

YEAR 11 UPDATE



8 WORKING DAYS!



THE HAMBLE SCHOOL

ACHIEVING EXCELLENCE TOGETHER

THERE IS STILL TIME TO MAKE A DIFFERENCE...

EXAM COUNT DOWN USE YOUR TIME WISELY

by @inner_drive | www.innerdrive.co.uk



TWO WEEKS TO GO

Plan your revision effectively by spacing it out. Little and often is better than cramming at the last moment.



ONE WEEKS TO GO

Do lots of past papers and quizzes. Teach the material to someone else. Seek advice, guidance and feedback from others.



THE NIGHT BEFORE

Pack your bag for the next day. Do an equipment check. Get plenty of sleep.



THE MORNING OF

Eat breakfast to fuel you for the day.



AN HOUR BEFORE

Get to school early and spend time with relaxing people.



1 MINUTE BEFORE

Take a deep breath and gather your thoughts.



AN HOUR AFTER

Once you have reflected on the exam, don't dwell on it. Move on.



691,200 Seconds



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WHAT ARE WE OFFERING AS A SCHOOL?

- SC16 every lunchtime – Year 11 space to revision or just collect your thoughts
- Revision breakfast space – Every morning from 15 May A7 will be open from 8am
- Tuesday/ Thursday Interventions – Continue until Friday 12 May
- English – Every Wednesday morning at 8am
- Mentor + SBE, DCK, SVY, Tutors
- Power to Perform – Tuesday 02 May, 6pm online



FROM FRIDAY 12th MAY...

- Personalised revision timetable in school
- Warm Ups/ Top Ups
- When you are not in these you go to normal lessons
- Yes, you must attend! Previously Year 11s have found them extremely useful.



TOP UPS

Top-ups are revision sessions, usually 1 hour, where you can have support from your teacher to cover topic areas that you feel need strengthening before your final examination.



WEEKENDS

- Sunday 14th May – Maths
- Sunday 4th June – English and Maths
- Sunday 11th June – English and Maths



WARM UPS

WARM-UPS are last minute revision booster sessions, usually 30-minutes, which take place just before each final examination.

- AM EXAM – 8:20-8:40am
- PM EXAM – 12:20-12:50pm



EXAMS

- AM – 8:50am start
- PM – 1:30pm start
- Mini bus pick ups
- Wake up phone calls
- £65



LAST MINUTE REMINDERS

1. Check the exam seating plan – Make sure you are in the correct room/ seat
2. Register in the warm ups and then make your way to the exam line in correct uniform
3. Do not have anything in your pockets – Remember a black pen (and a spare), plus a water bottle without a label
4. Leave your bag in the storage container
5. Line up in the exams line up area – You must be in silence
6. Listen to the last minute advice from the HoD
7. Walk to the room in silence – Exam conditions apply from the line up
8. Follow the instructions in the exam hall
9. Follow the instructions on the exam paper
10. If you break any rules we have to inform the exam board.



KEY DATES

- Friday 16th June – Last day that you have to be in school all day
- Thursday 22nd June – Leavers Assembly 09:30-10:45am
- Thursday 6th July – Prom
- 29 Working Days!





DEALING WITH **EXAM STRESS**

If stress affects you, try to find ways to maintain a positive attitude and cultivate a positive approach during your revision.



KEEP FIT

by taking some exercise you enjoy



RELAX

perhaps by sitting quietly or meditating



EAT WELL

but healthily



PLANNED TIME AWAY

take some planned time away from study, rather than avoiding revision



THINGS THAT CAN HELP



RECOGNISE ACHIEVEMENTS

be pleased with your achievements as you revise



SLEEP

get sufficient sleep



REWARD YOURSELF

reward yourself with an occasional treat



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