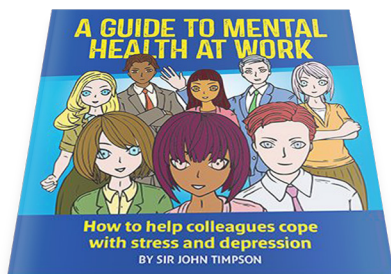
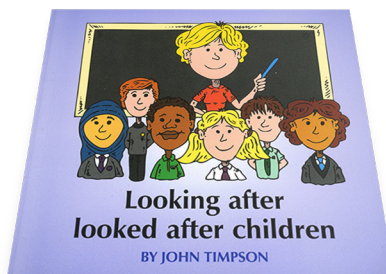


PARENT LIBRARY

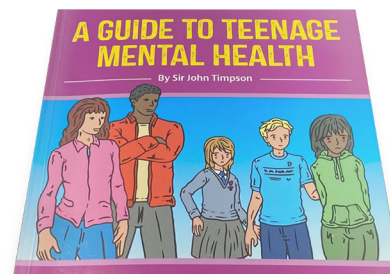
Books that are available for you to borrow from The Hamble School.



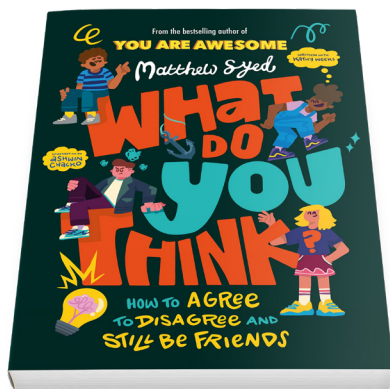
**A Guide to
Mental Health at Work**
Sir John Timpson



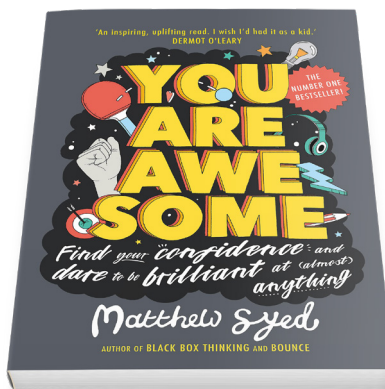
**Looking after
looked after children**
Sir John Timpson



**A Guide to
Teenage Mental Health**
Sir John Timpson



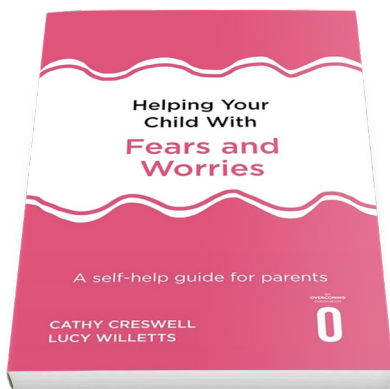
**You Are Awesome
What do you think?**
Matthew Syed



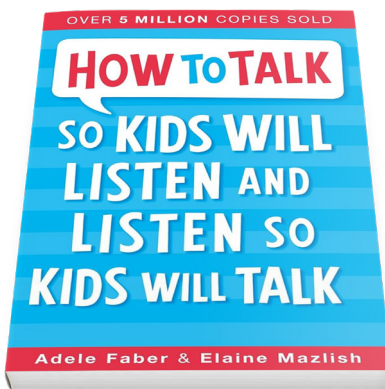
You Are Awesome
Matthew Syed



**Between – A guide for
parents of 8-13 year olds**
Sarah Ockwell-Smith



**Helping Your Child with
Fears and Worries**
Cathy Creswell & Lucy Willetts



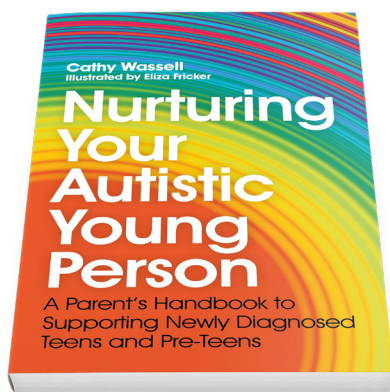
**How to Talk so kids will listen
and listen so kids will talk**
Adele Faber & Elaine Mazlish



**Best Friends,
Worst Enemies**
Michael Thompson Ph.D.



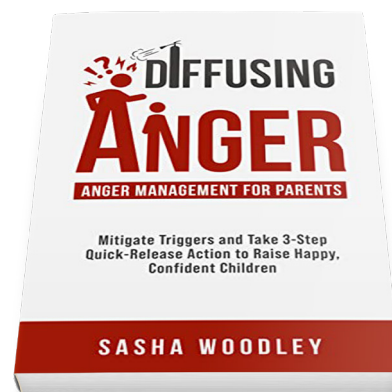
THE HAMBLE SCHOOL
ACHIEVING EXCELLENCE TOGETHER



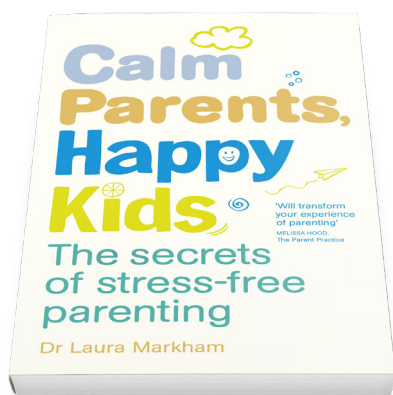
Nurturing Your Autistic Young Person
Cathy Wassell



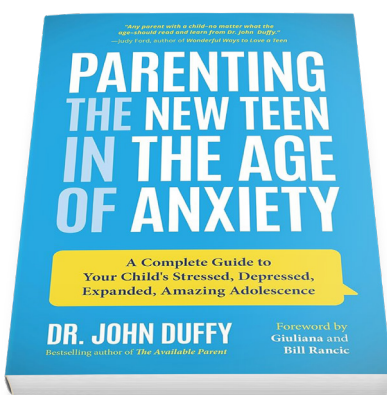
ADHD Raising an Explosive Child
Anisha Cowdery



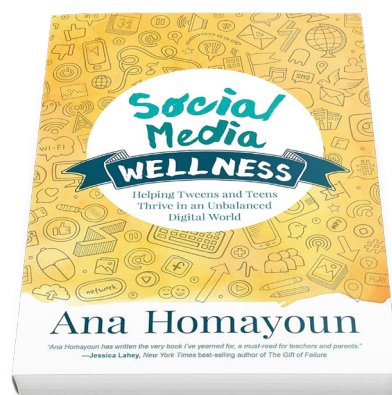
Diffusing Anger: Anger Management for Parents
Sasha Woodley



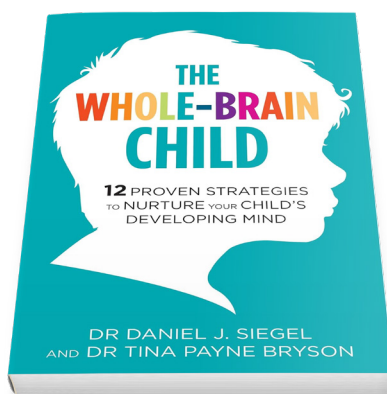
Calm Parents, Happy Kids
Dr Laura Markham



Parenting the New Teen in the Age of Anxiety
Dr John Duffy



Social Media Wellness
Ana Homayoun



The Whole-Brain Child
Dr John Duffy

Books will be available to borrow at **Parent Coffee Mornings** or you can email **Mrs Tonner** at general@thehambleschool.co.uk