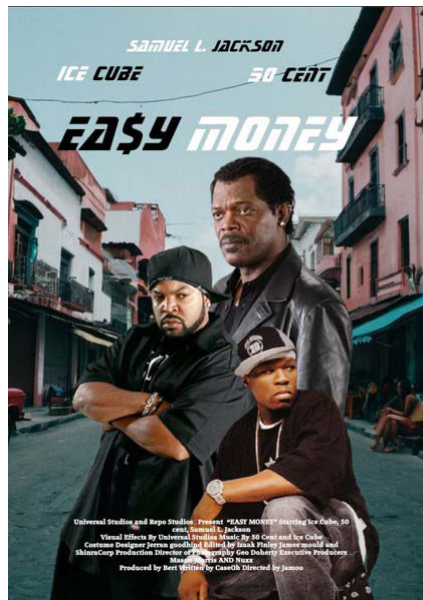
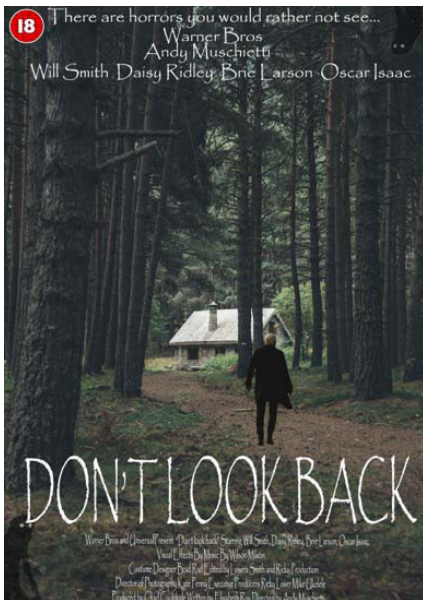
MEDIA STUDIES UPDATE

YEAR 9:

This term in Media Studies, students completed their practical product on producing their film posters. Students were given a choice of various different genre briefs to choose from and they did not disappoint. Students worked so hard editing their images using Photoshop, sourcing appropriate colour, image and font choices to suit their chosen briefs. We are so impressed with their outcomes.

We have just embarked on our next unit of work which is Promoting Media. Focusing on The Lego Movie, Year 9 have been exploring the epic advertising campaign that Warner Brothers put together to promote the release of the successful movie. Through a series of posters, ad break and trailers, students are enhancing their knowledge and understanding of key media language.

NEW to Summer Term! The Study of Context Through TV Programmes. Year 9 students will be focusing on a new unit of work that explores the changes to context across a fifty-year period and attitudes that evolve through factors that impact the audience via social, cultural, political and historical contexts.



YEAR 10:

This term in Media Studies, students explored their next unit which is the music unit. In this course of study, students explored the following: an in-depth analysis of Teenage Dirtbag by Wheatus and Skater Boi by Avril Lavigne as well as exploring BBC Radio 1 Live Lounge and MOJO music magazine. By the end of Easter, students worked towards completing a short series of GCSE exam style questions as well as moving onto their next practical task which will be a recreation of a MOJO magazine front cover. Well done Year 10, we are very impressed with how focused you are this year!

YEAR 11:

Year 11 students are in full swing of applying their knowledge and understanding of key media language and key theories to their revision for their upcoming mock exams. Through the 'What, How and Why' strategy, students are being taught ways to broaden their analysis and apply any relevant examples to support their responses. Revision will remain in full swing after Easter to fully prepare students for their GCSE's – we wish you all the best Year 11!

ROAD SAFETY

We have been contacted by a member of the public who has reported that some students are not cycling to/from school in a safe manner. Please can you ensure that if your child cycles to school they are wearing a helmet at all times. It is also important that they are taking an appropriate route using cycle lanes where possible.

We know that roads can be busy around the school, but a reminder that under the Highway Code you must not cycle on pavements unless they are also designated as cycle lanes. We have had reports that a small number of students are using the pavements, which then becomes unsafe for pedestrians (especially small children) as there is not enough room on the pavement for them to go past.



Further information on cycle safety can be found here: www.think.gov.uk/cycle-safety

TOP REWARD POINTS

Well done to the following students who achieved the most reward points last half term.

YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
Isaac C (7-8)	Isabel M (8-2)	Evia M (9-6)	Wiktorina B (10-8)	Alex R (11-3)
Alyssa G (7-6)	Eva P (8-9)	Peyton H (9-5)	May H (10-3)	Lily B (11-3)
Alfie C (7-8)	Ethan L (8-1)	Perran G (9-2)	Gurman R (10-2)	Frederick F (11-4)
Emmanuella O (7-5)	Bella J (8-4)	Rhiannon B (9-9)	Nate M (10-2)	Amelia W (11-8)
Sofia E (7-9)	David B (8-5)	Hannah C (9-2)	Charley T (10-8)	David Y (11-6)