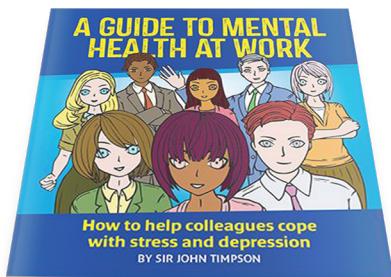
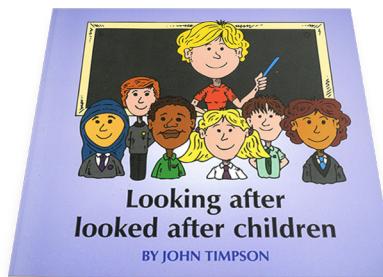


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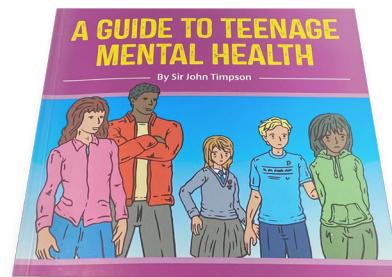
Books that are available for you to borrow from The Hamble School.



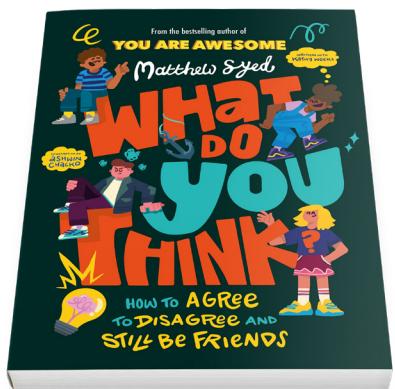
A Guide to Mental Health at Work
Sir John Timpson



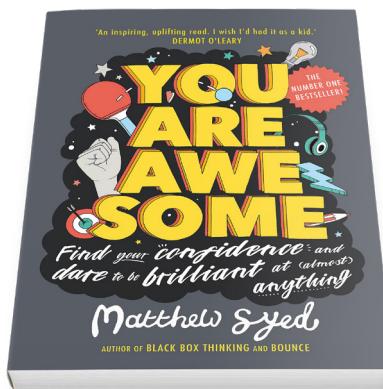
Looking after looked after children
Sir John Timpson



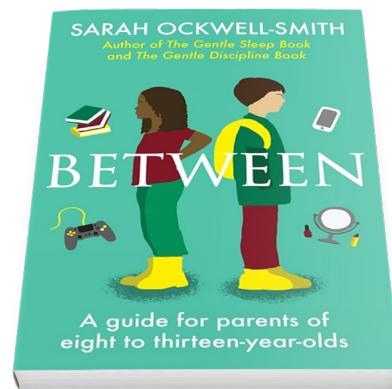
A Guide to Teenage Mental Health
Sir John Timpson



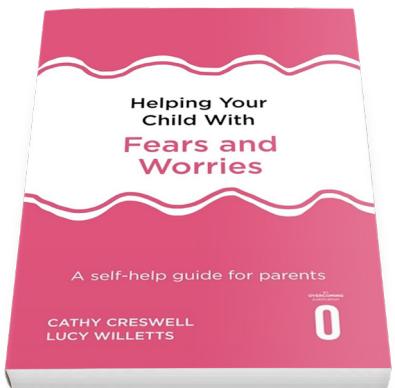
You Are Awesome What do you think?
Matthew Syed



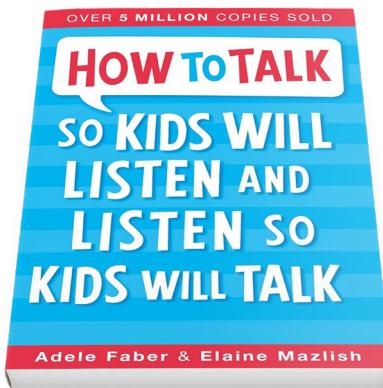
You Are Awesome
Matthew Syed



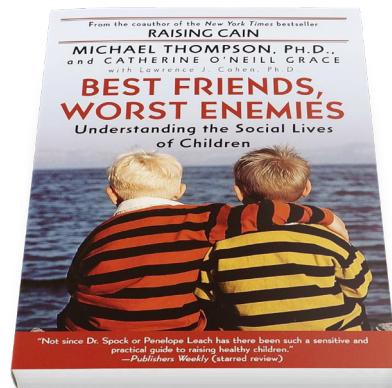
Between – A guide for parents of 8-13 year olds
Sarah Ockwell-Smith



Helping Your Child with Fears and Worries
Cathy Creswell & Lucy Willetts

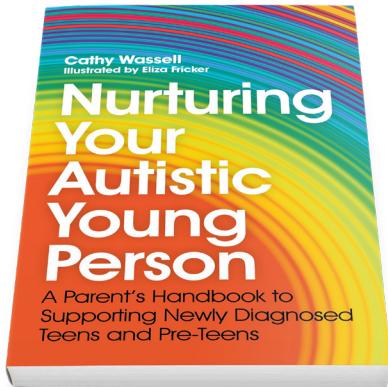


How to Talk so kids will listen and listen so kids will talk
Adele Faber & Elaine Mazlish



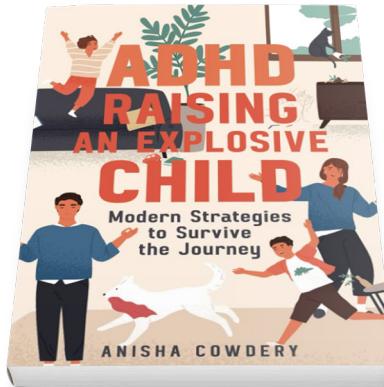
Best Friends, Worst Enemies
Michael Thompson Ph.D.





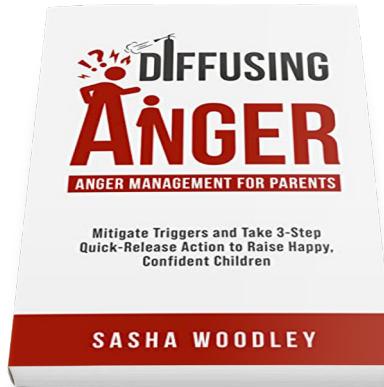
Nurturing Your Autistic Young Person

Cathy Wassell



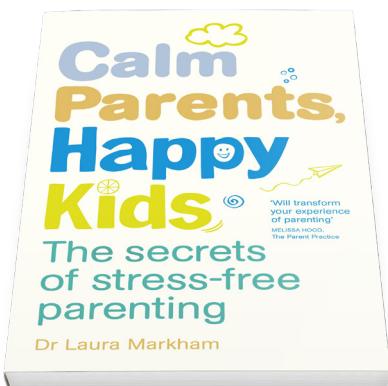
ADHD Raising an Explosive Child

Anisha Cowdery



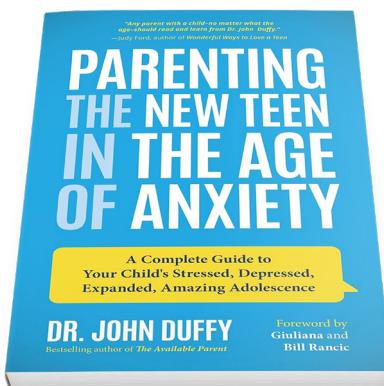
Diffusing Anger: Anger Management for Parents

Sasha Woodley



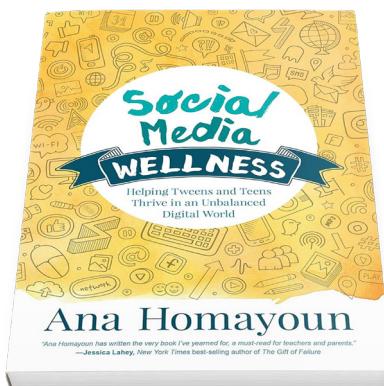
Calm Parents, Happy Kids

Dr Laura Markham



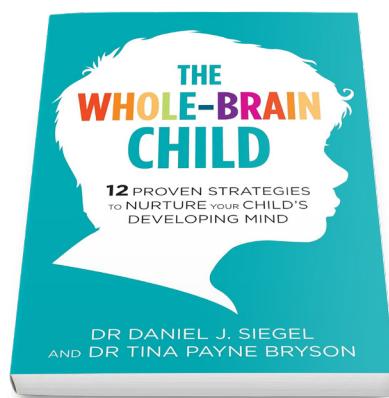
Parenting the New Teen in the Age of Anxiety

Dr John Duffy



Social Media Wellness

Ana Homayoun



The Whole-Brain Child

Dr John Duffy

Books will be available to borrow at **Parent Coffee Mornings** or you can email **Mrs Tonner** at **general@thehambleschool.co.uk**