

Physical Education – Key Stage 3 overview (Year 7)

7A			*1 WEEK*	*6 WEEK BLOCKS*					*4 WEEK BLOCKS*			
			W/C						16/04 - 11/05	14/05 - 15/06	18/06 - 13/07	16-Jul
GROUP	CHANGING ROOM		1st week	Unit 1	Unit 2	House Sports (2 weeks)	Unit 3	Unit 4	Unit 5	Unit 6	Unit 7	House Sports
	1	Boys	Introduction	Badminton	Football		Rugby	Dance	Cricket	Athletics	Rounders	
	2	Boys	Introduction	Football	Badminton		Dance	Rugby	Tennis	Cricket	Athletics	
	3	Girls	Introduction	Hockey or Handball	Dance		Gymnastics	Badminton	Rounders	Tennis	Athletics	
	4	Girls	Introduction	Dance	Hockey or Handball		Badminton	Gymnastics	Athletics	Rounders	Tennis	

7B			*1 WEEK*	*6 WEEK BLOCKS*					*4 WEEK BLOCKS*			
			W/C						16/04 - 11/05	14/05 - 15/06	18/06 - 13/07	16-Jul
GROUP	CHANGING ROOM		1st week	Unit 1	Unit 2	House Sports (2 weeks)	Unit 3	Unit 4	Unit 5	Unit 6	Unit 7	House Sports
	1	Boys	Introduction	Football	Badminton		Rugby	Dance	Tennis	Cricket	Athletics	
	4	Girls	Introduction	Dance	Hockey or Handball		Gymnastics	Badminton	Rounders	Tennis	Athletics	
	2 & 3	Mixed	Introduction	Hockey or Handball	Dance	Badminton	Rugby	Athletics	Rounders	Tennis		