## EK 3 THIS WEEK'S MENU

W/C: 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026

|       | OPTION ONE   | OPTION TWO   | GRAB & GO  |
|-------|--|--|--|
| MON   | ITALIAN  | ITALIAN  | Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings  SALADS:  Tuna and Sweetcorn Pasta Salad Pesto Past |
|       | <b>BEEF LASAGNE</b> with Margherita Pizza Pinwheel and Salad       | VEGETABLE LASAGNE with Margherita Pizza Pinwheel and Salad  ©        |  |
|       | PAN-ASIAN  | PAN-ASIAN  |  |
| TUE   | SWEET THAI CHILLI CHICKEN NOODLES with Salad **                    | VEGETABLE NOODLE POT<br>with Salad ♥ ♥                               |  |
|       | ROAST OF THE WEEK  | ROAST OF THE WEEK  |  |
| WED   | ROAST GAMMON with Roast Potatoes, Vegetables and Gravy             | ROAST QUORN with Roast Potatoes, Vegetables and Gravy                |  |
| THURS | ITALIAN  | ITALIAN  |  |
|       | MAC CHEESE BOLOGNESE with Margherita Pizza Pinwheel and Salad      | MAC CHEESE VEGGIE BOLOGNESE with Margherita Pizza Pinwheel and Salad |  |
| FRI   | FRIDAY FAVOURITES  | FRIDAY FAVOURITES  |  |
|       | TENNESSEE CRISPY CHICKEN BURGER with Chips and Baked Beans or Peas | BBQ QUORN BITES with Chips, Baked Beans or Peas                      |  |









