

PSHCRE KS4 Programme of Study

YEAR 9

Year 9	Autumn Term	Spring Term	Summer Term
Theme	Health and Wellbeing	Relationships	Citizenship
Topics	<ol style="list-style-type: none"> 1. How can we look after ourselves as we start our GCSEs? 2. How can we look after ourselves on social media? 3. How can we manage a medical emergency? 4. How can we recognise the signs of cancer? 5. Why are immunisations and vaccinations important? 6. What are the impacts of peer pressure on risk situations? 7. How should we treat each other? 	<ol style="list-style-type: none"> 1. What does the law say about sexual consent? 2. What are the different types of contraception and how are they used correctly? 3. What are consequences of teenage pregnancy? 4. What options are there for young parents? 5. How can your lifestyle affect your fertility and future children? 6. How can you protect yourself from sexually transmitted infections? 	<ol style="list-style-type: none"> 1. What it means to be a citizen? 2. How can I contribute to my community? 3. How is the UK's population changing? 4. What is migration and what are its impacts? 5. How can we respect and understand each other? 6. What are my human rights?

YEAR 10

Year 10	Autumn Term	Spring Term	Summer Term
Theme	Health and Wellbeing	Citizenship	Finance
Topics	<ol style="list-style-type: none"> 1. How can we manage our mental health & wellbeing? 2. How can legal and illegal drug use affect you and the people around you? 3. What does the law say about drug use? 4. How can drinking alcohol affect you? 5. What are the consequences of addiction? 6. Why is smoking harmful? 7. How do drugs affect society? 	<ol style="list-style-type: none"> 1. Which different forms of government can be found around the world? 2. Who runs our country? 3. How does parliament work? 4. What happens when you vote? 5. What other electoral systems are used around the world? 6. How is the UK linked to the rest of the world? 	<ol style="list-style-type: none"> 1. How can I manage my personal finance? 2. How does the economic system work? 3. How does inflation and interest impact on personal finance? 4. Why is it important to manage our money? 5. How can we plan for the future? 6. What are the differences in planning for now compares to the future?

YEAR 11

Year 11	Autumn Term	Spring Term	Summer Term
Theme	Health, Wellbeing and Citizenship	Citizenship	Revision and study skills
Topics	<ol style="list-style-type: none"> 1. How can we manage exam stress? 2. How can I revise effectively? 3. Why should I think about giving blood, or becoming an organ donor? 4. How can we stay safe online with my money? 5. What is the role of the media and a free press? 6. What rights and responsibilities do the media have? 7. How are the media used for influence? 	<ol style="list-style-type: none"> 1. How does the legal system work? 2. How do laws help society deal with problems? 3. What is justice? 4. Is capital punishment the ultimate form of justice? 5. Should justice be served by the death penalty in the UK? 6. How can we prevent radicalisation and extremism? 	Directed revision time