

# THE HAMBLE SCHOOL

NEWSLETTER 2024-25 – ISSUE 1: 28<sup>TH</sup> OCTOBER 2024

This half term has been one characterised by hard work, success and celebration. We have high expectations and ambition for all our students and this has been demonstrated both inside and outside of the classroom over the last 8 weeks.

I regularly visit lessons during the course of my day and I am delighted that students are so engaged in learning. Classrooms are calm and purposeful, students feel challenged and are able to make progress in a supportive environment. Over the last few weeks two monitoring visits from Hampshire Inspection and Advisory Service (HIAS) and Governors have validated this and they have agreed that there is a 'positive culture throughout the school' (HIAS).

Our Year 7 students have settled into life at The Hamble School very successfully. Feedback from 'Meet the Tutor' Evening was overwhelmingly positive and 98% of Parents/Carers feel their children have made a brilliant start to secondary school. The results from the Transition Evaluation suggest that Parents/Carers rate the overall transition process as 4.8/5 and some of the comments are outlined below:

*"The whole transition was great."*

*"Having staff from The Hamble School teach at the primary schools and the Summer School really helped."*

*"Information was really clear for Parents."*

*"Communication is excellent. My daughter is thriving with the structure."*

*"My son has settled in really quickly."*

Year 11 now only have 6 months to go until the start of their real GCSE/ BTEC exams. They have been really focussed over the last half term and engaged effectively with all the opportunities to support them. We have provided afterschool intervention, revision workshops through the Achieving Excellence Evenings, a revision and study skills PSHCRE Day and provided hints and tips on how to revise effectively in lesson/ tutor. I do hope that students will now use this information and apply it through their own personal revision over the next few weeks as we approach the Mock Examinations.

continued on the next page >>>

## REWARD UPDATE

Autumn Term 1 has seen a large number of students collecting enough positive points to receive their recognition rewards.

This is impressive – well done to everyone.

So far this year we have given out:

### BRONZE AWARD

250 Points

843 Students

### SILVER AWARD

500 Points

94 Students

## SCOPAY

### Purchasing Items

A reminder that any items purchased on SCOPAY can be collected by students from the Main Office (behind Reception). We can accept cash for sales on site.

Please note: we are unable to give change for the Cafeteria top up machines.

Outside the class there have been numerous trips, visits and events happening over the last 8 weeks. Students have been to London, theatres and other schools for conferences and fixtures. A highlight for Year 10 students has been the History trip to Berlin and Year 11 are currently enjoying valuable Work Experience placements.

We have hosted hundreds of families at Open Evening and Open Mornings. Thank you to all the students who have supported this and particularly to the Year 10 Transition Prefects who have acted as tour guides. I am so proud to receive such positive feedback about the school in action during a normal day. Year 5 and 6 Parents/Carers have commented:

*“Bella and Robin in Year 10 were very informative and they gave us a great tour. They answered all of our questions.”*

*“Benjamin and Isaac were very friendly, welcoming and informative.”*

*“I really enjoyed seeing the school during a normal day. Compared to some of the others I have seen, this school is very quiet during lessons and students are just getting on with their learning.”*

I do hope that you enjoy reading this newsletter as it highlights all the hard work our students and staff have demonstrated over the last half term. We know that students continue to be driven to succeed and do their best – 843 students have achieved their Bronze Award and 94 have achieved their Silver Award. We have celebrated this and many other achievements during our Rewards Assemblies. Over 325 students have visited Proud Friday this half term. I would like to congratulate every child for what they have achieved over the last 8 weeks (both inside and outside of the classroom) and really do wish you all a restful half term holiday. Thank you to staff for your hard work and I look forward to seeing everyone back in school on Monday 4 November at 8:30am.

**Miss L Cambridge**

Headteacher – The Hamble School



## SHARE YOUR **STORIES**

We love to feature achievements outside of school in our newsletter.

It is really important to celebrate success and share news with the community. Please email [communication@thehambleschool.co.uk](mailto:communication@thehambleschool.co.uk) if you would like to share any stories.

# KEY DATES FOR YOUR DIARY

**Monday 4 November** – First day back for all students

**Monday 4 November** – Year 11 Practical Exams begin

**Tuesday 5 November** – DofE Launch, 6pm, Main Hall

**Monday 11 November** – Year 11 Written Mock Exams begin

**Monday 11 November** – Remembrance Commemorations

**Wednesday 13 November** – Year 10 Achieving Excellence Evening, 5:30pm, Mail Hall

**Friday 15 November** – Children in Need

**Monday 25 November** – INSED Day – School closed to students

**Monday 2 December** – Year 7 Review Assessment week begins

**Tuesday 3 December** – Whole School Music Concert

**Tuesday 10 December and Wednesday 11 December** – Christmas Lunches

**Friday 13 December** – Christmas Jumper Day

**Wednesday 18 December** – Year 7 Grandparents Event

**Thursday 19 December** – Year 7 & 8 PTA Disco, 6:30pm, Main Hall

**Friday 20 December** – Last day of term. Students finish at 1pm

Please view the Weekly Message (on the Latest News section of the homepage) for further dates and events: [www.thehambleschool.co.uk](http://www.thehambleschool.co.uk)

## STUDENT SUCCESS – FOOTBALL

Two of our Year 8 students were lucky enough to be selected to be flag bearers for the England U21's team at the Vitality Stadium in Bournemouth. Rico and Charlie, were able to meet some of the England players and got to go out onto the pitch. An amazing opportunity for them and something they will always remember.

Rico and Charlie are currently playing with the Bournemouth Academy team.



THE HAMBLE SCHOOL PRESENTS

THE COLLABORATIVE 

  *Music* 

CONCERT 2024

TUESDAY 3<sup>RD</sup> DECEMBER

The collaborative concert is in the Main Hall with Hamble Primary and Netley Abbey Junior School from 5pm-6pm

The Hamble School concert is 7pm-8pm



TICKETS  
£3.50

Save the date... Tickets will be on sale soon!



THE HAMBLE SCHOOL

ACHIEVING EXCELLENCE TOGETHER

TASTE *it*

Coming to  
a canteen  
near you...

Tues 10 & Wed 11  
December  
2024

MERRY  
CHRIST  
MAS!

## Menu

### CHOOSE FROM

- Roasted vegetable and cranberry wellington (V)  
OR
- Roast Turkey with chipolata sausage and stuffing

**ON THE SIDE** – Roast potatoes, carrots, garden peas and gravy

**TO FINISH** – Christmas cookie or muffin

**Booking details will be available after half term...**

£4

## Freshly prepared



### Breakfast Items

Bacon roll	£1.60
Hash brown	£0.95
Sausage baguette	£1.60
Breakfast Muffin - sausage & egg	£1.85
Breakfast Muffin - vegetarian	£1.85
Breakfast Muffin - bacon & egg	£1.85
Croissant with butter & jam	£1.20
Porridge	£1.20
Fresh fruit & yoghurt	£1.40
2x Pancakes with syrup or fruit	£1.10
Waffles & syrup	£1.20
Fruit pots	£1.10
Yoghurt & granola	£1.10

### Hydration Station

Radnor fruits 200ml	£0.85
Radnor Splash - sugar free sparkling flavoured water 330ml	£1.00
Radnor flavoured water 330ml	£1.00
Radnor flavoured water 500ml	£1.20
Bottled mineral water 330ml	£0.70
Bottled mineral water 500ml	£1.00
Flavoured milk 200ml	£0.85
SUSO cans 250ml	£1.20

### Savoury Snacks

Crisps	£0.85
Doritos	£1.10
Popcorn	£0.95
Snowballs	£0.90
Metcalfe Rice Cakes	£1.40
Yo Yo	£1.15
Pop Chips	£1.00

### Bakery & Fresh Fruit

Homemade biscuits & cakes	£0.65
Fresh Fruit from	£0.55

### Mains

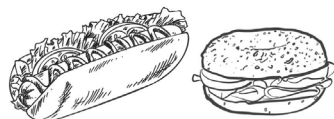
Classics main courses	£3.20
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### Lighter Choices

Filled jacket potato topped with a side salad	£2.50
Topped nachos	£2.50
Falafel with Moroccan style cous cous	£2.50
Loaded fries or sweet potato fries	£1.80
Pasta pot selection	£1.80
Rice or noodle bowl	£2.40

### Streets

Snack boxes	£2.00
Pizza twists	£2.50
Pizzini	£2.10
Pizza slice	£1.80
Filled bagels	£1.80
Loaded hot dog	£2.50
Butter Chicken burger	£2.45
Hamburger	£2.50
Vegetarian burger	£2.50
Pastry slice	£1.80
Pork or vegan sausage roll	£1.45
Bacon and cheese turnover	£2.15
Sausage turnover	£2.20



### Deli Filled Wraps

Vegan hoisin duck	£2.50
BBQ chicken	£2.50
Pulled pork	£2.50

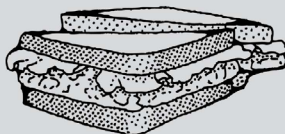
### Real Wrap Co. Deli

#### Sandwiches

Just cheese	£2.25
Just ham	£2.25
Just tuna mayo	£2.25
Just free range egg mayo	£2.25
Just chicken mayo	£2.25
BLT (Bacon, Lettuce, Tomato)	£2.45
Chicken & Bacon	£2.45
Tuna & Sweetcorn	£2.45
Chicken Tikka	£2.45
Ploughmans	£2.45
Coronation Chickpea	£2.45
Vegan Sausage	£2.45

#### Gluten Free Deli

Summer Chicken roll	£2.45
Egg and slow roasted tomato roll	£2.45



### Hot Drinks

Cappuccino  
Latte  
Flat White  
Mocha  
Americano  
Expresso  
Hot Chocolate

£1.40 each

### Deli Toasties

Ham & cheese	£1.80
Cheese	£1.80
Cheese & baked beans	£1.80

### Deli Baguettes

Ham & salad	£2.50
Coronation chicken	£2.50
Chicken & sweetcorn	£2.50
Cheese & cucumber	£2.50

### Wraps

Chicken fajita in a tomato wrap	£2.80
BBQ pulled pork	£2.80
Southern fried chicken	£2.80
Chicken and sweetcorn mayo	£2.80
The big Bombay bhaji in a tomato wrap	£2.80
Sweet potato pakora in a spinach wrap	£2.80

### Pasta Pots

Cheese & tomato pasta pot	£2.45
Tuna & sweetcorn pasta pot	£2.45
Chicken & bacon pasta pot	£2.45



TASTE *it*


PLEASE NOTE: the daily limit for students is £6 (unless otherwise stated)

# MAIN MEAL MENUS – WEEK 1 & 2

Freshly prepared

## MAINS

# WEEK ONE




Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;"><b>All Day Breakfast</b> CHOOSE FROM</p> <p><span style="color: green;">v</span> <b>Vegetarian Sausage or Pork Sausage &amp; Bacon</b></p> <p>served with hashbrowns, an omelette, baked beans, tomato, English muffin &amp; toast</p>	<p><span style="color: green;">vb</span> <b>Savoury Rice</b></p> <p>Braised rice featuring a selection of vegetables cooked in stock for flavour, served with a crusty baguette</p> <p style="text-align: center;"><b>Katsu Chicken Curry</b></p> <p>served with a blend of brown &amp; white rice</p>	<p style="text-align: center;"><b>Roast Wednesday</b> CHOOSE FROM</p> <p><span style="color: green;">v</span> <b>Vegetarian Roast of the Day or Chicken or Beef</b></p> <p>both served with roast potatoes, Yorkshire pudding, seasonable vegetables &amp; gravy</p>	<p style="text-align: center;"><b>Chef's Choice Curry Thursday</b> CHOOSE FROM</p> <p><span style="color: green;">v</span> <b>Vegetarian Curry or Chicken Korma Tikka Masala Katsu</b></p> <p>both served with a blend of brown &amp; white a Naan</p>	<p><span style="color: green;">vb</span> <b>Meat-Free Sausage Roll</b></p> <p>served with straight cut chips, baked beans or garden peas</p> <p style="text-align: center;"><b>Baked Battered Fish</b></p> <p>served with straight cut chips, baked beans or garden peas</p>
<p style="background-color: #c00000; color: white; padding: 2px; text-align: center; font-weight: bold;">Lighter Choice</p> <p><b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans</p>	<p style="background-color: #c00000; color: white; padding: 2px; text-align: center; font-weight: bold;">Lighter Choice</p> <p><b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans</p>	<p style="background-color: #c00000; color: white; padding: 2px; text-align: center; font-weight: bold;">Lighter Choice</p> <p><b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans</p>	<p style="background-color: #c00000; color: white; padding: 2px; text-align: center; font-weight: bold;">Lighter Choice</p> <p><b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans</p>	<p style="background-color: #c00000; color: white; padding: 2px; text-align: center; font-weight: bold;">Lighter Choice</p> <p><b>Jacket Potato</b> topped with either tuna mayo, cheddar cheese or baked beans</p>

v Vegetarian vb Vegan All menu items are subject to change, based upon availability in the event of unforeseen circumstances.

Freshly prepared

## MAINS

# WEEK TWO



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;"><b>All Day Breakfast</b> CHOOSE FROM</p> <p><span style="color: green;">v</span> <b>Vegetarian Sausage or Pork Sausage &amp; Bacon</b></p> <p>served with hashbrowns, an omelette, baked beans, tomato, English muffin &amp; toast</p>	<p><span style="color: green;">v</span> <b>Macaroni Cheese</b></p> <p>served garlic bread</p> <p style="text-align: center;"><b>Meatball Mariana</b></p> <p>Beef meatball in s rich tomato sauce served with pasta &amp; garlic bread</p>	<p style="text-align: center;"><b>Sausages &amp; Mash</b> CHOOSE FROM</p> <p><span style="color: green;">v</span> <b>Vegetarian Sausages or Pork Sausages</b></p> <p>served with mased potato &amp; baked beans</p>	<p style="text-align: center;"><b>Chef's Choice Curry Thursday</b> CHOOSE FROM</p> <p><span style="color: green;">v</span> <b>Vegetarian Curry or Chicken Korma Tikka Masala Katsu</b></p> <p>both served with a blend of brown &amp; white a Naan</p>	<p><span style="color: green;">vb</span> <b>Vegetable Goujons</b></p> <p>served with straight cut chips, baked beans or garden peas</p> <p style="text-align: center;"><b>Baked Fish Fingers</b></p> <p>served with straight cut chips, baked beans or garden peas</p>
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# DAILY OPTIONS – WEEK 1 & 2

Freshly prepared

WEEK ONE

## Streets

Served from all pods at both breaks

TASTE 

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="background-color: #c00000; color: white; padding: 5px; text-align: center; font-weight: bold;">Grab 'n' Go</p> <ul style="list-style-type: none"> <li><span style="color: green;">v</span> Spicy Potato wedges</li> <li>Pork Sausage Roll</li> <li>Buttermilk Chicken Burger in a floured bap</li> </ul>	<p style="background-color: #c00000; color: white; padding: 5px; text-align: center; font-weight: bold;">Grab 'n' Go</p> <ul style="list-style-type: none"> <li><span style="color: green;">v</span> Cheese &amp; Onion Pasty</li> <li>Cheese &amp; Ham Bagel</li> <li>Steak Slice</li> </ul>	<p style="background-color: #c00000; color: white; padding: 5px; text-align: center; font-weight: bold;">Grab 'n' Go</p> <ul style="list-style-type: none"> <li><span style="color: green;">v</span> Meat-Free Sausage Roll</li> <li>Pork Hot Dog</li> <li>Folded Filled Naan</li> </ul>	<p style="background-color: #c00000; color: white; padding: 5px; text-align: center; font-weight: bold;">Grab 'n' Go</p> <ul style="list-style-type: none"> <li><span style="color: green;">v</span> Pizza Twist</li> <li>Chicken Grill</li> <li>Meatball Sub</li> </ul>	<p style="background-color: #c00000; color: white; padding: 5px; text-align: center; font-weight: bold;">Grab 'n' Go</p> <ul style="list-style-type: none"> <li><span style="color: green;">v</span> Pizzini</li> <li>Hash Brown Tatter Tots</li> <li>Breakfast Muffin</li> </ul>

Bakery

Selection of freshly baked cakes, and cookies are available daily

Real Wrap Co. Deli

Selection of pre-packed sandwiches, rolls and salads are available daily

v Vegetarian v Vegan All menu items are subject to change, based upon availability in the event of unforeseen circumstances.

Freshly prepared

WEEK TWO

## Streets

Served from all pods at both breaks

TASTE 

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="background-color: #c00000; color: white; padding: 5px; text-align: center; font-weight: bold;">Grab 'n' Go</p> <ul style="list-style-type: none"> <li><span style="color: green;">v</span> Spicy Potato wedges</li> <li>Pork Sausage Roll</li> <li>Chicken Grill</li> </ul>	<p style="background-color: #c00000; color: white; padding: 5px; text-align: center; font-weight: bold;">Grab 'n' Go</p> <ul style="list-style-type: none"> <li><span style="color: green;">v</span> Hash Brown Tatter Tots</li> <li>BBQ Chicken Wrap</li> <li>Creamy Chicken Slice</li> </ul>	<p style="background-color: #c00000; color: white; padding: 5px; text-align: center; font-weight: bold;">Grab 'n' Go</p> <ul style="list-style-type: none"> <li><span style="color: green;">v</span> Meat-Free Sausage Roll</li> <li>Pork Hot Dog</li> <li>Chicken or <span style="color: green;">v</span> Vegetable Goujon Pots</li> </ul>	<p style="background-color: #c00000; color: white; padding: 5px; text-align: center; font-weight: bold;">Grab 'n' Go</p> <ul style="list-style-type: none"> <li><span style="color: green;">v</span> Cheese &amp; Onion Pasty</li> <li>Buttermilk Chicken Burger in a floured bap</li> <li>Bacon Melt</li> </ul>	<p style="background-color: #c00000; color: white; padding: 5px; text-align: center; font-weight: bold;">Grab 'n' Go</p> <ul style="list-style-type: none"> <li><span style="color: green;">v</span> Pizza Twist</li> <li>Cheese &amp; Ham Bagel</li> <li>Pork Sausage Roll</li> </ul>

Bakery

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Real Wrap Co. Deli

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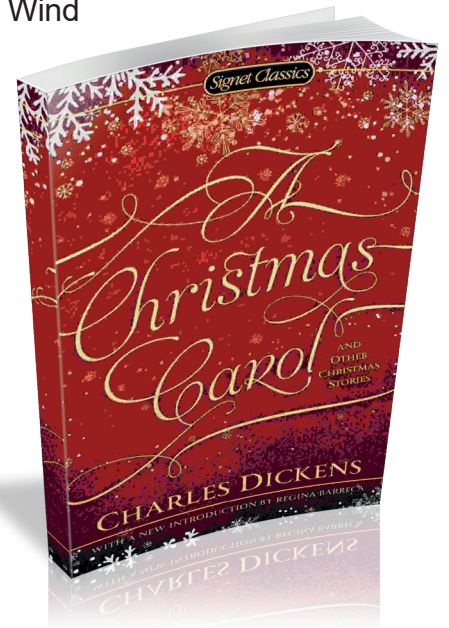
# KEY STAGE 3 ENGLISH

Year 7 have had a fantastic start to the term in English. This term their unit has been on 'Journeys'. Students were looking at both physical and emotional journeys which led them on a path to writing about a physical journey for their creative writing assessment and comprehending different emotional journeys by reading extracts from the novels 'The Wind Rush Child' and 'Life of Pi'. Next term, they will be moving on to a unit called 'What makes a hero'.

Year 8 have had a spooky start to term, as they have been looking at how to become gothic writers. They have experienced a wide variety of gothic texts in order to explore how gothic writers create tension and suspense; which has led them to now creating their own opening to a gothic story for their first assessment. Next term, they will be moving on to a unit called 'Nature and the Romantic imagination'.

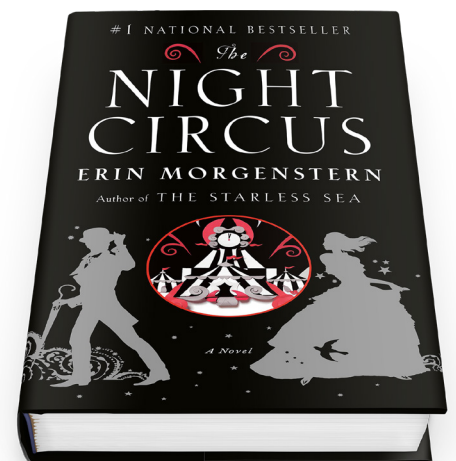
Year 9 have had a great start this term. They have studied an arrange of different texts; all of which will help prepare them for their GCSE's. They have also begun to read the novel 'A Christmas Carol'. Students will continue their reading and understanding of this novel after half term.

Our creative writing club 'Spilling Ink' has had a rocky start due to re-arranging days but we have finally settled on Thursday 3-4pm. It would be great to see some new faces next term.



# KEY STAGE 4 ENGLISH

In Year 10, students have been exploring ideas about 'The Power Nature' and reading a wide range of challenging texts. Students particularly enjoyed reading extracts from 'The Night Circus' by Erin Morgenstern, as well as 'The Birds' by Daphne Du Maurier, and have been developing their understanding of how writers structure their texts to interest their readers. Students have also re-visited 'A Christmas Carol' recently, focusing on the way Dickens conveys his message to the Victorian reader. Next half-term, students will be learning about the writer's craft using well-known extracts from 'Jaws' by Peter Benchley and 'More than this' by Patrick Ness. This will inspire students to create their own piece of narrative writing, thinking about the concept of being 'hunted' by a natural predator.



In Year 11, students have been re-visiting the set texts for English literature. In the morality play, 'An Inspector Calls', students have been learning about the mortal sins and vices of each character, as well as the dramatic devices used to engage an audience. As well as this, students have recently sat an English Literature Paper 1 mock exam, focusing on how Shakespeare presents the theme of Fate and Freewill to his Elizabethan audience, and how Dickens uses different settings in 'A Christmas Carol' to convey his ideas to a Victorian reader. Next half-term, students will be preparing for their English Language mock exams by developing their reading and writing skills in both fiction and non-fiction. Good luck Year 11 – you can do it!

# Spilling



# Ink



## Creative Writing Club

Every Thursday 3-4pm  
in L5 with Miss Harris



**THE HAMBLE SCHOOL**

ACHIEVING EXCELLENCE TOGETHER



LUNCHTIME CLUB

# KS4 BOOK CLUB



OPEN TO YEARS 9, 10 & 11

Wednesday (Week 1) in the Library

## LUNCHTIME

1:20PM~1:55PM

**YOU CAN BRING YOUR LUNCH!**



**THE HAMBLE SCHOOL**

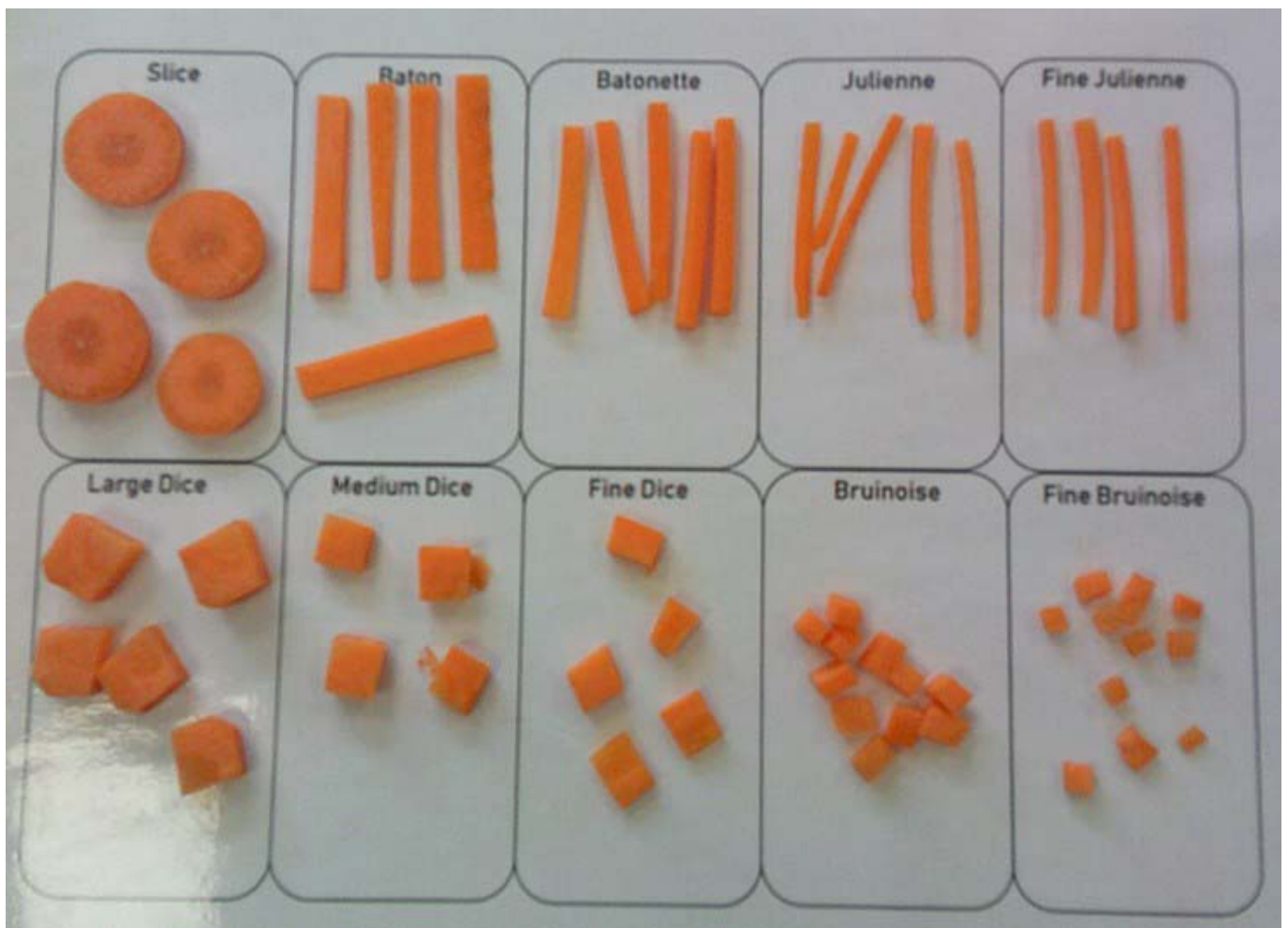
ACHIEVING EXCELLENCE TOGETHER

# FOOD PREPARATION & NUTRITION UPDATE

It has been a fantastic term in Food Preparation & Nutrition with a variety of year groups starting off the year by practising their knife skills and showcasing the different cuts of vegetables they can achieve.

There has been an array of skills that have been developed from, cooking to show they can avoid cross contamination while preparing food, learning the science behind the Malliard reactions and creative skills in adapting basic recipes to change the flavour and texture.

We are looking forward to seeing what students will achieve next half term



# MATHEMATICS UPDATE

The Hamble School Maths department would like to introduce a series of challenging extra-curricular events that will be launched for students over the coming few terms.

From October half term we will be introducing our 'Grapple with an Apple' tasks which require some serious critical thinking skills to complete challenging problem solving tasks. Will you try an apple task at either Red, Yellow or Green challenge levels.

Christmas will see the introduction of students taking part in our Hamble Maths Challenge. Our students will be tested with problem solving challenges and could achieve a Gold, Silver or Bronze Maths Award. The best in school will move on to be entered into the UKMT Maths Challenge on 1st May 2025. Students may even be in with a chance of progressing further to Olympiad International level.

To get an idea of the kind of challenges involved, perhaps try some of the problems below (we are starting easy for you):

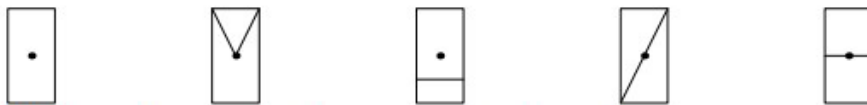
1. Exactly one of the following five numbers is *not* prime. Which is it?

A 101                      B 103                      C 107                      D 109                      E 111

2. What is the value of  $2020 \div 20$  ?

A 10                      B 11                      C 100                      D 101                      E 111

3. Each of these figures is based on a rectangle whose centre is shown.



How many of the figures have rotational symmetry of order two?

A 1                      B 2                      C 3                      D 4                      E 5

4. How many centimetres are there in 66.6 metres?

A 66600                      B 6660                      C 666                      D 66.6                      E 66

5. Amrita thinks of a number. She doubles it, adds 9, divides her answer by 3 and finally subtracts 1. She obtains the same number she originally thought of.

What was Amrita's number?

A 1                      B 2                      C 3                      D 4                      E 6

**Answers** can be found on page 43.

## EQUALITY AND RIGHTS ADVOCATES – EARA GROUP

Miss Bax and a small group of Year 9 and 10 students went to visit Hayling College to learn more about a new club we will be starting at The Hamble School.

EARA stands for Equality And Rights Advocates and looks at ensuring that the rights for children and adults alike are met within a variety of settings and that all people no matter their faith, appearance or lifestyle are treated with equal respect.

EARA will be running in the coming months and will be welcoming new members. Please listen out for more details!

# KS4 SPORTS FIXTURES UPDATE

This half term has seen the start of the Football and Basketball fixtures for Key Stage 4.

In Football, the Senior Girls (Year 9 & 10) made a strong start to their league campaign with a win over Mayfield Oasis and a hard fought draw at St George's. They suffered a narrow defeat to Wildern, however with our team made up mainly of Year 9 students, the future is bright going forward. During this time our Junior Girls (Year 7 & 8) have been busy training in preparation for their up and coming fixtures. Training will continue on Friday's 3-4pm.

In Boys Football the Year 10's have battled valiantly against several schools, but have unfortunately come up short. They've fallen on the wrong side of a 4-3 thriller against Oasis Mayfield and were unlucky not to come away with a point at Cantell.

The Year 9 Boys have been enjoying success in the National Schools FA Cup. The team have successfully overcome two tough away trips. In the first round they came from behind to beat The Petersfield School 3-1, and then managed to hold onto a 3-2 win against Winchester College. They are looking forward to their third round tie against Bitterne Park School after the break.

Our younger year groups have been training in preparation for their league games and training will continue for Year 7 and 8 students on Tuesdays.

In Basketball there has been a series of mixed results, the Junior team managed to win an encounter with Weston 36-24, but fell the other side of a similar scoreline to a strong Bitterne Park side. We are looking forward to more results after the break.

A full list of lunch and after school sports clubs can be found on the school website  
[www.thehambleschool.co.uk/extra-curricular-activities](http://www.thehambleschool.co.uk/extra-curricular-activities)

# CAREERS PROGRAMME UPDATE

We pride ourselves on a comprehensive Careers programme, including information on post 16 options, college taster days, careers fair, assemblies from colleges and local providers, careers advisor appointments, information about university, careers weeks, CV writing, interview practice and this week our year 11 students were out on their work experience placements.

Work experience provides our students with an opportunity to try out a career idea, find out more about their strengths, values, motivations and interests and develop skills, such as teamwork and problem solving. We use placements in a wide range of sectors including dentistry, archaeology, education and marine engineering.

The students have been enjoying the opportunities and we have received some lovely feedback from our providers:

***“They’ve arrived on time, smartly dressed and doing super.”***

***“Very eager to get going after completing health and safety.”***

***“Settling in very well to the nurse rooms and working hard.”***

Next half term all students will have the opportunity to take part in the first of this years' Careers Week which will involve employability skills opportunities to meet and ask questions to employers in a range of industries.

THE ART DEPARTMENT  
ARE NOW ON  
INSTAGRAM



@thehambleschoolart



THE HAMBLE SCHOOL  
ACHIEVING EXCELLENCE TOGETHER

# PROGRESS LEADER UPDATES

## YEAR 7 UPDATE

Year 7 have had a fantastic start to their time at The Hamble School and have transitioned from primary exceptionally well. It has been great to get to know students and see them settle into positive routines and to start their lessons with their best foot forward. Our Year 7 theme for the term is 'first impressions count' and Year 7 have really lived up to this.

In addition to their fantastic effort in lessons, and in school generally, we were also pleased to take the majority of the year group to London over the course of 4 days this month. The students were an absolute credit to themselves and to the school and I know they had a great time enjoying the sites of the capital as well as the Science Museum and Natural History Museum.

Finally, this week we had our first celebration assembly where a sizeable majority of students received awards for their efforts since their start at The Hamble School. It was particularly great to celebrate the 112 students in Year 7 who have 100% attendance for this half term. We know there is a strong link between attendance and attainment and your support in getting students into school is really appreciated. Well done Year 7.

**Mr Bateman – Year 7 Progress Leader**



## YEAR 8 UPDATE

Year 8 have made a fantastic start to the academic year, so far achieving over 65000 positive points! As their new Progress Leader and Assistant Progress Leader, myself and Miss Koziol have been greatly impressed to see the pride in which most students wear their school uniform and the empathy and kindness the vast majority of students show toward one another. Recent tutor work and assemblies focused on Black History Month which has evoked mature conversations around equality and inclusion. The students have recently completed their first learning review assessment and early signs indicate they are working really hard, attaining creditable results in all subjects.

**Mr James – Year 8 Progress Leader**

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## YEAR 9 UPDATE

It has been a busy but successful start for Year 9. We have continued with the focus on being kind to each other and celebrating success through rewards. We have a large number of students with 100% positive points which is amazing. In our half termly celebration assembly we had lots to celebrate with subject awards being given out to over 100 students.

Feedback around preference choices has been very positive and students are enjoying their new courses as well as continuing to work hard in core areas.

We had reason to celebrate after some feedback from a member of public who had been impressed with the actions of Emil and Toby. They had spent an hour helping her to find her puppy who had run out of the house. Holly was so impressed with their attitude and manners that she contacted the school the following day. A very proud moment for #goteamyear9

Outside of lessons, the Year 9 girls and boys football teams have been playing well. It was a pleasure to pop along and see the girls playing against St George's recently.

Finally, well done to tutor group 9-8 who collected the most for the Rotary Shoebox appeal. It was really generous and great to see them working as a team to support the local community.

**Mrs Rogers – Year 9 Progress Leader**

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## YEAR 10 UPDATE

Year 10 have had a fantastic start to the new school year and have quickly settled into their KS4 courses. The feedback from staff has been brilliant across so many subjects and already we are seeing some wonderful rewards as a result. Our Celebration Assembly is an excellent example of this, with many new names of students being rewarded for their effort and achievement. Really well done all of you who have received a certificate this half term. The year group have been getting involved in so many wider aspects of school life too, especially as part of student leadership roles – from Open Evening and Open Morning tours, well-being ambassador training with CAMHS, anti-bullying ambassador work, alongside practicing for Dance LIVE! and much more – you are an amazing bunch, Year 10! It has been wonderful chatting with so many of you at these events and again during lunchtimes, as well as the celebratory Hot Chocolate with Miss Cambridge. It was lovely spending time with you all and hearing more about your school experiences. I am very much looking forward to what the next half term has in store for you all – keep up the excellent work, Year 10!

**Mrs Emmett-Callaghan – Year 10 Progress Leader**

# YEAR 11 UPDATE

It has been a pleasure to take over as Progress Leader for this year group. We have made an excellent start to the year with the 2nd lowest negatives in school, a fantastic celebration assembly and great attendance at intervention.

Year 11 have shown motivation and ambition in lessons, as well as at specialist evenings such as Achieving Excellence and the curriculum evening. Parents/carers and students were shown practical ways to revise and get prepared for the mock exams coming up and the GCSE exams in May. The feedback was overwhelmingly positive, the students enjoyed taking part in activities with their parents/carers as well as learning new revision techniques to help them revise.

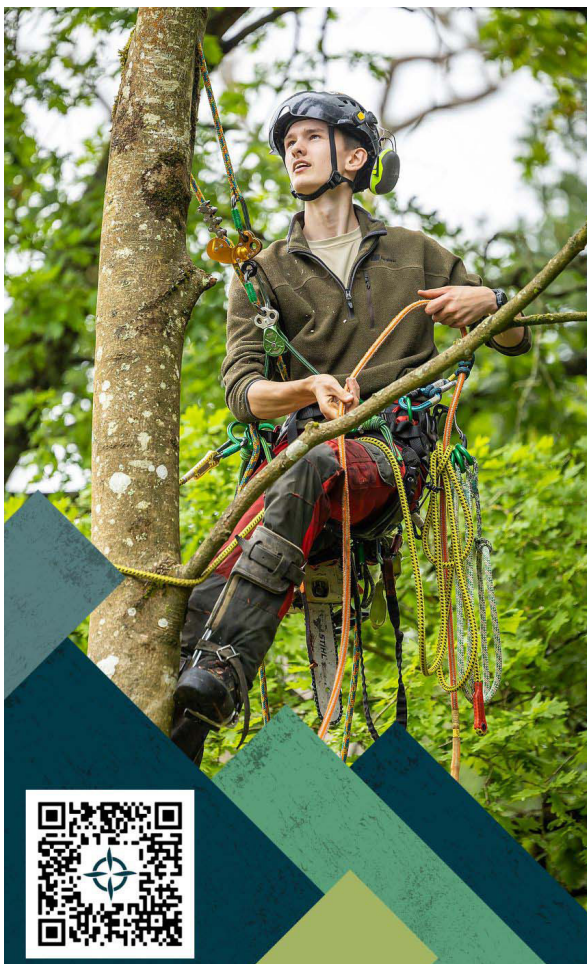
We have had numerous college assemblies this half term, from Barton Peveril, Fareham, Eastleigh, City and Itchen Colleges. Students have had the opportunity to ask lots of questions and speak to college staff. We have also had them in our Student Hub at lunchtime to support students with any career queries that they've had.

We currently have some students out on Work Experience; we hope they have had a good time out experiencing the world of work. We look forward to their feedback upon their return.

After half term we are straight into the first round of mock exams; we are looking forward to giving all of the students an opportunity to shine. Please ensure they are equipped and ready for these exams, support them with their revision and please do let us know of any concerns.

I hope Year 11 have a great half term. Rest, relax and revise, ready for the next busy half term.

**Mrs Barkshire – Year 11 Progress Leader**



**SPARSHOLT**  
CAMPUS

**OPEN EVENTS**

**Wednesday 13 June 2024**

**Saturday 5 October 2024**

**Saturday 9 November 2024**

**Saturday 1 February 2025**

**Saturday 1 March 2025**

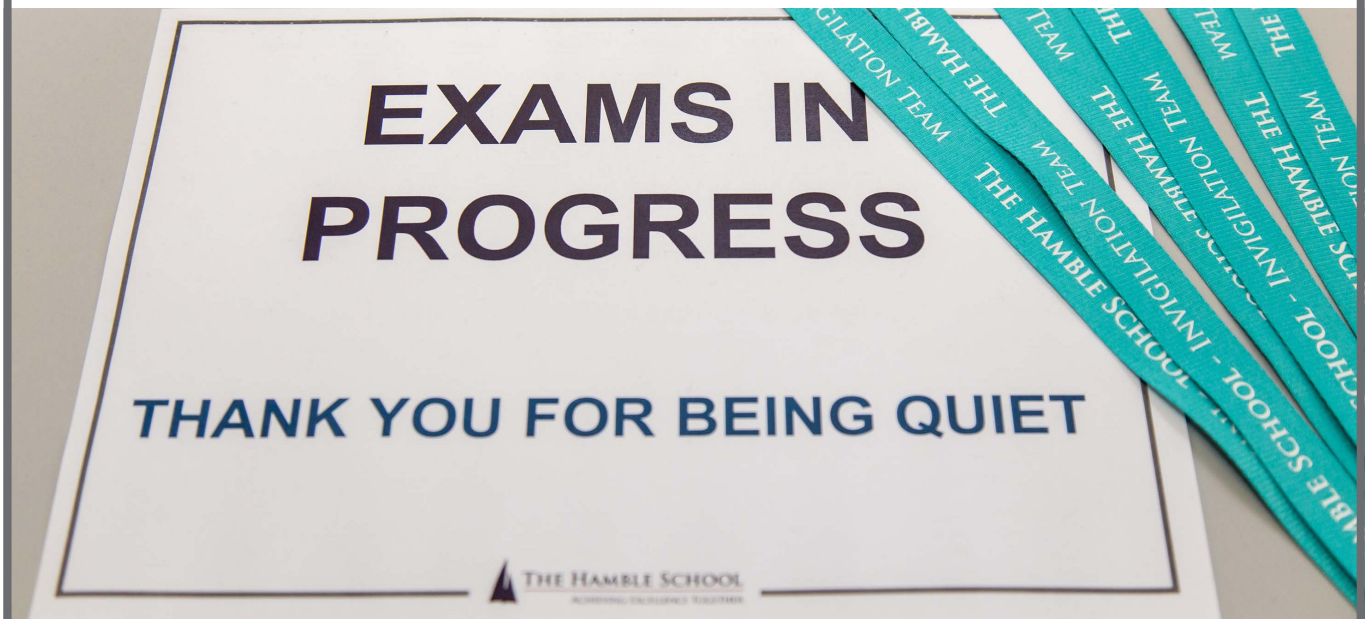
**Wednesday 30 April 2025**

**Thursday 12 June 2025**

Visit [sparsholt.ac.uk](http://sparsholt.ac.uk) to register or scan the QR code!

RECRUITING NOW FOR THE ACADEMIC YEAR 2024/25

# Are you looking for flexible work? Could you support our Exams Department?



## **We would like to appoint some more Exam Invigilators to join our Examination Team.**

The Exams Department is an integral part of school life. Our aim is to ensure that all students are treated fairly within the examination environment and that the rules and regulations of the JCQ and Awarding Bodies are upheld. This is an exciting opportunity to assist with the Pre Public (Mock) Examinations and GCSE examinations at the school.

Invigilating is a vital role in supporting the Exams Officer to run busy exam periods in the school calendar. We are seeking individuals who can promote a supportive and calm atmosphere so that our students are able to fulfil or exceed their potential during the examination period. In addition to Exam Invigilator duties, you may also act as a reader or a scribe for students who require access arrangements to support them in their examinations. Therefore, applicants must be confident in their literacy skills.

We would like successful candidates to work during the Pre Public exams (November and February / March each year) and the GCSE Summer Series external examinations (May to June each year). Availability during these time periods is essential.

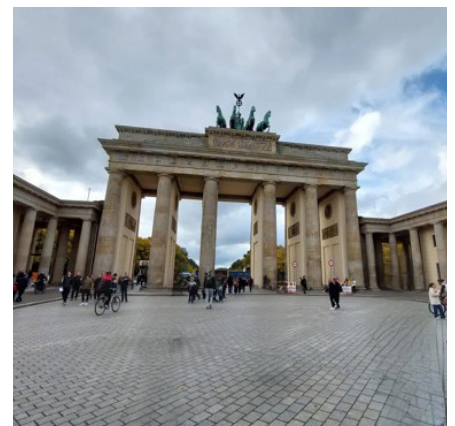
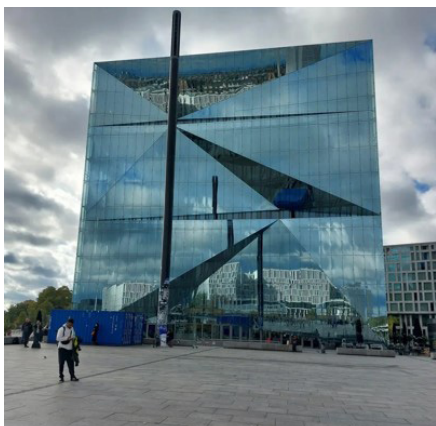
This position is suitable for individuals from all backgrounds with a variety of skillsets, regardless of your stage of career. If you are looking for a flexible position that requires working only a couple of weeks a year then this is the role for you.

For more information, please email our HR Manager, Jenni Fradgley  
[hr@thehambleschool.co.uk](mailto:hr@thehambleschool.co.uk) or visit our website:  
[www.thehambleschool.co.uk/current-vacancies](http://www.thehambleschool.co.uk/current-vacancies)

# EXPLORING THE WORLD IN HUMANITIES

This term has seen Humanities students visit Berlin and London, developing their wider curriculum knowledge and experiencing what they have been learning.

The History Trip during October took 30 students to Berlin to explore Germany's capital city. The main highlights included a trip to Sachsenhausen Concentration Camp, the Reichstag building, a former Stasi Prison and the Olympic Stadium which is now home to Hertha Berlin FC. Students expressed interest in Sachsenhausen because it showed them the scale and depth of the persecution of Jews and other minority groups under the Nazis. It was a thoroughly interesting and thought-provoking trip.



The Geography trip to London allowed Year 7 students to explore the Natural History Museum, and getting closer to the workings of our earth. Students especially enjoyed the earthquake experience and meeting the very life-like T-Rex!

Teachers are already busy planning future trips which include places of worship for RE, Battlefields (2025/6) for History and Iceland 2025 for Geography – we really do believe the world we study must also be experienced.

## DISCUSSION QUESTIONS:

Where would you like to visit next in the world? Why? What religion/culture would you expect to experience there? What History do you know about this location? What physical and human geography might you see there?

# STAY HYDRATED!!

Some students come to medical complaining of feeling sick and dizzy, upon questioning some of them they have no water with them.

Please remind your child to come to school with a full bottle of water and snacks and food.

Dehydration is a very common cause of headaches and nausea. Headaches are less frequent if you ensure a proper daily intake of fluids (about eight 8 oz. glasses a day).



## IS YOUR CHILD FEELING A BIT UNDER THE WEATHER?

We understand that there are some days you are unsure whether your child is well enough to be in school and so they come to school just in case.

If this happens and you feel they may need to come home later in the day please email [general@thehambleschool.co.uk](mailto:general@thehambleschool.co.uk) and they will pass a message to SWS so that we can be aware that they may need a call home.

Some students attend SWS saying they feel sick, have headaches and other minor ailments and so it is handy to have information that a child may be feeling too unwell to continue their day. It is also handy to know that they may arrive to SWS for another reason, such as a family member is poorly and they are concerned. We can then triage more appropriately.

# PERIOD PANTS

There are a number of period pants in SWS that we have been given by PHS.

If your daughter would like to trial period pants but you are unsure due to the expense, please contact [dchalk@thehambleschool.co.uk](mailto:dchalk@thehambleschool.co.uk) and we can arrange for you to discreetly pick some up from reception or discreetly pass them to your daughter. Sizes range from 6 to 18. If you would like bigger sizes then please let me know, as they can be added to our next order.

## STUDENT WELLBEING RESOURCES

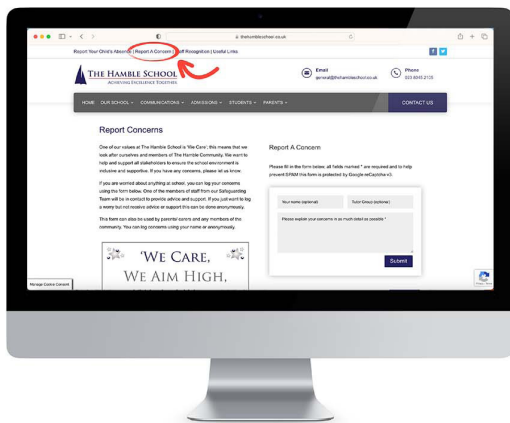
If you or your child would like support with wellbeing, please check out the links of our website...

[www.thehambleschool.co.uk/student-wellbeing-resources](http://www.thehambleschool.co.uk/student-wellbeing-resources)

We are always adding information about a number of free parent/carer courses or events to this section of our website.

# WHERE CAN I GET SUPPORT?

If you are worried about anything at school and need some support, here is how you can access it.



**REPORT CONCERNS** ~ you can use the Report A Concern form on our website:  
[www.thehambleschool.co.uk/report-concerns](http://www.thehambleschool.co.uk/report-concerns)



**WORRY BOX** ~ write your worry on a piece of paper and pop it in the worry box in **Tokyo** block (opposite **T1**). Please remember to include your name and tutor group.

You can also get support by emailing [staysafe@thehambleschool.co.uk](mailto:staysafe@thehambleschool.co.uk) or talk to an adult in school.



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# INCLUSION UPDATES

Here is what has been happening in our Inclusion rooms this half-term...

## STEP

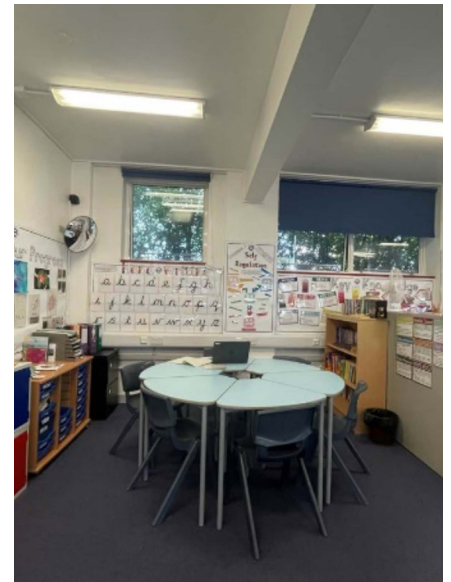
Mrs Fernandez-Law

We have had a busy start to the new school year in STEP. A new round of interventions have started, providing targeted support in:

- Spelling
- Handwriting
- Maths
- Self-Regulation
- Reading
- Phonics
- Comprehension

Our EHCP students have made a great start with their Unit Award Scheme certification, covering a wide range of subjects including outer space, art, the human body, map skills and Romeo and Juliet.

We have welcomed new Year 7s to Homework Club, which runs on Monday, Tuesdays and Fridays after school until 4pm. This is open to all year groups. Students are able to use school laptops and have LSAs on hand to support as well.



# RETRACK

Mrs Bone & Mrs McNamara

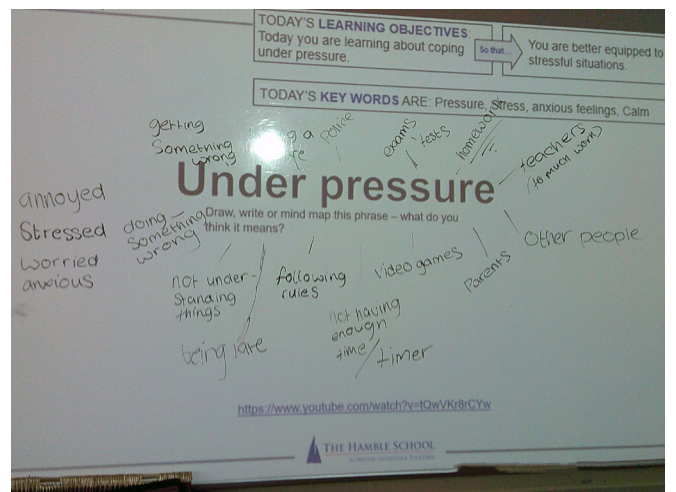
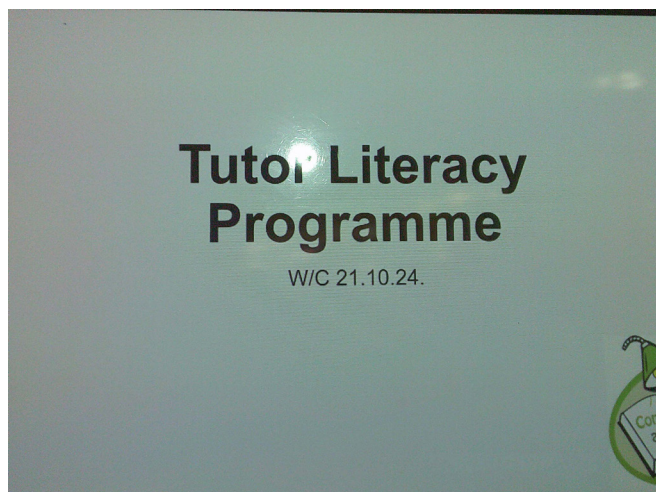
Retrack students have been studying their normal subjects in Retrack and a favourite this term has been a Christmas Carol. A student has commented that...

*“The learning has been great fun and I absolutely love the story and the characters!”* GK

For Mental Health Awareness Day Retrack students and staff were encouraged to join in a workshop around talking through worries, we painted beautiful pumpkins and created a colourful seasonal display during a mindfulness session.



Tutor activities and PSHCRE lessons in Retrack mirror those of current themes across the main school. We deliver the Tutor Literacy Programme, assemblies and PSHCRE lessons. This month's PSHCRE sessions have focussed on Healthy Relationships and how to reduce stress.

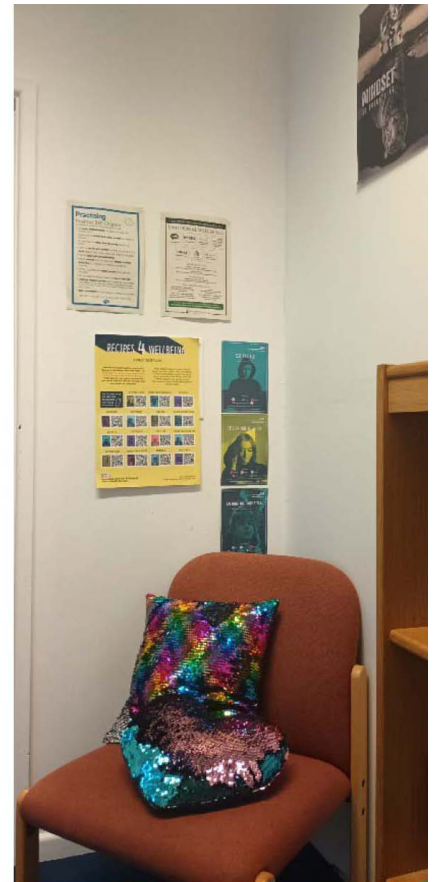
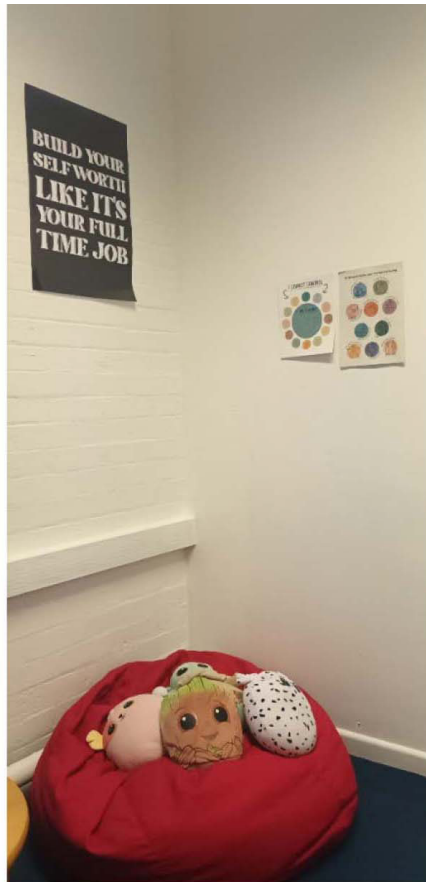


# ENGAGE

Mrs Phipps

This half term we have welcomed some new students into Engage. We have completed a variety of interventions with our students focussed on self-regulation, friendships and positivity. We have also been in the Bereavement Garden, tidying up and weeding. When the weather is dry, we try and take the students outside for a walk around site or play a game of football, as we always try to promote fresh air and exercise to help with their mental health.

Over the summer we redecorated the sensory room in Engage; we have made it a place where our students can go to relax and self-regulate, which will hopefully help them feel calmer to go back to lessons.



# P.A.C.E.

2024

PARENT, CARER & PROFESSIONAL EVENTS

A free health & wellbeing event  
for all parents, carers & professionals  
who support or work with young people

## WHAT CAN I EXPECT?

PACE events consist of two main components:

1. A number of specialist workshops on young people's emotional health and wellbeing.
2. Information stands from local and national organisations.

Attendees can choose which sessions they would like to attend; select as many or as few as you would like to attend.

THURSDAY 21<sup>ST</sup> NOVEMBER 2024

LYNDHURST COMMUNITY CENTRE,  
MAIN CAR PARK, LYNDHURST, SO43 7NY

## WORKSHOPS:

**NEW** Obsessive-compulsive disorder (OCD), Tourette's Syndrome and Tics, Supporting your Autistic Child to Thrive, and Disability, Difficulty, SEND & Mental Health.

BOOK YOUR WORKSHOP SPACE AT:

[hampshirecamhs.nhs.uk/events](https://hampshirecamhs.nhs.uk/events)

Brought to you by Hampshire CAMHS

TIME	WORKSHOP 1	WORKSHOP 2
9:30 - 10:30	<p><b>Supporting a child with eating difficulties including ARFID</b> This workshop solely focuses on eating disorders as a mental health disorder for young people. This will cover Avoidant Restrictive Food Intake Disorder is a feeding and eating disorder. People with ARFID find it hard to eat enough for healthy growth, development and functioning.</p>	<p><b>Supporting trauma recovery</b> Understanding the Impact of trauma on children and young people and how together we can help them to recover.</p>
10:45 - 11:45	<p><b>Introduction to managing ADHD - ADHD Team</b> What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.</p>	<p><b>Supporting a young person in crisis &amp; managing self-harm</b> Supporting a young person in crisis &amp; managing self-harm.</p>
12:00 - 13:00	<p><b>Coping and resilience strategies to support children &amp; young people</b> Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.</p>	<p><b>Introduction to autism</b> What is Autistic Spectrum Condition? Spotting the signs and symptoms Diagnosis: the process and things to know about the diagnostic assessment How to support a young person with ASC.</p>
13:30 - 14:30	<p><b>New Understanding and supporting a young person with Obsessive Compulsive Disorder (OCD)</b> This workshop aims to give an introduction for parents and carers supporting a young person with Obsessive Compulsive Disorder (OCD). It will provide information regarding what OCD is, how this develops and what keeps it going. It will give an overview of the treatment options for OCD and ways family members can support a young person at home.</p>	<p><b>Looking after yourself to support your child</b> This workshop will focus on the needs and challenges for parents and carers, as well as provide a range of practical advice and strategies around how to look after yourself in order to better support the wellbeing of your child.</p>
14:45 - 15:45	<p><b>New Disability, difficulty, SEND &amp; mental health</b> An awareness session to offer a space for Q&amp;A around Learning needs and how Mental Health issues can present; difficulty with language used when children and young people have varying learning needs with or without formal diagnosis.</p>	<p><b>Understanding &amp; managing anxiety</b> What anxiety is and how to spot the signs and symptoms of anxiety in children and young people. How to support a child and young person who experiences anxiety with practical strategies.</p>
16:00 - 17:00	<p><b>Coping and resilience strategies to support children &amp; young people</b> Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.</p>	<p><b>Supporting a young person in crisis &amp; managing self-harm</b> How to recognise crisis and how crisis develops. How emotional regulation difficulties can lead to mental health crises such as becoming suicidal or self-harming.</p>
17:15 - 18:15	<p><b>New Introduction to managing &amp; supporting a young person with Tics and Tourette's</b> This workshop aims to give an introduction for parents and carers supporting a young person with Tics &amp; Tourette's. It will provide information regarding what Tourette's is, how this develops and what keeps it going. It will give an overview of the treatment options and ways family members can support a young person at home.</p>	<p><b>New Supporting your autistic child to thrive</b> This two-hour workshop will consider what areas of life can be challenging for autistic young people. We will think about how we can adapt our communication and the environment around the young person to make life easier and more suited to their needs. We will discuss practical changes that can be made in all the areas and give example of what these look like in real life. We will support you to think about the specific needs of your child and develop the beginnings of an individualised plan, providing the opportunity for discussion with other group members and the facilitators.</p>
18:30 - 19:30	<p><b>Introduction to managing ADHD</b> What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.</p>	

# LIBRARY RESOURCE CENTRE

# BOOKBUZZ 2024

Bookbuzz is run by BookTrust, the UK's largest children's reading charity, which transforms lives by getting children and families reading. Each year BookTrust reaches millions of children across the UK with books, resources and support to help deliver a love of reading.

We have taken part in this initiative every year since it started and our Year 7 students have chosen their own book to keep from the sixteen Bookbuzz titles available.

We look forward to giving out the books after half term.



## IMPORTANT INFORMATION

# MEDICATIONS IN SCHOOL

Just a reminder that your child must not carry medication in their school bags.

Painkillers will not be given to students before 11am or after 2pm – students will be aware of this. This helps us to safeguard students by ensuring they do not take too much medication as they often forget what times they have taken medication.

We can only issue one paracetamol – if your child requires stronger painkillers you will need to complete a parent permission form and send this in with their medication to be stored in the medical room.

Please see our website for more detailed information:

[www.thehambleschool.co.uk/medical-information](http://www.thehambleschool.co.uk/medical-information)

# HOW DO YOU CONTACT THE HAMBLE SCHOOL?



Please use [general@thehambleschool.co.uk](mailto:general@thehambleschool.co.uk) to contact any member of staff. We would advise you to add the staff member's name in the email subject if you know this. We operate a 48 working hour response policy.

If you need to call the school with an urgent message, please phone **023 8045 2105** – please note that most of our staff are teaching during the day and they are therefore unlikely to be able to take calls.

## Other Useful Contacts:

- The Inclusion Department – [inclusion@thehambleschool.co.uk](mailto:inclusion@thehambleschool.co.uk)
- Support with Class Charts – [classcharts@thehambleschool.co.uk](mailto:classcharts@thehambleschool.co.uk)
- The Attendance Team – [attendance@thehambleschool.co.uk](mailto:attendance@thehambleschool.co.uk) or via the **Class Charts App**
- Careers – [careers@thehambleschool.co.uk](mailto:careers@thehambleschool.co.uk)
- The Headteacher – [headteacher@thehambleschool.co.uk](mailto:headteacher@thehambleschool.co.uk)
- Report a Concern – [www.thehambleschool.co.uk/report-concerns](http://www.thehambleschool.co.uk/report-concerns)

If you wish to ask general questions or find out more about the schools' priorities, please join the Parent Forum. This group meets monthly and dates are advised via the Weekly Message on our website.

[www.thehambleschool.co.uk](http://www.thehambleschool.co.uk)



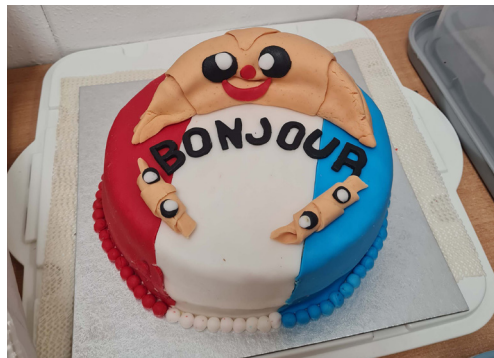
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# MODERN FOREIGN LANGUAGES

## European Week of Languages – September 2024

We celebrated a wonderful week in the MFL department during European Week of Languages. This international celebration aims to raise awareness about language learning and celebrate diversity.

Here at The Hamble School, our Great MFL Bake Off was back by popular demand! Many students chose to enter our competition to promote language learning by showing off their culinary skills, and we had a great number of bakes brought in to showcase. It was a tough call, but our winners were selected with some help from fellow judge Mrs Turner – well done to brothers Oliver and Charlie B in Year 7 and Year 9 who got first prize with their European and French themed cakes. Noteworthy entrants also included Ruby B in Year 7 for her traditional German Apfelkuchen and Alyssa and Isla in Year 8 for their beautiful French-themed froggy display. Students in Year 7 also participated in a languages quiz in their lessons and Years 8 and 9 designed t-shirts to promote language learning. Gracias and merci to all our students for getting into the spirit of the week and celebrating with us.



An extra special shout out to George B in Year 8 for reaching a 250 day DuoLingo streak! We are so impressed by your commitment to your language learning George.

We wonder, do any of our other students have a streak as impressive as George? Can anyone beat him?



A final reminder, if students in Years 10 and 11 would like to enter for a GCSE in a home language that they speak, please email [general@thehambleschool.co.uk](mailto:general@thehambleschool.co.uk) citing their name and tutor group and the language they would like to enter. Mrs Thompson (Acting Head of MFL) and Mrs Fry (Exams Officer) will then get back to you to confirm if it is a possibility. Please note, although we can enter students for exams, we cannot support in teaching them and parents are encouraged to help students prepare for the listening, reading, speaking and writing papers.



## Why you should consider Itchen Sixth Form College

We offer top quality education for you on our post-16 courses. We run over 80 courses here at Itchen College. In our most recent inspection, we were rated as 'outstanding' in the key areas of 'Quality of Education', 'Education programmes for young people' and 'Provision for learners with high needs'.

Itchen College is a medium-sized college with a strong sense of community.

We are a welcoming, friendly and very supportive college. Our academic & pastoral support is very well regarded amongst students and parents.

Offering a full range of courses in A Levels, T Levels and Vocational.

With a start time of 9.30am, making traveling to college easier.

### **Open Events:**

**Wednesday 30th April 2025, 5.30pm - 7.30pm**

# UNDERSTANDING ADHD

**A day that focuses on skills and strategies,** for parents, carers and professionals supporting a child with ADHD. Hampshire CAMHS Colleagues will be hosting this day alongside parents / carers with lived experience.

Understanding your child with ADHD, support, strategies and tips. Led by the Hampshire CAMHS ADHD team.

Support for SEN in education & what to do if it's not working. Led by Gayle Moir, SENDIASS Services Manager.

ADHD nervous system differences, sensory systems, emotional regulation, stress response, attention regulation, and executive functioning, Led by Courtney Freedman-Thompson-coach and wellbeing facilitator and lived experience.

**9.30am - 3.30pm**

**Wednesday,  
14 May, 2025**

Thorngate Hall, Bury Road  
Gosport, PO12 3QX

**Friday,  
24 September, 2025**

Proteus Creation Space,  
Council Road, Basingstoke  
RG21 3DH

**Tickets £20**  
Tea and coffee  
included

For more information and to book a place go to  
[www.hampshirecamhs.nhs.uk/events/](http://www.hampshirecamhs.nhs.uk/events/)

# HOW TO COPE WHEN YOUR CHILD CANT

**Tickets £25**  
Tea, coffee  
and lunch  
included

Four one-day events focused on parents/carers understanding their own needs, and learning strategies to look after themselves as they support a young person with their own mental health needs.

Each morning session will focus on different topics - further details can be found on our website.

The afternoon session will focus on How to Feel Better as a Parent in Burnout.

**For more information and to book a place go to:**  
[www.hampshirecamhs.nhs.uk/events/](http://www.hampshirecamhs.nhs.uk/events/)

**Thursday, 30 January 2025**  
9.30am - 3.15pm

**Proteus Creation Space,  
Council Rd, Basingstoke  
RG21 3DH**

**Thursday, 8 May 2025**  
9.30am - 3.15pm

**St Peter's Catholic Church  
Conference Centre, Jewry St,  
Winchester SO23 8RY**

**Thursday, 23 October 2025**  
9.30am - 3.15pm

**Colbury Memorial Hall,  
133 Main Rd, Totton,  
Southampton SO40 7EL**

**Tuesday, 2 December 2025**  
9.30am - 3.15pm

**Waterlooville Community Centre,  
10 Maurepas Way, Waterlooville,  
PO7 7AY**

# ROTARY SHOEBOX APPEAL

This year, we demonstrated “We Care” by taking part in the annual Rotary Shoebox Appeal. The students have been putting together shoeboxes filled with wonderful treats and essential goodies so that they can be donated to the Rotary Shoebox Appeal. This started with an assembly explaining about the places in Eastern Europe where the donated shoeboxes will end up. They will be delivered to children who are from extremely deprived backgrounds. A total of 40 shoeboxes were eventually collected – a wonderful achievement for a very worthy cause. Well done and thank you to all the individuals and groups of students who worked hard to put these shoeboxes together – making such a difference for children at Christmas.



# SUPPORTING HAMPSHIRE AND UNIVERSITY OF MANCHESTER **#BEEWELL PROGRAMME**



We are excited to be supporting the Hampshire and University of Manchester #BeeWell programme again this Autumn Term. #BeeWell is England's largest youth-centred programme focused on young people's wellbeing and designed to bring together schools, communities and young people to act together for positive change. Last year, this survey provided us with valuable insights into our students wellbeing and mental health. We were also fortunate to win £750 in the action plan competition.

During the fortnight beginning 11 November, students in Year 9 and 10 will take part in the survey during their PSHCRE lessons. The results are anonymised and combined so that schools, voluntary agencies, local government and health organisations can act on what young people are saying and make positive change. All schools in Hampshire, the Isle of Wight, Portsmouth and Southampton have been invited to participate. 200 young people have been involved in developing the questions and co-creating the survey by telling us what factors influence their wellbeing, and what makes them thrive. The school will receive a confidential, bespoke feedback report to provide insight into the wellbeing of students. This will then help to inform improvements. Neighbourhood level data will also be publicly available to target resources to where they are most needed.

A video about the project can be viewed here:

[www.youtube.com/watch?v=RJlzgqMzybk](https://www.youtube.com/watch?v=RJlzgqMzybk)

As a reminder, we offer a comprehensive webpage which signposts to wellbeing support on our website found here:

[www.thehambleschool.co.uk/student-wellbeing-resources/](http://www.thehambleschool.co.uk/student-wellbeing-resources/)

## **SOME KEY CONTACT DETAILS ARE HERE:**

Childline: Call **0800 1111** (available 24/7)

Samaritans: Call **116 123** (available 24/7)

NHS Mental Health Triage Service: Call **111** (available 24/7)

ChatHealth 11-19: Text **07507 332160**

(NHS service for young people to get confidential health & wellbeing support.)

Shout: Text 'HANTS' to **85258**

(Connect with a trained volunteer who can offer a range of health & wellbeing support.)

Kooth: **www.kooth.com**

(Online mental wellbeing community with free, anonymous support for young people age 11-18.)

NHS Mental Health Triage Service: **www.111.nhs.uk**

At #BeeWell, we **listen** to young people's voices, **act** together for change and **celebrate** young people's wellbeing.



Years 9 and 10 will be invited to complete the online #BeeWell survey in **October & November 2024.**

The answers you provide will help make changes to improve young people's lives.

**We're committed to improving your wellbeing, but we need YOUR help to do this!**

**LISTEN.  
ACT.  
CELEBRATE.**



Visit <https://beewellprogramme.org/> to find out more.



# PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE OCTOBER HALF TERM 2024

[moneysavingcentral.co.uk/kids-eat-free](https://moneysavingcentral.co.uk/kids-eat-free)



## MORRISONS

Spend £5 from the hot menu and get one free kids meal all day, every day.

## COCONUT TREE

One child (under 10) eats free every day  
Monday 21st Oct- Sunday 3rd Nov 2024

## SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

## ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

## BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

## THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

## TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

## SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

## TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase any adult meal (Via App)

## PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

## YO! SUSHI

Monday 14th October - Friday 1st November 2024 kids eat free with every £10 adult spend

## GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

## BILLS

2 kids eat FREE Mon - Fri from Monday 21st October - Friday 1st November 2024

## PIZZA HUT

Free Kids buffet Monday 14th Oct - Tuesday 5th Nov daily until 3pm with code **SPOOKY**

## BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

## WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

## TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

## PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

## IKEA

Kids get a meal from 95p daily from 11am

## HUNGRY HORSE

Kids eat for £1 on Mondays

## FUTURE INNS

Under 5s eat for free with any adult meal.

Copyright of MONEY SAVING CENTRAL

For more information visit: [moneysavingcentral.co.uk/kids-eat-free](https://moneysavingcentral.co.uk/kids-eat-free)

Hampshire  
CAREERS HUB

THE CAREERS &  
ENTERPRISE  
COMPANY

# Marine Careers Evening

7th November 2024

5.30pm - 8.30pm

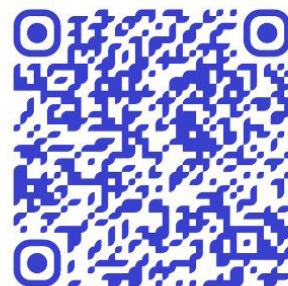
Join us for an exciting evening at the Lymington Town Sailing Club exploring various the diverse career opportunities in the marine industry!

Aimed at Year 9 students upwards, parents and carers, this event is perfect for anyone looking to dive into the world of marine professions.

Listen to presentations and connect with industry professionals, learn about different career paths, and gain valuable insights into the marine industry.

Don't miss this opportunity!

Scan here to register your place.



For more information, please email [lisa.fox2@hants.gov.uk](mailto:lisa.fox2@hants.gov.uk)

Lymington Town Sailing Club, Bath House, Bath Road, Lymington, SO41 3SE

# Discounted Family Fun upto half price off

Ocean's Soft Play

Ninja Warrior Southampton

Playshack, Soft Play Hedge End

Laser Tag



High Score Arcade

Bowling

Action Stations Portsmouth - laser tag,  
Climbing wall & assault course

Flip Out Portsmouth

Playzone, Portsmouth

**AND MORE...**

For more information visit the events calendar on our website  
[www.spotlightuk.org](http://www.spotlightuk.org) or email [activities@spotlightuk.org](mailto:activities@spotlightuk.org) or  
visit our facebook page Spotlight UK South  
Reg Charity 1129258

# MEDIA STUDIES UPDATE

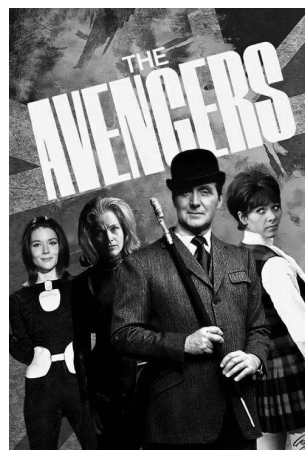
It has been my absolute pleasure to take over as Head of Media Studies this year. It has been great to see all of the students that chose this option coming into lessons with enthusiasm and passion for the subject. There has been lots of hard work and effort put into the review assessments and the creative elements of the course. I look forward to seeing a continued passion for the subject and purposeful, engaging lessons leading to excellent outcomes for all students in Media Studies. – Mrs Barkshire

## YEAR 9:

Year 9 have made an excellent start into their transitional year, exploring one of the key areas of Media Studies: The Technical Elements. Through a series of learning and application tasks, students have explored the following elements in detail: cinematography, editing, sound and mise-en-scene. This area is fundamental to Media Studies and will enable all students to make good progress in their future study. Moving forward, after half term students will learn a new key area of Media through key theories and by applying these theories to a practical poster task. Year 9 – we cannot wait to see how you apply your knowledge and understanding to the opening of a film. Keep up the good work!

## YEAR 10:

Our GCSE Year 10 classes have returned to Media this term revising an advanced study into the Technical Elements as well as key theory on representation and are applying their understanding to one of the set texts: Vigil, Episode 1. In lessons, we have had excellent discussions based on plot, characters and narrative. Students have also worked exceptionally hard applying their learning to answering the first three questions of an exam paper. Moving forward, students will return after half term to watch our second set text which is the 1960s TV programme, The Avengers. This will enable students a wider understanding of representation theory across two different contexts as well as two different time periods. Well done Year 10 on such a positive start to the year!



## YEAR 11:

This half term, Year 11 have made an excellent start with their NEA (non-exam assessment). Their brief is to design a front cover and double-page spread based on the topic 'music magazine for a socially conscious audience'. Students have worked hard to produce content suited to the chosen brief and their audience. We cannot wait to see their end designs. Year 11 will end this half term with some essential revision for their November mock exams; we wish our students all the best in their Paper 1 Mock Exam after half term.

# Family Adventures with Avon Tyrrell

UKY | AVON TYRRELL

New Forest National Park



The perfect family adventure awaits here at Avon Tyrrell Outdoor Centre with adventures, activities, breaks away and days out that everyone can enjoy!

- ✓ Lodge and camping
- ✓ Zip Wire from £15pp
- ✓ Go Adventure activities
- ✓ Bike hire and tracks
- ✓ Tree Top Trail
- ✓ Café Explore

## Halloween Activity Trail on the 27th of October

Join us for 10 per child for a spooktacular 2-hours of fun. Enjoy climbing, archery, bushcraft and more!

“ Everyone had so much fun, all the activities kept us well entertained, the lodge was clean and comfortable, the staff were helpful and understanding, overall an amazing experience, 10/10 recommend it!  
- Anna, Booking.com ”



BOOK NOW



CALL US  
01425 672347



VISIT OUR WEBSITE  
[www.avontyrrell.org.uk](http://www.avontyrrell.org.uk)



EMAIL US  
[info@ukyouth.org](mailto:info@ukyouth.org)

# ENGINEERING APPRENTICESHIP JOBS FAIR

seta  
TRAINING FOR INDUSTRY



11 February 2025 5-6.30pm

Thinking of an apprenticeship in engineering?

Come along and meet employers recruiting  
engineering apprentices for Sept '25

## Who should attend?

- Anyone that is thinking of a career in engineering, giving you "skills for life".
- Whether you'll be a school or college leaver in 2025, or just thinking about a change in your career, this event is for you!

## Why attend?

- The evening will provide the ideal opportunity to meet and chat to local employers about some of the amazing apprenticeship opportunities available
- Find out about apprenticeship vacancies for September 2025 and how to apply
- Speak to current apprentices about what life is like at SETA
- Speak to SETA staff about your options
- It's FREE to attend!
- Parking is available on a first come first serve basis

## Where is it taking place?

Southampton Engineering Training Association (SETA)  
First Avenue, Millbrook, Southampton, SO15 0LJ

## REGISTER ONLINE:



[https://www.setatraining.co.uk/seta/events\\_open\\_evenings.html](https://www.setatraining.co.uk/seta/events_open_evenings.html)



SKILLS  
FOR LIFE  
APPRENTICESHIPS

Supporting Tomorrow's Engineers

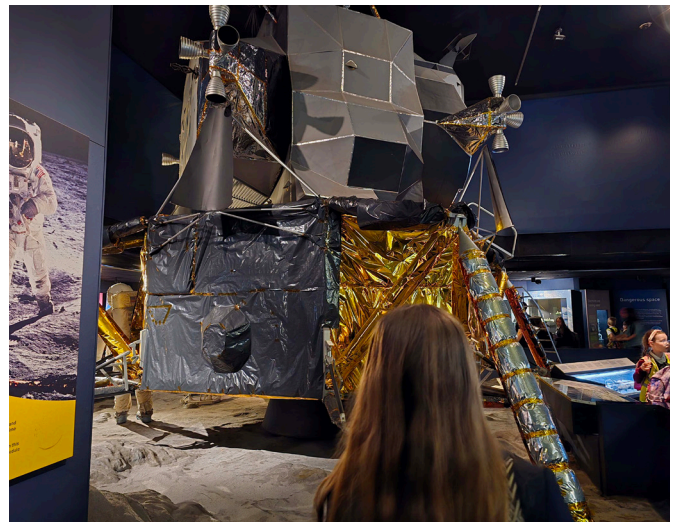
# SCIENCE UPDATE

It's been a great start to the new school year in Science, with students putting a tremendous amount of effort into their lessons.

The Year 11's have had a strong start and their teachers have provided them with revision checklists for the upcoming mock exams. We would advise them to start revision early, in small chunks using videos, quizzing and practise questions to aid them. Teachers have been demonstrating some revision strategies in class too.

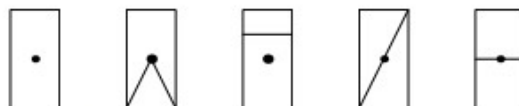
The Year 7s went on a trip of discovery to the Science Museum in London to see exhibits on the exploration of space, the time line of flight and the making of the modern world. We hope they have been inspired by the world of science!

STEM Club is back this year after school on Tuesdays. The Eco Club now runs on Thursdays. Students are reminded they can attend the clubs any time, so if they show interest, please do encourage them to pop along one week to try a club out.



## ANSWERS – Hamble Maths Challenge

- 1. E** It is clear that 111 is a multiple of 3 since the sum of its digits is 3. Therefore 111 is not prime.
- 2. D** The value of  $2020 \div 20$  is equal to the value of  $202 \div 2 = 101$ .
- 3. C** The only rotational symmetry of the rectangle is rotation through  $180^\circ$  and so has order two. The diagrams below show the effect of this rotation on each of the five figures.



Only the first, fourth and fifth of these figures remain unchanged and so just three figures have rotational symmetry of order two.

- 4. B** There are 100 cm in 1 m. So the number of centimetres in 66.6 m is  $100 \times 66.6 = 6660$ .
- 5. E** Let Amrita's number be  $n$ . The information in the question tells us that  $(2n + 9) \div 3 - 1 = n$ . Therefore  $2n + 9 = 3(n + 1) = 3n + 3$ . Hence  $n = 9 - 3 = 6$ .

# HALLOWEEN AT TESTLANDS



GET READY FOR OUR ANNUAL SUPER FUN, SPOOKTACULAR HALLOWEEN  
EVENT!

COME ALONG - IF YOU DARE!!

TESTLANDS WELLBEING HUB, GREEN LANE, SO16 9FQ  
31 OCT 2024 | 4PM - 8PM

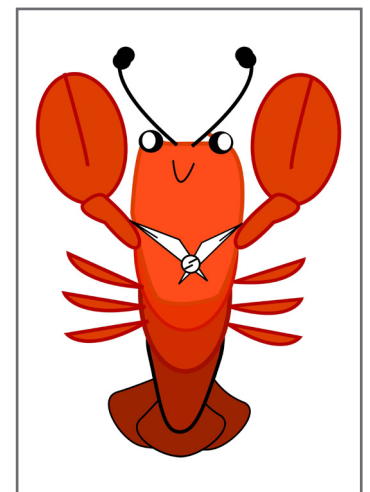
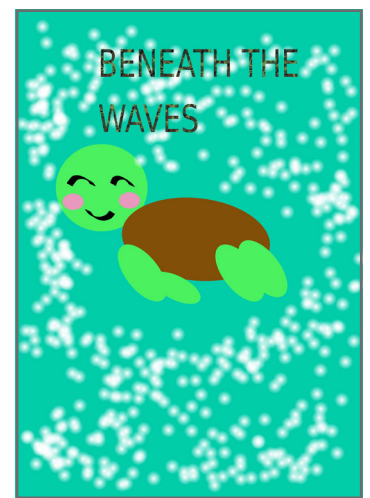
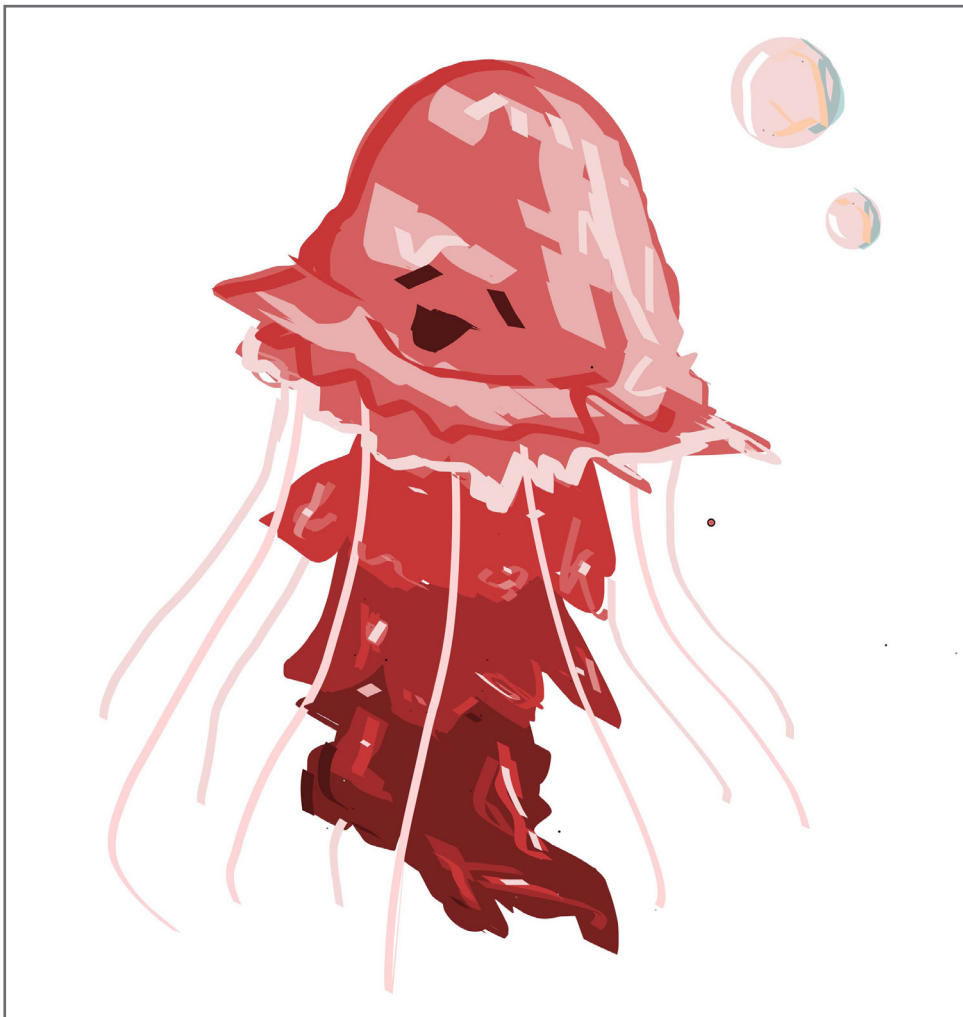
INFLATABLES & SEN CORNER, SCARE MAZE, NEON DISCO, FACEPAINTING,  
TEMPORARY TATTOOS, FOOD TRUCK, CANDYFLOSS, DOHNUTS, FANCY  
DRESS COMPETITION & SPECIAL SPOOKY GUESTS!

TO GET YOUR **FREE TICKETS** PLEASE SCAN THE QR CODE OR VISIT  
[TESTLANDS.COM/HALLOWEEN](https://testlands.com/halloween)



# COMPUTER SCIENCE & BUSINESS UPDATE

This term has been an exciting one in the Computer Science and Business departments, with all year groups making good progress. Our Year 7 students have settled in well, focusing on creating professional presentations. They have shown creativity and are building in confidence using digital tools. Year 8s have been learning about vector graphics and have created some amazing images. Year 9s started with Python programming and have recently moved on to 3D modelling using Blender, which they have found both challenging and rewarding.



After half term, students in Years 7, 8, and 9 will be participating in the Bebras Challenge, where they will tackle logic and problem-solving puzzles. This is a great opportunity to develop their computational thinking skills further. Year 10s have made a great start in Computer Science, while Year 11 Interactive Media students are working hard on their NEA, showing excellent focus and dedication.

In Business the Year 9s have produced some great work around their Halloween project. They have been using IT skills - spreadsheets, desk top publishing to create their work and have enjoyed coming up with ideas for their event as well as having to work within a budget! The Year 10s have also made a good start to the Business course, while the Year 11s have been practicing their long answer exam question in preparation for their exams.

# YEAR 11 ROAD MAP 2024-25

- Intervention tutor groups created
- After school interventions begins
- 10th September – Curriculum Evening
- Review assessments – 23rd September
- Post-16 provider drop-ins – The Hub
- College assemblies

**Sept 2024**

- Prom points review (every 2 weeks)
- Mock Exams begin – 11th November
- Careers focus PSHCRE
- Tutor sessions on applying for post-16

**Nov 2024**

- Parents' Evening – 9th January
- Change of intervention tutor groups
- Change of after school intervention groups
- Achieving Excellence Evening – 28th January
- Intended destination data collection
- Tutor Target Session

**Jan 2025**

- PR2 emailed home
- Careers focus PSHCRE

**Dec 2024**

- PR3 emailed home
- Change of intervention tutor groups
- Change of after school intervention groups
- Parents' Evening – 3rd April
- Revision packs issued
- Tutor Target Session

**Mar 2025**

**Feb 2025**

- Revision booklets launched
- February half term intervention
- Mock Exams – 24th February

**HALF TERM**  
17-21 Feb

- GCSE Exams begin

**May 2025**

**Apr 2025**

- Easter intervention

**EASTER**  
7-21 Apr

- GCSE Exams continue
- Leavers Assembly

**Jun 2025**

- Last day of GCSE exams
- Prom - (TBC) July

**Jul 2025**

• GCSE Results Day  
**21st August**

**Aug 2025**

- All year:
- Careers interviews
  - Careers drop-in – Monday lunchtime (The Hub)
  - [www.thehambleschool.co.uk/careers/](http://www.thehambleschool.co.uk/careers/)

**'WE CARE, WE AIM HIGH,  
WE LEARN AND ACHIEVE TOGETHER'**

# JAI – K9 VISIT



## STUDENT SUCCESS

### DIVING

Well done to Ella S who continues to excel in Diving.

She travelled to London earlier this term to train at the Olympic Pool and take part in seminars with both the Aquatics GB Head Coach and Paris 2024 Olympic Medallist Anthony Harding.



On Thursday 10 October we had one of our regular visits from the K9 Deployment team, Jai and his handler spent the morning in school with us.

As a school we pride ourselves on a comprehensive safeguarding programme, delivered through assemblies, trips and visits, the tutor programme and PSHCRE. Careful planning ensures our programme educates the students on how to keep themselves and others safe, provide information on how to make informed decisions as they move into adulthood and where to go if they need help or support.

Jai also spent time within our Inclusion rooms and the handler was able to talk with students about how the dog is trained. Students learnt about different places they have worked and why they are needed, this included football stadiums, airports and festivals.

Next half term we will be involved in the Operation Sceptre initiative. We have monthly visits from our local Police Officer and the Neighbourhood Policing team regularly come in to run assemblies to support our students.

## SHARE YOUR STORIES

We love to feature achievements outside of school in our newsletter.

It is really important to celebrate success and share news with the community. Please email [communication@thehambleschool.co.uk](mailto:communication@thehambleschool.co.uk) if you would like to share any stories.

# DRAMA UPDATE – WARHORSE

Drama students in Years 9, 10 and 11 visited the Mayflower Theatre on the 17 October to see the National Theatre Production of 'Warhorse'.

This spectacular show is an adaptation of the best-selling book by Michael Morpurgo and a masterclass in modern storytelling, seamlessly using Acting and Puppetry.

Here is what some of our student's thought about the show...

*"This was a really informative but emotional performance."* – **Esme S**

*"It was an incredible show and has inspired our work in Drama and ideas for Dance Live!"* – **Benjamin W**



# DANCE & DRAMA UPDATE

Within the Dance/Drama department, students are working on a dance performance on the 'Corpse Bride' for Dance Live! They are making fantastic progress in working hard to bring the story to life through expressive movement and creative choreography. They are skilfully capturing the whimsical yet emotional themes of the tale, with each scene showing both the fun and the depth of the story.

One of the standout moments is the contact work between the characters Victor and Emily, which has required a lot of focus and teamwork to perfect. The beginning sections are coming together, adding a spooky and magical feel to the performance. With a mix of ballet, pointe, complex lift-work and contemporary styles, this performance promises to be a highlight at Dance Live. The excitement in rehearsals is building as we approach the next stages of choreography and adding in further sections to the piece where we will be exploring the use of Jazz, Tap and influences of Bob Fosse.





# ARE YOU READY FOR THE NEXT LEVEL?

## YEAR 8 – CYBERFIRST GIRLS COMPETITION

We are pleased to have seventeen Year 8 girls currently signed up to take part in CyberFirst Girls Competition. The winning teams in this national competition get to take home brand new laptops, and we are excited to be entering teams for the first time this year. There are still over three weeks to register for the competition for Year 8 girls.

For more information, please visit [www.ncsc.gov.uk/cyberfirst/girls-competition](http://www.ncsc.gov.uk/cyberfirst/girls-competition) and encourage anyone interested to speak to Mr Keel or Mr Sehmbi.

## TOP REWARD POINTS

Well done to the following students who achieved the most reward points last half term.

### YEAR 7

Zoe G (7-1)  
David O (7-7)  
Ben S (7-7)  
Pollyanna F (7-1)  
Mason I (7-5)

### YEAR 8

Isaac C (8-8)  
Grace L (8-6)  
Patrick H (8-7)  
Isla N (8-6)  
Emmanuella O (8-5)

### YEAR 9

William W (9-8)  
Jensen O (9-5)  
Isabel M (9-2)  
Alicia K (9-1)  
Edith McC (9-2)

### YEAR 10

Oliver F (10-2)  
Luna B (10-1)  
Karina N (10-6)  
Milan B (10-9)  
Zhao Xing C (10-9)

### YEAR 11

George F (11-8)  
Matilda D (11-2)  
Becky J (11-2)  
Nate M (11-6)  
William H (11-3)