

Physical Education – Key Stage 3 overview (Year 8)

8A			*1 WEEK*	*6 WEEK BLOCKS*				*4 WEEK BLOCKS*				
			W/C						16/04 - 11/05	14/05 - 15/06	18/06 - 13/07	16-Jul
GROUP			1st week	Unit 1	Unit 2	House Sports (2 weeks)	Unit 3	Unit 4	Unit 5	Unit 6	Unit 7	House Sports
		Boys	Introduction	Badminton	Football		Rugby	Dance	Cricket	Athletics	Rounders	
		Boys	Introduction	Football	Badminton		Dance	Rugby	Tennis	Cricket	Athletics	
		Girls	Introduction	Hockey or Handball	Dance		Gymnastics	Badminton	Rounders	Tennis	Athletics	
		Girls	Introduction	Dance	Hockey or Handball		Badminton	Gymnastics	Athletics	Rounders	Tennis	

8B			*1 WEEK*	*6 WEEK BLOCKS*				*4 WEEK BLOCKS*				
			W/C						16/04 - 11/05	14/05 - 15/06	18/06 - 13/07	16-Jul
GROUP			1st week	Unit 1	Unit 2	House Sports (2 weeks)	Unit 3	Unit 4	Unit 5	Unit 6	Unit 7	House Sports
		Boys	Introduction	Football	Badminton		Rugby	Dance	Cricket	Athletics	Rounders	
		Girls	Introduction	Dance	Hockey or Handball		Gymnastics	Badminton	Rounders	Tennis	Athletics	
		Mixed	Introduction	Hockey or Handball	Dance		Badminton	Rugby	Athletics	Rounders	Tennis	