

# THE HAMBLE SCHOOL

NEWSLETTER 2024-25 – ISSUE 6: 18<sup>TH</sup> JULY 2025

**As we come to the end of another successful academic year at The Hamble School, we are very proud of everything our students and staff have achieved together. This year there have been many opportunities and events which truly encapsulate our motto of Achieving Excellence Together.**

Our Year 11 students have once again demonstrated resilience and determination through the exam period. We are incredibly proud of their accomplishments and wish them every success in their next steps.

The year has been filled with memorable moments that have brought our school community together. From the spectacular Matilda production, which showcased the incredible talent of our students, to the energy and excitement of Sports Events, Arts Week and our music concerts. There have been so many opportunities for students to try new things and get involved in different aspects of school life. Our students have excelled in a wide range of external competitions, including Rotary challenges, language contests and Dance Live. The House Competition events have continued to build teamwork and healthy competition across the school.

We have been able to offer a wide variety of trips and visits this year, enriching our students' learning beyond the classroom. Our commitment to developing well-rounded, socially responsible young people has been evident through our charity events, including Children in Need, Red Nose Day and the Shoe Box Appeal.

This half term has been particularly celebratory. Our Rewards System continues to thrive, with over 750 Proud Friday certificates awarded to students and more than 150 Headteacher Commendations presented for outstanding achievements. More than 700 students have enjoyed offsite reward trips to destinations such as Paultons Park, Legoland, Chessington, Thorpe Park, and Woodmill, while over 900 students have taken part in in-school reward events such as the Film Event. It was also wonderful to celebrate so many students at our annual Whole School Prize Giving on Thursday.

We are always delighted to recognise the achievements of our staff. This year, eight members of staff were nominated for the Pearson National Teaching Awards, with six receiving Certificates of Excellence across a range of categories – from Unsung Hero to New Teacher of the Year. This national recognition is a testament to the exceptional dedication and talent within our team.

As we look ahead to a well-deserved summer break, I would like to thank all students, staff, Parents/Carers and governors for your continued support. Wishing you all a restful and enjoyable summer.

**Miss L Cambridge**

Headteacher – The Hamble School

## REWARD UPDATE

Summer Term 2 has seen a large number of students collecting enough positive points to receive their recognition rewards.

This is impressive – well done to everyone.

So far this year we have given out:

### BRONZE AWARD

250 Points  
8 Students

### SILVER AWARD

500 Points  
6 Students

### GOLD AWARD

750 Points  
12 Students

### RUBY AWARD

1000 Points  
39 Students

### PLATINUM AWARD

1250 Points  
95 Students

### DIAMOND AWARD

1500 Points  
134 Students

# KEY DATES FOR YOUR DIARY

**Thursday 21 August** – GCSE Results Day

**Wednesday 3 September** – INSED Day

**Thursday 4 September** – First day back for all students at 8:30am

**Monday 8 September** – Year 7 Curriculum Evening

**Tuesday 9 September** – Year 11 Curriculum Evening

**Thursday 11 September** – Year 8 Battlefields Parent Evening

**Monday 15 September** – Year 9 Curriculum Evening

**Tuesday 16 September** – Year 10 Curriculum Evening

**Tuesday 16 September** – Year 11 After School Intervention starts

**Thursday 18 September** – Open Evening (school closes at 1pm for set up)

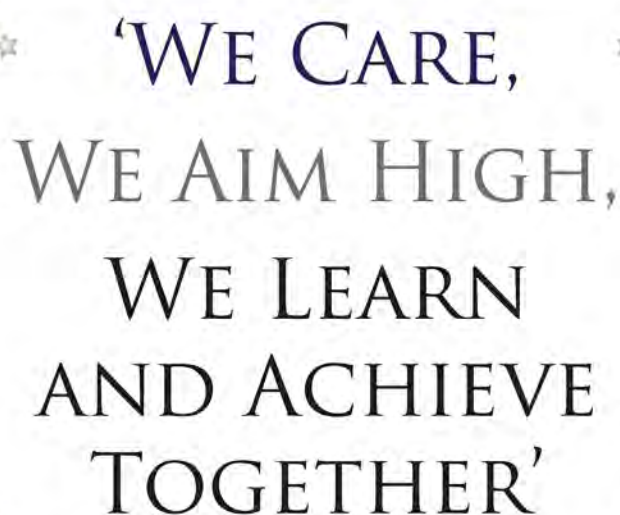
**Monday 22 September** – Year 8 Curriculum Evening

**Thursday 2 October** – Year 7 Meet the Tutor Evening

**Friday 24 October** – INSED Day

**w/b 27 October** – Half Term Holiday

Please view the Weekly Message (on the Latest News section of the homepage) for further dates and events: [www.thehambleschool.co.uk](http://www.thehambleschool.co.uk)

  
‘WE CARE,  
WE AIM HIGH,  
WE LEARN  
AND ACHIEVE  
TOGETHER’

 THE HAMBLE SCHOOL  
ACHIEVING EXCELLENCE TOGETHER

## SCOPAY

Purchasing Items

A reminder that any items purchased on SCOPAY can be collected by students from the Main Office (behind Reception). We can accept cash for sales on site.

Please note: we are unable to give change for the Cafeteria top up machines.

## SHARE YOUR STORIES

We love to feature achievements outside of school in our newsletter. It is really important to celebrate success and share news with the community. Please email [communication@thehambleschool.co.uk](mailto:communication@thehambleschool.co.uk) if you would like to share any stories.

# OPEN EVENING

THURSDAY 18<sup>TH</sup> SEPTEMBER 2025 - 5.30PM-8PM

**Are you making plans for your child's transition to secondary school in 2026?**



**COME AND SEE WHAT THE HAMBLE SCHOOL HAS TO OFFER**

The Hamble School looks forward to welcoming you to our Open Evening on Thursday 18<sup>th</sup> September. You will have the opportunity to tour the classrooms, meet teachers and students and hear the Headteacher's Presentation at 6:15pm or 7pm. Additionally our Open Mornings will enable you to experience a typical morning at The Hamble School.

Alternatively email **[intake2026@thehambleschool.co.uk](mailto:intake2026@thehambleschool.co.uk)** or call us to find out about our Open Mornings.

If you are interested in finding out more about The Hamble School, please call us on **023 8045 2105** or visit our website **[www.thehambleschool.co.uk](http://www.thehambleschool.co.uk)**

## THE HAMBLE SCHOOL

THE HIGH PERFORMING LOCAL SCHOOL OF CHOICE

WE ARE 'PROUD' TO BE OFSTED 'GOOD' IN ALL CATEGORIES



**THE HAMBLE SCHOOL**

ACHIEVING EXCELLENCE TOGETHER





# A Magical Success



A huge congratulations to the incredible cast and crew of *Matilda the Musical Jr.*, who wowed audiences with two fantastic performances on Wednesday 9 July and Thursday 10 July. The energy, talent and commitment throughout the process and on stage were nothing short of superb. The feedback from parents, staff and students has been overwhelmingly positive.

Thank you to everyone who supported the production - we're so proud of what our students have achieved!

Looking ahead, we're excited to announce that auditions for next year's school production will take place in January 2026.

**Watch this space for more details in the new year!**







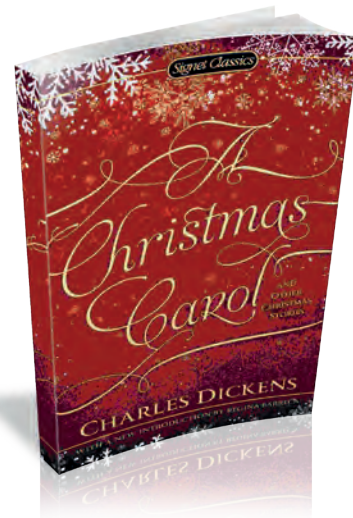
# KEY STAGE 3 **ENGLISH**

We've had a fantastic year with KS3 in English. The department would like to say congratulations and thank you for all of the hard work and effort put in by the students this year.

We are looking forward to welcoming the students into Years 8 and 9. Year 8 will be starting off the year with a creative writing unit exploring everything Gothic; from the 19th Century novel and Edgar Allan Poe, to Tim Burton. We hope to spark the students' creativity with writing their original Gothic stories.

Year 9 will begin with an introduction to 'A Christmas Carol' by Charles Dickens – thinking about Victorian Christmas traditions, the iconic character Ebenezer Scrooge and how Christmas, family and generosity have a positive impact on this life.

Students who have ordered a copy of the text through the school will receive these in September.



# KEY STAGE 4 **ENGLISH**

It's been a busy few months in our Year 10 English lessons, with students working towards their English Literature and English Language mock exams. In these mock exams, students demonstrated their skills in both critical reading and writing, and we are so proud of the effort and progress they have made. Not only this, our Year 10 students have successfully taken part in their Spoken Language Endorsement, with all students achieving either a pass, merit or distinction. Each student prepared and delivered a presentation about a topic of their choice and it was a pleasure to listen to students talk about their passions and interests. Well done Year 10, what a brilliant end to the year!

Our Year 11 students successfully sat their GCSE examinations in English Language and Literature this term and worked incredibly hard throughout. We are so incredibly proud of our Year 11 students and have been so impressed with their resilience, enthusiasm and continued passion for the subject. We look forward to celebrating their success on results day. A massive congratulations Year 11 – we wish you all the best in your future endeavor's!

## STAFF RECOGNITION

Staff give up a considerable amount of their own time (for free) to run Extra Curricular activities such as DofE, revision sessions and much more.

They really do appreciate the Special Recognition cards from students, parents/carers and the wider community.




Please do nominate a member of staff, if you have a chance to do so...



**[www.thehambleschool.co.uk/staff-recognition](http://www.thehambleschool.co.uk/staff-recognition)**



# MAIN MEAL MENUS – WEEK 1 & 2

<div>Freshly prepared</div> <div>MAINS WEEK ONE</div> <div>TASTE </div>				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>All Day Breakfast</b> CHOOSE FROM <b>Vegetarian Sausage</b> or <b>Pork Sausage &amp; Bacon</b> served with hashbrowns, an omelette, baked beans, tomato, English muffin & toast	<b>Savoury Rice</b> Braised rice featuring a selection of vegetables cooked in stock for flavour, served with a crusty baguette <b>Katsu Chicken Curry</b> served with a blend of brown & white rice	<b>Roast Wednesday</b> CHOOSE FROM <b>Vegetarian Roast of the Day</b> or <b>Chicken or Beef</b> both served with roast potatoes, Yorkshire pudding, seasonable vegetables & gravy	<b>Chef's Choice Curry Thursday</b> CHOOSE FROM <b>Vegetarian Curry</b> or <b>Chicken Korma</b> Tikka Masala Katsu both served with a blend of brown & white a Naan	<b>Meat-Free Sausage Roll</b> served with straight cut chips, baked beans or garden peas <b>Baked Battered Fish</b> served with straight cut chips, baked beans or garden peas
<b>Lighter Choice</b> <b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans	<b>Lighter Choice</b> <b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans	<b>Lighter Choice</b> <b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans	<b>Lighter Choice</b> <b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans	<b>Lighter Choice</b> <b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans
<small>  Vegetarian  Vegan All menu items are subject to change, based upon availability in the event of unforeseen circumstances.           </small>				

<div>Freshly prepared</div> <div>MAINS WEEK TWO</div> <div>TASTE </div>				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>All Day Breakfast</b> CHOOSE FROM <b>Vegetarian Sausage</b> or <b>Pork Sausage &amp; Bacon</b> served with hashbrowns, an omelette, baked beans, tomato, English muffin & toast	<b>Macaroni Cheese</b> served garlic bread <b>Meatball Mariana</b> Beef meatball in s rich tomato sauce served with pasta & garlic bread	<b>Sausages &amp; Mash</b> CHOOSE FROM <b>Vegetarian Sausages</b> or <b>Pork Sausages</b> served with mased potato & baked beans	<b>Chef's Choice Curry Thursday</b> CHOOSE FROM <b>Vegetarian Curry</b> or <b>Chicken Korma</b> Tikka Masala Katsu both served with a blend of brown & white a Naan	<b>Vegetable Goujons</b> served with straight cut chips, baked beans or garden peas <b>Baked Fish Fingers</b> served with straight cut chips, baked beans or garden peas
<b>Lighter Choice</b> <b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans	<b>Lighter Choice</b> <b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans	<b>Lighter Choice</b> <b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans	<b>Lighter Choice</b> <b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans	<b>Lighter Choice</b> <b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans
<small>  Vegetarian  Vegan All menu items are subject to change, based upon availability in the event of unforeseen circumstances.           </small>				



# DAILY OPTIONS – WEEK 1 & 2

Freshly prepared

WEEK ONE

## Streets

Served from all pods at both breaks

TASTE 

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Grab 'n' Go</b>	<b>Grab 'n' Go</b>	<b>Grab 'n' Go</b>	<b>Grab 'n' Go</b>	<b>Grab 'n' Go</b>
<p>✓ Spicy Potato wedges</p> <p>Pork Sausage Roll</p> <p>Buttermilk Chicken Burger in a floured bap</p>	<p>✓ Cheese &amp; Onion Pasty</p> <p>Cheese &amp; Ham Bagel</p> <p>Steak Slice</p>	<p>✓ Meat-Free Sausage Roll</p> <p>Pork Hot Dog</p> <p>Folded Filled Naan</p>	<p>✓ Pizza Twist</p> <p>Chicken Grill</p> <p>Meatball Sub</p>	<p>✓ Pizzini</p> <p>Hash Brown</p> <p>Tatter Tots</p> <p>Breakfast Muffin</p>

Bakery

Selection of freshly baked cakes, and cookies are available daily

Real Wrap Co. Deli

Selection of pre-packed sandwiches, rolls and salads are available daily

✓ Vegetarian   ✓ Vegan   All menu items are subject to change, based upon availability in the event of unforeseen circumstances.

Freshly prepared

WEEK TWO

## Streets

Served from all pods at both breaks

TASTE 

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Grab 'n' Go</b>	<b>Grab 'n' Go</b>	<b>Grab 'n' Go</b>	<b>Grab 'n' Go</b>	<b>Grab 'n' Go</b>
<p>✓ Spicy Potato wedges</p> <p>Pork Sausage Roll</p> <p>Chicken Grill</p>	<p>✓ Hash Brown Tatter Tots</p> <p>BBQ Chicken Wrap</p> <p>Creamy Chicken Slice</p>	<p>✓ Meat-Free Sausage Roll</p> <p>Pork Hot Dog</p> <p>Chicken or Vegetable Goujon Pots</p>	<p>✓ Cheese &amp; Onion Pasty</p> <p>Buttermilk Chicken Burger in a floured bap</p> <p>Bacon Melt</p>	<p>✓ Pizza Twist</p> <p>Cheese &amp; Ham Bagel</p> <p>Pork Sausage Roll</p>

Bakery

Selection of freshly baked cakes, and cookies are available daily

Real Wrap Co. Deli

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# ACCELERATED READER

Congratulations to the following students for achieving word millionaire status on the Accelerated Reader programme.

## YEAR 8

Julia T (8,055,517), Elizabeth S (7,414,735), Liam O'R (3,631,862), Freya G-D (3,184,204), Harriet S (2,950,468), Elias S (2,891,218), Lydia C (2,795,943), Sahira N (2,776,466), Edward A (2,212,993), Oliver H (2,179,425), Patrick H (2,143,439), Emmanuella O (2,136,336), Chloe M (2,018,700), Emmie P (1,980,467), Bohdan B (1,853,774), Lucy S (1,846,606), Elleleanor J (1,756,967), George B (1,679,993), Alfred O'L (1,507,303), Lexie P (1,470,025), Freddie W (1,444,849), Annabella C (1,439,155), Alistair F (1,373,225), Isaac C (1,346,164), Harriett J (1,245,570), Grace L (1,032,578) and Bea B (1,029,714).

## YEAR 7

Willow J (6,377,308), Annalisa K (4,932,446), Jake S (2,721,669), Mia R (2,481,681), Zoe G (1,507,276), Isabel W (1,453,556), Lola-Mae B (1,197,974), Charlie B (1,170,128), Sophie W (1,143,219), Jessica W (1,084,082) and Willow D (1,009,562).

**Congratulations to the following classes for fantastic quizzing this year.**

YEAR 7	YEAR 8
7A3 – First Place 7A4 – Second Place 7A3 and 7A4 girls – Top Quizzers 7A1 boys – Top Quizzers	8B2 – first place 8A2 – second place 8B2 girls – top quizzers 8A2 boys – top quizzers

**The winners were treated to a movie...**



**Take a look at our Recommended Reads for Summer Term 2025**

**[www.thehambleschool.co.uk/library/recommended-reads](http://www.thehambleschool.co.uk/library/recommended-reads)**



LUNCHTIME CLUB

# KS4 BOOK CLUB



OPEN TO YEARS 9, 10 & 11

Wednesday (Week 1) in the Library

## LUNCHTIME

1:20PM~1:55PM

**YOU CAN BRING YOUR LUNCH!**



**THE HAMBLE SCHOOL**

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# PHYSICAL EDUCATION UPDATE

As we wrap up an exciting summer term in the PE Department, I'm delighted to share some highlights of the fantastic events and achievements our students have enjoyed.

This term featured a highly successful Sports Day, filled with energy and great sportsmanship, as well as a memorable trip to Wimbledon that inspired many of our budding athletes. We also enjoyed our "Friday Fun in the Sun" sessions, which saw an incredible turnout of both staff and students coming together to celebrate fitness and fun outdoors.

Our summer term events also included competitive football matches, athletics competitions, and a range of extra-curricular clubs that continue to grow and foster teamwork and sportsmanship across all year groups.

Looking ahead, we are especially excited to welcome back our Key Stage 4 GCSE and NCFE PE students this August to celebrate their examination successes. Their hard work and commitment throughout the year have been truly commendable and we look forward to acknowledging their achievements and supporting their next steps.

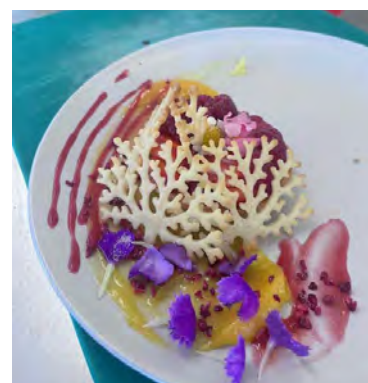
When students return in the autumn term, we will be releasing a brand new extra-curricular timetable packed with exciting opportunities to get involved with and stay active.

Thank you to all parents and students for your continued support in promoting a healthy, active lifestyle. We can't wait for more exciting opportunities in the coming academic year.

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## EASTLEIGH COLLEGE TASTER DAY CATERING COURSE

Three of our students thoroughly enjoyed their time today at Eastleigh College and created some lovely desserts.



# PROGRESS LEADER UPDATES

## YEAR 7 UPDATE

### Sowing the Seeds of Success



As we bring this academic year to a close, we want to take a moment to celebrate all the amazing achievements of our Year 7 students. From the very first day in September to now, they've shown tremendous growth, enthusiasm and determination. This term, we've truly seen them flourish under the theme "Sowing the Seeds of Tomorrow", laying strong foundations for the exciting journey into Year 8.

One of the highlights of recent weeks was the fantastic rewards trip to Paultons Park. It was a well-earned treat for so many students who have shown consistent effort and positivity throughout the year. Another proud moment came when Year 7 stepped up to support our new Year 6 students on transition day. Their kindness and leadership showed just how far they've come and what brilliant role models they already are.

We've also seen great commitment from our eco ambassadors – who have worked hard to make our school a greener place. Across the board, the year group has impressed us with their positive attitudes – which are reflected in the many positive points logged on Class Charts – parents, make sure to take a look!

To all of Year 7, I am incredibly proud of everything you've achieved this year. Your hard work, resilience and kindness have not gone unnoticed. I hope you enjoy a restful and fun summer break – you deserve it! Come back ready for another brilliant year ahead; Year 8 is full of new opportunities, and you've already planted the seeds for a fantastic future.

**Mr Bateman – Year 7 Progress Leader**



# YEAR 8 UPDATE

What a year we have had, at the time of writing, with just over a week to go, Year 8 have accumulated an astonishing 375,000 positive points. Even more remarkable is that this total is 20 times greater than the number of corresponding negatives. Testimony to this success is the huge number of students who were rewarded with our fabulous day out at Legoland.



During this half term our budding linguists entered a Modern Foreign Language spelling bee at the University of Southampton. Against challenging opposition, against many of our local schools, I am delighted to report our Year 8 team absolutely smashed it, winning the competition outright. A special mention for our own Ella S who continues to pick up prestigious national diving awards and who recently appeared in the Southern Echo for her achievements. As we look forward to next year together, I hope our students are excited about their new preferences and all the wonderful opportunities that are available to them in Year 9.

**Mr James – Year 8 Progress Leader**

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# YEAR 9 UPDATE

As we come to the end of a busy and rewarding school year, I would like to take a moment to reflect on the achievements and progress of our fantastic Year 9 students. In the short time I have had the pleasure of leading this year group, I am incredibly proud of the relationships and rapport we've built together.

Year 9 have continued to impress both in and out of the classroom – whether through their dedication to learning, contributions to the wider school community, or involvement in a range of extra-curricular activities. Their positive attitude and growing maturity have laid a strong foundation as they prepare to begin their GCSE journey next year.

As we head into the summer holidays, I encourage all students to take the opportunity to rest and recharge. The road ahead will require hard work, resilience, and mutual support – qualities I know our Year 9s already have in abundance.

Mrs Clucas, Mr Denford, Mrs Rogers and all Year 9 tutors wish you all a safe and restful summer.

**Mrs Clucas – Year 9 Progress Leader**



# YEAR 10 UPDATE

What a term year 10! You have had SUCH an amazing end to your academic year and have continued to work so hard in everything you have done.

Again, you have proven what a wonderful year group you are, having amassed over 353,000 reward points between you! A huge well done to everyone who has been recognised by their subject teachers and have received worthy certificates and recognition in our end of term celebration assembly.

A special mention to those students who have earned over **2000 points** this year and attended the special assembly – we are all so proud of you!

A highlight of celebration absolutely has to be our reward trip to Thorpe Park (thank you for taking me on the bumper cars and water rides, you know who you are and how drenched we got) – it was a joy seeing you all have the best time with your friends throughout moments of the day and it was a pleasure to share your celebration with you.

Your efforts throughout the exams did not go unnoticed either and again you demonstrated how you are absolutely ready to begin your journey into Year 11.

Visiting you on your DofE expedition camp was also great fun, even if you were exhausted by the time I got to you – seeing you setting up your home for the night, cooking and being so independent (despite the blisters in many cases) was an absolute privilege.



A special mention also to the fabulous Year 10 students involved with Matilda Jr. you are fantastic role models to our younger year groups and it has been amazing to watch you have so much fun doing what you enjoy!

Many of you also had fun in London to see Clueless and enjoy other adventures – I know you had the best time.

To top it off, you have had your first taste of college! The Taster days were a huge success and again showed your maturity in being able to navigate your possible future journeys. We will be sharing more on college support as we enter next year through planned college assemblies and careers appointments, so that you feel ready to start completing your college/apprenticeship applications confidently – we will be here every step of the way.

All in all, it has been a pleasure to take you through to Year 10 and I cannot wait to hit the ground running again in Year 11 with you all.

I hope you all have a fantastic restful summer but, also remember to build in those small but regular pockets of revision – you will be so thankful of it in September and beyond.

**Mrs Emmett-Callaghan – Year 10 Progress Leader**

# YEAR 11 UPDATE

As we approach the end of another unforgettable school year, it's hard to believe that for Year 11 it has ended already. This year has been a whirlwind of hard work, challenges, and unforgettable moments. Let's take a moment to reflect on everything we've achieved, and look ahead to the exciting events still to come.

The year started with the challenge of the mock exams – a pivotal moment in every student's journey. These exams provided a crucial opportunity to test knowledge, identify areas for improvement, and build confidence ahead of the real GCSEs. We commend all Year 11 students for their commitment and determination throughout this period. You gave it your all... and it shows.

The Mock Results Assembly was a moment of reflection and growth. As each student received their mock exam results, we saw a mix of reactions – pride in accomplishments, determination to do even better, and most importantly, a sense of camaraderie.

The Good Luck Assembly was a highlight of the year, where we came together to wish each Year 11 student all the best for their upcoming GCSEs. It was a bittersweet moment as we looked around the hall, realising how far everyone has come. From the first day of Year 7 to the cusp of GCSE exams, it's been an incredible journey. As the countdown to the exams began, the entire school community showed support and encouragement.

## Prom: A Night to Remember

One of the most anticipated events of the year is, of course, Prom! It's a chance to dress up, dance, and celebrate everything Year 11 has accomplished. It's not just about the glitz and glamour; it's about coming together as a cohort and marking the end of an unforgettable chapter. We were proud to see everyone looking their best and creating memories that will last a lifetime.



## GCSE Results Day: The Final Countdown

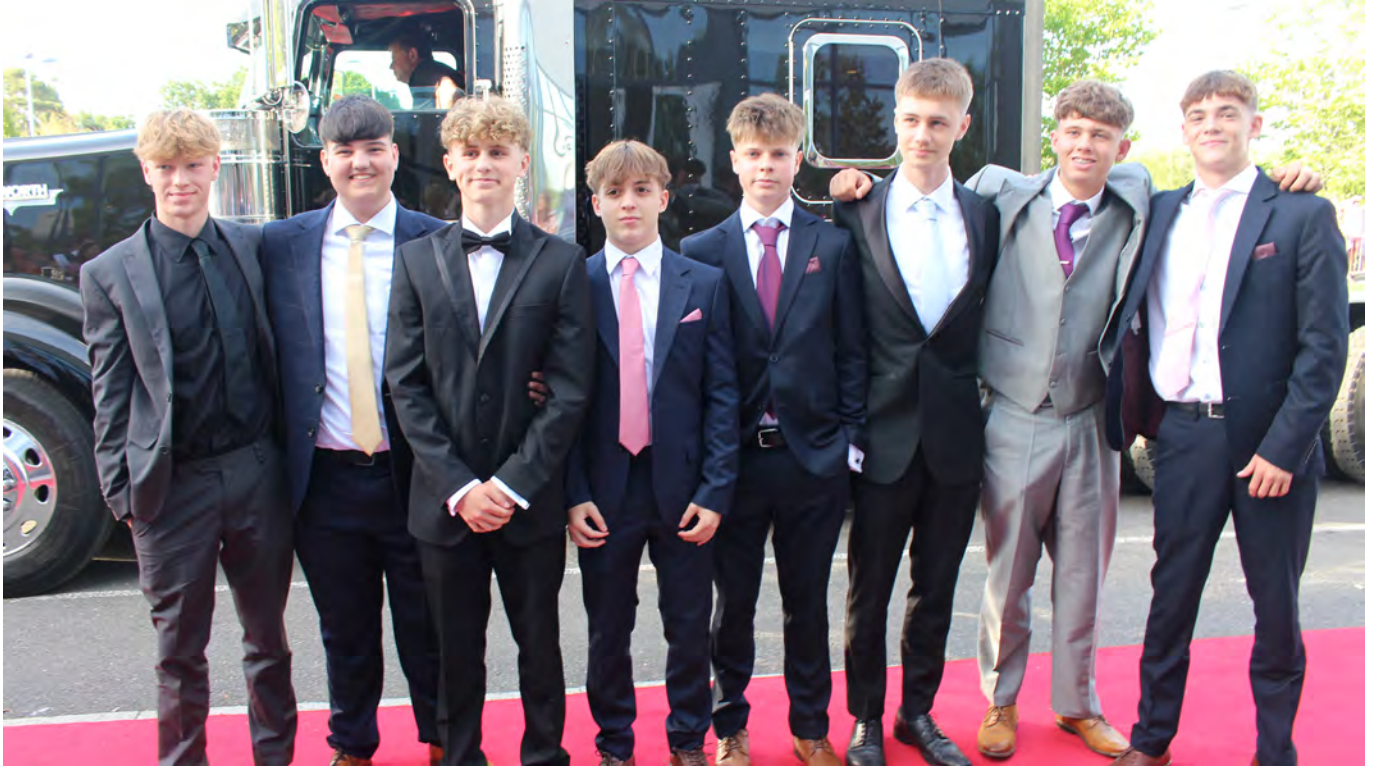
It's hard to ignore the looming excitement and nerves surrounding GCSE Results Day. The hard work, dedication, and late-night revision sessions will finally have paid off. No matter the outcome, remember that GCSE results are just the beginning of your journey. Whether you're heading into college, an apprenticeship, or taking time to explore your options, we are incredibly proud of each and every one of you. You've given it your all, and now it's time to see the results. More information regarding the timings and logistics of the day will be out in due course.

**Mrs Barkshire – Year 11 Progress Leader**

**GCSE RESULTS DAY 2025**  
THURSDAY 21 AUGUST 2025 FROM 10AM



# *An evening in Paris at Prom 2025*









# YOUTH IMPACT

- 5 day Programme (10AM-4PM)
  - Monopoly Challenge
  - Teambuilding Games
  - Inflatables
  - Business and Enterprise Workshop
  - First Aid Workshop
  - Public Speaking Workshop
  - Your Voice Matters Workshop
  - Community Action Project
  - Photobooth



Youth Impact is a new programme launching in Summer 2025 and aims to fill the gap left by NCS.

The programme is available for 15-17 year olds build skills for work and life by taking part in new challenges and meeting new people, gaining confidence and independence along the way.

## WHY TAKE PART?

- ✓ Boost your CV
- ✓ Meet new friends
- ✓ Gain confidence
- ✓ Have fun!!!



**SIGN UP!**

📞 07411255712

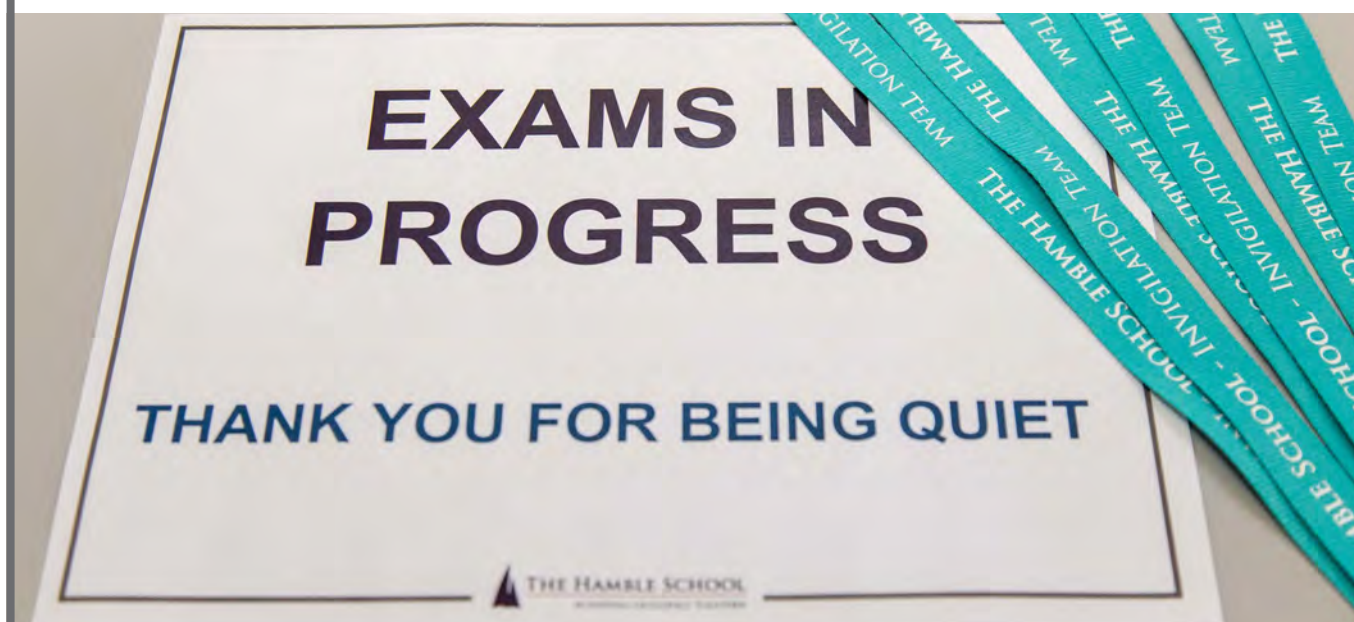


[www.yoursportseducation.co.uk/youthimpact](http://www.yoursportseducation.co.uk/youthimpact)



**RECRUITING NOW FOR THE ACADEMIC YEAR 2025/26**

# **Are you looking for flexible work? Could you support our Exams Department?**



## **We would like to appoint some more Exam Invigilators to join our Examination Team.**

The Exams Department is an integral part of school life. Our aim is to ensure that all students are treated fairly within the examination environment and that the rules and regulations of the JCQ and Awarding Bodies are upheld. This is an exciting opportunity to assist with the Pre-Public (Mock) Examinations and GCSE examinations at the school.

Invigilating is a vital role in supporting the Exams Officer to run busy exam periods in the school calendar. We are seeking individuals who can promote a supportive and calm atmosphere so that our students are able to fulfil or exceed their potential during the examination period. In addition to Exam Invigilator duties, you may also act as a reader or a scribe for students who require access arrangements to support them in their examinations. Therefore, applicants must be confident in their literacy skills.

We would like successful candidates to work during the Pre-Public exams (November and February / March each year) and the GCSE Summer Series external examinations (May to June each year). Availability during these time periods is essential.

This position is suitable for individuals from all backgrounds with a variety of skillsets, regardless of your stage of career. If you are looking for a flexible position that requires working only a couple of weeks a year then this is the role for you.

For more information, please email our HR Manager, Jenni Fradgley  
[hr@thehambleschool.co.uk](mailto:hr@thehambleschool.co.uk) or visit our website:  
[www.thehambleschool.co.uk/current-vacancies](http://www.thehambleschool.co.uk/current-vacancies)

# STAY SAFE IN THE SUN: SMART TIPS FOR LOOKING AFTER YOUR SKIN

As summer heats up and we move into the summer holidays, it's the perfect time to enjoy the sunshine – but it's also important to protect your skin while you're out and about. This week Mrs Barkshire and Mrs Culligan organised a skin care and make up workshop for Year 10 in association with the Look Good Feel Better Charity <https://lookgoodfeelbetter.co.uk>

The Workshop was a big success and students have asked for more wellbeing workshop opportunities.



In the meantime, here are some simple ways to stay sun-safe and keep your skin healthy:

## WHY SUN SAFETY MATTERS

The sun gives us vitamin D, which is great for our bones and mood. But too much sun – especially without protection – can lead to sunburn, skin damage, and increase the risk of skin cancer later in life. Even on cloudy days, UV rays can still harm your skin.

## TOP TIPS FOR STAYING SAFE IN THE SUN

### 1. Use Sunscreen Daily

Apply a broad-spectrum sunscreen with at least SPF 30. Don't forget easy-to-miss spots like your ears, neck and the tops of your feet. Re-apply every two hours, or more often if you're swimming or sweating.

### 2. Cover Up

Wear lightweight, long-sleeved shirts, wide-brimmed hats and sunglasses with UV protection. These help block harmful rays and keep you cool.

### 3. Seek Shade

Try to stay in the shade between 11am and 3pm, when the sun's rays are strongest. Use trees, umbrellas, or shelters when outdoors.



#### 4. Stay Hydrated

Drink plenty of water throughout the day to keep your skin and body hydrated, especially in hot weather.

#### 5. Know Your Skin

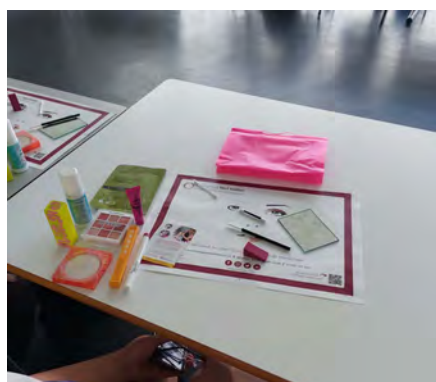
If you notice any unusual changes – like new moles or spots that don't heal – tell a Parent/ Carer. It's always better to check.

## SUN SAFETY IS FOR EVERYONE

No matter your skin tone, everyone needs sun protection.

**Let's make the most of the sunshine – safely!**

Looking after your skin now means healthier skin for life. So put on that sunscreen, grab your hat, and enjoy the summer the smart way!



AGES 5-16 YEARS

TRY SOMETHING NEW THIS SUMMER

EASTLEIGH ACTIVE

PRICE £3.50+

Monday 28 July - Friday 22 August

<b>Aerial Hoop</b> Wednesdays (30 July, 6 & 20 August) 12-16yrs 4.30pm-5.15pm Dynamic Aerial Academy	<b>DanceActive</b> Wednesday 30 July & 13 August 5-11yrs 11am-12pm The Point, Eastleigh	<b>Fishing</b> Monday 4 August 11-16yrs 9am-10am 11-16yrs 10.30am-11.30pm 11-16yrs 12pm-1pm 11-16yrs 2pm-3pm 11-16yrs 3.30pm-4.30pm Lakeside Country Park	<b>Golf</b> Tuesdays & Thursdays 5-11yrs 12pm-1pm 12-16yrs 1.30pm-2.30pm East Horton Golf Club	<b>Olympic Weightlifting</b> Thursday 7 August 8-12yrs 4.15pm-5.15pm Lakeside Country Park	<b>Tennis</b> Wednesdays 5-7yrs 10am-11am 8-11yrs 11am-12pm Wyvern College
<b>AquaRun</b> Wednesday 6 & 20 August 5-16yrs 2pm-3pm Hamble Sports Complex	<b>Dodgeball</b> Thursday 31 July 8-11yrs 2pm-3pm Hamble Sports Complex	<b>Free Swimming</b> Monday - Friday 5-16yrs 3pm-3.45pm Places Leisure Eastleigh	<b>Junior Gym</b> Fridays 11-16yrs 1pm-2pm Wildern Leisure Centre	<b>SkateJam</b> Monday 28 July 8-16yrs 12pm-4pm Freespace Skate Park, Chandler's Ford	<b>Tennis</b> Tuesday 29 July & 5 August 5-10yrs 4pm-5pm 11-16yrs 5pm-6pm The Hub, Eastleigh
<b>Badminton</b> Tuesdays 8-11yrs 6pm-7pm 12-16yrs 7pm-8pm Wyvern College	<b>CrossFit</b> Mondays 11-16yrs 3pm-4pm CrossFit Southampton, Eastleigh	<b>Football</b> Monday 28 July 5-7yrs 10am-11am 8-11yrs 11am-12pm The Hub, Eastleigh	<b>Martial Arts</b> Mondays 7-12yrs 4.30pm-5.30pm 13-16yrs 6pm-7pm Pavilion on the Park (Outside)	<b>Sailing</b> Monday 4 August Tuesday 5 August Wednesday 6 August Thursday 7 August Friday 8 August Hamble River Sailing Club	<b>Tennis</b> Monday 11 August & 18 August 5-10yrs 2pm-3pm 11-16yrs 3pm-4pm Bursledon Recreation Ground
<b>Cycles4All</b> Fridays Families 1.30pm-2.30pm Pavilion on the Park	<b>Fencing</b> Tuesday 5 & 19 August 5-8yrs 3.30pm-4.30pm Boorley Green Community Centre	<b>Football</b> Monday 4 August 8-11yrs 11am-12pm 12-16yrs 11am-12pm Wildern Leisure Centre	<b>Nerf Battles</b> Thursday 14 August 6-8yrs 10.30am-11.30am 9-13yrs 11.45am-12.45pm	<b>Street Basketball</b> Friday 1 August 8-12yrs 1pm-2pm 8-12yrs 2pm-3pm Moorgreen Recreation Ground	<b>Tennis</b> Tuesday 12 & 19 August 5-10yrs 5pm-6pm Deer Park School
	<b>Fencing</b> Tuesday 5 & 19 August 9-12yrs 4.30pm-5.30pm Boorley Green Community Centre	<b>Football</b> Monday 11 August 5-7yrs 10am-11am 8-11yrs 11am-12pm The Hub, Eastleigh	<b>Nerf Battles</b> Thursday 21 August Fryern Recreation Ground	<b>Street Basketball</b> Friday 8 August 8-12yrs 1pm-2pm 13-16yrs 2pm-3pm Hiltingbury Recreation Ground	<b>Tennis</b> Thursday 14 August & 21 August 11-16yrs 5pm-6pm Deer Park School

QR CODE

DON'T MISS OUT - BOOK TODAY:  
EASTLEIGH.GOV.UK/EASTLEIGHACTIVE

\*El for those in receipt of qualifying benefits  
Activities may be subject to change

EASTLEIGH BOROUGH COUNCIL

SportWorks



# SUMMER HOLIDAYS AT THE POINT

FRIDAY 1 - FRIDAY 29

AUGUST 2025

FOR  
CHILDREN &  
YOUNG PEOPLE

## DANCE SPROUTS



Exploring drama  
& dance

Tuesday 12  
& 26 August

Interactive  
dance session  
for children

11am - 11.30am

£6.50

## MAKE A PLAY IN 3 DAYS



Developing  
creativity

Monday 4 -  
Wednesday 6  
August

Ages 7 - 10

9.30am - 3.30pm

Monday 18 -  
Wednesday 20  
August

Ages 11 - 15

9.30am - 3.30pm

£65

## DEVISED THEATRE WORKSHOP



Perfect for Drama  
Enthusiasts

Wednesday 27  
August

Creating scenes  
from scratch  
Ages 14+

1.30pm - 3pm

£15

## MUSICAL THEATRE



Suitable for all

Wednesday 13  
& 28 August

Dance to your  
favorite show  
tunes

Ages 8 - 14

4.45pm - 5.45pm

Ages 18+

6pm - 7pm

£7.50

For more information and to book your space visit [www.thepointeastleigh.co.uk](http://www.thepointeastleigh.co.uk)

the **point**  
EASTLEIGH

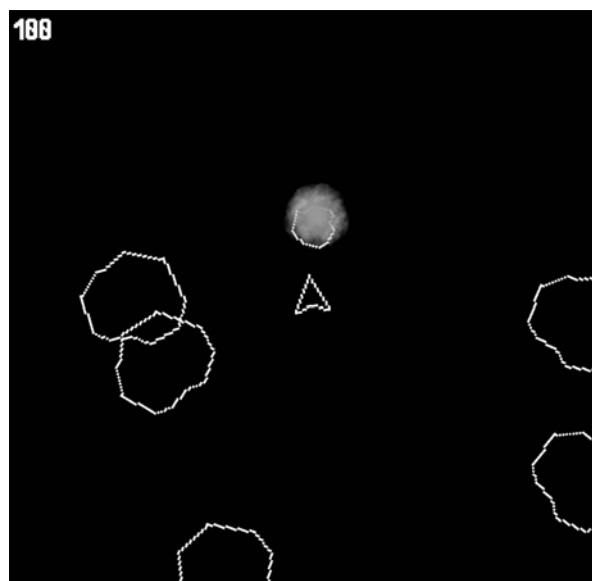
**EASTLEIGH**  
BOROUGH COUNCIL

ARTS COUNCIL  
ENGLAND

Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**



# CELEBRATING CODING SUCCESS & BUSINESS ADVENTURES



As we wrap up the school year, we are proud to celebrate the fantastic progress our students have made in developing their coding skills.

Year 7 students have been using Scratch to create interactive stories and games, laying strong foundations in programming. Year 8 students have been busy designing their own mobile apps, showing creativity and an impressive understanding of user interaction. Year 9 Computer Science students have been making space-themed games in Game Maker, pushing their problem-solving skills, while Year 10 students have impressed with their text-based adventure games, combining coding with storytelling.

In Business, Year 10 students enjoyed a highly successful trip to Cadbury World, where they learnt all about the production process and how a major company operates. This hands-on experience brought their classroom learning to life, and we're excited to be planning more enrichment trips for next year.

Across all year groups, it's been brilliant to see students growing in confidence, taking on challenges, and applying their skills in creative ways. We can't wait to see what they achieve next year!

## CURRICULUM EVENINGS 2025/26 – SAVE THE DATE

At the start of every academic year, we invite Parents/Carers to attend a Curriculum Evening, relevant to your child's year group. These evenings will provide you with an overview of the curriculum your child will study over the coming year, as well as provide you with other important information such as: assessment, teaching and learning, study skills, attendance and preferences (where applicable). The dates for each evening are below. A letter and online registration form will be sent out for each evening in due course.

### Curriculum Evenings are as follows...

Year 7 – Monday 8 September

Year 11 – Tuesday 9 September

Year 9 – Monday 15 September

Year 10 – Tuesday 16 September

Year 8 – Monday 22 September

# THE ART DEPARTMENT ARE NOW ON INSTAGRAM



@thehambleschoolart



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ACHIEVING EXCELLENCE TOGETHER



# DANCE DEPARTMENT UPDATE

## YEAR 9:

This term, Year 9 students have been exploring the emotional depths of humanity through dance, working on a powerful piece titled Faultlines.

Drawing inspiration from Wayne McGregor's critically acclaimed work *Infra*, students investigated how movement can express internal conflict, connection and the fragility of human experience. They developed their choreography through creative tasks and group collaboration, demonstrating maturity and commitment throughout the process.

We are thrilled that they had the incredible opportunity to perform *Faultlines* at the Southampton Schools Dance Festival, hosted by Bitterne Park School. Their performance was met with great praise, showcasing not only their technical skills but also their ability to demonstrate excellent expressive skills through contemporary movement.

Well done to all Year 9's involved for creating and performing such a moving and memorable dance piece.

## YEAR 10:

This term, Year 10 students have begun working on their GCSE Dance Duet/Trio performances in collaboration with Miss Allen. They have been developing choreography, refining technique and exploring creative ways to express themes through movement.

As part of this exciting journey, students were given the opportunity to perform their work in a Year 7 assembly. This performance was a fantastic showcase of their commitment, progress and teamwork – highlighting the effort they have put in throughout the term. The assembly not only celebrated their achievements but also inspired younger students with a powerful demonstration of passion and dedication to dance.

Thank you to everyone who performed in the assembly: Jessica N, Breda-Mai G, Evie M, Annabelle L-B, Esme S, Maddison T and India B.

**SPECIAL MENTION:** Huge congratulations to Breda-Mai G for being accepted into HYDC Associates – a dance performance company! Your talent, dedication, and hard work is truly paying off. Well done! Keep shining and dancing your heart out.

## IMPORTANT INFORMATION

# MEDICATION REMINDER

Please do not send your child to school with medications in their bag (unless it is inhalers or autoinjectors). If your child requires medication during the school day then please contact the school and complete a Parent Permission form which can be found on our website. You can contact SWS by emailing [general@thehambleschool.co.uk](mailto:general@thehambleschool.co.uk) and mark FAO SWS.

Please see our website for more detailed information:

[www.thehambleschool.co.uk/medical-information](http://www.thehambleschool.co.uk/medical-information)

## FREE PERIOD PRODUCTS

There are a number of period products including sanitary towels, tampons, period pants etc. in SWS that we have been given by PHS.

If you would like some please contact **general@thehambleschool.co.uk** and we can arrange for you to pick some up from reception. Sizes range from 6 to 16. If you would like other sizes then please let me know as they can be added to the next order.



## STUDENTS FEELING UNWELL

We have a lot of students that come to SWS every day saying they feel unwell.

Mostly they have minor ailments that do not require us to call home and can be managed with ensuring they eat and drink properly and take over the counter medications if needed.

If you feel your child is genuinely unwell before they come to school and they may need to come home it is helpful to have contact from whoever they live with via email or phone call so that we know it's possible a phone call home may be required otherwise they will usually be encouraged to return to lesson.

## STAY HYDRATED!!

Lots of students come to medical complaining of feeling sick and dizzy. Upon questioning most of them have no water with them and have not eaten or had a drink

Please remind your child to come to school with a full bottle of water and snacks and food especially now the warmer weather is finally arriving!

Dehydration is a very common cause of headaches and nausea. Drinking water when you feel unwell can go a long way in easing symptoms. Not only that, headaches are less frequent if you ensure proper daily intake of fluids (about eight 8 oz. glasses a day).



## SPARE UNIFORM – STUDENT WELLBEING & SUPPORT

We have very little spare uniform in Student Wellbeing & Support (SWS) – please can you check whether your child has any uniform at home that they have borrowed and not returned. Any uniform that is not returned will be invoiced to Parents/Carers.

## STUDENT WELLBEING RESOURCES

If you or your child would like support with wellbeing, please use the links on our website...

**[www.thehambleschool.co.uk/student-wellbeing-resources](http://www.thehambleschool.co.uk/student-wellbeing-resources)**

We are always updating this section of our website with details of a number of complimentary parent/carers courses or events.



# WHERE CAN I GET SUPPORT?

If you are worried about anything at school and need some support, here is how you can access it.



**REPORT CONCERNS** ~ you can use the Report A Concern form on our website:  
[www.thehambleschool.co.uk/report-concerns](http://www.thehambleschool.co.uk/report-concerns)



**WORRY BOX** ~ write your worry on a piece of paper and pop it in the worry box in **Tokyo** block (opposite **T1**). Please remember to include your name and tutor group.

You can also get support by emailing  
[staysafe@thehambleschool.co.uk](mailto:staysafe@thehambleschool.co.uk)  
or talk to an adult in school.



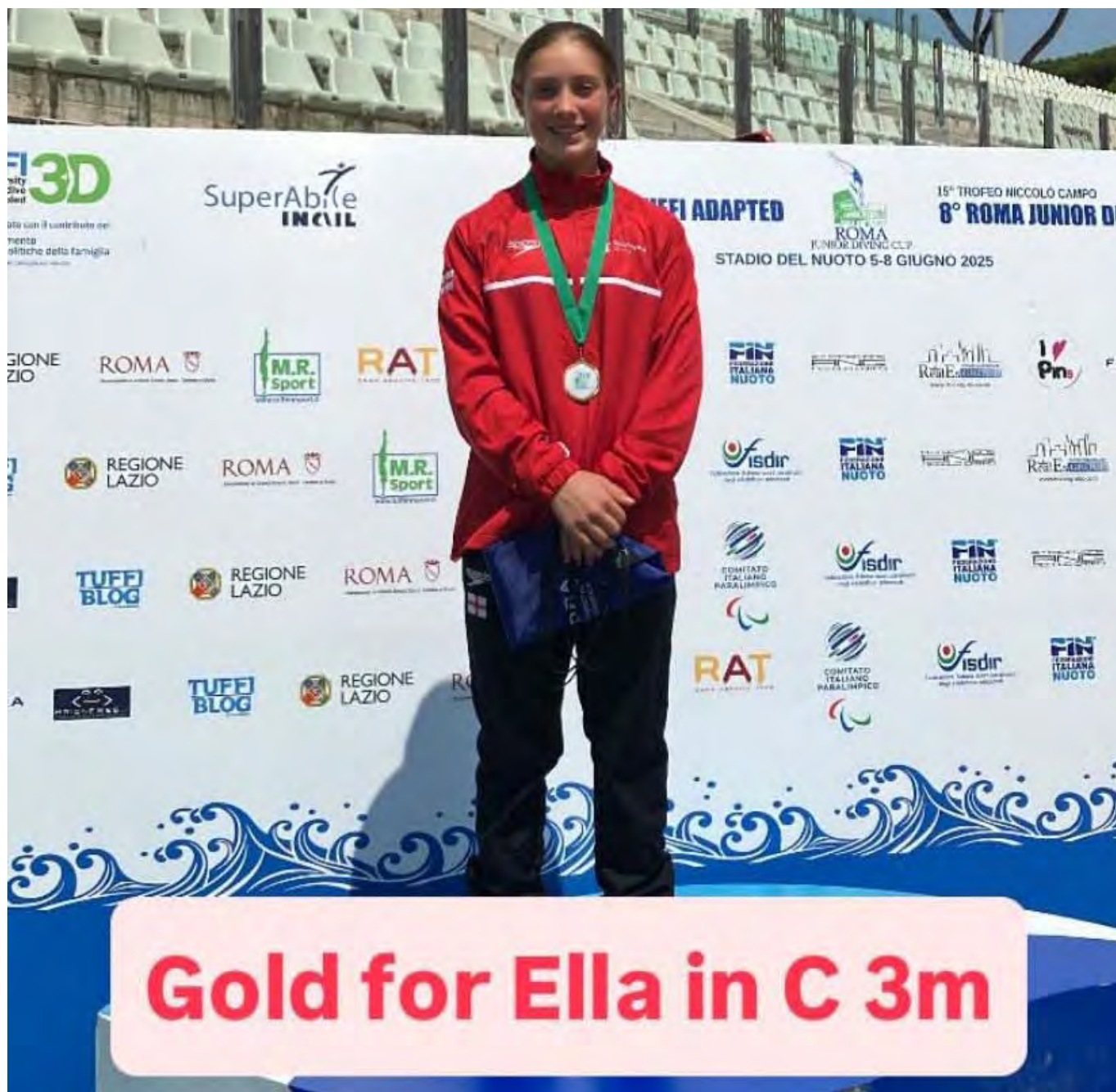
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ACHIEVING EXCELLENCE TOGETHER



~ STUDENT SUCCESS ~



## ELLA S – ROMA JUNIOR DIVING CUP



Ella S was one of 10 talented young divers selected to represent England at Roma Junior Diving Cup, one of Europe's premier age-group diving events.

The competition welcomes teams from across the globe and took place from Friday 6 to Sunday 8 June at the Stadio del Nuoto – Foro Italico in Rome – a venue that previously hosted the 2009 World Aquatics Championships and the 2022 European Aquatics Championships. Ella was selected for the England squad after her standout performance at the Aquatics GB Elite Junior Diving Championships in Plymouth this April.

This was Ella's first international trip representing England and she picked up three medals. Gold in 3m Springboard, Gold in Platform and Silver in 1m Springboard.

**An amazing achievement – well done Ella.**



# Supporting emotional health and wellbeing from 0-19+

**Free online courses for all parents, carers, grandparents and teens**

- Antenatal and postnatal baby bonding
- Understanding your child or young person
- Your child or young person with additional needs
- Teenager's feelings and brain development
- And lots more specialist courses

Designed by clinical psychologists in partnership with practitioners and parents



Residents of HAMPSHIRE and the ISLE OF WIGHT

In paid partnership with:



Use Access Code  
**FAMILY**

# Understanding your child: from toddler to teenager

**Free online course for all parents, carers, and grandparents.**

- Reading your child's behaviour and understanding their feelings
- Effective communication techniques
- Reflecting on your relationship and how to nurture your child's emotional health
- A transformative journey that can strengthen your bond with your child at every age

Designed by clinical psychologists in partnership with practitioners and parents



Residents of HAMPSHIRE and the ISLE OF WIGHT

In paid partnership with:



Use Access Code  
**FAMILY**



## For teenagers

Free online courses to help you understand your feelings and brain development, to support your wellbeing

- **Understanding your brain** development and what this means for how you feel and behave
- **Understanding your feelings**, your mental health and how to nurture emotional wellbeing
- How your relationships and friendships may change and why
- Written for teenagers with teenagers

Designed by clinical psychologists in partnership with practitioners and teenagers



Residents of HAMPSHIRE and the ISLE OF WIGHT

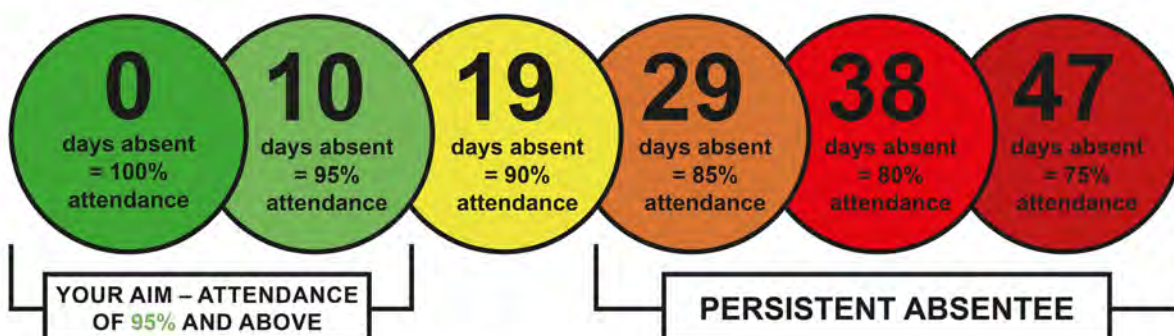
In paid partnership with:



Use Access Code  
**FAMILY**

# ATTENDANCE MATTERS

On Time, First Time, Every Time



## Which CIRCLE are you in?





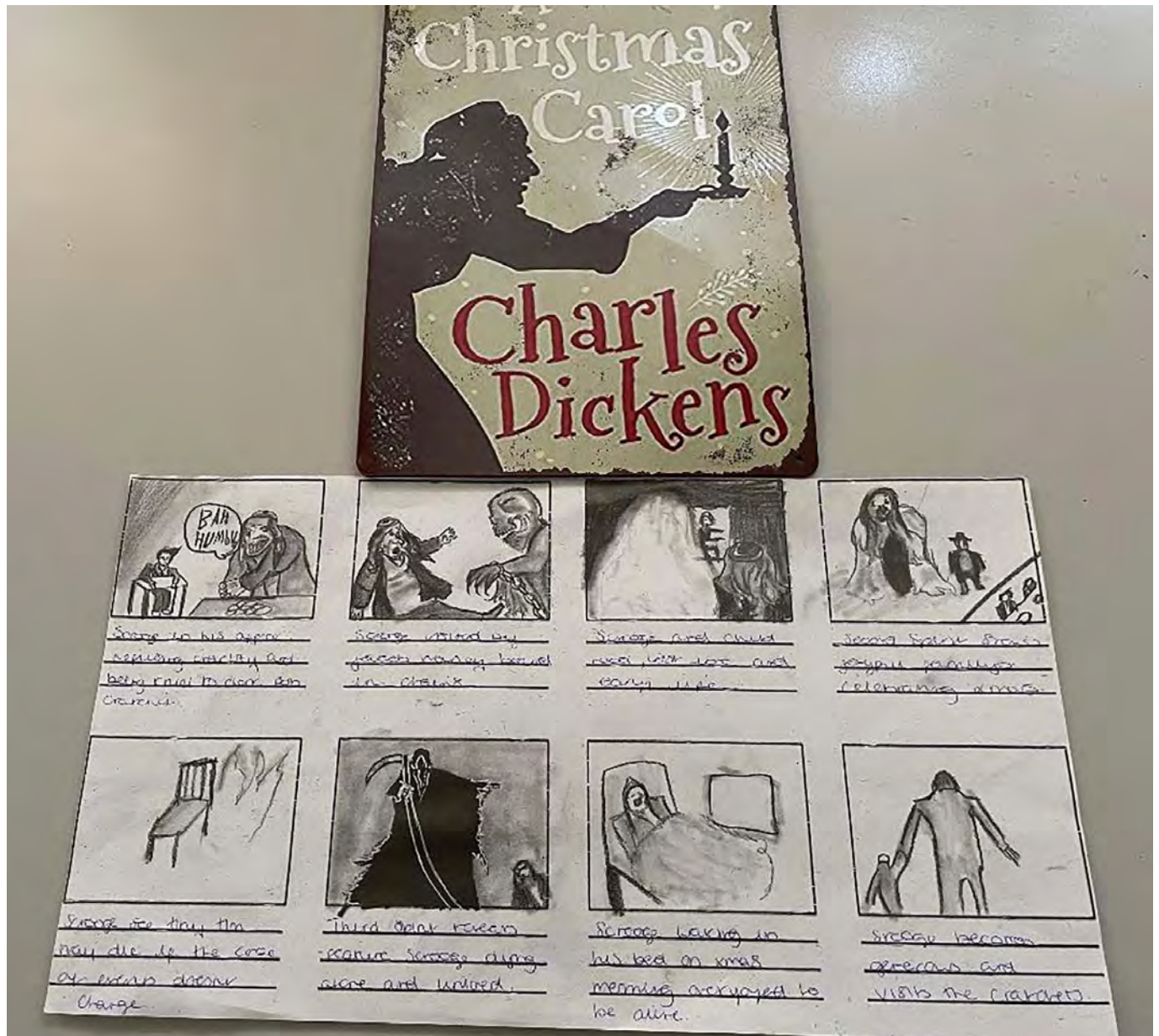
# INCLUSION UPDATES

Here is what has been happening in our Inclusion rooms this half-term...

## RETRACK

It has been a busy term in Retrack, supporting our students to be the best they can be, building resilience and a growth mindset to help them achieve their full potential.

Students learn along with their timetabled lessons and Year 9 and 10 have been learning or revisiting a Christmas Carol by Charles Dickens. This is an example of a story board for the scenes in the Novella.

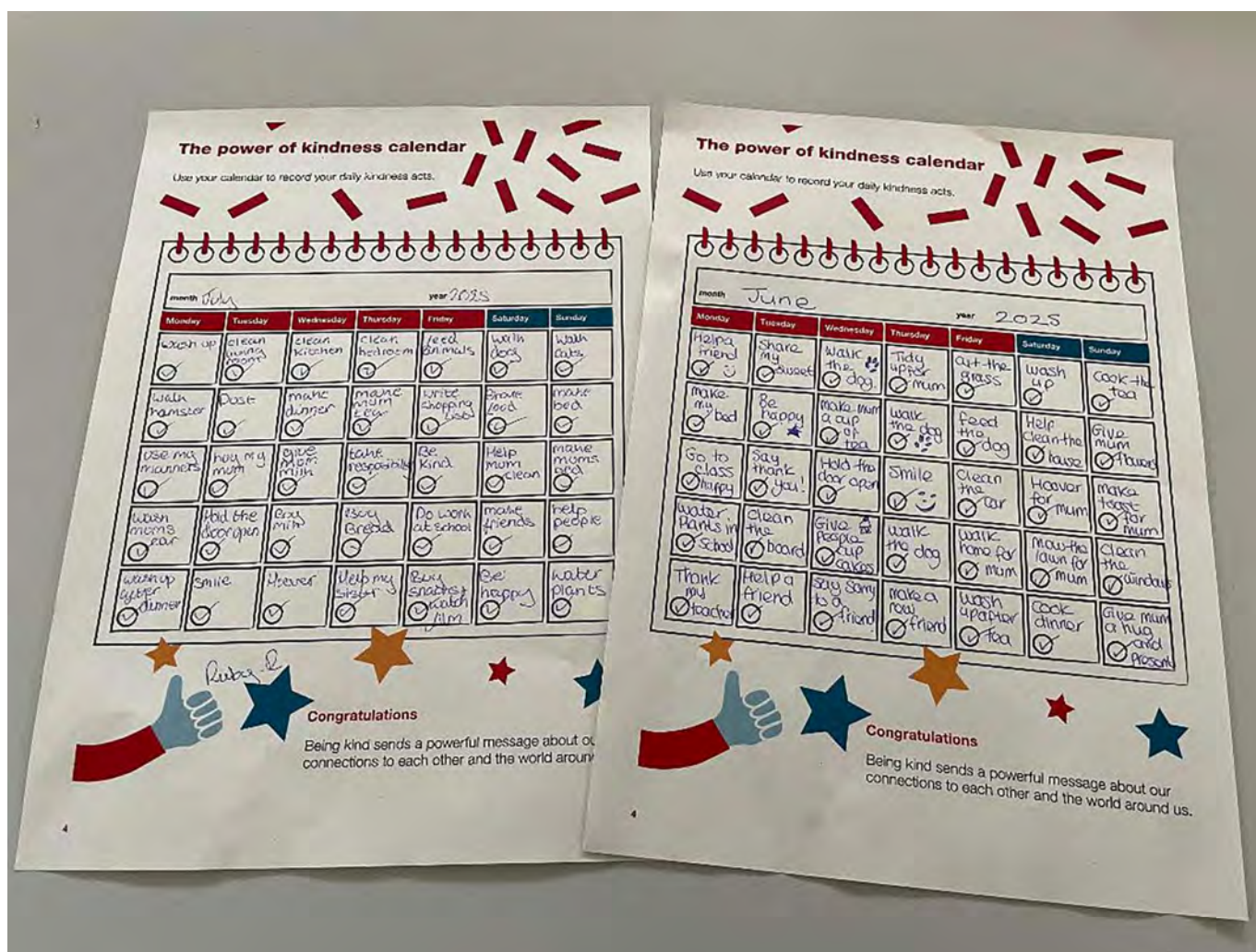




We have also been considering kindness towards others and the students have enjoyed creating small gifts to leave around the school as random acts of kindness. Students left small bouquets of flowers on staff member's desks or work areas. For the students they painted and varnished small pebbles and left them around school just before lunchtime for students to find. Each pebble was left with an inspirational message card.



Further to this, students kept a Kindness Calendar. Remember, kindness costs nothing and sends a powerful message about our connections to each other and the world around us. We encourage all our students to show kindness.





# STEP

STEP has been busy this term with interventions. We have seen some brilliant progress – which has made a positive impact on student's attainment. We look forward to a new round of interventions next term and continuing to support students to make the very best progress they can.

STEP and the LSA team also had the pleasure of welcoming our future Year 7s to The Hamble School during the transition events. The induction days were a great opportunity to get to know the new young people that will be joining us in September

As well as STEP being the hub for LSA interventions, we also support students who come to provision on full time and part time referrals. We work with these students to return to full time lessons. Students who have an exit pass can also access the room to self-regulate.



## Here are some of our favourite student quotes about STEP...

*"STEP is a quiet place to do my work without distractions."* – Year 8 student

*"I really enjoyed my reading intervention."* – Year 9 student

*"STEP has helped me with my mental health."* – Year 9 student

*"I like using the sensory room in STEP to help me calm down."* – Year 7 student

*"STEP is very welcoming and inclusive."* – Year 8 student

*"STEP has helped me get back on track."* – Year 9



# INCLUSION SUPPORT

## Coping with change and lack of structure over the summer holidays

As the summer holidays begin, many families welcome the break from school routines. But for some young people, the sudden shift can feel overwhelming. Without the structure of the school day, children may experience disrupted sleep, boredom, or anxiety about the upcoming year.

Here are some simple ways to support your child through the summer months:

### **Keep a gentle routine**

- Encourage regular wake-up times and bedtimes
- Plan a few weekly activities or outings
- Include daily movement – walks, sports, or bike rides
- Set screen-time boundaries to maintain balance

### **Support their wellbeing**

- Check in with how they're feeling
- Acknowledge that change can be tough
- Encourage time with friends and family
- Allow space for rest and downtime

### **Keep minds active**

- Visit the library or swap books with friends
- Explore hobbies like art, music, or cooking
- Try volunteering or part-time work
- Plan educational trips to museums or nature spots

### **Ease back into school prep**

- Talk about hopes and goals for the new year
- Reintroduce routines gradually in late August
- Organise school supplies together
- Address any worries early on

Summer is a great time to recharge and reconnect. With a little structure and support, your child can enjoy the break while staying emotionally and mentally healthy. All of the staff in the inclusion department wish you and your family a restful Summer break and we look forward to seeing you in the next academic year.

You can visit our webpage for further support and information:  
**[www.thehambleschool.co.uk/inclusion-send](http://www.thehambleschool.co.uk/inclusion-send)**



# HOMEWORK



## ALL YEAR GROUPS **HOMEWORK CLUB**

EVERY LUNCHTIME

Location: T6 (Tokyo Block – upstairs)

**A quiet place to do your  
homework...**

**Just come along!**



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# YEAR 10 SPORTS LEADERS

On Thursday 10 July, a group of Year 10 Sports Leaders supported the delivery of the Netley Abbey Junior School Sports Day.

The weather was kind and the event was a great success! Our students represented our school fantastically well and received many compliments from staff and spectators – including the following from their PE Leader:

*“Thank you to you and your students for generously giving your time to support our Sports Day. Several staff members have commented on how well your students conducted themselves and how helpful they were throughout the event. We truly appreciate your contribution – it made a positive difference to the day’s success.”*

It was a great opportunity for some former students to return to their feeder schools and also a chance to showcase some of their organisational and leadership qualities.

Well done to all involved – you did us proud!





# P.A.C.E.

2025  
PARENT & CARER EVENTS



Hampshire Child and Adolescent  
Mental Health Services

A **free** mental health & wellbeing event  
for all parents and carers who support  
or work with young people

## WHAT CAN I EXPECT?

PACE events consist of two main components:

1. A number of introductory sessions on young people's emotional health and wellbeing.
2. Information stands from local organisations.

Attendees can choose which sessions they would like to attend; select as many or as few as you would like to attend.

**FRIDAY, 7TH NOVEMBER 2025**

LYNDHURST COMMUNITY CENTRE, CENTRAL CAR PARK,  
HIGH STREET, LYNDHURST SO43 7NY

## SESSIONS:

**NEW** Connecting with your child, Tics and Tourette's, Understanding ADHD - an extended session

To find out more  
and booking  
scan this QR code



BOOK YOUR SESSION SPACE AT:

**[hampshirecamhs.nhs.uk/events](https://hampshirecamhs.nhs.uk/events)**



TIME	SESSION 1	SESSION 2
9:30 -	<b>Supporting a child with eating difficulties including AFRID</b> This session solely focuses on eating disorders as a mental health disorder for young people. This will cover Avoidant Restrictive Food Intake Disorder, which is a feeding and eating disorder. People with ARFID find it hard to eat enough for healthy growth, development and functioning.	<b>Supporting trauma recovery</b> Understanding the impact of trauma on children and young people and how together we can help them to recover.
10:30 -	<b>Introduction to managing ADHD - ADHD Team</b> What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	<b>Supporting a young person in crisis &amp; managing self-harm</b> Supporting a young person in crisis & managing self-harm.
10:45 -		
11:45		
12:00 -	<b>Coping and resilience strategies to support children &amp; young people</b> Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This session uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	<b>Introduction to autism</b> What is Autistic Spectrum Condition? Spotting the signs and symptoms Diagnosis: the process and things to know about the diagnostic assessment How to support a young person with ASC.
13:00		
13:30 -	<b>Understanding and supporting a young person with Obsessive Compulsive Disorder (OCD)</b> This session aims to give an introduction for parents and carers supporting a young person with Obsessive Compulsive Disorder (OCD). It will provide information regarding what OCD is, how this develops and what keeps it going. It will give an overview of the treatment options for OCD and ways family members can support a young person at home.	<b>Looking after yourself to support your child</b> This session will focus on the needs and challenges for parents and carers, as well as provide a range of practical advice and strategies around how to look after yourself in order to better support the wellbeing of your child.
14:30		
14:45 -	<b>New Connecting with your child</b> Understanding what true connection, co-regulation and compassion are, why we need them as humans (adults and children), and how they influence our nervous system states. Including ways to build them into your everyday life to support your child's wellbeing and your own.	<b>Understanding &amp; managing anxiety</b> What anxiety is and how to spot the signs and symptoms of anxiety in children and young people. How to support a child and young person who experiences anxiety with practical strategies.
15:45		
16:00 -	<b>Coping and resilience strategies to support children &amp; young people</b> Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This session uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	<b>New Tics and Tourette's</b> An introduction to what are Tics and what is Tourette's. This presentation will cover what can make tics wax and wane and explore ideas and interventions that can help young people, their carers and other people who may support them.
17:00		
17:15 -	<b>New Understanding ADHD</b> This session will include what ADHD is, practical strategies to support the child/ young person with identifying their strengths, prioritising tasks, building resilience and has a focus on maintaining wellbeing. It includes evidence-based parent/carer skills to manage behaviour that can challenge using Non-violent resistance skills. Overall the event provides tools to support children and young people with ADHD to thrive.	<b>Supporting your autistic child to thrive</b> This two-hour session will consider what areas of life can be challenging for autistic young people. We will think about how we can adapt our communication and the environment around the young person to make life easier and more suited to their needs. We will discuss practical changes that can be made in all the areas and give example of what these look like in real life. We will support you to think about the specific needs of your child and develop the beginnings of an individualised plan, providing the opportunity for discussion with other group members and the facilitators.
19:30		



# HOW DO YOU CONTACT THE HAMBLE SCHOOL?



Please use **[general@thehambleschool.co.uk](mailto:general@thehambleschool.co.uk)** to contact any member of staff. We would advise you to add the staff member's name in the email subject if you know this. We operate a 48 working hour response policy.

If you need to call the school with an urgent message, please phone **023 8045 2105** – please note that most of our staff are teaching during the day and they are therefore unlikely to be able to take calls.

## Other Useful Contacts:

- The Inclusion Department – **[inclusion@thehambleschool.co.uk](mailto:inclusion@thehambleschool.co.uk)**
- Support with Class Charts – **[classcharts@thehambleschool.co.uk](mailto:classcharts@thehambleschool.co.uk)**
- The Attendance Team – **[attendance@thehambleschool.co.uk](mailto:attendance@thehambleschool.co.uk)** or via the **Class Charts App**
- Careers – **[careers@thehambleschool.co.uk](mailto:careers@thehambleschool.co.uk)**
- The Headteacher – **[headteacher@thehambleschool.co.uk](mailto:headteacher@thehambleschool.co.uk)**
- Report a Concern – **[www.thehambleschool.co.uk/report-concerns](http://www.thehambleschool.co.uk/report-concerns)**

If you wish to ask general questions or find out more about the schools' priorities, please join the Parent Forum. This group meets monthly and dates are advised via the Weekly Message on our website.

**[www.thehambleschool.co.uk](http://www.thehambleschool.co.uk)**



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~ STUDENT SUCCESS ~



# FREDDIE L – HAMPSHIRE DISABILITY CRICKET CLUB

Former student, Freddie L, played for Hampshire Disability Cricket Club (D40) and represented them in a T10 Disability Cup hosted by the Sussex Cricket Foundation playing at Sussex Cricket Club Stadium (1st Central County Ground, Hove) on Sunday 18 May.

The Cup Competition consisted of Sussex, Hampshire, Surrey & Essex.

Hampshire played Sussex in the Semi Final and won.

It was Hampshire vs. Surrey in the T10 Disability Cup Final and it went down to the final over... right down to the final ball.

Freddie had to bowl the Final (Death Over) with Surrey requiring 9 runs off 6 balls.

Freddie bowled 2 dot balls, gave away 3 singles and took a wicket in the over for Hampshire to become T10 Disability Cup Champions!



You can view the coverage and commentary of the Final Over here:

<https://youtu.be/V3FDqb64jPE?feature=shared>

Freddie also had a “LIVE” interview on BBC South on Friday 23 May, at the Utilita Bowl.

**Well done Freddie.**

## SHARE YOUR STORIES

We love to feature achievements outside of school in our newsletter.

It is really important to celebrate success and share news with the community. Please email [communication@thehambleschool.co.uk](mailto:communication@thehambleschool.co.uk) if you would like to share any stories.





# PLACES WHERE KIDS EAT FREE (OR FOR £1) SUMMER HOLIDAYS 2025



[moneysavingcentral.co.uk/kids-eat-free](https://moneysavingcentral.co.uk/kids-eat-free)

## ANGUS STEAKHOUSE

Kids under 8 eat FREE daily, 12pm to 5pm

## ASDA

Kids eat for £1 daily, with no adult spend

## ASK ITALIAN

Kids under 10 eat for £1 during school holidays

## BEEFEATER

Kids Eat FREE with Newsletter Voucher this Summer

## BELLA ITALIA

Children eat for £1 with any adult main

## BILLS

Kids Eat Free weekdays, 21st July – 29th Sept

## BREWERS FAYRE

Kids Eat FREE with Newsletter Voucher this Summer

## BREWDOG

2 Kids eat free with 1 adult, 19th July - 31st August

## BURGER KING

From 28th July - 31st August, Kids Eat Free (via app)

## CHIQUITO

Kids eat FREE Daily Until August 31st

## DOBBIES GARDEN CENTRES

Kids eat for £1 with an adult breakfast or lunch

## FRANKIE & BENNY'S

Kids Eat Free from 14<sup>th</sup> July – 31<sup>st</sup> August 2025

## FUTURE INNS

Under 5s eat for free with any adult meal

## GORDON RAMSEY RESTAURANTS

Kids under 10 eat FREE all day, every day

## HARVESTER

Kids eat for £1, Mon - Fri via the App

## HUNGRY HORSE

Kids eat for £1 on Mondays

## IKEA

Kids get a meal from 95p daily from 11am

## LAS IGUANAS

Kids under 12 eat FREE with 'My Las Iguanas' App

## MARCO PIERRE WHITE

Kids under 12 Eat FREE daily with an adult spend

## MORRISONS

Kids Eat FREE all day, every day with a £5 spend

## PAUSA CAFE @ DUNELM

Kids eat FREE with every £4 spend after 3pm

## PREMIER INN & TRAVELODGE

2 kids eat for FREE with 1 adult breakfast

## PRETO

Kids up to age 10 eat free with 1 paying adult

## PUREZZA

Kids under 10 get free pizza with every adult meal

## SA BRAINS PUBS

Kids eat for £1 on Wednesdays

## SIZZLING PUBS

Kids eat for £1, Every Monday to Friday, 3 - 7pm

## TABLE TABLE

2 Kids Eat free breakfast daily with 1 paying adult

## TESCO

Kids Eat FREE with a 60p spend until Aug 31st

## TGI FRIDAYS

Kids Eat Free with any adult meal (Via App)

## THE REAL GREEK

Kids under 12 eat FREE Sundays with £10 spend

## TOBY CARVERY

Kids eat for £1 all day (weekdays) until Aug 29th

## WHITBREAD INNS

2 kids eat for FREE with 1 adult breakfast

## YO! SUSHI

Kids eat free all day (weekdays) in school holidays

## ZIZZI

Kids eat free this summer holidays (ex Saturdays)

Copyright of MONEY SAVING CENTRAL

For more information visit:

[moneysavingcentral.co.uk/kids-eat-free](https://moneysavingcentral.co.uk/kids-eat-free)



# STUDENT LEADERSHIP 2025/26



Following a successful application process and interviews, it is a true pleasure to announce our new Student Leadership Team of 2025/26.

## **Head Students:**

Esme S and George E

## **Deputy Head Students:**

Benjamin W, Emily B, India B, Kristian G-R and Sophie J

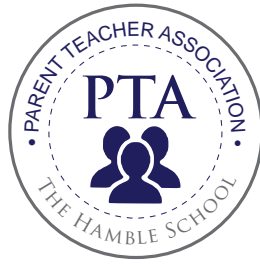
We are all very proud of you all and know that you are going to lead up a fantastic team of prefects for your school community next year. It was also a pleasure to celebrate with you and your families at a surprise event this week, whereby we had the opportunity to congratulate you on receiving your coveted roles. We are very excited to see your team grow into the finest Student Leadership team yet! Well done to all of you.

A huge congratulations to those successfully chosen to be Head of House, Community Prefects, Wellbeing Prefects, Charity Prefects and Sports Prefects, along with your wider prefect team. We will look forward to adorning you with your prefect ties during our first Year Group assembly and organising your first meetings to start your prefect projects!

We shall of course share more information on our teams and their future plans in the new term, but for now, well done all of you!

**Mrs Emmett-Callaghan**





# PTA CELEBRATES A FANTASTIC FIRST YEAR... OVER £2,000 RAISED!

We are thrilled to share that in its very first year, our Parent Teacher Association (PTA) has raised an incredible £2,000 to support and enrich our school community!

This fantastic achievement was made possible through a series of fun and engaging events, including:

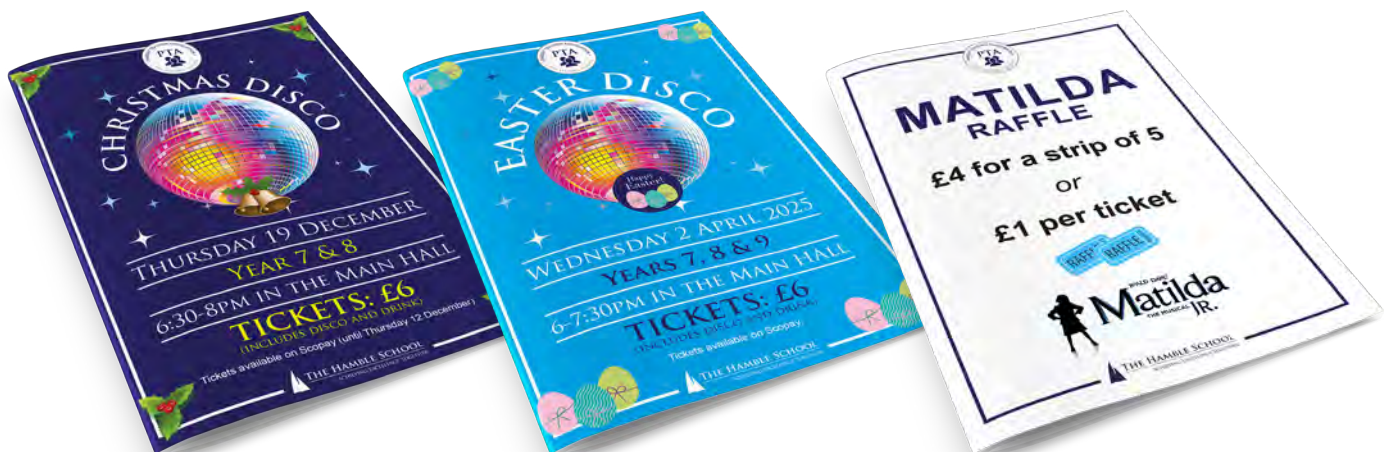
- **Two well-attended school discos** that brought students together for music, dancing and memories.
- A **raffle and refreshments** stand during the school's brilliant production of Matilda.
- **Refreshments served** at parents' evenings and our inspiring Art Evening.

Thanks to your generous support and participation, the funds raised have already made a real difference. The PTA has proudly contributed to:

- **New cameras for the Arts Department**, helping students capture and create high-quality visual work.
- A **contribution to the School Prom**, making the event more accessible and memorable for all students.

We are just getting started! To kick off another exciting year, we will be holding a **PTA meeting in September**. We have lots of great plans in the pipeline and would love to welcome more Parents/Carers to get involved – whether you can spare a little time or a lot, your help makes a big impact.

Keep an eye out for updates in the new school year.  
Here's to another successful year of working together for our school!





**"We would like to thank all the  
local businesses that have supported  
The Hamble School's 2025 production of Matilda,  
by donating prizes to the PTA raffle."**

**Alaplas Coffee**, Victoria Road, Woolston  
**Cherrywood Kitchen**, Station Road, Netley Abbey  
**Dan's Desserts**, Portsmouth Road, Woolston  
**Flame Grill Pizza**, Victoria Road, Woolston  
**Flash Repair**, Victoria Road, Woolston  
**Golden Fish Bar**, Victoria Road, Woolston  
**Hair Port Barbers**, Victoria Road, Woolston  
**Hamble Estate Agency**, High Street, Hamble  
**Janvier**, Obelisk Road, Woolston  
**Liberty Hair Unisex Salon**, Victoria Road, Woolston  
**Linden Tree PH**, School Road, Bursledon  
**Mac Hair**, Bridge Road, Woolston  
**One Stop**, Portsmouth Road, Bursledon  
**Pickwell Farm Shop**, Grange Road, Netley  
**Piggys**, Victoria Road, Woolston  
**Pizza Propaganda**, The Square, Hamble  
**Royon Dance Wear**, Obelisk Road, Woolston  
**Sarah's Cross Stitch Creations**, Woolston  
**Seams Hub Sewing Studio**, Portsmouth Road, Woolston  
**Sea Sky**, High Street, Hamble  
**Shop Local**, Portsmouth Road, Woolston  
**Southern Aquatics**, Victoria Road, Woolston  
**The Bunker**, Victoria Road, Woolston  
**The Obelisk PH**, Obelisk Road, Woolston  
**The Prince Consort PH**, Victoria Road, Netley Abbey  
**The Victoria PH**, Victoria Road, Woolston  
**Wearabouts**, Victoria Road, Woolston  
**Woolston Food & Wine**, Obelisk Road, Woolston



# UNDERSTANDING ADHD

**A day that focuses on skills and strategies,** for parents, carers and professionals supporting a child with ADHD. Hampshire CAMHS Colleagues will be hosting this day alongside parents / carers with lived experience.

Understanding your child with ADHD, support, strategies and tips. Led by the Hampshire CAMHS ADHD team.

Support for SEN in education & what to do if it's not working. Led by Gayle Moir, SENDIASS Services Manager.

ADHD nervous system differences, sensory systems, emotional regulation, stress response, attention regulation, and executive functioning, Led by Courtney Freedman-Thompson-coach and wellbeing facilitator and lived experience.

**9.30am - 3.30pm**

**Wednesday,  
14 May, 2025**

Thorngate Hall, Bury Road  
Gosport, PO12 3QX

**Friday,  
24 September, 2025**

Proteus Creation Space,  
Council Road, Basingstoke  
RG21 3DH

**Tickets £20**  
Tea and coffee  
included

**For more information and to book a place go to  
[www.hampshirecamhs.nhs.uk/events/](http://www.hampshirecamhs.nhs.uk/events/)**



# HOW TO COPE WHEN YOUR CHILD CANT

**Tickets £25**  
Tea, coffee  
and lunch  
included

Four one-day events focused on parents/carers understanding their own needs, and learning strategies to look after themselves as they support a young person with their own mental health needs.

Each morning session will focus on different topics - further details can be found on our website.

The afternoon session will focus on How to Feel Better as a Parent in Burnout.

**For more information and to book a place go to:**  
**[www.hampshirecamhs.nhs.uk/events/](http://www.hampshirecamhs.nhs.uk/events/)**

**Thursday, 30 January 2025**  
**9.30am - 3.15pm**

**Proteus Creation Space,  
Council Rd, Basingstoke  
RG21 3DH**

**Thursday, 8 May 2025**  
**9.30am - 3.15pm**

**St Peter's Catholic Church  
Conference Centre, Jewry St,  
Winchester SO23 8RY**

**Thursday, 23 October 2025**  
**9.30am - 3.15pm**

**Colbury Memorial Hall,  
133 Main Rd, Totton,  
Southampton SO40 7EL**

**Tuesday, 2 December 2025**  
**9.30am - 3.15pm**

**Waterlooville Community Centre,  
10 Maurepas Way, Waterlooville,  
PO7 7AY**





# PEARSON NATIONAL TEACHING AWARDS RECOGNITION

We are very proud to celebrate the achievements of our staff who have been recognised in this year's **Pearson National Teaching Awards** – a prestigious celebration of excellence in education across the UK.

These awards recognise the dedication and commitment of colleagues. We are delighted to share the following recognitions:

- **Mr Tickner (Governor)** – Nominee Certificate for The Award of Lifetime Achievement
- **Mrs Bowman** – Nominee Certificate for The Award for Teacher of the Year in a Secondary School
- **Mrs Richards** – Nominee Certificate for The Award of Unsung Hero
- **Mrs Bone** – Certificate of Excellence for The Award of Unsung Hero
- **Mrs Ingram** – Certificate of Excellence for The Award of Unsung Hero
- **The Inclusion Team** – Certificate of Excellence for The Award for SEND and Inclusive Practice
- **Miss Priddle** – Certificate of Excellence for New Teacher of the Year
- **Miss Bland** – Certificate of Excellence for New Teacher of the Year

We are especially proud to see our Inclusion Team recognised for their outstanding work in supporting students with special educational needs and disabilities. Their dedication ensures that every student feels supported and empowered to succeed.

Recognition from the Pearson National Teaching Awards is a significant honor, and we are thrilled to see our staff celebrated at a national level. Their achievements remind us all of the profound impact educators can have – not just in the classroom, but in shaping futures and building communities.

Please join us in congratulating them on this well-deserved recognition.









# ¡Enhorabuena! Félicitations!



**Congratulations to our Year 8 MFL Super Spellers who beat teams from five other Southampton schools to take first prize in both Spanish and French in an interschool Spelling Bee.**

The event, held at The University of Southampton, provided the perfect opportunity to celebrate a love of languages, to perfect vocabulary recall, get a feel for campus life and make new friends. Our students trained at home – and during lunchtimes with their teachers, to learn a comprehensive list of words by heart and then perform in a lecture theatre to pronounce and spell their words clearly and precisely.

During the competition, the students were also given a creative challenge to devise a motivational game or tool that would enable memorisation of new vocabulary. Together they enjoyed sharing original ideas for language learning, an informative tour of the university campus and a relaxing picnic in the sunshine.

We are grateful to have had the opportunity to take part in this memorable event and are super proud of our students' achievements and impeccable conduct.

**Well done Year 8 MFL Super Spellers.**

NEW  
FOR 2025



Hampshire Child and Adolescent  
Mental Health Services

# HAMPSHIRE CAMHS INFORMATION & ADVICE SESSION

YOUNG PERSON'S  
MENTAL HEALTH

10am - 2pm

The Arc, Jewry Street  
Winchester, SO23 8SB

This is an opportunity for  
parents/carers, professionals  
or young people to come  
and chat to our CAMHS  
clinicians, ask questions,  
get advice and resources.

Bookable slots available via  
our website or just drop in.



2 April  
7 May  
4 June  
2 July  
6 August

3 September  
1 October  
5 November  
3 December

[hampshirecamhs.nhs.uk](https://hampshirecamhs.nhs.uk)



# SCIENCE DEPARTMENT UPDATE

As the school year comes to an end, we have been celebrating the work of the extra-curricular clubs in Science. This year, STEM club members have made rockets, egg launchers, their own 'telephones', pin hole cameras and more. Some members also achieved a nationally recognised award known as the Bronze CREST Award. This involved taking part in a project and writing a report of their work. They chose to continue this work to then complete their Silver CREST Award, and will collect their certificates soon.



The Eco Ambassadors have been working on increasing the biodiversity on school grounds by planting bulbs, sowing wildflower seeds, installing bug hotels, building an amphibian dwelling, and launching their campaign for more plants in classrooms. Their successful fundraising and hard work will allow this action to continue next year with the installation of raised beds for fruits and herbs, hedgehog homes and more, to help the wildlife at The Hamble School.



Well done to the students of both clubs for committing their time, and having made such a positive impact this year. STEM club and Eco Ambassadors Club will continue to run after school, in the new school year. New members are very welcome!



# CALLING ALL **ECO-WARRIORS** COME AND JOIN OUR CLUB



WE MEET EVERY WEEK...

**Thursday after school 3-4pm in S5**

We are currently working towards the **Green Flag Award** – helping the school to be more eco-friendly. We are also helping wildlife around the school and currently working on air purification in the classroom.

**JUST COME ALONG AND JOIN IN.**



THE HAMBLE SCHOOL  
ACHIEVING EXCELLENCE TOGETHER



# GLOBE – CLIMATE UNITY PROJECT



Our globe was made by Year 8 students during this year's Creative Arts Week. On the day, students engaged in a range of activities around Unity and Togetherness. Students participated in workshops to create different components for our globe. The materials used were either donated by members of the school community – toy cars for mark making, plastic straws left over from parties, milk bottle tops, ping pong balls, plastic bags etc. or were recycled from previous projects (felt, glitter, thread scraps, paper straws, laser cut circles, buttons and beads) – even the paper students used was the back of old worksheets and handouts!

During each workshop, students investigated the sustainability of the materials they were about to use and then had discussions around how we as individuals and as a whole school community could improve our sustainability and work in a more environmentally friendly way.

Students were inspired by the work of textile artist Michael Brennand-Wood, specifically his floral sculptural works.

We are so proud of what the students have made as a team, they engaged really well in the discussions around protecting the world we live in and creating a more sustainable future.



Our globe sculpture is being exhibited in the Winchester Gallery. If you would like to go and see our artwork you can find out further details on the next page...



# SMALL WORLDS

The Winchester Gallery  
11th July - 16th August

An exhibition of globes  
by artists, communities  
and schools

Come and  
see your  
artwork!

**The Winchester Gallery**  
Winchester School of Art  
Park Avenue  
Winchester SO23 8DL

**Opening times:**

Tuesday - Friday 12 - 6pm  
Saturdays 12 - 4pm







~ STUDENT SUCCESS ~



## DISTRICT ATHLETICS, WINCHESTER



On Thursday 19 June, a group of Year 7 and 8 students attended the District Athletics event at Winchester Sports Centre.

Our students participated in a range of events and enjoyed the experience of competing against high quality athletes.

**Well done to all involved!**

Charlie B, Rico W, CJ H, Wezi K, Pollyanna F, Orla C, Ella S, Layla C and Emmie P.





~ CELEBRATING EXCELLENCE ~



# PROFESSIONAL DEVELOPMENT: NPQ ACHIEVEMENTS

At The Hamble School, we are proud to champion a culture of continuous learning and professional growth. We would like to congratulate the following members of staff on successfully completing their National Professional Qualifications (NPQs):

- **Mr Taylor** – NPQ in Leading Behaviour and Culture
- **Ms Clucas** – NPQ in Leading Behaviour and Culture
- **Mrs Emmett-Callaghan** – NPQ in Leading Behaviour and Culture
- **Mr Wallace** – NPQ in Leading Teacher Development
- **Miss King** – NPQ in Leading Teacher Development

These qualifications represent a significant milestone in each colleague's professional journey. They reflect a commitment to educational leadership and improving outcomes for all students.

At the heart of our school's ethos is the belief that learning never stops. As teachers, we must model the values we instill in our students, including curiosity, resilience and a drive for excellence.

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## HISTORY DEPARTMENT UPDATE

In History we have been running debate club for Years 7, 8 and 9. Mr Heath and Mr Lee have been delighted to see so many students attend each week. Through regular debates on historical events and contemporary issues, students have sharpened their analytical skills and developed persuasive arguments which are very useful both inside and outside the classroom. The History team look forward to seeing some new faces in September.

Year 10 have recently completed a set of practice GCSE exams and the History team opened up their classrooms at lunchtime for 'Lunch and Learn'. This gave an opportunity for all Year 10 History students to go over key content that they felt they needed some further support with. The turnout was incredible and the feedback from the students was extremely positive. This is something that will return next year as they progress into Year 11.

### CHRISTIAN UNION

**Are you a student looking for a place to explore life's big questions in a relaxed and welcoming environment?**

Join the Christian Union, hosted by the Religious Studies Department,  
every **Wednesday** and **Thursday** at lunchtime in **D6!**

Whether you're full of questions or simply curious, this is a safe, supportive space to chat and reflect. Enjoy complimentary cake, make new friends and discover what faith means in today's world. Everyone is welcome – believers, questioners and anyone in between.

**Come along and bring your lunch, we'd love to see you there!**



# HAF SUMMER SCHEMES

Children from Reception to Year 11 receiving benefits-related free school meals can access schemes across Hampshire during the summer holidays at no cost!

Schemes are now open for bookings - scan the QR below to check if you're eligible, find HAF schemes running near you, and book your child(ren)'s place:



<https://fish.hants.gov.uk>



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UK Government



connect4  
communities



Hampshire  
County Council





# HAF SUMMER SCHEMES



## 360 Degrees Sports Coaching

The Crescent Primary School (SO50 9DH)  
Knightwood Leisure Centre (SO53 4SJ)

## 4Wards Multi-Activity

Wellstead Primary School (SO30 2LE)



## Active For All

Stoneham Park Academy (SO50 9SB)

## Active Future

Wildern Leisure Centre (SO30 4EJ)



## ActiveMe 360

Barton Peveril College (SO50 5ZA)  
Toynbee School (SO53 2PL)

## Creative Kidz

Hamble Primary School (SO31 4ND)



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Hampshire  
County Council





# HAF SUMMER SCHEMES



## Computer Xplorers

Nightingale Primary School (SO50 9JW)



## GCS Connect4Families

Fair Oak Infant School (SO50 7AN)  
The Pavilion On The Park (SO50 9LH)



## Globe Fit

Bursledon Infant School (SO31 8BZ)  
Saint James Primary School (SO30 3EG)



## JG Tennis Coaching

Boorley Green Community Centre (SO32 2RQ)



## Personal Best Education

Norwood Primary School (SO50 5JL)  
Wildern School (SO30 4EJ)  
Wyvern College (SO50 7AN)

*Please keep an eye on the FISH website as it will be regularly updated with available HAF schemes.*



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communities



Hampshire  
County Council



# Young persons photo competition 2025

# Connections

Hampshire CAMHS are looking for creative photos that reflect connections, how we connect, who we connect with and the importance of connections.  
No faces permissible.

This competition is open to any young amateur photographer in Hampshire.  
Age categories: • Up to 12 years old • 13 to 18 years old

## Prizes in each category

**1st Place** £100 Amazon voucher

**2nd Place** £75 Amazon voucher

**3rd Place** £50 Amazon voucher

**Submission date: Midnight on 8th September 2025**  
**All submissions must be supplied with an entry form**

Submission assumes permission to use to promote this project and possible inclusion in a book / exhibition exclusively.

The entry form and details, along with our terms and conditions can be found on our website

**[hampshirecamhs.nhs.uk](http://hampshirecamhs.nhs.uk)**



Prize money sponsored by







~ STUDENT SUCCESS ~



# MATTHEW W – RS FEVA NATIONAL SAILING CHAMPIONSHIPS



This half term, Matthew W (Year 8) and his friend, participated in the RS FEVA National Sailing Championships held in Dalgety Bay, Scotland. Representing their local Netley Sailing Club, this event marked their first major competition together.

Despite facing challenging weather conditions marked by strong winds and heavy rain, the duo persevered and emerged victorious. They clinched the top position in the Silver Fleet after four intense days of sailing.

**A huge congratulations Matthew, on this fantastic achievement.**





# FOOD PREPARATION & NUTRITION UPDATE

This half term students have been learning about different food styling techniques and have been practising these skills in their lessons.

They have learnt about the main points to consider:

1. The support (what the food will be served on)
2. The focal point
3. Colours
4. Textures
5. Decoration and garnish



Over the summer it would be great for students to be involved in practising these skills at home when they are cooking. If they can send their pictures to [general@thehambleschool.co.uk](mailto:general@thehambleschool.co.uk) Mrs Turner will pick a winner when we return after the summer.



# ~ CELEBRATING SUCCESS ~ OVER 2000 REWARD POINTS

On Wednesday we were incredibly proud to celebrate the students who have achieved more than 2000 Reward Points this year. This is a fantastic milestone that reflects their hard work, dedication and commitment to excellence.

At The Hamble School, we believe in recognising not just academic achievement, but also effort, kindness, resilience and a positive attitude. These reward points are a testament to the students who consistently strive to do their best, support their peers, and contribute positively to our school community.

To celebrate this outstanding accomplishment, we held a **special 2000+ Assembly**, where students who reached this milestone were recognised for their efforts. During the assembly they were awarded **certificates and an exclusive pin badge** as a symbol of their achievement.

We want to congratulate every student who earned points this term. Every point represents a moment where you chose to work hard, show respect, or go the extra mile. Keep it up!

**Well done, everyone!**

**Congratulations Year 7**  
Progress Leader: Mr Bateman



**Congratulations Year 8**  
Progress Leader: Mr James



**Congratulations Year 9**  
Progress Leader: Mrs Clucas



**Congratulations Year 10**  
Progress Leader: Mrs Emmett-Callaghan





# SUMMER

## HOLIDAY FUN COURSES

9am - 3pm | Ages 5-13

EASTLEIGH FC 3G PITCH



All Abilities Welcome | First team tickets | Meet First Team Players

## EUROS WEEK

WEDS 23RD JULY - FRI 25TH JULY

## GOALS GALORE

MON 28TH JULY - FRI 1ST AUGUST

## PREMIER LEAGUE WEEK

MON 4TH AUGUST - FRI 8TH AUGUST

## CHAMPIONS LEAGUE WEEK

MON 11TH AUGUST - FRI 15TH AUGUST

## WORLD CUP WEEK

MON 18TH AUGUST - FRI 22ND AUGUST

## CHAMPIONSHIP WEEK

MON 25TH AUGUST - FRI 29TH AUGUST

SCAN BELOW  
TO BOOK ON



SCAN ME

£20 PER DAY | £30 PER WK (WK 1) | £75 PER WK (WKS 2-6)

SPECIAL SUMMER OFFER - £200 SUMMER PASS - UNLIMITED

ACCESS ALL SUMMER - LIMITED SPACES AVAILABLE



CONTACT JOSH: [JNACE@EASTLEIGHFC.COM](mailto:jnace@eastleighfc.com)



# SUMMER

## HOLIDAY COURSES

9am - 3pm | Ages 5-13

EASTLEIGH FC 3G PITCH



All Abilities Welcome | First team tickets | Meet First Team Players

**FOOTBALL**

**GAMING CONSOLES**

**DODGEBALL**

**MINI GOLF**

**ARTS AND CRAFTS**

**CRICKET/ROUNDERS**

SCAN BELOW  
TO BOOK ON



SCAN ME

£20 PER DAY | £30 PER WK (WK 1) | £75 PER WK (WKS 2-6)

SPECIAL SUMMER OFFER - £200 SUMMER PASS - UNLIMITED  
ACCESS ALL SUMMER - LIMITED SPACES AVAILABLE



CONTACT JOSH: [JNACE@EASTLEIGHFC.COM](mailto:JNACE@EASTLEIGHFC.COM)



# YEAR 10 GEOGRAPHY

Our Geographers in Year 10 have been working very hard this half term on their preparation for Paper 3. They have been assessing the sustainability of Southampton by focussing on Egan's Wheel. The students conducted Environmental Quality Assessments, pedestrian counts and completed field sketches.

They were very well behaved and we received lots of positive feedback from members of the public. One student commented *"it was really good to see what we have been learning about in class and preparing for our exams"*.

Students (and staff) are now looking forward to the Physical Geography trip in the Autumn Term.





# DESIGN TECHNOLOGY

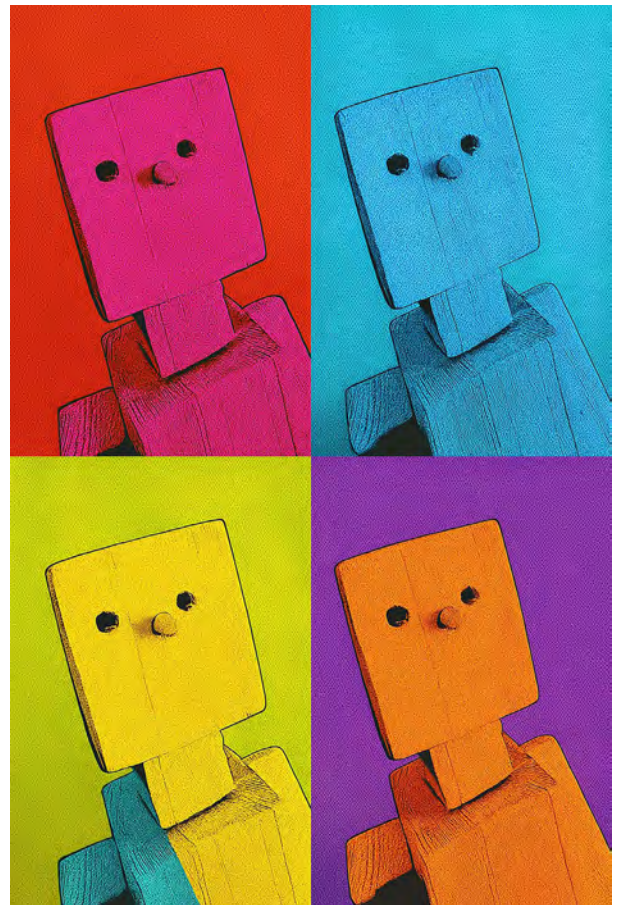
A huge well done to 7a/Te5 and 7b/Te5 for their amazing effort in the robot project! It has been a whirlwind project but, every student should be proud of their fantastic effort and achievements – we are looking forward to hearing about the adventures some of the robots will have this summer, along with seeing one or two makeovers!

## 7a/Te5 – Robot Project





## 7b/Te5 – Robot Project



This is an Andy Warhol take on a robot made by Jake S in 7b/Te5 – it is absolutely incredible!



# Mental Health Focus Week

A week of training days for Parent/Carers and Professionals provided by Hampshire CAMHS on a variety of subjects.

All  
sessions  
9.30am  
- 3.30pm

## **Eating Disorders and Difficulties**

Monday 8 September 2025

## **Anxiety - understanding and strategies to support young people**

Tuesday 9 September 2025

## **Trauma - The profound impact on young people**

Wednesday 10 September 2025

## **Understanding ADHD**

Thursday 11 September 2025

## **Embracing Autism**

Friday 12 September 2025

**8 - 12 September 2025**

United Reform Church Jewry Street,  
Winchester, SO23 8RZ



For more information scan the QR code or visit:

**<https://hampshirecamhs.nhs.uk/events/>**



# Mental Health

## bite size sessions

**We are running a whole week of bitesized workshops to support Hampshire CAMHS Mental Health Focus Week. These are one hour sessions.**

**Sessions include:**

- Introduction to mental health
- Introduction to anxiety
- Introduction to low mood
- Tics & Tourettes
- Supporting your child to transition to a new school
- Sleep hygiene
- Teenage turmoil
- Trauma
- Understanding suicidal language in children and young people and how to support them
- Supporting parents to manage children's anxieties
- Emotionally based school avoidance
- Exam stress



**8-12 September 2025**

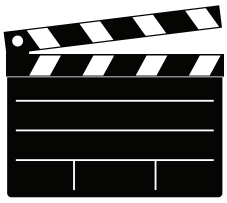
United Reform Church Hall  
Jewry Street, Winchester, SO23 8RZ



For more information scan the QR code or visit:

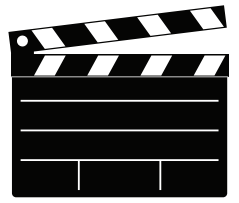
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# MEDIA STUDIES

## END OF YEAR RECAP



As we wrap up another exciting academic year, the Media Studies department is proud to look back at the creativity, progress and enthusiasm shown by our students across Years 9, 10 and 11. Whether it's analysing media products, developing practical projects or preparing for exams – it's been a year full of learning and growth.

### YEAR 9: A CREATIVE INTRODUCTION

Our Year 9 students began their Media Studies journey this year, diving into key concepts like media language, representation and audience. From breaking down film trailers to designing their own magazine covers, they've shown a brilliant mix of curiosity and creative flair.

#### Highlights:

- Introduction to genre, narrative and audience theory.
- Group analysis of real media products including adverts and their own promotional materials.

We're excited to see how this foundation will support them as they move into more in-depth study next year if they have decided to continue with the subject. If not, we wish you well in your options choices.

### YEAR 10: BUILDING SKILLS AND STARTING NEA

Our Year 10 students have grown in confidence and skill this year. They've tackled set texts from the OCR GCSE Media Studies specification, learning to decode media texts and apply critical theories effectively.

#### This year included:

- In-depth study of TV, radio, magazines and online media.
- Developing exam-style analytical writing skills.
- Beginning their **Non-Exam Assessment (NEA)** – planning and creating original media products like film posters, websites and music videos.

The NEA has been a brilliant opportunity for students to put their creativity and planning into action and we can't wait to see their finished work in Year 11!

### YEAR 11: FINISHING STRONG

Year 11 students have worked exceptionally hard this year, balancing the demands of completing their NEA with thorough exam preparation.

#### Key accomplishments:

- Completion and submission of the NEA – some outstanding work produced!
- Mastery of exam topics including media industries, audiences, representation and media language.
- Focused revision sessions and mock exams to prepare for the summer GCSEs.

We are incredibly proud of the commitment, effort and resilience shown by this cohort. We wish them the very best in their results and whatever exciting path lies ahead!

# SEAWORK CAREERS FAIR



Year 9 students had the opportunity to attend the Seawork Careers Fair this half term.

They met a wide range of professionals from the commercial marine industry.

They were also allowed to board a variety of vessels, go to the Tecktruck and attend a talk from people working in a variety of different roles in the industry.



## TOP REWARD POINTS

Well done to the following students who achieved the most reward points this half term.

### YEAR 7

Zoe G (7-1)  
Pollyanna F (7-1)  
Jake S (7-6)  
Charlie B (7-3)  
Annalisa K (7-4)  
Alaa M-EI M (7-1)

### YEAR 8

Isaac C (8-8)  
Patrick H (8-7)  
Julia T (8-8)  
Riley M (8-9)  
Alistair F (8-2)  
Harriet S (8-1)

### YEAR 9

Oliver B (9-5)  
Eva P (9-9)  
David B (9-5)  
William W (9-8)  
Isabel M (9-2)  
Harvie P (9-1)

### YEAR 10

Milan B (10-9)  
Troy P (10-1)  
Ruby C (10-2)  
Scarlett W (10-9)  
Jamie P (10-9)  
Zhao X C (10-9)