

Thursday 18 September 2025

Dear Parents/Carers

Y7 and Y8 Healthy Eating Contribution

The Food Preparation and Nutrition department has always been very proud that students have been able to make a variety of quality recipes, which they have enjoyed preparing and eating. Some of these items include:

- Scones
- Frittatas
- Cakes
- Seasonal vegetable soup
- Pasta salad
- Pizza

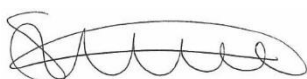
Students will prepare their own dishes and once they are completed are encouraged to take them home. To help with the cost of these dishes we will be providing students with the basic ingredients for all of the above recipes, in order for us to be able to do this we are asking for a contribution of £5.

Payment can be made via the following options:

- Online (via Scopay)
- Cash to the finance office

If you have any questions regarding this payment please do contact the school.

Yours faithfully



Mrs S.Turner
Head of Design & Technology

If, at any time, you should require special arrangements to be made when visiting the school and/or in order to participate fully in supporting your child at school (e.g. an accessible venue for meetings, if you are a wheelchair user, assistance with translation of documents or enlarged copies of communications etc.), please do not hesitate to let us know.

www.thehambleschool.co.uk

T: 023 8045 2105 • general@thehambleschool.co.uk • [f](#) [X](#) [@thehambleschool](#)

Satchell Lane, Hamble, Southampton, SO31 4NE

Headteacher: Miss L Cambridge, BSc (Hons), MA Ed. NPQH

