


















WEEK 2

THIS WEEK'S MENU

W/C: 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

| | OPTION ONE | OPTION TWO | GRAB & GO |
|-------|---|--|---|
| MON | <div>SPICE IS NICE</div> <div>MEXICAN VEGGIE BURRITO</div> <div>with Vegetables and Rice </div> | <div>SPICE IS NICE</div> <div>CARIBBEAN CHICKEN</div> <div>with Rice and Vegetables </div> | <div>HOT DISHES:</div> <div>Paninis</div> <div>Pasta and Sauces </div> <div>Freshly Baked Pizza</div> <div>Soup and Bread </div> <div>Jacket Potato with Salmon</div> <div>Mayonnaise </div> <div>SALADS:</div> <div>Tuna and Sweetcorn Pasta Salad </div> <div>Pesto Pasta Salad   </div> <div>Roasted Indian Chickpea Salad  </div> <div>SANDWICHES/BAGUETTES:</div> <div>Egg Salad Sandwich </div> <div>Chicken Salad Sandwich  </div> <div>Cheese and Pickle Baguette </div> <div>Tuna Mayo Baguette</div> <div>BLT Baguette</div> <div>WRAPS:</div> <div>BBQ Chicken Wrap </div> <div>Chicken Caesar Wrap </div> <div>Crunchy Pepper and Houmous Wrap  </div> |
| TUE | <div>BRITISH</div> <div>SAUSAGE AND MASH</div> <div>With Vegetables and Gravy</div> | <div>BRITISH</div> <div>VEGETARIAN SAUSAGE AND MASH</div> <div>With Vegetables and Gravy </div> | |
| WED | <div>ROAST OF THE WEEK</div> <div>ROAST CHICKEN</div> <div>with Roast Potatoes, Vegetables and Gravy</div> | <div>ROAST OF THE WEEK</div> <div>ROAST QUORN</div> <div>with Roast Potatoes, Vegetables and Gravy </div> | |
| THURS | <div>PAN - ASIAN</div> <div>STICKY MANDARIN PORK</div> <div>with Vegetable Fried Rice and Satay Sweetcorn  </div> | <div>PAN - ASIAN</div> <div>SWEET CHILLI VEGETABLE NOODLES</div> <div>with Satay Sweetcorn  </div> | |
| FRI | <div>FRIDAY FAVOURITES</div> <div>BATTERED FISH</div> <div>with Chips and Baked Beans or Peas</div> | <div>FRIDAY FAVOURITES</div> <div>CHEESE AND ONION SLICE</div> <div>with Chips and Baked Beans or Peas </div> | |



Vegetarian



Vegan



Oily Fish



Wholegrain



Nutritionist's Choice

Our menu is subject to change.